Ireland is operating a delay strategy in line with WHO and ECDC advice.

Social Distancing Outside
Spending time outdoors is good for our health. But social responsibility is essential for ALL our health.

Avoid close contact with others
Distance yourself at least 2 metres (6 feet) away from other people
Small group sizes should be kept to a minimum

Don’t arrange to meet up with other groups
Avoid an area if it looks very busy and go somewhere else for your walk

For Daily Updates Visit
www.gov.ie/health-covid-19
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