Who Should Wear a Cloth Face Covering?

When you are attending children’s health services, wearing a cloth face covering is one way to help limit the spread of COVID-19.

Who should wear a cloth face covering?

✅ Children over 13 years old (or those who are clinically advised)
✅ Anyone who cannot keep a safe social distance.
✅ All hospital visitors and outpatients who are in or walking through a crowded public area e.g. main reception, patient waiting rooms, emergency department, day wards

Who should not wear a cloth face covering?

🚫 Children under 13 years old (unless clinically advised)
🚫 Anyone with breathing or developmental problems
🚫 An unconscious person should not wear a face covering
🚫 Anyone who experiences discomfort/stress while wearing a face mask
🚫 Anyone unable to remove their mask without assistance

Medical masks should be reserved for healthcare workers or patients in treatment. Remember Face Coverings help prevent people who do not know they have the virus from spreading it to others. They are only effective if used alongside the following safety measures:

- Social Distancing
- Regular handwashing
- Avoiding touching the face
- Respiratory hygiene
- Cleaning surfaces

Stay safe. Protect each other.