ABOUT THE RESEARCH

The research findings in this report are based on surveys by Amárach Research on behalf of the Department of Health.

The polls are conducted and reported on the same day using Amárach’s SmartPoll panel and weighted to the demographics of the 18+ adult population.

Sample size (29/06/20): n=2,000
Behavioural Change
## Face Masks
Do you wear a face mask when in public places? All Adults: % Yes

<table>
<thead>
<tr>
<th>Date</th>
<th>04/05</th>
<th>07/05</th>
<th>11/05</th>
<th>14/05</th>
<th>18/05</th>
<th>21/05</th>
<th>25/05</th>
<th>28/05</th>
<th>08/06</th>
<th>15/06</th>
<th>22/06</th>
<th>25/06</th>
<th>28/05</th>
<th>08/06</th>
<th>15/06</th>
<th>22/06</th>
<th>25/06</th>
<th>28/05</th>
<th>08/06</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>16%</td>
<td>18%</td>
<td>18%</td>
<td>18%</td>
<td>20%</td>
<td>22%</td>
<td>27%</td>
<td>28%</td>
<td>28%</td>
<td>28%</td>
<td>28%</td>
<td>28%</td>
<td>34%</td>
<td>39%</td>
<td>41%</td>
<td>45%</td>
<td>41%</td>
<td>34%</td>
<td>22%</td>
</tr>
</tbody>
</table>

## Face Mask Demographics
Do you wear a face mask when in public places? % Yes

<table>
<thead>
<tr>
<th>Category</th>
<th>08/06</th>
<th>29/06</th>
</tr>
</thead>
<tbody>
<tr>
<td>Male</td>
<td>22%</td>
<td>36%</td>
</tr>
<tr>
<td>Female</td>
<td>34%</td>
<td>53%</td>
</tr>
<tr>
<td>Under 35</td>
<td>23%</td>
<td>41%</td>
</tr>
<tr>
<td>35-44</td>
<td>24%</td>
<td>43%</td>
</tr>
<tr>
<td>45-54</td>
<td>22%</td>
<td>37%</td>
</tr>
<tr>
<td>55+</td>
<td>39%</td>
<td>54%</td>
</tr>
<tr>
<td>Dublin</td>
<td>32%</td>
<td>49%</td>
</tr>
</tbody>
</table>

**Source:** Amárach Public Opinion Tracker for Department of Health
Face Mask Occasions

Have you worn a face mask or covering in any of the following situations?

*Base: wear a face mask*

- **In a shop or store:** 94% (22/06) 94% (29/06)
- **In a hospital or GP surgery:** 33% (22/06) 41% (29/06)
- **On public transport:** 21% (22/06) 23% (29/06)
- **Visiting relations or friends:** 18% (22/06) 18% (29/06)
- **At work:** 15% (22/06) 16% (29/06)
- **Walking outside:** 12% (22/06) 10% (29/06)
- **Other situation(s):** 2% (22/06) 2% (29/06)

*Source: Amárach Public Opinion Tracker for Department of Health*
Safe Behaviours – I
Which of the following are you doing more often as a result of the Coronavirus?

- Washing hands
- Staying at home rather than going out
- Social distancing when in a queue
- Using sanitizer

Source: Amárach Public Opinion Tracker for Department of Health
Safe Behaviours – II
Which of the following are you doing more often as a result of the Coronavirus?

- Coughing into elbow
- Contacting older relatives and friends to see they are okay
- Disposing of used tissues immediately
- Sitting further apart from others

Source: Amárach Public Opinion Tracker for Department of Health
Future Behaviours – I
Which of the following will you continue after Coronavirus?

Source: Amárach Public Opinion Tracker for Department of Health
Future Behaviours – II
Which of the following will you continue after Coronavirus?

Source: Amárach Public Opinion Tracker for Department of Health
Socially Distanced

Which of the following best describes the extent to which you think people in general are following the social distancing guidelines?

- Almost everybody is following the guidelines
- Most people are following the guidelines
- It’s about 50/50 in terms of people following the guidelines
- Most people are not following the guidelines
- Almost nobody is following the guidelines

Source: Amárach Public Opinion Tracker for Department of Health
Emotional Wellbeing
Emotional Wellbeing – I
Did you experience any of these feelings a lot of the day yesterday? Select all that apply:

- Worry
- Enjoyment
- Anxiety
- Boredom

Source: Amárach Public Opinion Tracker for Department of Health
Emotional Wellbeing – II
Did you experience any of these feelings a lot of the day yesterday? Select all that apply:

- Happiness
- Stress
- Frustration
- Sadness

Source: Amárach Public Opinion Tracker for Department of Health
Emotional Wellbeing – III

Did you experience any of these feelings a lot of the day yesterday? Select all that apply:

- Loneliness
- Fear
- Pain
- Anger
- Intolerance

Source: Amárach Public Opinion Tracker for Department of Health
Risk Perceptions
Still Worried?
How worried are you personally about the Coronavirus? On a scale of 1 to 10 where 1 is not at all worried and 10 is extremely worried: Average Score

Source: Amárach Public Opinion Tracker for Department of Health
Sources of Worry – I

Please indicate the extent to which any of the following is a current source of worry?
On a scale of 1 to 5 where 1 is not at all and 5 is a great deal: Average Score

- Health of Family & Friends
- Personal Health
- Prolonged Restrictions
- Reduced Social Contact
- Health system being overloaded (added 29/06)

Health system 3.4

Source: Amárach Public Opinion Tracker for Department of Health
Sources of Worry – II

Please indicate the extent to which any of the following is a current source of worry? On a scale of 1 to 5 where 1 is not at all and 5 is a great deal: Average Score

- The Economy
- Personal Finance
- Employment Status
- Becoming Unemployed (added 29/06)

Source: Amárach Public Opinion Tracker for Department of Health
Pandemic Stage
Do you feel that the worst of the Coronavirus crisis in Ireland is:

Source: Amárach Public Opinion Tracker for Department of Health
A Second Wave

How likely do you think it is that Ireland will experience a second wave of COVID-19 infections? On a scale of 1 to 7 where 1 is ‘very unlikely’ and 7 is ‘very likely’: % 5-7

Source: Amárach Public Opinion Tracker for Department of Health
Policy Preferences
Social Distancing

Do you think the current government measures on social distancing are:

- Too weak
- About right
- Too strong

Source: Amárach Public Opinion Tracker for Department of Health
Go Further?
Do you think there should be more restrictions?

Source: Amáran Public Opinion Tracker for Department of Health
Going Too Far?
Do you think the reaction of the government to the current coronavirus outbreak is appropriate too extreme or not sufficient?

Source: Amárach Public Opinion Tracker for Department of Health
Returning to Normal

On balance, do you think that Ireland is trying to return to normal:

- Much too quickly
- A bit too quickly
- At about the right pace
- A bit too slowly
- Much too slowly

Source: Amárach Public Opinion Tracker for Department of Health
Information & Communications
Covid-19 Information Sources
Where are you currently getting trusted information on Covid-19 from?

Source: Amárach Public Opinion Tracker for Department of Health
Media Consumption
How often are you checking the news about Coronavirus (on TV, radio the internet apps etc)?

Source: Amárach Public Opinion Tracker for Department of Health
News Sources – I
What are the main media sources through which you access information on the Coronavirus: % Any Mentions (in top 3)

Source: Amárach Public Opinion Tracker for Department of Health
News Sources – II
What are the main media sources through which you access information on the Coronavirus: % Any Mentions (in top 3)

Source: Amárach Public Opinion Tracker for Department of Health
### Knowledge About Coronavirus

How would you rate your knowledge level on how to prevent spread of the coronavirus?

On a scale of 1-7 (very poor…very good): % 5-7 out of 7

<table>
<thead>
<tr>
<th>Category</th>
<th>Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>All Adults</td>
<td>93%</td>
</tr>
<tr>
<td>Male</td>
<td>91%</td>
</tr>
<tr>
<td>Female</td>
<td>95%</td>
</tr>
<tr>
<td>Under 35</td>
<td>89%</td>
</tr>
<tr>
<td>35-44</td>
<td>94%</td>
</tr>
<tr>
<td>45-54</td>
<td>95%</td>
</tr>
<tr>
<td>55+</td>
<td>94%</td>
</tr>
</tbody>
</table>

Source: Amárach Public Opinion Tracker for Department of Health
Keeping Informed – I
How easy or difficult would you say it is to…
On a scale of 1-7 (very difficult…very easy): % 5-7 out of 7

<table>
<thead>
<tr>
<th>Question</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Find the information you need related to COVID-19?</td>
<td>93%</td>
</tr>
<tr>
<td>Understand information about what to do if you think you have COVID-19?</td>
<td>91%</td>
</tr>
<tr>
<td>Follow the recommendations on how to protect yourself from COVID-19?</td>
<td>90%</td>
</tr>
<tr>
<td>Understand what authorities say about COVID-19 restriction and recommendations?</td>
<td>86%</td>
</tr>
<tr>
<td>Understand what authorities say about the virus COVID-19?</td>
<td>84%</td>
</tr>
</tbody>
</table>

Source: Amárach Public Opinion Tracker for Department of Health
Keeping Informed – II

How easy or difficult would you say it is to...

On a scale of 1-7 (very difficult...very easy): % 5-7 out of 7

- 89% To understand recommendations about what you can do to prevent other people from being infected?
- 88% To follow recommendations about how to prevent other people from being infected?
- 84% To understand recommendations about when to stay at home from work/school, and when not to?
- 82% To follow recommendations about when to stay at home from work/school, and when not to?
- 82% To understand recommendations about when to engage in social activities, and when not to?
- 79% To follow recommendations about when to engage in social activities, and when not to?

Source: Amárach Public Opinion Tracker for Department of Health
## Coronavirus Symptoms

Which of the following can be symptoms of the coronavirus?

<table>
<thead>
<tr>
<th>Symptom</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Shortness of breath</td>
<td>96%</td>
</tr>
<tr>
<td>Cough</td>
<td>94%</td>
</tr>
<tr>
<td>Fever</td>
<td>91%</td>
</tr>
<tr>
<td>Loss of taste and smell</td>
<td>80%</td>
</tr>
<tr>
<td>Fatigue (tiredness)</td>
<td>69%</td>
</tr>
<tr>
<td>Sore throat</td>
<td>54%</td>
</tr>
<tr>
<td>Muscle or body aches</td>
<td>45%</td>
</tr>
<tr>
<td>Headaches</td>
<td>44%</td>
</tr>
<tr>
<td>Runny or stuffy nose</td>
<td>28%</td>
</tr>
<tr>
<td>Diarrhoea</td>
<td>26%</td>
</tr>
</tbody>
</table>

*Source: Amárach Public Opinion Tracker for Department of Health*