COVID-19

Safe use of Gloves

REMEMBER:
GLOVES ARE NOT A SUBSTITUTE FOR HAND HYGIENE.
HAND HYGIENE FIRST IN ALL CASES.

WHEN TO WEAR GLOVES
- When in contact with blood/bodily fluids, non-intact skin or mucous membranes.
- As required for transmission based precautions.
- When in contact with chemical hazards such as disinfectants, preserving agents or cytotoxic drugs.

WHEN NOT TO WEAR GLOVES
- Direct Patient Care: Taking blood pressure, temp, pulse etc.
- Indirect Patient Care: Giving oral medications, using the telephone etc.
- Where there is no potential for exposure with blood/bodily fluids or contaminated environment.
- In non-clinical settings.

SELECT THE CORRECT GLOVES FOR THE TASK
- Sterile
  - Procedures
  - (Nitrile, Latex, Medical Vinyl)
  - Potential for contact with infectious material
- Non-Sterile

POINTS TO REMEMBER ABOUT WEARING GLOVES

DO:
- ✓ Clean hands before putting gloves on and after taking gloves off
- ✓ Clean hands and change gloves between tasks
- ✓ Ensure hands are thoroughly dried before putting on gloves to reduce risk of dermatitis
- ✓ Make sure the gloves fit you properly

DO NOT:
- ✗ Re-use or wash gloves
- ✗ Double-glove
- ✗ Use alcohol hand gel on gloves
- ✗ Use gloves if they are damaged or visibly soiled
- ✗ Touch your face when wearing gloves or other surfaces
- ✗ Wear the same gloves from one patient to another
- ✗ Wear gloves for a prolonged time

REMEMBER SAFE DOFFING OF GLOVES

PEEL THE GLOVE AWAY FROM YOUR BODY, TURN IT INSIDE-OUT
HOOK THE INSIDE-OUT GLOVE IN THE OTHER HAND
SLIDE YOUR FINGERS UNDER THE WRIST OF THE OTHER GLOVE
PEEL THE GLOVE AWAY FROM YOUR BODY, TURN IT INSIDE-OUT, LEAVE THE FIRST GLOVE INSIDE THE DISPOSABLE BAG

ENSURE HAND HYGIENE AFTER EVERY DOFFING OF GLOVES

AND THEIR SAFE DISPOSAL

Dispose of gloves used for health or personal care in a healthcare risk waste bag.

IF HEALTHCARE RISK WASTE SERVICE IS NOT AVAILABLE:
The gloves, along with any other PPE used, need to be double-bagged and stored for 72hrs in a secure location, then put in the domestic waste.

Thanks to the IPC and Communications team in UL Hospitals Group for this poster.