Stay safe at work.

Do not come to work if you have symptoms of COVID-19 infection, are a contact or are waiting for a test. Remember, the risk doesn’t go away when you are out of the clinical area.

Keep 2M apart or wear a mask if you cannot keep 2M apart.

Travel to work

If you have to share transport, always wear a face covering. Passengers should sit in the rear of the car, away from the driver.

Break times

Keep 2M from other staff.
If you can't keep 2M distance, wear a surgical mask.
Keeping your distance is safer.

Changing rooms

Keep your distance from other staff.
Do not bring personal items into clinical areas.
When you are caring for people, remove your wrist jewellery and fitness bands.

Public corridors and meeting rooms

Do not stand talking in groups in the corridors. Avoid face to face meetings, but, if you must, please maintain 2M social distance.

If you cannot keep 2M apart, you must wear a mask. Healthcare staff should wear surgical face masks in public work areas.

Stay safe. Protect each other.