Ireland is operating a delay strategy in line with WHO and ECDC advice.

Coronavirus COVID-19

All people are advised to:

> **Reduce** social interactions
> **Keep a distance** of 2m between you and other people
> **Do not** shake hands or make close contact where possible

If you have symptoms visit [hse.ie](http://hse.ie) **OR** phone HSE Live **1850 24 1850**

**How to Prevent**

- **Stop** shaking hands or hugging when saying hello or greeting other people
- **Distance** yourself at least 2 metres (6 feet) away from other people, especially those who might be unwell
- **Wash** your hands well and often to avoid contamination
- **Cover** your mouth and nose with a tissue or sleeve when coughing or sneezing and discard used tissue
- **Avoid** touching eyes, nose, or mouth with unwashed hands
- **Clean** and disinfect frequently touched objects and surfaces

**Symptoms**

- Fever (High Temperature)
- A Cough
- Shortness of Breath
- Breathing Difficulties

**For Daily Updates Visit**


[www.hse.ie](http://www.hse.ie)