Stay safe during breaktime.

Sit alone or maintain a distance of 2 metres from others, both inside and outside.

Remove your mask for eating ONLY and limit this to 15 minutes. (set a reminder on your phone)

After break, dispose of used mask appropriately & perform hand hygiene; apply a clean mask.

Ensure that your break area is well ventilated.

Remember to wipe down the surface after your break.

Stay safe. Protect each other.