ABOUT THE RESEARCH

The research findings in this report are based on surveys by Amárach Research on behalf of the Department of Health.

The polls are conducted using Amárach’s SmartPoll panel and weighted to the demographics of the adult population.

Sample size (25/05/20): n=2,000
Behavioural Change
Safe Behaviours – I

Which of the following are you doing more often as a result of the Coronavirus?

- Washing hands
- Staying at home rather than going out
- Social distancing when in a queue
- Using sanitizer

Source: Amárach Public Opinion Tracker for Department of Health
Safe Behaviours – II
Which of the following are you doing more often as a result of the Coronavirus?

- Coughing into elbow
- Contacting older relatives and friends to see they are okay
- Disposing of used tissues immediately
- Sitting further apart from others

Source: Amárach Public Opinion Tracker for Department of Health
Future Behaviours – I
Which of the following will you continue after Coronavirus?

- 93% 93% 94% 94% 93% 93% 94% 94% 94% 94% 94% 94% 94% 94% 94% 94%
- 77% 75% 76% 77% 75% 76% 75% 77% 77% 74% 77% 75% 74% 77% 75% 74% 74% 75% 74% 74%
- 64% 65% 64% 65% 67% 68% 69% 68% 70% 70% 71% 72% 71% 72% 72% 72% 72% 72% 72% 72% 72%
- 59% 64% 65% 64% 65% 67% 68% 68% 66% 67% 68% 68% 68% 68% 68% 68% 68% 68% 68% 68% 68% 68%

Source: Amárach Public Opinion Tracker for Department of Health
Future Behaviours – II
Which of the following will you continue after Coronavirus?

- Contacting older relatives and friends to see they are okay
- Social distancing when in a queue
- Sitting further apart from others when outside house or on public transport
- Staying at home rather than going out

Source: Amárach Public Opinion Tracker for Department of Health
Face Coverings
Do you wear a face covering when in public places? All Adults: % Yes

Face Covering Demographics
Do you wear a face covering when in public places? % Yes

Source: Amárach Public Opinion Tracker for Department of Health
Willingness to Wear
Would you be willing to use a face covering?

Yes definitely: 46%, 49%, 50%, 48%
Yes probably: 38%, 36%, 35%, 36%
No probably not: 9%, 8%, 9%, 10%
No definitely not: 3%, 3%, 3%, 3%
Don’t know: 3%, 4%, 3%, 3%

Source: Amárach Public Opinion Tracker for Department of Health
Travel Distance
Have you travelled further than 5 kilometres this week? % Yes

<table>
<thead>
<tr>
<th>Category</th>
<th>% Yes</th>
</tr>
</thead>
<tbody>
<tr>
<td>All Adults</td>
<td>41%</td>
</tr>
<tr>
<td>Male</td>
<td>45%</td>
</tr>
<tr>
<td>Female</td>
<td>38%</td>
</tr>
<tr>
<td>Under 35</td>
<td>39%</td>
</tr>
<tr>
<td>35-44</td>
<td>46%</td>
</tr>
<tr>
<td>45-54</td>
<td>44%</td>
</tr>
<tr>
<td>55+</td>
<td>39%</td>
</tr>
<tr>
<td>Dublin</td>
<td>46%</td>
</tr>
<tr>
<td>Rest Leinster</td>
<td>30%</td>
</tr>
<tr>
<td>Munster</td>
<td>46%</td>
</tr>
<tr>
<td>Conn/ Ulster</td>
<td>47%</td>
</tr>
</tbody>
</table>

Source: Amárach Public Opinion Tracker for Department of Health
Travel Distance
If yes, what was the purpose of your trip? Base: travelled more than 5km

- Work related: 41%
- Shopping: 38%
- Walk, exercise: 17%
- Visiting relations: 16%
- Food, drink takeaway: 8%
- Visiting friends: 6%
- Other: 13%

Source: Amárach Public Opinion Tracker for Department of Health

25/05
Meeting Up – I

How many people did you arrange to meet in the past week whom you had not been able to meet prior to the relaxation of restrictions last Monday? All Adults

- None: 50%
- 1-2: 32%
- 3-4: 15%
- 5-9: 3%
- 10 or more: 1%

Source: Amárach Public Opinion Tracker for Department of Health
Meeting Up – II
What was their relationship to you? Base: all meeting 1 or more people

- Friend: 56%
- Family member: 52%
- Neighbour: 6%
- Colleague: 3%
- Other: 3%

Source: Amárach Public Opinion Tracker for Department of Health
Socially Distanced – I

Which of the following best describes the extent to which you think people in general are following the social distancing guidelines?

- Almost everybody is following the guidelines: 5%
- Most people are following the guidelines: 51%
- It’s about 50/50 in terms of people following the guidelines: 34%
- Most people are not following the guidelines: 9%
- Almost nobody is following the guidelines: 1%
- Don’t know: 0%

Source: Amárach Public Opinion Tracker for Department of Health
Emotional Wellbeing
Emotional Wellbeing – I

Did you experience any of these feelings a lot of the day yesterday? Select all that apply:

- Worry
- Enjoyment
- Anxiety
- Boredom

Source: Amárach Public Opinion Tracker for Department of Health
Emotional Wellbeing – II

Did you experience any of these feelings a lot of the day yesterday? Select all that apply:

Source: Amárach Public Opinion Tracker for Department of Health
Emotional Wellbeing – III

Did you experience any of these feelings a lot of the day yesterday? Select all that apply:

- Loneliness
- Fear
- Pain
- Anger
- Intolerance

Source: Amárach Public Opinion Tracker for Department of Health
Risk Perceptions
Still Worried?

How worried are you personally about the Coronavirus? On a scale of 1 to 10 where 1 is not at all worried and 10 is extremely worried: Average Score

Source: Amárach Public Opinion Tracker for Department of Health
Sources of Worry – I

Please indicate the extent to which any of the following is a current source of worry?
On a scale of 1 to 5 where 1 is not at all and 5 is a great deal: Average Score

Source: Amárach Public Opinion Tracker for Department of Health
Sources of Worry – II

Please indicate the extent to which any of the following is a current source of worry?
On a scale of 1 to 5 where 1 is not at all and 5 is a great deal: Average Score

Source: Amárach Public Opinion Tracker for Department of Health
Pandemic Stage
Do you feel that the worst of the Coronavirus crisis in Ireland is:

**Source:** Amárach Public Opinion Tracker for Department of Health
Preventing Spread

How would you rate your knowledge level on how to prevent spread of the coronavirus? From 1 = ‘very poor knowledge’ to 9 = ‘very good knowledge’

Mean Scores

Source: Amárach Public Opinion Tracker for Department of Health
Self Protection
I know how to protect myself from coronavirus…
From 1 = ‘not at all’ to 9 = ‘very much so’: Mean Scores

Source: Amárach Public Opinion Tracker for Department of Health
A Second Wave

How likely do you think it is that Ireland will experience a second wave of COVID-19 infections? On a scale of 1 to 7 where 1 is ‘very unlikely’ and 7 is ‘very likely’: % 5-7

- All Adults: 61%
- Male: 57%
- Female: 65%
- Under 35: 63%
- 35-44: 64%
- 45-54: 62%
- 55+: 57%
- Dublin: 63%

Source: Amárach Public Opinion Tracker for Department of Health
Policy Preferences
Social Distancing
Do you think the current government measures on social distancing are:

- Too weak
- About right
- Too strong

Source: Amárach Public Opinion Tracker for Department of Health
Go Further?
Do you think there should be more restrictions?

Source: Amárach Public Opinion Tracker for Department of Health
Going Too Far?

Do you think the reaction of the government to the current coronavirus outbreak is appropriate, too extreme or not sufficient?

Source: Amárach Public Opinion Tracker for Department of Health
Returning to Normal – I
On balance, do you think that Ireland is trying to return to normal:

- Much too quickly: 4%
- A bit too quickly: 20%
- At about the right pace: 56%
- A bit too slowly: 17%
- Much too slowly: 4%

Source: Amárach Public Opinion Tracker for Department of Health
Returning to Normal – II
On balance, do you think that Ireland is trying to return to normal: % ‘bit/much too slowly’

- All Adults: 21%
- Male: 26%
- Female: 16%
- Under 35: 16%
- 35-44: 19%
- 45-54: 21%
- 55+: 25%
- Dublin: 20%

Source: Amárach Public Opinion Tracker for Department of Health
Information & Communications
Covid-19 Information Sources

Where are you currently getting trusted information on Covid-19 from?

Source: Amárach Public Opinion Tracker for Department of Health
Media Consumption
How often are you checking the news about Coronavirus (on TV, radio the internet apps etc)?

Source: Amárach Public Opinion Tracker for Department of Health
News Sources – I
What are the main media sources through which you access information on the Coronavirus: % Any Mentions (in top 3)

Source: Amárach Public Opinion Tracker for Department of Health
News Sources – II
What are the main media sources through which you access information on the Coronavirus: % Any Mentions (in top 3)

Source: Amárach Public Opinion Tracker for Department of Health
Knowledge Gaps – I
What information do you need the most about coronavirus?

<table>
<thead>
<tr>
<th>Topic</th>
<th>21/05</th>
<th>25/05</th>
</tr>
</thead>
<tbody>
<tr>
<td>Scientific progress in development of a vaccine or treatment for coronavirus</td>
<td>64%</td>
<td>63%</td>
</tr>
<tr>
<td>How I can protect myself and my family against coronavirus</td>
<td>53%</td>
<td>53%</td>
</tr>
<tr>
<td>How I will be impacted economically by the pandemic</td>
<td>41%</td>
<td>39%</td>
</tr>
<tr>
<td>Information about authorities decisions</td>
<td>39%</td>
<td>40%</td>
</tr>
<tr>
<td>The pandemic evolution in Ireland</td>
<td>35%</td>
<td>36%</td>
</tr>
<tr>
<td>How to maintain my mental health during the isolation</td>
<td>33%</td>
<td>31%</td>
</tr>
<tr>
<td>Symptoms of coronavirus</td>
<td>30%</td>
<td>28%</td>
</tr>
</tbody>
</table>

Source: Amárach Public Opinion Tracker for Department of Health
### Knowledge Gaps – II

What information do you need the most about coronavirus?

<table>
<thead>
<tr>
<th>Topic</th>
<th>21/05</th>
<th>25/05</th>
</tr>
</thead>
<tbody>
<tr>
<td>How I can take care of a person who belongs to a risk group</td>
<td>25%</td>
<td>24%</td>
</tr>
<tr>
<td>The pandemic evolution in the world</td>
<td>25%</td>
<td>26%</td>
</tr>
<tr>
<td>How to maintain my social contact despite the physical distancing</td>
<td>25%</td>
<td>21%</td>
</tr>
<tr>
<td>How the coronavirus is different from other diseases such as flu</td>
<td>22%</td>
<td>17%</td>
</tr>
<tr>
<td>How I can best take care of my childrens school education</td>
<td>18%</td>
<td>15%</td>
</tr>
<tr>
<td>Personal stories from other people on how they cope with the pandemic situation</td>
<td>14%</td>
<td>16%</td>
</tr>
<tr>
<td>Other</td>
<td>2%</td>
<td>1%</td>
</tr>
</tbody>
</table>

Source: Amárach Public Opinion Tracker for Department of Health