



Annual Report 2016



2016 - A Year in Numbers



511

Entries in the IHF Book of Remembrance through the 'Never Forgotten' campaign

429

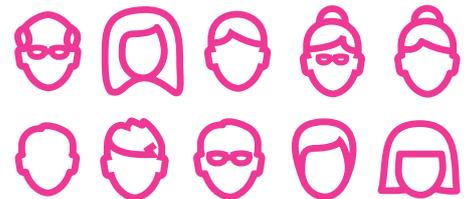
People attended IHF training on workplace grief.

2,749

people received IHF training and education in 2016.

103

Nursing Homes and Residential Care settings engaged in the Journey of Change programme.

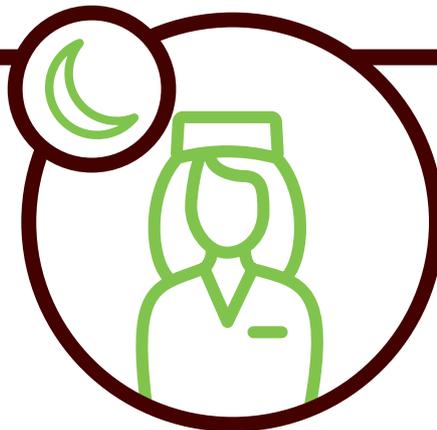


48

Hospitals have adopted the Hospice Friendly Hospitals Programme.

600

Families received support from Nurses for Night Care.



2,027

Nights provided

48

Civil society organisations engaged with Think Ahead



Speak for Yourself

60,000

Think Ahead forms in circulation

Our Vision

Our vision is that no one should face death or bereavement without the care and support they need.

Our Values

Change • Care • Together

Our Mission

To strive for the best care at end of life, for all.

Strategic Goals

- 1 Innovating excellence in palliative, end-of-life and bereavement care.
- 2 Enhancing end-of-life and bereavement care through education and training.
- 3 Driving debate and policy change on key issues related to dying, death and bereavement in Ireland.
- 4 Maintaining our credibility, independence and long-term sustainability through good governance, financial independence and accountability, effective communications and a cohesive fundraising programme.

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Welcome from our Chairperson



The Irish Hospice Foundation's 2016 Annual Report is dedicated to our founder, the late Dr Mary Redmond, our countless advocates, tireless supporters, many partnerships and to our wonderful staff as we celebrate our 30 year anniversary.

Today, we remain loyal to Dr Redmond's vision of the Irish Hospice Foundation (IHF). We believe that everyone has the right to die with dignity and respect, wherever you live and the IHF strives for the best care at end of life, for everyone.

The IHF champions hospice care, research and education. We deliver healthcare programmes – in partnership with healthcare providers – across all settings. We strive for change by driving national debate, influencing policy and raising public awareness on all matters relating to dying, death and bereavement.

2016 was a milestone year of achievements which we reflect on with pride:

- To celebrate our 30th anniversary we hosted the 'God Box' theatre tour, coordinated the 'Riverdance-a-thon' and published our thirty year Impact Report. We created an online archive documenting our 30 years with more 2,000 items accessible to the public. Finally, to honour our founder, An Taoiseach Enda Kenny attended and spoke at the IHF Mary Redmond Gala Dinner.
- The IHF provided direct training and education to almost 3,000 people who work across the health services and community organisations.
- We funded more than 2,000 nights of the Nurses for Night Care service supporting 600 people at end of life to die at home. We successfully negotiated a contribution of €88,000 from the HSE for our Nurses for Night Care service.
- Our first national Conference of our Hospice Friendly Hospitals programme took place in Limerick attended by over 200 delegates.
- Thirteen hospital projects were awarded funding under our Hospice Friendly Hospitals' Design & Dignity programme.
- Our 'Have Your Say Campaign' was launched and received over 2,500 replies which will inform a national charter on end of life and bereavement.
- A suite of seven guidance documents was developed to support healthcare staff working with people with dementia from all care settings in addressing specific aspects of dementia palliative care as part of our Changing Minds programme.
- We welcomed the independent evaluation of the National Children's Palliative Care Programme validating its success. 85% of this programme, was funded by the IHF.
- We successfully co-ordinated the 26th Sunflower Days and 24th Ireland's Biggest Coffee Morning to benefit hospices and hospice groups across the country.
- Significant public awareness of IHF work with over 800 national and regional media pieces and 46% increase in social media followers.
- We were invited to make a presentation on our Think Ahead programme and other end-of-life issues to members of the Oireachtas.
- We published a Perspective on Advance Planning for End of Life exploring the concept and practice of Advance Planning, Advance Care Planning and Advance Health Care Directives.



This ongoing work is Mary Redmond's legacy, which we have carried forward for 30 years. Each year we need to raise €4 million to do this work and we rely on the kindness, goodwill and generosity of people like you and our corporate supporters who continue to give in a tough fundraising climate.

To each and every supporter, our heartfelt thanks.

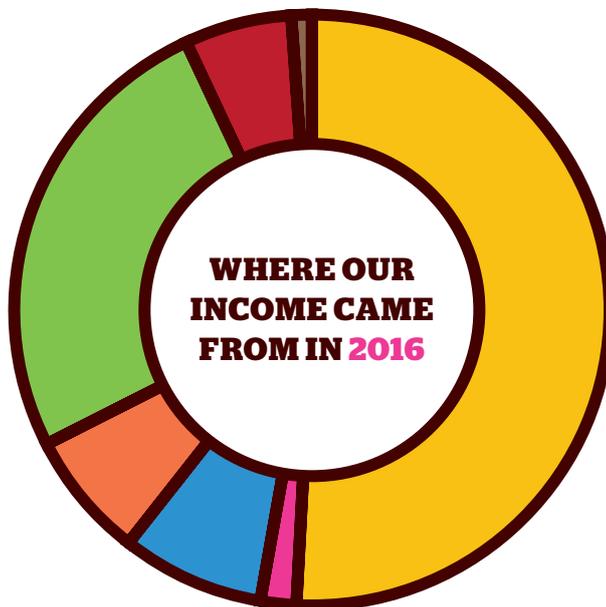
We earn your trust by demonstrating excellence in governance, fundraising and robust financial oversight. The IHF is open and transparent, adhering to the Code of Practice for Good Governance of Community, Voluntary and Charitable Organisations in Ireland as well as registered with the Charities Regulatory Authority. Under the governance of an excellent voluntary board we will continue to maintain these high standards. My thanks for their valued expertise and support. In particular I would like to acknowledge the significant contribution by retiring Board members Cormac Kissane, Prof. Muiris FitzGerald, Margaret Nelson and Michael O'Reilly and thank them wholeheartedly for their wise counsel. We also welcome Geoff Moore to the board.

My thanks to the many professionals and volunteers on our committees that complement and supplement the skills in the IHF.

Finally the IHF would not be the organisation is it without the dedication and professionalism of our staff, management and our CEO, Sharon Foley. On behalf of the board I would like to thank them for the energy and vision they bring to their work each day.

Working together the IHF will continue to help people live well to the end.

Jean McKiernan
 Chairperson of the Board of Directors
 The Irish Hospice Foundation



- 52%** Donations
- 1%** Legacies
- 8%** Grants from Atlantic philanthropies
- 7%** Other grants
- 26%** Other fundraising income
- 6%** Training and education income
- 0.2%** Deposit interest

Report of the CEO



The Irish Hospice Foundation celebrated its 30th anniversary in 2016 and it was an opportunity for us to look back and assess our impact over three decades of existence. In 1986 there was little understanding of the hospice approach in Ireland. Since then we have worked through advocacy, education, research, innovation and pioneering development to attempt to make sure that people facing death and bereavement get the spiritual, physical, emotional and social care that they need.

With your help we have achieved so much but there is still so much to do.

Palliative and end-of-life care services are not consistent throughout the country and we want to ensure that everyone has access to best-quality services, no matter where they live or what life-limiting condition they have. Demand for our Nurses for Nightcare service continued to increase in 2016, with 17% more nights of care provided than in the previous year.

More public conversation is needed on dying, death and bereavement. More talking and planning for the future means that as a society we will be better prepared for the end of our lives. The response to our 'Have Your Say' campaign underlined that Irish people do want to talk about and plan for death and we continued to give them the opportunity to do this through our Think Ahead programme.

Bereavement is still inadequately addressed in Ireland - loss and bereavement underpins all end-of-life and palliative care, and affects us all. Our workshops on loss

and bereavement, which are run each year, enhance the skills and knowledge of professionals working with the bereaved.

Training for staff working with those facing end-of-life is not widespread. Our Journey of Change programme, the only national programme which supports continuous quality improvement in end-of-life care in residential settings, had engaged with over 100 locations across the country by the end of 2016.

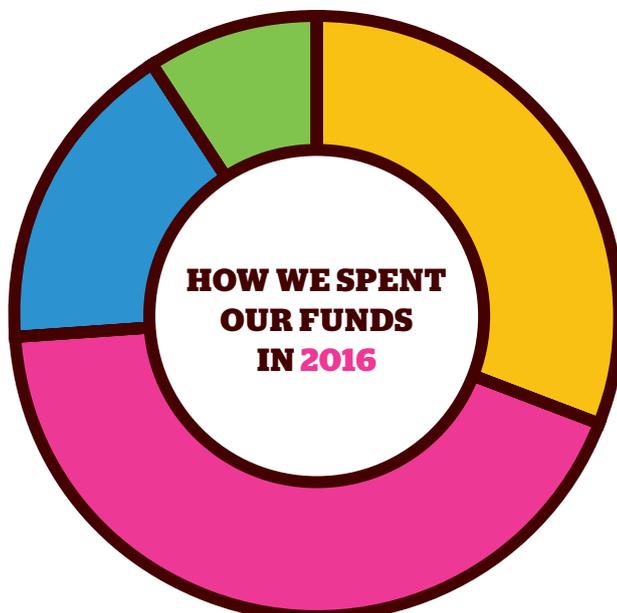
Everyone deserves a good death and end-of-life services must be higher on the national agenda. The Irish Hospice Foundation believes that no one should face death or bereavement without the care and support they need. We will continue to work to achieve this vision.

Our work would not be possible without the support we receive from our donors, philanthropic benefactors, sponsors, corporates, event participants and volunteers and I would like to thank each of you for your commitment to what we do. I would also like to thank our Chairperson, Jean McKiernan, and each of our other Board Members, for giving so generously of their time and expertise. Finally, I would like to thank our staff, whose passion and conviction in all that they do, is truly inspirational.

Sharon Foley

Chief Executive Officer

The Irish Hospice Foundation



- 31%** Fundraising costs
- 43%** Healthcare programmes
- 17%** Education and training
- 9%** Public engagement



Healthcare Programmes

Our healthcare programmes are designed to support improvements in end-of-life care in all settings and across all diseases.

Palliative Care for All

70% of people who die every year in Ireland have diseases other than cancer and for the past eight years, our Palliative Care for All programme has sought to improve access to palliative care for people suffering from these diseases. We have done this by directly supporting service development, sponsoring education programmes, developing guidance documents, advocacy work and most recently with the development of patient information leaflets.

In 2016, we successfully co-hosted a conference on heart failure and palliative care with the Mater Misericordiae University Hospital, and we welcomed Dr. Fliss Murtagh, a palliative care consultant from Cicely Saunders Institute, London, as the keynote speaker. University College Cork published guidelines for professional healthcare workers on the assessment and management of palliative care needs in Parkinson's disease which was the culmination of a two year development project funded by the IHF. The challenges posed for those with end-stage kidney disease were illustrated with the publication by the Irish Kidney Association of a patient information booklet entitled 'Conservative Care of Kidney Failure', which was also funded by the IHF. Separate patient information leaflets on future planning for people with COPD and advancing neurological disease are in preparation with relevant representative bodies.

We were also invited to participate in the development of the National Cancer Strategy. Following a series of meetings and public consultation, this report is due for publication in early 2017.

Changing Minds

Our three year Changing Minds programme, co-funded by Atlantic Philanthropies, successfully concluded in 2016. The programme enabled a concentrated focus on the palliative care needs of people with dementia which was achieved through awareness raising videos, research into understanding components of care for people dying at home with dementia, and comprehensive guidance and education for staff. Of particular highlight was our publication of seven guidance documents on palliative care for people with dementia.

Every year approximately 7,500 people die in residential care settings in Ireland and there was no national programme to support continuous quality improvement in end-of-life care in these settings until we commenced the Journey of Change initiative. This programme completed its three year pilot phase in 2016 having engaged with over 100 residential care settings in six pilot regions across Ireland. The Journey of Change seminar held in Tullamore in October enabled participating sites to demonstrate how the programme has enabled them introduce more compassionate care into their work setting for residents, families and staff primarily by using Compassionate End of Life Care (CEOL) reviews that take place following the death of the resident. The independent evaluation of the programme entitled 'We Do Death Differently Now' concluded that when all elements of the programme were implemented, significant changes in practice in relation to end of life care were demonstrated, with staff less likely to transfer patients to hospital at end-of-life. We were also delighted to receive a National Lottery grant in the sum of €5,000 which partially funded the development of a supporting DVD for CEOL reviews.

While the Journey of Change programme continues to be implemented by the HSE in the Midlands and the North-East, we are refining its content and management, based on the recommendations of the evaluation, to support its sustainability and introduction into further sites in 2017.





Nurses for Night Care

This year the service continued to grow, with 600 people receiving a total of 2,027 nights of nursing care. As well as giving clinical expertise, compassion, comfort and continuity of care to people in the last few days of their life, this service also gives much needed relief and expert advice to family members in this period of grief and loss. The cost for operating this service in 2016 was €649,000, an increase of 17% on 2015.

In recognition of the vital need for night nursing, we are happy to report that, for the first time, the HSE contributed towards the cost of the service with a grant of €88,000. We would like to thank our partners on this programme, the Irish Cancer Society which provides this service to people with cancer.

Hospice Friendly Hospitals Programme

The Hospice Friendly Hospitals national conference was held in Limerick in collaboration with the University of Limerick Hospital Group. Nearly 200 delegates attended with several from overseas and the majority of presentations, workshops and posters were based on research and quality improvement projects in hospitals that are members of the Hospice Friendly Hospitals Network. Feedback from the delegates and speakers demonstrated the passion and commitment to progressing the work of Hospice Friendly Hospitals, so that all patients and families who are facing death and bereavement in hospitals receive compassionate and dignified care, and staff can access an evidence based framework of resources and education to enable them do their work. The agreement with the HSE late in the year to establish a joint oversight group and enter a combined service level agreement with us was very welcome and signaled a strong strategic focus on this work in 2017.

Design & Dignity Project

The Design & Dignity Project, operated in partnership with the HSE, aims to enhance and transform the physical environments of hospitals in relation to end-of-life care. In 2016, the steering committee prepared a strategic report outlining its work and detailing the 24 projects awarded funding to date. The third call for projects was announced and in total, 18 applications were received. It is envisaged that 8 to 10 of these will be awarded grants in 2017.

Primary Palliative Care

Acknowledging and developing the role of GPs and Primary Care teams in the delivery of palliative care is one of our long term priorities. In 2016, in addition to advocating for improved access to out-of-hours specialist advice, we facilitated and supported the campaign for a GP Palliative Care Scheme. Such a scheme would formalise the structure for GPs to respond to their patients who have life limiting illnesses, and would assist in the continuity of care in the community at end-of-life.

Hospice Homecare for Children

The independent evaluation of the National Children's Palliative Care Programme was published in 2016 and underlined the huge success of this programme, which has improved the quality of life for children with life limiting illnesses and their parents in a wide range of ways. The IHF is proud to have provided 85% of the funding for the first stage of this programme since 2011.

During the year we continued to support an oncology clinical nurse specialist position and a nurse education programme in Our Lady's Children's Hospital in Crumlin. In April, we were delighted to be a partner for Ireland's 2nd International Children's Palliative Care Conference which focused on how to build a united palliative care service and a greater understanding of family care needs.

Education, Training and Bereavement

Education and training in loss and bereavement and innovation in bereavement care continue to be core strategic goals and we built on our suite of programmes and initiatives during 2016.

End-of-life care training and education

During 2016, a major focus was our outreach training offering to residential care settings, hospitals and other organisations, supported by Atlantic Philanthropies under the Changing Minds programme. New course offerings included 'Planning Ahead' which deals with advance care planning and advance healthcare directives reflecting changing legislation in Ireland and 'Staying Well at Work' which focuses on resilience and staff support in end-of-life care.

We continued to help organisations to support their bereaved staff and this year we also trained over 80 pharmacists who meet people coping with serious illness, loss and bereavement on a daily basis.

Over 400 participants attended our 20 in-house bereavement workshops between January and June while 27 students received their Professional Certificate in Children and Loss and 7 students graduated with an MSc in Bereavement Studies at the Royal College of Surgeons in Ireland. We also began a review of our postgraduate programmes and look forward to a redesign for the 2017/2018 academic year.

In partnership with the Irish Association for Counselling and Psychotherapy, we ran complicated grief training days in a number of different locations across the country and we gave a keynote presentation on complicated grief at their annual conference. We also participated in the TedxUCD 2016 event with a talk entitled 'Grief, it's complicated... 10% of the time'.





Bereavement

In July we hosted an event for over 30 organisations working in bereavement care across Ireland. Speakers from Scotland, England and Ireland shared how support for bereaved people has developed over time and discussed the benefits of working together. We aim to build on this collaboration in 2017.

We continued to support the set-up of a sustainable community based bereavement support group service in Dublin 13 and were delighted to receive funding of €3,320 from the Loreto Foundation for this purpose.

During the summer we welcomed the launch of the HSE's 'National Standards for Bereavement Care Following Pregnancy Loss and Perinatal Death' having participated on the steering committee for this work.

John McAreavey generously and touchingly talked on the theme of 'Living with Loss' at our annual public information evening in November. We would like to thank all the voluntary bereavement services who hosted information stalls during the event as well as Fanagans who, once again this year, sponsored the evening.

We continue to work on the European Association for Palliative Care (EAPC) bereavement taskforce and presented this work in June at the 9th World Research Congress of the EAPC in Dublin. This was the first time this international conference was held in Ireland. In November, we attended the International Working Group on Death, Dying and Bereavement which met in Scotland.

Irish Childhood Bereavement Network

The Irish Childhood Bereavement Network is hosted by the Irish Hospice Foundation and supported by Tusla. The Network once again ran Bereaved Children's Week in November with local events in Dublin, Galway, Limerick, Portlaoise, Cork, Drogheda, Arklow, Wexford and Kilkenny.

Standards for the care of bereaved children were launched for consultation at our successful Dublin conference. These standards aim to improve care for bereaved children across Ireland. International speakers at the conference included Sir Al Aynsley-Green, Elke Barber, Liz Koole and Liz Rolls.

Grants

We continued to grant fund the end-of-life education and training activities of professionals and organisations across Ireland with just over €19,000 used for this purpose in 2016. We also supported the All Ireland Institute for Hospice and Palliative Care with a grant of €30,000. The third year of our Dr. Anne Merriman scholarship was awarded to Sylvia Adhiambo Otieno for her final year of a BSc in Palliative Care in Uganda.



Public Engagement

We continued to engage at a high level with policy makers, our stakeholders and the media to raise awareness of our work and maintain continued support.

Advocacy

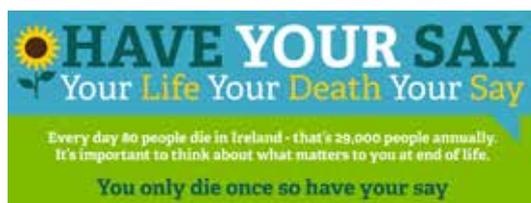
At the start of 2016 we actively engaged with Government Departments, the Taoiseach, members of Government and all candidates standing in the general election on our manifesto 'Dying is Everyone's Business' which called for an overarching strategy on palliative, end-of-life and bereavement care. In addition it advocated for an end to inequalities in hospice care, the extension of children's palliative care, sustainable funding for Nurses for Night Care and it urged the State to support, enable and encourage people to plan for end of life needs – to 'Think Ahead'. Many of the issues we highlighted are now contained in the 'Programme for a Partnership Government' including commitments to address the lack of hospice development in the Midland and North East regions of the country.

We met with the Minister for Health to highlight the need for a new framework for palliative care and to reiterate other strategic priorities. We welcomed the commencement of two important parts of the Assisted Decision-Making (Capacity) Act 2015 during the year and we continue to advocate for the commencement of the rest of the Act as soon as possible. The full commencement of this Act requires the development of the Codes of Practice to support its implementation and we participated on the HSE's Assisted Decision-Making Capacity Act national steering group and Advance Healthcare Directives multidisciplinary working group.

In August we made a comprehensive submission to the Oireachtas Committee on the Future of Healthcare which is tasked with achieving cross-party consensus on a new direction for the health service, including a funding model. We also made a pre-budget submission and a submission on strategic priorities to the Department of Social Protection. In November we were invited by Deputy John Curran and Senator Jerry Buttimer to make a presentation on Think Ahead and other end-of-life issues in Leinster House to members of the Oireachtas. Both presentations were well attended and cross party interest expressed is being followed up.

'Have Your Say' Campaign

The 'Have Your Say' Campaign, devised as part of our 30th anniversary celebrations, in collaboration with Milford Care Centre's Compassionate Communities programme, aims to develop a charter for dying, death and bereavement in Ireland. We distributed an online and hard copy survey and hosted four Death Café Conversations to gather feedback from members of the public. Over 2,500 responses were received and the main themes that emerge will inform the Charter. The Death Café Conversations (held in Cork, Mullingar, Tallaght and Dublin City Centre) were diverse and lively, each adding a unique insight into how dying, death and bereavement affect peoples' lives.



Think Ahead

Our Think Ahead project, supported by Atlantic Philanthropies under the Changing Minds programme, aims to empower an individual to 'Think, Talk, Tell' about their personal preferences for future medical, financial and personal care. Our Think Ahead form was updated in December 2016 to ensure it is fully compliant with the Assisted Decision-Making (Capacity) Act 2015. Demand for the form remains strong with over 60,000 now in circulation. On average two presentations were made each month to groups which included the Irish Countrywomen's Association, HIQA, religious congregations, GP faculties, the Society of Friends, a Compassionate Communities conference in Derry and an international conference in Budapest. Think Ahead is one of the flagship projects initiated by the Forum on End of Life in Ireland. We would like to thank the members of the National Council of the Forum on End of Life who continued to give so generously of their time and expertise.

Communications

PR campaigns around our events resulted in widespread national and regional coverage, including features in The Irish Times, Sunday Times, Irish Independent, Irish Examiner, Image Magazine and interviews on The Pat Kenny Show and Newstalk. Memorable coverage was also generated in the Irish Times, The Last Word and Sean O'Rourke Show around Bereaved Children's Week, highlighting that children grieve too. Our work in bereavement support, the impact of Design & Dignity projects and the launch of Dementia Palliative Care Guidance documents were also all highlighted in regional and national media.

Our social media presence continues to flourish with significant increases in followers across all platforms, building our public awareness digitally. Twitter highlights included trending number one in Ireland for #Coffee-4Hospice on the day of Ireland's Biggest Coffee Morning and also trending for #HaveYourSay on 8th October. We also extended our social media platform by joining Instagram and we continued to develop our online publication, ehospice.com, as a platform for sharing news on end-of-life care in Ireland.

To mark our 30th anniversary, the Library and Information service created a digital archive spanning the three decades of the Irish Hospice Foundation. The archive, which features over 2,000 digitised documents, images, audio recordings and video clips preserves the legacy of the IHF in a free online resource. Collections include documents from our founder, Dr. Mary Redmond on the establishment of the IHF as well as the origins of ground breaking programmes like Hospice Friendly Hospitals and Nurses for Night Care. It also features items related to some of our high profile events, publications and the well-known personalities from the worlds of music, poetry, literature, broadcasting and politics who have supported us over the years. The archive can be browsed at <http://archives.hospicefoundation.ie/>.



Fundraising

While we do receive some limited funding from the State and grants received for specific purposes are greatly valued, we are primarily dependent on voluntary donations to continue our programmes.

Partnerships

Once again we benefitted from corporate partners who kindly supported our work through donations, staff fundraising, matched giving and Give As You Earn. MACE, Lloyds Pharmacy, Fanagans, Baxi Potterton Myson, Superdrug and Ulster Bank were just some of our partners in 2016 and we are so grateful for the fundraising they do for us and the presence they give us in store, branch and office.

30th Anniversary Celebrations

Our 30th year was marked by our 'A Way to Go' campaign supported by Arthur Cox, eir, KPMG, Deloitte, FEXCO, LF Buckley & Associates and the Allergan International Foundation. We are also very grateful to our 2016 public engagement supporters Dublin City Council, Fingal County Council and South Dublin County Council and we would also like to acknowledge those who supported the campaign anonymously.

Riverdance held a 24 hour 'Dance-a-thon' for us outside the Gaiety in the summer and in October over 500 guests joined us at the stunning InterContinental Hotel for an unforgettable night when we hosted a Gala Dinner to mark this special year for us and to honour our founder, Dr. Mary Redmond.

Trusts, Foundations and Grants

Income from trusts and foundations increased substantially from 2015. Programmes including Nurses for Night Care, the Irish Childhood Bereavement Network, Design & Dignity and our advocacy work benefited from the support of many organisations. We would like to thank the JP McManus Benevolent Fund, Baxter International Foundation, the Clara E. Burgess Charity, the Iris O'Brien Foundation, the UPS Foundation, the Hospital Saturday Fund, Pobal and the Department of Housing, Planning, Community and Local Government for their support.

Events

With the help of our voluntary Special Events Committee we enjoyed another great day at the races in April 2016 with over 500 people joining us in Leopardstown for a sell-out event. The IHF Annual Cycle Challenge took place in June and was a huge success. Fifty-six participants took on the challenge of cycling over 600km from Roussillon in France to Barcelona in Spain. The event was generously supported by Kingspan and we were delighted to welcome Kingspan CEO Gene Murtagh on to the cycle for the first time.

We had fantastic support from our Community Fundraisers in 2016 who raised money in a range of wonderful ways including trekking to the summit of Mount Elbrus in Russia and running the length of the Grand Canal.

We are hugely grateful to all of our supporters and to everyone who helps us to plan and organise these events.

Individual Giving

The raffle this year was a huge success and we enjoyed working with our partners Volkswagen Ireland who provided us with a Volkswagen Polo. Thank you to all who bought and sold tickets for this event.

Our door to door team worked extremely hard signing up over 800 new donors in 2016. We are so grateful to everyone who gives monthly to IHF providing us with vital sustainable income for our many programmes.

We continued to have a good response to our direct marketing appeals. Our 'Never Forgotten' appeal at Christmas again proved very popular with our donors with hundreds of touching tributes for our Book of Remembrance.

Sunflower Days and Ireland's Biggest Coffee Morning

We were proud to support the local hospices in Ireland raising much needed funds for their incredible services. Mary Kennedy lent her support again for Sunflower Days and we worked closely with our sponsors Bewleys to deliver superb results for Ireland's Biggest Coffee Morning. Huge thanks to everyone who supported these campaigns.



Financial Activities and Corporate Governance

The following summary accounts have been extracted from the statutory financial statements of The Irish Hospice Foundation for the year ended 31 December 2016.

The statutory financial statements, on which the auditors, JPAS Ltd. Chartered Accountants and Statutory Audit Firm, expressed an unqualified opinion, have been filed with the Companies Registration Office following the Annual General Meeting on 13th June 2017 where they were approved by the Members and signed on their behalf by Jean McKiernan, Chairperson and Geoff Moore, Director.

The detailed auditors report and financial statements are available to download from www.hospicefoundation.ie or can be obtained from our office at 32 Nassau Street, Dublin 2.

Our Audit, Risk and Governance Committee takes delegated responsibility, on behalf of the Board, to manage the audit relationship and to ensure that there is a strong framework for accountability and governance within the organisation, to examine and review all systems and methods of control, both financial and otherwise, including risk analysis and risk management and to ensure the charity is complying with all aspects of the law, relevant regulations and good practice.

We prepare our financial statements in accordance with FRS102 and the Charities SORP (FRS102). We also subscribe to the Irish Charities Tax Research 'Statement of Guiding Principles for Fundraising' and are currently compliant with all provisions of the Code of Practice for Good Governance of Community, Voluntary and Charitable Organisations in Ireland.

The number of higher paid employees in 2016, published in accordance with SORP recommendations, was

	2016	2015
€110,000 to €120,000	1	1
€80,000 to €90,000	1	1
€70,000 to €80,000	4	3
	6	5

The IHF's available reserves at the end of the year were €2,628,449. The Company has an agreed policy to monitor the adequacy of reserves via the Finance and Remuneration Committee which takes delegated responsibility, on behalf of the Board to oversee the financial and resource management of the organisation.

The funds currently held, together with all fundraising initiatives over the coming years, are expected to be spent achieving our strategic goals. In support of these goals in 2017, we will build on work already commenced and will seek to:

- further embed our Journey of Change programme in residential care settings throughout Ireland;
- publish two patient information leaflets focusing on COPD and advanced neurological disorders;
- secure long term state funding for our Nurses for Nightcare, Hospice Friendly Hospitals and Think Ahead programmes;
- develop an agreed approach towards a national network and standards in adult bereavement care;
- relaunch our new format MSc in Bereavement Studies;
- build on our external programme of workshops which enhance communication, compassion and competence in end-of-life and bereavement care;
- progress work around the Assisted Decision-Making (Capacity) Act 2015 including the provision of information workshops to healthcare staff, the publication of support materials and advocating for the commencement of all sections of the Act;
- launch the electronic online version of our Think Ahead form; and
- host our biennial public Forum on End of Life and develop a national charter on dying death and bereavement.

Denis Doherty

Chair

Audit Risk and Governance Committee

Statement of Financial Activities for the financial year ended 31st December 2016

	2016 € Unrestricted Funds	2016 € Restricted Funds	2016 € Total Funds	2015 € Total Funds
Income				
Income from Donations and Legacies:				
Donations	2,196,253	176,208	2,372,461	2,324,950
Legacies	35,647	10,000	45,647	275,974
	2,231,900	186,208	2,418,108	2,600,924
Income from Charitable Activities:				
Grants	4,920	684,258	689,178	686,621
Income from Other Trading Activities:				
Other Fundraising Income	517,966	635,598	1,153,564	1,235,431
Training and Education Income	285,904	—	285,904	331,414
	803,870	635,598	1,439,468	1,566,845
Investment Income	8,046	—	8,046	11,038
Total Income	3,048,736	1,506,064	4,554,800	4,865,428
Expenditure				
Costs of Raising Funds:				
Fundraising Costs	(1,066,853)	(242,163)	(1,309,016)	(1,316,419)
Expenditure on Charitable Activities:				
Healthcare Programmes	(555,501)	(1,261,372)	(1,816,873)	(2,046,838)
Education and Training	(640,905)	(105,596)	(746,501)	(825,710)
Public Engagement	(293,581)	(85,582)	(379,163)	(398,720)
	(1,489,987)	(1,452,550)	(2,942,537)	(3,271,268)
Total Expenditure	(2,556,840)	(1,694,713)	(4,251,553)	(4,587,687)
Net Income/(Expenditure) and Net Movement in Funds in the Year	491,896	(188,649)	303,247	277,741

There are no recognised gains or losses other than the incomings/outgoings for the above two financial years.

Balance Sheet

as at 31st December 2016

	€	2016 €	€	2015 €
Fixed Assets				
Tangible Assets		35,778		69,179
Current Assets				
Debtors	238,559		274,265	
Cash at bank and in hand	2,917,468		3,164,004	
	3,156,027		3,438,269	
Creditors: Amounts falling due within one year				
	(467,037)		(648,061)	
Deferred Income				
	(96,319)		(534,185)	
Net Current Assets		2,592,671		2,256,023
Total Net Assets		2,628,449		2,325,202
Reserves and Funds				
Restricted Funds		158,609		347,258
Unrestricted Funds		2,469,840		1,977,944
		2,628,449		2,325,202

Board and Other Corporate Information

Board of Directors

We are governed by a Board of voluntary non-executive Directors, none of whom are paid. The Board of Directors met five times during the year.

There are four sub-committees of the Board which are all chaired by Board members and are comprised of Board members, IHF executives and, on occasion, external members. These sub-committees are appointed by the Board to take delegated responsibility for specific areas. The four sub-committees are the Policy

and Services Advisory Committee (chaired by Professor Muiris FitzGerald), the Finance and Remuneration Committee (chaired by Mr Geoff Moore), the Innovation and Fundraising Committee (chaired by Ms Vivienne Jupp) and the Audit, Risk and Governance Committee (chaired by Mr Denis Doherty).

Attendance at eligible meetings during 2016 is set out below:

	Board	Policy and Services Advisory	Finance and Remuneration	Innovation and Fundraising	Audit, Risk and Governance
Ms Jean McKiernan	5 of 5	1 of 2	5 of 6	3 of 3	—
Mr Tony Condon	5 of 5	—	—	2 of 3	—
Mr Denis Doherty	4 of 5	2 of 2	—	—	2 of 2
Professor Muiris FitzGerald (Resigned 13th December 2016)	4 of 5	2 of 2	—	—	—
Ms Mary Harney	4 of 5	1 of 2	—	1 of 3	—
Ms Vivienne Jupp	4 of 5	—	—	3 of 3	—
Mr Cormac Kissane (Resigned 19th April 2016)	2 of 2	—	2 of 2	—	—
Mr Geoff Moore (Appointed 19th April 2016)	2 of 3	—	4 of 4	3 of 3	—
Ms Margaret Nelson (Resigned 27th June 2016)	0 of 2	—	—	0 of 2	—
Mr Michael O'Reilly (Resigned 20th September 2016)	2 of 4	—	—	—	1 of 2
Mr Jim Rhatigan	4 of 5	2 of 2	—	—	—

Board nominations are delegated to an ad-hoc sub-committee, comprised of three Board members. When considering new Directors, the Board has regard to regional and gender mix as well as the requirement for any specialist skills necessary and seeks to include representatives from the hospice movement and palliative care sector. All new Directors undergo an orientation programme with the Company Secretary to brief them on the content of the Constitution, the committee and decision-making processes, the strategy, annual business plan and the recent financial performance of the Company.

Individual Board members are offered access to independent professional advice where they think it necessary to fulfil their responsibilities.

Directors are required to sign up to the Company's code of conduct on appointment. As part of this code, Directors are required to notify the Chairperson, at the outset of each Board meeting, of any conflicts of interest that may arise at that meeting. Unless decided otherwise, the Director must absent themselves from the meeting while the relevant matter is being discussed. Directors are also required to notify the Chairperson, at the outset of each Board meeting, of any conflict of loyalty that may arise at that meeting. If the Board decides that the issue is sufficiently serious, then it will be addressed in the same manner as a conflict of interest.

Other Corporate Information

Chief Executive

Ms Sharon Foley

Company Secretary

Mr Andy Caffrey

Company Number 114617

Charity Number CHY 6830

Registered Charity Number 20013554

Registered Office

Morrison Chambers
32 Nassau Street
Dublin 2

Auditors

JPAS Ltd.

Ardeen House
10/11 Marine Terrace
Dun Laoghaire
Co. Dublin

Bankers

Allied Irish Bank

Bank of Ireland

Ulster Bank

Solicitors

Eugene F. Collins

Temple Chambers
3 Burlington Road
Dublin 4



“

Simple care and transformational changes make death more bearable for those at end of life and for family and friends left behind

”

Gabriel Byrne

Patron of The Irish Hospice Foundation



The Irish Hospice Foundation
Morrison Chambers (4th Floor)
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