# Theatrical Elements and Musical Dramaturgy: <br> Exploring the Use of Literary Texts to Develop Narrative <br> Features, Theatricality, and Symbolism in Music Composition 

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A dissertation submitted of the requirements for the degree of Doctor of Philosophy in music composition

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## Summary

This dissertation features a portfolio of seven original compositions of experimental music theatre (Voices, The Chariot, The Masque of the Red Death, The Night Journey, Sea Holly, Cassandra, and Epiclesis), exploring the aspects of theatricality, narrative, and symbolism through the use of literature. Each piece was inspired by a different literary genre, such as a short story, a monologue, poems, ancient Egyptian sacred texts, and ancient Greek hymns. According to this approach, voice is used mostly for narration, recitation, whispering, and acting, while singing is limited to a secondary role. The texts are incorporated into the pieces in a variety of ways, and the instrumentalists occasionally serve as soloists, reciters, or storytellers. In this conception, the objective was to develop a musical theatre environment through the staging of a particular moment or symbol of the plot, or the enactment of a setting that represents the literary theme.

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## List of Compositions

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Based on the short story The Masque of the Red Death by Edgar Allan Poe
4. The Night Journey (2020)

Based on Ancient Egyptian sacred texts
5. Sea Holly (2021)

Based on the prose poem In this poem I'm alone in the beach by Marina Galanou
6. Cassandra (2021)

Based on the monologue Magnum Opus by Marina Galanou
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## 1. Introduction

This PhD thesis discusses theatricality and narrative through the composition of musical pieces that range from solos to large ensembles. Dramatic elements are inspired by literature with the use of voice and music. Consequently, the art of writing is inextricably linked to this research and serves as the primary source of musical inspiration. It is my objective to develop a storytelling dimension and a sense of theatricality through instrumental composition; or, in other words, to reenact a story, a narrative, or a moment of a plot. In this context, voice is used mostly for narration, recitation, whispering, and acting, while singing is limited to a secondary role. Therefore, I would describe my compositions as works of experimental music theatre. Moreover, the creative process behind these pieces can be distinguished by three main qualities: storytelling, dramaturgy, and symbolism.

Despite the fact that my pieces incorporate text derived from literature, to a great extent, it is the music that shapes the dramatic action and tells the story. At this point, the question of whether music can tell a story arises. In response, Salzman and Desi aptly refer to the Wagnerian notion. In particular, they state that: "The Wagnerian notion. . . is that music can track a story and shape the rhythm and sentiment of a narration with great precision, almost as if we could know what the character was saying from the music alone." ${ }^{1}$ Nevertheless, there are several possible answers to this question. For instance, "music does not and cannot tell stories" ${ }^{2}$ or that it can tell "different kinds of stories." ${ }^{3}$ Based on my works and the content of this research, my approach parallels the notion that the function of music can track and shape the emotional content of a story or narrative.

### 1.1 Historical References

Since the Late Renaissance, the opera genre has been an integral part of the Western

[^0]classical music tradition. However, composers began to approach this musical field from a broader perspective from the early 1960s onwards. Theatre Piece (1960), composed by John Cage, is a notable example of this period. This work was inspired by an earlier creation of his, called The 1952 Untitled Event, which set the foundations for later theatrical events as it was the first of its kind. ${ }^{4}$ During the same period, György Ligeti wrote Aventures (1962) and Nouvelles Aventures (1963) - both for three singers and ensemble - characterised by their theatrical qualities. A few years later, he also composed the notable opera Le Grand Macabre (1974-1977). Further, Paul Griffiths notes that Ligeti was unwilling to create a traditional opera since, in his view, this genre belongs to a completely different era and cannot be interwoven with the present. ${ }^{5}$

As the opera genre is evolving over the years, new approaches are being developed to combine musical creation with theatrical elements. Music Theatre was created as a result of this avant-garde perspective framed by innovative ideas. ${ }^{6}$ Concerning this term, Salzman and Desi note:

> Music theatre is theatre that is music driven (i.e., decisively linked to musical timing and organization) where, at the very least, music, language, vocalization, and physical movement exist, interact, or stand side by side in some kind of equality but performed by different performers and in a different social ambiance than works normally categorized as operas (performed by opera singers in opera houses) or musicals (performed by theater singers in "legitimate" theaters).

The composer Peter Maxwell Davies wrote iconic music theatre compositions, characterised by smaller groups and theatrics, such as Revelation and Fall (1966), Eight Songs for a Mad King (1969), and Vesalii icones (1969). Griffiths indicates Davies's exceptional dramatic qualities, especially regarding an individual's dramatic hypostasis. In particular, the author states that:

It is also typical of Davies in taking the expression of extreme emotion as by

[^1]itself dramatic. He is a dramatist of the individual (and especially of the individual under stress), not of relationships, and all his best theatre pieces are for soloists. . . . ${ }^{8}$

Davies explores the dramatic potential of musicians in several of his music theatre pieces. For instance, in the aforementioned piece Eight Songs for a Mad King, a monodrama based on the story of King George III, for male voice and ensemble. The concept is about a mad King and his birds in cages, which are represented by ensemble musicians. According to Reginald Smith Brindle, it is an example of exceptional music in the European theatre, a "semi-opera" that incorporates a well-structured theme. ${ }^{9}$

While musical theatre is evolving, an entirely new approach appears, known as instrumental theatre or instrumental music theatre. This type of music-making itself creates a theatrical perspective and is originally perceived in a dramatic context. Some examples of this genre can be found in the work of Mauricio Kagel, Peter Maxwell Davies, and Harrison Birtwistle.

The Match (1964) for three musicians (two violoncellos and percussion) by Kagel is characterised by a theatrical effect as the two string players are in a 'musical competition'. They sit facing each other, and the percussionist has to 'oversee' them. The piece not only stands out for its stage layout and its theatrical presence, but also for its resulting acoustic features, such as the rhythmical exchange between the cellists and the percussionist's interference with various actions to set in motion this theatrical challenge. These actions include pursuing attention to themselves, disrupting cellists' playing, etc. Further, in the composer's theatrical pieces, such as this, the musicians do not stop playing their musical parts to interpret their theatrical hypostasis. Rather, there is complete integration between the musical and theatrical parts. ${ }^{10}$

Birtwistle's Verses for Ensembles (1969) for three instrumental ensembles, is the

[^2]result of visual material in terms of stage positioning and musicians' movements. According to Birtwistle, the logic behind this idea is to visually describe that specific music occurs at a particular spatial point and not at another point on stage. This feature works with specific movement interrelations. ${ }^{11}$ The instrumentation of this work is set in three groups: the five woodwind players (positioned at the left for high-range instruments and at the right for those with lower-range), the brass quintet, and the three percussionists. There is also one more place on stage for duets and solos. ${ }^{12}$ The perception of Birtwistle's music is characterised by a need to explore the foundations of theatre and reconsider the opera field. Regarding the composer's conception of theatre, David Beard points out:

If it can be argued that the drama is an expression of the purely musical process, then abstract, formalist principles remain paramount and aspects such as text, characterisation and narrative are secondary. ${ }^{13}$

From the mid-1960s to the present, music theatre and instrumental theatre have found a place in contemporary music, evolving over time with numerous works by its exponents.

It should be noted that various dramatic elements were already in existence in a variety of forms much earlier in history. Theatrical elements such as vocalisation, movement, and stage positioning, have been introduced either directly through the original composition or through additions made by conductors and stage directors. In the second case, it may not be the original material from the composer, however, I believe that some examples are worth mentioning, due to their approach and the result achieved.

A notable example from the 18th century is Joseph Haydn's Symphony No. 45 in Fsharp Minor, with the intriguing moniker the Farewell Symphony. In the fourth movement of this work, the composer uses an implicit message to insinuate to Nikolaus I, Prince Esterházy that orchestra musicians spent a long time at Eszterháza's summer estate and they

[^3]did not have the opportunity to meet their families back in Eisenstadt. ${ }^{14}$ In the final section of the piece, each musician's part ends gradually and after they extinguish their candles, they leave the stage one at a time. The piece reaches its end with only two violins on stage. ${ }^{15}$ The American author and musical theatre researcher Ethan Mordden notes about the fourth movement/the finale:
... [T]he first half, a Presto (very fast), reaffirms the vehemence of the first movement. Then comes the farewell, an Adagio (very slow), diminished player by player. Modern performances invariably stage a farewell, sometimes in eighteenth-century dress. The Boston Symphony did it in the 1930s, wigs and all, with conductor Serge Koussevitsky as a Slavic Joseph Haydn. ${ }^{16}$

This unconventional, but humorous, visual event in the last movement, gave the work its well-known title Farewell. This visual effect sparked interest and served as a source of inspiration for other classical composers at the time, such as Paul Wranitzky and Carl Ditters von Dittersdorf, who handled similar movement elements in their works. ${ }^{17}$

The ballet and orchestral work Petrushka by Igor Stravinsky, which was in the performance of the New York Philharmonic with conductor Alan Gilbert, provides another example of theatricality. Director Doug Fitch assigned additional roles to the musicians to engage them in the scenario. They had special apparel, Russian hats, and they were rhythmically banging their shoes on the stage. They also handed out food and drinks to everyone, and moved, or changed positions. The conductor had to wear a costume, move, and participate in the plot as a magician. The setting was completed with the main ballet dancers performing ahead of the orchestra and the projection of live video material of the action. ${ }^{18}$ The nature of this work is certainly embedded with drama due to its ballet qualities,

[^4]however, in this particular performance, it is interesting to observe how the instrumentalists can function as a theatrical medium.

Another performance that is also worth noting, is St. Matthew Passion by Johann Sebastian Bach with the Berlin Philharmonic at the Park Avenue Armory. It was conducted by the well-known Simon Rattle, and Peter Sellars as stage director, who is renowned for his extraordinary works. During this performance, the choir moves around the stage and interacts with the musicians of the orchestra. It should be noted that both instrumentalists and vocalists had to memorise the musical material, so that they are not limited in terms of positioning and movement. Ramey refers to this creative approach as a work that emits the feeling of operatic qualities despite the religious subject matter. ${ }^{19}$

The Finnish music conductor and composer Leif Segerstam interprets, in a very special way, Rimsky-Korsakov's popular symphonic suite Scheherazade Op. 35 with the Spanish orchestra Orquesta Sinfónica de Galicia. At a certain point, in the final movement (IV. Festival at Baghdad. The Sea. Ship Breaks upon a Cliff Surmounted by a Bronze Horseman), the conductor and some of the orchestra's members start yelling to dramatise and add an impulse to the musical moment. ${ }^{20}$

In honour of Mstislav "Slava" Rostropovich, one of the most legendary cellists of the 20th century, Leonard Berstein composed a concert overture entitled Slava! (1977). Towards the end of the piece, the musicians say loudly "Slava!" which means 'glory' in Russian. This part was a tribute to the composer's friend Rostropovich. ${ }^{21}$ From the perspective of theatrical expression, the work also shares elements with those described

[^5]above. In this case, as in the previous example (Korsakov's Scheherazade), the expressive means is the spoken part of the instrumentalists that contributes to the musical character and atmosphere of the piece and gives a distinctive identity.

From the mid-20th century onwards, there is an inner need for music creators to explore alternative ways to express and support their ideas. Since the 1960s, there has been a tendency to develop narrative content to create a musical piece with visual drama qualities. Composers not only focus on the musical material but also arrange the entire staging of the performance as a whole. To a certain extent, they become directors of their own work.

### 1.2 Research Overview

This PhD project ranges between musical material, literary texts of various genres, and the concept of theatricality. Accordingly, the investigative approach relies on the study of a broad range of repertoire that incorporates visual elements and focuses on dramaturgy and symbolism. Additionally, it is based on the historical flame that all these creative tendencies took place, during the evolution of contemporary music. Following the theoretical study, the research proceeds to the practice-based field, which involves creating a portfolio of compositions. It is crucial to consider the development of particular forms of theatricalisation in relation to specific subject matters (for example, the monodrama Eight Songs for a Mad King) or the theatricalisation of music itself (for instance, Harrison Birtwistle's instrumental theatre piece for ensemble Secret Theatre).

In the course of this research, I collaborated with the author Marina Galanou, who wrote the texts of my pieces Sea Holly (2021), and Cassandra (2021). Also, her experience in the field of literary linguistics assisted me in further developing my concept. The work we did in collaboration addressed research on narrative structure, dramatic discourse, and narrative poetry.

Composers I researched while writing my research include: John Cage, György Ligeti, Luciano Berio, Jani Christou, Morton Feldman, Karlheinz Stockhausen, George

Crumb, Toru Takemitsu, Mauricio Kagel, Peter Maxwell Davies, Harrison Birtwistle, Theodore Antoniou, John Corigliano, Tom Johnson, Georges Aperghis, Tan Dun, Lawrence Dillon, Robert Paterson, Evangelia Rigaki, and Megan Beugger.

### 1.3 Reflection on my Compositions

What are the possibilities of enhancing the narrative function of instrumental music by utilising voice and text instead of singing? In introducing my research question, I would first like to emphasise that singing is a principal action of opera and music theatre and is characterised by its expressive and dramatic qualities. In this research and portfolio of compositions, I exclude the singing action from my research field. As my main objective is to create a perception of theatrical presence and reenactment of a story, the processes of narration and recitation are of significant interest. In this portfolio, in works such as The Masque of the Red Death (2020), Sea Holly (2021), and Epiclesis (invocation) (2022), the narrative function is prominent. According to Andrew Bennett and Nicholas Royle, narration is "a series of events in a specific order - with a beginning, a middle and an end." ${ }^{22}$ There are other pieces such as Voices (2020), based on a poem by C.P. Cavafy, and The Night Journey (2021), based on ancient Egyptian sacred texts in which the events do not follow a particular time course. As pointed out by Bennett and Royle this is also common in lyric poems. In particular, they explain:

What is important. . . is the temporal ordering of what happens. By contrast, lyric poems, for example, are not typically through to express or depict a series of temporally ordered series of events. One of the ways in which lyric poetry is defined, in fact, is by the absence of any such representation of events - lyric poems characteristically use the present tense and exploit a sense of the presence of the speaker in the act of meditating or speaking. ${ }^{23}$

Thus, lyric poetry is mainly a form of expressing a particular event or creating a particular setting. Narrative poetry, on the other hand, presents a different approach. Kennedy and

[^6]Gioia state that: "Although a lyric sometimes relates an incident, or . . . draws a scene, it does not usually relate a series of events. That happens in a narrative poem, one whose main purpose is to tell a story." ${ }^{24}$ Narrative poetry, as a creative form, has "the ability to draw characters and settings briefly, to engage attention, to shape a plot." ${ }^{י 25}$ With reference to my compositional approach, I make an attempt to follow these aspects through the combination of musical and textual material. This will enable me to originate a new creative result distinguished by theatrical presence, dramaturgy, and storytelling qualities.

In most cases in music theatre, music is closely related to the text, hence to the underlying literary theme. However, the dramatic events are derived from the music, not the opposite, as in the case of opera, where the drama is driven by the libretto. It could be argued that the musical material itself converges into theatrical qualities. Additionally, each music creator approaches the manipulation of text and the meaning of the words in their original manner. Georges Aperghis is a composer who has always intrigued me in terms of the way he uses text in his pieces, as well as the way he handles the element of theatricality. Aperghis in a talk called mustMEET Composers 2021, conducted by music historian Gergely Fazekas at the Budapest Music Center, discusses how music and text interact in his compositions, and what is his ideal of musical theatre. In particular, he points out:

At the very beginning, it was an extension of music by actions, and then I added some text, and later I understood that when a sentence had a meaning, we were not listening to the music anymore but to the meaning of the text. . . . So I made polyphonies of texts. . . . I wanted to have texts that are only musical without meaning, but even if when the text is only musical, the audience starts to understand something, starts to give a meaning to the text. ... I want people to be lost, because when the audience is lost they open their ears. . . . When we are lost we try to find our way, we try to understand where we are. . . . In my pieces, there is the music that distributes, that gives energy, then there are the technical things, images, the bodies of the actors and the singers, and all these create a polyphony or at least this is what I try to create, a living organism. ${ }^{26}$

[^7]Based on the composer's comments above, it is evident that the use of fragmented texts or even an invented 'new' language is a common process in his work. According to Salzman and Desi, the process of text fragmentation became prevalent in that period and is found in the works of Boulez (Le Marteau Sans Maître), Berio (Omaggio a Joyce), and Cage (Aria). ${ }^{27}$ In regard to my compositions, both approaches have been followed. The linear narrative process was primarily used, although there were cases where the fragmentation of the text was essential in order to enhance the theatrical presence and to achieve a sense of interaction between the instrumentalists. The manipulation of the textual material will be discussed in greater detail in the analysis section of this thesis.

The importance of stage lighting should be considered at this point. With the development of electricity over the years, lighting setups became an essential part of music, theatre, and dance performances. It was initially a practical necessity and later an artistic means to enhance the dramatic atmosphere. In addition, postdramatic theatre performances demonstrate an increasing equality of creative means. The author Hans-Thies Lehmann points out:

In postdramatic forms of theatre, staged text (if text is staged) is merely a component with equal rights in a gestic, musical, visual, etc., total composition. The rift between the discourse of the text and that of the theatre can open up all the way to an openly exhibited discrepancy or even unrelatedness. ${ }^{28}$

According to lighting and theatre artist Amy Chan, lighting is used equally in theatre performances:

In gaining equal rights with other theatrical means, including text, light is liberated from the logocentric hierarchy of dramatic theatre; it attains the potential of being an independent artistic medium, thus opening up the potential of theatre in general. ${ }^{29}$

A number of theatrical works, such as those by Adolphe Appia and Robert Wilson,

[^8]display the relationship between light and music. ${ }^{30}$ It should be noted, however, that light and music coexist not only in theatre, but also in classical music concerts. There are a number of intriguing examples, among them: Prometheus: The Poem of Fire Tone, Op. 60 by Alexander Scriabin (the composer incorporates a colour instrument "clavier lumière" to develop an interaction between musical and visual material) ${ }^{31}$ and Vox Balaenae (1971) by George Crumb (due to the composer's inspiration from whale songs, blue lighting is suggested whenever possible for the performance of the work). ${ }^{32}$

Lighting is used in several of my pieces in a discreet manner, without any kind of stage layout. However, I use techniques such as fade-ins, fade-outs, cross-fades, instant lighting, sudden darkness, etc., to enhance the theatrical atmosphere. In some of my works such as The Masque of the Red Death (2020) for solo flute, the choice of light colours is symbolic of the literary theme. Moreover, in my composition entitled Sea Holly (2021), in addition to the stage lighting, blue illumination is used in water bowls to symbolise the element of the sea.

As far as the textual material is concerned, it is incorporated into my work in a variety of ways. For instance, my pieces Voices (2020) for speaking pianist and Sea Holly (2021) for cellist and two percussionists are based on poems. In this case, the soloists assume the role of the reciter, in addition to their musical performance. In The Masque of the Red Death (2020), the solo flautist manipulates material from a short story, to create the impression of a storyteller. Cassandra (2021) for actor, bass clarinet, and percussion is based on a monologue. The two musicians occasionally use excerpts from the same text as they interact with the actor during the performance. Moreover, a combination of texts of a ritualistic

[^9]nature is present in The Night Journey (2021) and Epiclesis (invocation) (2022). Both pieces have a ceremonial character encompassing a variety of features that serve the theme of the text.

Different concepts are explored in each piece through the use of theatrical presence, storytelling, symbolism, ritualization, interpretive liberty, indeterminacy, and dehumanisation of the performer. Commentary for each work explains further details regarding how each piece was conceived, how it was staged, and how the text was manipulated.

## 2. Voices (2020)

## Ideal voices and beloved

 of those who have died, or of those who are lost to us like the dead. . . . ${ }^{33}$
### 2.1 Overview

Voices (2020) for speaking pianist is based on the homonymous poem by C. P. Cavafy. The distinctive elements of Cavafy's work lie in its dramatic nature and use of symbolism. Besides performing the musical part, the pianist recites the poem. In regards to my compositional approach, I intend to emphasise the character's inner stream of consciousness, which is reflected in the lyrics. The musical material derives from the text's meaning, aiming to enhance the overall theatrical atmosphere.

With regard to the poem's subject matter, it is characterised by the elements of memory and nostalgia. The poem is a symbolic reference to the past of the poet's or the reader's life, focusing on the deep sense of loss for loved ones who are gone. The concept is based on the recall of the sound of our own people's voices that return to our thoughts. Savvidis Giorgos, in his analysis of Voices, points out: " . . [L]iving separation is at least as emotionally painful as the inevitable death. . . [T]he mind can sense something that is impossible to perceive with the common senses. . . [S]ensory memory can be transmuted into music. . . ., ${ }^{34}$

Cavafy's poems have a strong connection to theatricality and, in some cases, could be described as dramatic acts. Tellos Agras states "Cavafy's poetry should not be sought from the lyrical angle, but from the angle of drama: a post-Euripedean, realistic drama., ${ }^{35}$

[^10]According to Alexandros Pappas, the poet's inspiration originates from ancient drama, dramatic monologues, and Shakespearean topics, among others. He also argues that: ". . . Cavafy consciously used techniques and ideas related to performance and theatre throughout his poetry. As a result, performance is central to our understanding of Cavafy."36

### 2.2 Analysis

In Voices, I approached the poem's theme in a distinctive manner. I chose to focus on the dramatic elements, which can be considered a monologue or a confession by the character: in this case, the pianist. Therefore, the piano part has an accompanying character in terms of text, but not in the conventional sense, as there is no song interpretation. The piano part contributes to the theatrical experience with conventional material and several extended techniques inside the piano to produce the required sound textures and effects.

The theatrical essence of the piece is characterised by a series of actions that lie outside of conventional piano performance practice. The pianist, in addition to playing the piano, has to recite and move on stage. Several piano works incorporate dramatic qualities, movement elements, acting, and singing as part of the performance. Regarding the integration of non-pianistic features, an apt example of contemporary music would be the late 1960s composition, The Anaparastasis III: The Pianist by Jani Christou.

According to the published score, The Pianist is written for a soloist, conductor, instrumental ensemble, and tapes. ${ }^{37}$ The entire performance of the soloist (i.e. pianist) is based on the composer's notion of their hypostasis on stage. Christou's concept consists of the "system" ${ }^{38}$ and "anti-system"39 fundamentals, to which Varvara Gyra explains that:

[^11]"Dramatic action is the means by which the performer manages to move away from the 'system' and thanks to which he conquers the space of the 'anti-system'., ${ }^{40}$

The subject of this work is the dramatic collision between a pianist and his instrument during a public performance as a result of stress. The pianist enters the stage with slow steps, filled with stress. His inability to play the piano makes him moan and groan. As the plot progresses, he falls to the floor and starts wriggling while he touches and kisses the piano. Then he stands up trying to apologise to the audience for his incompetence, but is unable to speak. As the soloist performs, the ensemble accompanies and interacts with the action. ${ }^{41}$ Referring to the composer's compositional approach called "praxis" and "meta-praxis", ${ }^{42}$

## Maria Aristotelous states:


#### Abstract

The pianist came on stage in order to perform a role that the placement of the piano on stage suggests-that is to play the piano. The appearance and the role that it is suggested for him is the praxis. The action that should or is expected to take place. . . . The pianist cannot communicate with the piano. He stares at the piano in terror for his inability to act as he should. And then a metapraxis happens. ${ }^{43}$


The agonising conflict between the soloist and his piano is the dramatic core of the work. Furthermore, through the pianist's extensive manipulation of motion around the instrument and their theatrical efforts to communicate with the audience, the intense emotional

[^12]expression is enhanced.

In my work Voices, the element of motion on stage is limited to the opening and ending of the piece. In particular, the pianist appears on stage and walks slowly around the piano. They stare puzzledly at the instrument and stand several times at different points on the stage. The purpose of this staging is to create a sense of interaction with the piano, thus developing a relationship between the soloist and their instrument. By extension, music played on the piano symbolises the sound of the implied characters that return to mind, which is one of the main aspects of the poem. Afterwards, the instrumentalist approaches the piano, opens the lid, and starts playing (Figure 1). As to the ending of the piece, after the soloist has played the final note, they remain standing and close the lid, with the sustain pedal already depressed in order to enhance the sound. When the sound gradually fades out, the pianist slowly leaves the stage (Figure 2). The piece does not contain any other elements of movement that are purposefully arranged.


Figure 1. Introduction of Voices (excerpt).
However, I would like to focus on how the soloist's playing itself is theatrical to some extent, meaning actions related to extended techniques inside the piano, such as striking the strings with the palm or playing pizzicato. Body gestures enhance the overall atmosphere and are correlated with music performance as a whole. This is why the live performance and the visual aspect are essential for deep comprehension of such works. To a significant extent, this is evident in the work Liaison (2013) for bowed piano and dancer by
composer Megan Beugger, in collaboration with choreographer Melanie Aceto. ${ }^{44}$ In this piece, there is a system of wires attached to the piano that is connected to a number of piano strings and is positioned in the dancer's hands and feet. As a result of the movement of her choreography, she causes the strings to vibrate. ${ }^{45}$ Jennie Gottschalk notes about the work:

Sometimes the smallest, least noticeable gesture has a strong effect, while at other times, the most dramatic trajectories yield no sound. . . . The sounding depends on the tension of each fishing line, but other tensions play out in the body of the dancer. This interplay between body and instrument, motion and sound is compelling as it plays out in the piece. ${ }^{46}$


Figure 2. Finale of Voices (excerpt).
Due to the poetic content of my piece, I chose recitation over free narration. I prepared a Greek-to-English character transliteration, so that the acoustic outcome would be in the original language. Moreover, I considered it necessary to have a suggested rhythmic structure in the text in order to follow the accents of the Greek language.

As it pertains to the incorporation of text into the piano material, a great example would be Luzifers Traum oder Klavierstück XIII (Lucifer's Dream or Piano Piece XIII) by Karlheinz Stockhausen. It is characterised by an intriguing coexistence of piano and vocal writing for a soloist. This piano work later evolved into the first scene Luzifers Traum (for bass and piano solo; 2 transmitting microphones, 3 microphones, $2 \times 2$ loudspeakers, mixing

[^13]console) of the composer's opera Samstag aus Licht (Saturday from Light) ${ }^{47}$. Concerning the nature of the text on Luzifer's role, Maconie notes that Luzifer is in a state of ecstasy and his words are in his inner thoughts. In particular, the author states:

What he says. . . [is] disguised in the International Phonetic Alphabet so that the words and their meaning are hidden, or slurred, as if spoken by a person in a semiconscious state: "[sh]play . . . more . . . one . . . try for me . . . [sh]pituesk (picturesque)," the figure says, nodding at the keyboard. The implication of the scene suddenly deepens as we realize these could have been the words spoken by a dying American soldier in the final days of the war, to the young Stockhausen himself as a pianist. The performer's additional noises can thus be construed as suppressed emotion. ${ }^{48}$

It was the performance of this piece by the pianist and composer Apostolos Darlas that captured my attention, when I attended his concert back in 2015 in Athens ${ }^{49}$. The soloist's performance was particularly impressive in terms of the piano and vocal interpretation, both distinguished by extensive narrative and dramatic features. The main difference in Voices is that it is based on a poem that will be recited, instead of sung. The structure of the text shapes the whole piece, in addition to the pianist/reciter determining the atmosphere.

Regarding the score layout, the piano score consists of three staves, of which the top includes either sections of the piano material or the poem's verses with the rhythmic material. It was quite practical to frequently use the first stave for piano sections to make the material more discernible for the pianist. The musical language of the piece is characterised by extended techniques inside the piano and conventional playing. The form of the work is intentionally based on through-composed writing, although repetitions of a particular material (motives, pitches from inside the piano, etc.) are observed. From a broad perspective, it resembles an ABA form, but more in terms of the nature of the exposed

[^14]material I have used (A: introduction-first part of the text, B: solo piano, A: second part of the text-finale).

Following the introductory section, in which the pianist approaches the instrument and opens the lid (lasts about a minute), the piano part begins with particularly atmospheric writing, based on a combination of sustained muted notes, pizzicati and glissando on strings, and playing on keys (bars 3-5) (Figure 3). In bar 4, the 'voices' motif is introduced, as I named it: a rhythmic motif in a muted note that appears in various forms throughout the piece and symbolises the sound of people's voices that return to the soloist's thoughts chaotically and perpetually. It occurs throughout the piece based on various notes. It is presented in high piano registers except from bars 4,6 , and 111 which are introduced in F4, B3 flat, and F4 respectively.

The motif's rhythmic structure is based on a gradual accelerando, followed by an immediate ritardando. However, in a number of bars, the motif also appears in its half-form as a ritardando. The rhythmic alternation is supported by the appropriate dynamics (pianissimo - mezzo piano - pianissimo) to musically represent a sense of movement, the sound appearance, and the escape of 'voices' in the space. The use of similar elements continues with the frequent presence of the aforementioned motif. Prior to the next section, the hit with the palm on the strings is introduced. This is an extended technique that I often incorporate into works of this nature, as it is distinguished by its cluster sound quality and its dramatic texture in all dynamics. I use the palm symbol on the stave that defines approximately the string range to be played.


Figure 3. Introduction of the 'voices' motif in Voices.
The next section starts with the recitation part. Here the frequent change in the time signature is observed in order to follow the intonation of the Greek language. Therefore, the rhythm and the flow of the text define the rhythm of musical material; not the opposite. The recitation part is accompanied by repetitive double notes in octaves and muted notes in the low register. Following the first recitation part of the poem, the next parts are arranged in a similar manner. The following example is a recitation excerpt from bar 70 (Figure 4).


Figure 4. Recitation excerpt in Voices.
A dynamic solo piano follows displaying virtuosic character and fast passages (bars 31-66), which functions as a bridge between the recitation. The term solo is used to
distinguish it from the recitation part. It is based primarily on chord material, double notes in octaves, and successive tremolos. The tempo is lively and fast and ranges between 110 and 148 BPM in quarters. The rhythm is based on the alternation between $5 / 4,2 / 4$, and 4/4. The tempo decreases to lento ( 40 BPM ), the intense section concludes with the reexposure of the characteristic 'voices' rhythmic motif, and a number of additional atmospheric sounds, based on extended techniques from inside the piano.

In this solo work, I intended to emphasise the character's inner stream of consciousness, which is expressed in the lyrics. Also, the musical material derives from the text's meaning, aiming to enhance the theatrical experience. From a practical performance perspective, I would like to note the importance of the Greek-to-English character transliteration of the poetic material, so that the acoustic result would be similar to the original language. Furthermore, as I preferred recitation over free narration, for the suggested rhythmic structure in the text, it was mandatory to follow the accents of the Greek language. Regarding symbolism, this poem refers to the past of the poet's or the reader's life, focusing on the deep sense of loss for loved ones who are gone. Hence, the goal of this composition was to function musically and theatrically as a recall of the sound of our own people's voices that return to our thoughts.

## 3. The Chariot (2020)

> Because I could not stop for Death, He kindly stopped for me;
> The carriage held but just ourselves
> And Immortality. . . ${ }^{50}$

### 3.1 Overview

The ensemble piece entitled The Chariot (2020) is written for flute, bass clarinet, percussion, violin, and cello. It is a musical work inspired by Emily Dickinson's poem Because I could not stop for Death. It features a descriptive character to reflect the atmosphere of the text, which is based on the poet's deep contemplation about death and eternity. The compositional approach is similar to that of the previous solo piano work Voices, however, in this case, staging elements are not featured. The objective is to derive dramatic presence from the combination of music and text, as well as the musical accompaniment of the spoken words by the musicians themselves.

This poem is a notable work by Emily Dickinson and depicts the character's notion of the immortal world, while it belongs to the literary movements of Existentialism and American Transcendentalism. Despite the subject's nature, throughout the verse, a feeling of serenity and harmony is conveyed. Apparently, the poet's thoughts about the afterlife are filled with a sense of solace. ${ }^{51}$ About this peaceful ambience, Rajesh and Arun state: "Instead of the human fear or religious awe usually associated with death, death is portrayed as a restful trip, a pleasant journey with a courteous visitor and an unnoticed third traveller, immortality." ${ }^{52}$

The Chariot, is a literary work that represents the transition from death to eternal life

[^15]as a transcendental pathway. ${ }^{53}$ This transition conveys a sense of inner journey, which is also a fundamental component of this musical composition; through-composed music with a descriptive character that follows the words, while functioning independently at the same time.

### 3.2 Analysis

The present work for ensemble is characterised by recitation assigned to the percussionist and a few whispering effects for the rest of the musicians. Although there are no other theatrical components, such as stage lighting, movement, symbolic mediums etc., music and language as a whole constitutes a story-telling 'instrument'. Before I began writing the piece, I had in mind numerous examples of repertoire that combines narration with an ensemble or orchestra. I have listened to and studied several works of this kind in the past that greatly influenced me. Among others is the symphonic fairy tale for children Peter and the Wolf, Op. 67 by Sergei Prokofiev, the cantata Circle of Thanatos and Genesis (1977-8) for tenor, narrator, choir, and orchestra by Theodore Antoniou, Exit (2007) for narrator and chamber ensemble by Lawrence Dillon, and A New Eaarth (2012) for orchestra, chorus, and narrator by Robert Paterson. The major difference in my approach to this work for five instruments is the incorporation of the recitation part into the musicians. The ensemble members play this role while playing music or among the musical parts. This is a particularly evident element in most of my portfolio pieces.

The work starts in Andante (4/4 time signature) with an intense, sharp sound from the gong's vertical scraping with a triangle beater. This sets the ambient mood of the work, followed by non-vibrato low register notes on the bass clarinet, and quite discreet pizzicati on the violin. The musical material is completed with repeated col legno battuto eighth notes on F2 and this is where the recitation part begins from the percussion player (bar 4). As the recitation follows, flute air notes and bass clarinet multiphonics are introduced (bar 6), to

[^16]create an airy and faint texture, which is reinforced by the violin's tremolo sul ponticello trembling sound (Figure 5).

Immediately after follows an Andante Moderato part based on a quintuplet of sixteenth note motifs by the flute accompanied by sustained notes of long duration. These notes complete the harmonic structure. In bar 16, a discreet air noise effect on the violin is introduced and the cello is enriched by whispering words from the string players (Figure 6). These words are excerpts from the text material and become a component of the musical arrangement. There is a sense of dramatic existence created by this sudden, but smooth addition of vocal effects related to the topic of the poem. The chosen words "setting sun", "centuries", "death", and "immortality" function as a reference to the poet's main concern, which is the effect of death and, by extension, the notion of the afterlife.


Figure 5. Flute air notes and bass clarinet multiphonics in The Chariot.


Figure 6. Air noise effect and whispering words in The Chariot.
From bar 21, the musical material develops with a descriptive character and alternating time signatures $(5 / 4,3 / 4,4 / 4)$ from bar 21 onwards. The melodic material involves a dialogue between woodwind and string instruments, while from bar 31, the vibraphone takes on a dominant role through the exposition of melodic content. That concludes with a sequence of tremolos up to bar 41 . The rest of the instruments have a discreet presence, while a seagull effect is introduced by the cello.

In bar 46, a gong sound marks the beginning of the percussionist's recitation part. At this point, the text's meaning becomes significantly dramatic as, according to Rajesh and Arun, the poet refers to death as a "restful trip", a "pleasant journey". ${ }^{54}$ Further emphasis is achieved by the introduction of the ethereal timbre of the flute whistle tones, combined with low registered notes on the bass clarinet and cello.

An extensive instrumental part begins, which is developed by fast passages on the flute and violin. This is followed by an Adagio with eighth note repetitions in major and minor seconds, which is exposed between the instruments. From bar 78 onwards, the vibraphone has a major role with a series of tremolos that extend the harmonic background (Figure 7).

[^17]

Figure 7. Vibraphone tremolo in The Chariot.
It is enhanced by the use of bass clarinet multiphonics and staccato quarter triplets, string pizzicato and harmonic sounds, and non-vibrato flute notes of extended duration. The piece leads to the finale and the tempo returns to the previous Andante Moderato, while in bar 99 the percussion player starts the reciting of the last section of the poem. In the last 4 bars, the musicians whisper once again the four key words of the poem ("setting sun", "centuries", "death", and "immortality").

As with Voices, The Chariot has the same compositional approach. The main differences in this case are that there are no staging elements, and the piece involves narration over recitation. Concerning the textual material, there were no difficulties during the composition process, and the implementation was straightforward. The main goal achieved was to derive dramatic presence from the combination of music and text, as well as the musical accompaniment of the spoken words by the musicians themselves. It was a process that functioned effectively due to the musical material structure.

## 4. The Masque of the Red Death (2020)

There are chords in the hearts of the most reckless which cannot be touched without emotion. Even with the utterly lost, to whom life and death are equally jests, there are matters of which no jest can be made . . . ${ }^{55}$

### 4.1 Overview

The Masque of the Red Death (2020) for solo flute is a piece for a masked flautist and stage lighting. It is based on Edgar Allan Poe's allegorical short story of the same title and it is divided into seven short parts. The structure of these sections is associated with features that emerge from the main theme of the literary work. The short story's theme, is a combination of several symbolic aspects that were the starting point of my compositional approach in terms of form, extended techniques, voice, and stage lighting choices.

As the story unfolds, Prince Prospero hides in his abbey to protect himself and a large number of wealthy aristocrats from a deadly plague called the Red Death. The building was sealed, in the belief that they would be protected from death. Prospero and his friends entertain themselves by having a masquerade dance. At twelve o'clock at night, the guests discover an unknown presence amongst them, a costumed scary guest in blood, who was the Red Death. ${ }^{56}$

In terms of the soloist's theatrical presence, the flautist plays the role of the storyteller in a transcendental manner, similar to my solo piece Voices. In this work, substantial emphasis is placed on symbolism. The narration does not have a significant presence. However, there are sections in parts 6 and 7, where the flute player narrates short excerpts from the text. Referring to the story's characters, Dawn B. Sova notes that the plot is based on Prince Prospero, the Red Death (also the personification of plague), and other unnamed guests. ${ }^{57}$ In my piece, the theatrical existence of the instrumentalist (i.e. storyteller) is based

[^18]on two principal characters. In parts 1 to 6 , the flautist is a masked unnamed guest, and in the 7th part of the work they transform into the Red Death.

### 4.2 Analysis

Throughout The Masque of the Red Death, musical material and symbolism were used to convey the storyline. The short story's plot is based on characters, space, and a series of events related to the aspect of time. Therefore, it was an ideal basis for this solo flute work. Regarding the creation of music with theatrical elements for solo instruments, I came across a number of works that were a reference point for my compositional thoughts, each for a different reason.

In terms of voice and sound manipulation, it was Tōru Takemitsu's Voice (1971) ${ }^{58}$ for a solo flute that deeply influenced me. A key feature of this piece is the interpretation of text (i.e. Handmade Proverbs by Shūzō Takiguchi) by the soloist. Through the combined use of excerpts of text and flute tones, a variety of unique textures is created in the composition. ${ }^{59}$ Regarding the interaction between vocal and musical material, Brielle Marie Frost states:

By using the voice, a two-part counterpoint is created; the piece thus has three textural possibilities: music, text, and the combination of both music and text. The flute and voice thus become two main characters producing a single atypical musical effect, which can accommodate multiple interpretations. ${ }^{60}$

In my solo flute piece, the text interpretation mainly reveals the storytelling role of the musician, however, it contains various effects based on the combination of voice and flute sounds.

The Sequenza $V(1966)^{61}$ for solo trombone by Luciano Berio, characterised by its virtuosic qualities, is another intriguing example of the singing and playing coexistence. In

[^19]this work, the composer explores the trombone's limits and breaks all the audience's preconceived notions. ${ }^{62}$ Concerning its challenging writing, Niels Chr. Hansen notes that: "The frequent, sudden changes of register and the quick tones, namely in the high register, also make Sequenza $V$ inaccessible to all but the most virtuosic of trombonists." ${ }^{13}$

In regards to stage movement and theatrical presence, there are repertoire examples that I was particularly interested in studying, such as the Harlekin for solo clarinet and the Zungenspitzentanz for solo piccolo (1983) ${ }^{64}$ by Karlheinz Stockhausen. The first work is compelling due to its virtuosic clarinet writing, as well as for its theatrical extensions related to the Harlequin character, while the second piece is intriguing for its stage presence based on the performer's movement, physical gestures, and circular spinning concept.

My inspiration for this solo work was drawn from the aforementioned works and their various approaches. However, the structure is entirely based on the short story's symbolism and sequence of events. From my perspective, this piece investigates the soloist's role as a 'musical' narrator, and in parallel, a character of the short story's plot.

A significant component of this work is symbolism, which is related to the text's meaning. The work is segmented in seven, short, single-page pieces. The duration of each piece is approximately one minute and they are performed with short pauses in between. The number seven was not chosen at random, as it symbolises Prince Prospero's seven rooms, which is the setting of the story. By extension, the number of rooms is related to the notion of life's progression, which is inextricably connected to the Shakespearean thought for the Seven Ages of Man. According to author D.W.T.C. Vessey, Shakespeare's play As You Like

[^20]$I t$, Act 2, Scene 7, incorporates his perspective of the seven ages. These are: Infancy, Childhood, Adolescence, Young manhood, Maturity, Post-Maturity (senescence), and Senility. ${ }^{65}$ In my work each part has a distinct subtitle related to the aforementioned concept, these are 1. Birth, 2. The Beginning of Growth, 3.The Spring of Life, 4. Summer and Autumn of Life, 5. Winter Aging, 6. Darkness, and 7. Death.

Stage lighting is another significant component of this work that I explored, as the text provides symbolic parallelisms through the use of colour. Each of the seven rooms has its own colour scheme (blue, purple, green, orange, white, violet, and black). Vessey states about the colour setting: ". . . Poe's Prospero. . . decorates the abbey to please the senses of his guests, providing them with seven elaborately decorated rooms, each a different color. . . and has provided his retinue with 'a voluptuous scene' even as the plague rages outside the abbey walls. . . ${ }^{.{ }^{66}} \mathrm{My}$ objective was to integrate the colour of each room to each of the seven musical parts. Therefore, there is a double symbolism. Not only do I correlate each room colour with each piece of music, but I also combine colour meaning with the aforementioned seven stages of life. It appears that this approach was feasible and had the foundation to function as an additional theatrical and symbolic component, as I would not prefer the random use of colours. Concerning colour interpretation in terms of stages of life in Poe's short story, Brett Zimmerman has studied the subject comprehensively. The author points out, among others:

The hues of Prospero's suite represent human existence from prebirth and birth (blue), to youth (green), to corrupt middle age (orange), to infirmity (white and violet), to mental degradation and death (black), possibly through disease (red), and perhaps reentrance into the ethereal repertoire of extracarnal spirits (around back to blue). The royal purple has a special significance relevant to Prince Prospero himself. ${ }^{67}$

As it emerges, behind Poe's choice of colours, there is a range of symbolic aspects with a

[^21]deep meaning that can be effectively manipulated into a musical work such as this. Each colour corresponds to each piece (part 1: blue, part 2: purple, part 3: green, part 4: orange, part 5: white, part 6: violet) except for the seventh part (Death) where two colours are used. Considering that I could not use black in stage lighting, and I did not want darkness on stage, I chose white. This turns to red in the middle of the piece to symbolise the Red Death that appears.

Another symbolic component that I incorporated from the short story is a clock, as mentioned in the story: "It was in this apartment, also, that there stood against the western wall, a gigantic clock of ebony." ${ }^{68}$ The reference to the clock reflects the time that comes to an end; according to Sova, an end for humanity. ${ }^{69}$ In particular, Sova notes about the notion of time:

Time comes to an end for the prince and his guests when they reach the seventh room. Despite the efforts of Prince Prospero. . . they cannot escape the inevitability of death. . . . The progress toward death is marked by the hourly chiming of a "great ebony clock". . . which upsets the guests with each chime. . . . Finally, at midnight, their lives are ended. ${ }^{70}$

In my sixth part (Darkness), in bar 4 a rhythmic model based on key clicks is introduced and accompanied by narration from the soloist (I will refer to this extensively in the score analysis later). At this point, as the soloist narrates, the key sounds from the instrument represent the chiming of the ebony clock; in other words, it signifies that the end of time is approaching.

The staging of this piece is related to the story's setting as well. The seven rooms are joined via a hallway and are arranged from east to west, tracking the sun's movement. The last room is to the west; completely black in colour. ${ }^{71}$ The sun's movement and the orientation elements reveal the symbolic background, which is associated with the passage

[^22]of time. In my work, this aspect is presented by the soloist's particular stage positions. In the first part (Birth), the flautist enters the stage from the left, associating it with the east. In the last piece (Death), the musician leaves the stage towards the right direction to indicate the west. The last symbolism, and by extension, theatrical quality of the piece is the use of a half mask with two sides in black and red. In the black side, the soloist represents an 'unnamed guest', a character that obliquely represents the story. The instrumentalist begins the final part of the performance with the red side of the mask, symbolising the revelation of the Red Death and the notion of the end of life.

The musical language of the work is a combination of virtuosic material, extended techniques, and narration. The Birth (part 1 - Lento) begins with an extended 10 -second fermata, which is followed by inhale and exhale ${ }^{72}$ flute effects in bars 2 and 3 (Figure 8).


Figure 8. Introduction of Birth.
Notes of long duration are characterised by gradual angle changes of the instrument to alter the timbre. This is occasionally combined with the wind tone effect (only wind sound) to further enhance the dramatic outcome of the sound. Furthermore, the manipulation of longduration pitches is combined with the performance of microtone alterations (Figure 9). The part concludes with the inhale and exhale sound effects.


Figure 9. Microtone alterations in Birth.

[^23]The Beginning of Growth (part 2 - Lento) develops with a narrative character based on $4 / 4,5 / 4,3 / 4$, and $6 / 4$ time signature changes and several bars in which the soloist performs flute and sings simultaneously such as in bars 5, 13, and 14 (Figure 10).


Figure 10. The development of The Beginning of Growth.
The distinctiveness of this effect is that the flautist sings different notes from that they play on the instrument. The pitch singing in parts 2 and 3 is intended to gradually prepare the listener for the narration sections in parts 6 and 7. The musical palette is completed through the manipulation of multiphonics and multiphonic trills (Figure 11), harmonics, and fingertapping effects.


Figure 11. Flute multiphonics and multiphonic trills in The Beginning of Growth.
The Spring of Life (part 3 - Andante) is characterised by cantabile passages, 8th and 16th note triplets, and rhythmical alternations between $5 / 4,4 / 4$, and $3 / 4$. The simultaneous pitch singing and flute playing technique are present in this part as well, but in this case, the soloist sings the same notes as they play.

The Summer and Autumn of Life (part 4 - Adagio) is of similar writing to the previous part but with high-pitch passages and extensive time signature changes (4/4, 5/4, 3/8, 3/4, $2 / 4)$. This part starts and ends with expressive material of multiphonics.

The Winter Aging (part 5 -Lento) is ethereal in character and evolves with low dynamics that in most of the musical bars range from pianissimo to mezzo piano. It begins
with a discreet whistle-tone effect for a few bars and concludes with a finger-tapping effect. The technique of the gradual angle change of the instrument is used again, and the following bars consist of harmonic effects and singing tones in parallel with flute playing. As in the beginning, the piece concludes with whistle-tone and finger-tapping effects (Figure 12).


Figure 12. Whistle-tone and finger-tapping effects in Winter Aging.
Darkness (part 6 - Lento) has a narrative character and is based on narration, symbolism, and the established extended techniques from the preceding parts. Following the exposition of the melodic material in the first bars, in bar 4 a rhythmical model is introduced. It is about a key click effect (lift up) in C sharp that represents the clock of ebony; the time that gradually comes to an end (Figure 13).


Figure 13. The ebony clock representation in Darkness.
This sound effect of the clock is evolving while the flautist assumes the role of the storyteller and narrates the indicated excerpts quoted from the short story. In parallel, according to the score notes, the performer has to move on stage to develop a theatrical atmosphere; they are overwhelmed by tension and perplexity. This theatrical section is followed by melodic material and multiphonic effects to conclude with a theatrical free-of-tempo end, in which the flautist stops playing, turns their back to the audience and recites the following lines: "He had come like a thief in the night." Immediately after this action, the lights on the stage suddenly turn off.

Death (part 7 - Lento) is the last part of the work that symbolises the demise of the
characters due to the plague, and by extension an end for humanity. It is distinguished by its virtuosic character and the wide range of extended techniques. The manipulation of multiphonic trills and angle changes of the instrument are quite frequent. Concerning the voice, simultaneous whispering while playing the flute is introduced (Figure 14), a technique in which the soloist whispers the words "red fear" to the instrument with lips almost entirely covering the mouthpiece.


Figure 14. Flute performance and simultaneous whispering in Death.
In bar 11, the Red Death is revealed, the flautist says "death!" (through the lips of the instrument) and the stage lighting turns red. The work develops till the end through finger tapping and multiphonic sounds to conclude with a text narration, which consists of the last words of Poe's short story (Figure 15). The instrumentalist leaves the stage while playing the last three bars of melodic material.


Figure 15. Finale of Death (excerpt).

In my view, this solo flute piece is quite demanding to perform. In addition to the complex musical material, the performance also includes narration, singing, and the soloist's movement on stage. For instance, in Winter Aging (part 5), the flautist plays and moves randomly on stage, while in Death (part 7), they play with their back to the audience. To
overcome this practical difficulty, the piece or at least some parts must be performed from memory. Apart from this issue, I think this work can function without any other difficulties. The material can potentially convey both theatrical and symbolic aspects of the text that it deals with.

## 5. The Night Journey (2020)

The writings and the drawings of the hidden palace, which appertain to the souls, and the gods, and the shadows, and the spirits, which compose the beginning of the Horn of Ament, of the horizon of ament, which is the utmost boundary of the thick darkness of the horizon of amentet, containing the knowledge of the souls of the Tuat. . . . ${ }^{73}$

### 5.1 Overview

The Night Journey (2020) is a piece of work written for any combination of five instruments, a narrator, and a hidden percussionist. The participation of the percussionist is not mentioned in the title or in the piece's program notes. The reasons that led me to this particular choice will be discussed below, when I refer to the symbolism of the work. This piece is based on Ancient Egyptian sacred texts and functions as a ritual to the Sun God Ra and, by extension, as a symbolic inner journey into the past of mankind. The visual presence of the piece is enhanced by optional stage lighting.

The textual material of the piece consists of Ancient Egyptian cosmological writings originating from ancient papyri. The texts I have chosen are from The Book of Am-Tuat (1905) ${ }^{74}$ and The Book of the Dead (1898), ${ }^{75}$ both translated into English by the Egyptologist E.A. Wallis Budge. I used two excerpts from the text entitled Hymn to Ra when he Riseth (from the Papyrus of Nekht), which is a hymn of praise to the god Ra. This hymn includes the following introductory material: "A HYMN OF PRAISE TO RA by Nekht, the royal scribe, the captain of soldiers, . . .., ${ }^{76}$

The second extended text is an introduction to The Book of Am-Tuat and is considered an invaluable manifest of the knowledge of life. John Rush notes about the text's meaning:

[^24]The introduction to the Night Journey. . . . is of special interest because the manifest message is, "knowledge is power". . . The knowledge of what lies beyond this life can be shown as a reflection of your knowledge of life and the social hierarchy within which you live - we see in the "beyond" (heaven, hell, underworld) that which we see around us. Because you are part of the whole system your thoughts and behaviours are important in the maintenance of this system. The ancient Egyptians understood that the gods and goddesses were reflections of ourselves. . . . By knowing the gods and goddesses you "know thyself" and who you are. . . . ${ }^{77}$

The work was inspired by the solar deity Ra , who travels during the night hours in the Underworld. According to George Hart, the god Ra is an important figure in Egyptian mythology. In particular, the author describes Ra as "the ruler of the Underworld" or "lord of life in the western horizon". ${ }^{78}$ The god's night journey, imparts illumination to the deities of the afterlife, giving them temporary existence, before returning to death again. This celestial night sail is carried out with the "mesektet", Ra's night boat. ${ }^{79}$ Therefore, through a transcendental approach, this musical work is an ancient ritual that unites man with his ancient self; a symbolic inner journey into the past of human existence.

### 5.2 Analysis

To begin with, there is a significant difference between the implementation of The Night Journey and the rest of the portfolio in terms of notation. This is an entirely graphic score based on elements of indeterminacy. However, this content functions within a particular framework composed of a specific timeline and partially by predetermined musical material. My decision to create a graphic score arrangement is based on two main factors. The first concerns the instrumentation of the piece and the second one the theme of the texts used. In particular, regarding the instrumentation, the subtitle of the work is: "for any five instruments and narrator", meaning that it can be performed by five musicians, on any kind of instrument or ensemble. Therefore, the musical result of every performance is

[^25]unique. Nevertheless, in the score it is recommended to choose 2 strings, 2 brass, and percussion to ensure a cohesive musical outcome. The role of the random selection of instruments symbolises the hallucinogenic journey of the god Ra and by extension the otherworldly experiences of the underworld. As a result, the graphic material facilitates writing down the musical idea in a more straightforward and complete way, as well as supporting the concept of indeterminacy.

There is a wide variety of graphic scores in the contemporary music repertoire, which I could study and influenced by graphic scores with diverse creative starting points, as well as various approaches to support the musical content. When I began composing the initial draft of the score, I was thinking about graphic notation scores by John Cage, Karlheinz Stockhausen, George Crumb, Sylvano Bussotti, and many others. However, my earlier study of the works of Jani Christou gave me familiarity with his approach to graphic scores. Even more so when it comes to works dealing with the elements of drama and symbolism.

In relation to other works, it was the manner in which time is defined in Christou's pieces that influenced me. The use of a divided timeline delineates the events of the material as there are no musical bars, such as in his work Enantiodromia (Figure 16). ${ }^{80}$ In the journal Source: Music of the Avant-garde, a publication for documentation of experimental music and arts from 1966 to 1973, there is extensive information on the aforementioned piece regarding the manner in which the score is written. Referring to time concerning musical material, the following is mentioned: "The score functions like a time-chart upon which patterns and other events are organized within area of duration. 'Pattern' stands for an independent system of either static or active events." ${ }^{" 81}$

[^26]

Figure 16. The use of a divided timeline in Enantiodromia.
In that, each cue has a different duration (i.e. cue 108 is 8 sec., 109 is 7 sec., 110 is 6 sec., 111 is 5 sec , etc.). The main difference in my work The Night Journey is that the time chart is divided into equal parts of 5 seconds each (Figure 17).


Figure 17. The time chart in The Night Journey.
As it is mentioned above, the whole concept of the graphic score has a symbolic and dramatic character that is related to the literary theme. Each choice of musical material or arrangement has a specific role. However, the theatrical presence is not limited to this instance. The piece is characterised by the extended use of texts. These texts are distinguished into two types: excerpts from ancient Egyptian writings and a number of names from ancient deities. This material is mainly presented through the process of narration. There are also whispering parts that enhance the ritualistic atmosphere of the work. The distinctive feature at this point is that this textual material is not only performed by the narrator, but also by the musicians. It functions as an additional orchestration means that contributes to the musical structure.

As the piece represents an ancient ritual, the narrator - who does not appear on stage from the beginning - assumes in a way the role of the priest: a distinctive personality at the core of the ritual. During their performance, they follow specific information given in the score, both in terms of movement on stage and theatrical presence. As an example, at time 2:20 there is a note that indicates to "stay frozen and look at the audience". During the performance, the narrator also has to play small percussion instruments such as the finger cymbals and the woodblock (Figure 18).


Figure 18. Narrator's performance in The Night Journey.
Another theatrical component featured in this work is the addition of a hidden percussionist. The performance of the instrumentalist is not revealed in the title or the program notes. In the performance notes, it is mentioned that the instrumentalist can be set backstage, in the corner behind the audience or any similar place, so that they are not visible to the audience. This unusual stage arrangement of the percussion creates a dramatic effect for the listener, since the unexpected sound event comes from a musician who cannot be perceived in the auditorium. Even if for practical reasons the hidden musician is partially exposed, symbolically the concept is coherent.

Numerous examples of works can be found featuring alternative positions for soloists or ensembles, a particularly engaging approach to contemporary pieces characterised by theatrical dimensions. The concept of one or more instrumentalists performing off-stage or in different places simultaneously is reminiscent of intriguing compositions of the 1960s and
modern times. A noteworthy example is the Musik für ein Haus (1986) by Karlheinz Stockhausen. This is a group project of participants from the composition courses at the International Music Institute Darmstadt. This collective composition took place in a property with two levels and four rooms in the basement. ${ }^{82}$

As the author Brielle Marie Frost aptly points out about this work, Stockhausen explores the concept of multi-location composition and creates a form of theatrical polyphony. ${ }^{83}$ In The Night Journey, the concept is not that of the multi-location composition, however, to some degree, by placing the percussionist in a distinct position, a polyphonic perspective of the sound material is created. In regards to the instrumentation, the percussion instruments that were used are the concert bass drum and the gong. The bass drum, in addition to its wide and forceful typical sound, enriches the sound palette with a variety of timbres produced by extended techniques. The use of the gong is limited to a single tremolo crescendo in the fifth minute of the piece.

Stage lighting is another theatrical aspect that I deal with in this work. The lighting is based on blue and yellow alternations with white as a permanent component. Yellow is related to the daytime when the sun god is travelling, while blue is connected to the underworld and the journey during the night. Furthermore, I tried to manipulate darkness as an additional dramatic quality, meaning as a component of the plot's action. In particular, the piece begins and ends with the indication "lights off". For the first and last 30 seconds of the music performance, the stage is in darkness. This lighting arrangement contributes to the initiation experience of the journey, or from another point of view, the beginning from darkness to the light of a transcendental dream which the audience is part of.

In terms of notation, the score is read clockwise, with each line section having a fixed

[^27]time duration of one minute. There is a variety of elements illustrating the graphic character of the score, the musical material, and every additional component of information. Despite the fact that the work is based on indeterminacy, it is structured within a specific framework and several musical elements are predetermined. In particular, the instrumentalists perform the indicated material only when directed by the instructions in the score. The musicians choose who will play the respective content unless something specific is indicated. In notes, for instance, " +1 instr.", "- 2 instr.", " +3 instr.", "solo instr.", etc., the number of instruments is rearranged. When it pertains to a voice part for the musicians (recitation or whispering), the indication "+ 1 musician" is used. In addition, notes such as "+ narrator" and "+ hidden perc." concern exclusively the narrator and the percussion player.

The work begins with continuous sounds on the note C 4 by 2 instruments. This sound is further enhanced with two more instruments that are gradually introduced. The unmeasured tremolo symbol is indicated (in note C) as an alternative option in case the instrument chosen cannot produce a sustained pitch. The note for the instrumentalists explains: "continuous, non-vibrato sound, unmeasured tremolo only if the continuous sound is not playable". At duration 00:05 one more musician begins the recitation of the given text (i.e. the first selected excerpt from the Hymn to Ra when he Riseth).

The dynamics indication is pianissimo and the performance note indicates: "recite, almost whispering". The aforementioned continuous sound in note C evolves with a crescendo to mezzo piano and functions as a kind of 'basso continuo' that supports the recitation. A pianissimo sound is then introduced, two instruments perform notes B4 and B3 flat, and gradually the sound develops into a new structure based on random accents with simultaneous crescendos for about 15 seconds. The sound transforms into an intense combination of accents that concludes with a forte for both instruments (Figure 19).


Figure 19. The 'random accent' structure in The Night Journey.
Following the introduction, the main part starts at 1:00. The musical structure of the piece progresses in the same manner, with continuous sounds, but with numerous pitch alternations among the instruments. The section starts with a solo instrument note in B4 and gradually develops into a mixture of various pitches that successively change from a nonvibrato consistent sound to an unmeasured tremolo. Notes in parentheses are optional as long as they are playable on the respective instrument. The whole harmonic structure features two extended crescendos, starting with a pianissimo and ending in a dramatic fortissimo at 1:30. This is followed by a discreet 5 -second solo in D4, creating a contrasting effect to the previous material. Note D ends with a four-pitch sound that appears in a chordal style (time: $1: 35)$.

The indication that double-stops and multiphonics are optional implies that if one or more instruments are capable of these sound techniques, they are beneficial for further sound enhancement. Furthermore, at the same point, there is a suggestion to avoid consonant intervals, as these textures aim is to create a continuous, eerie, and mysterious sound. These timbres are further embellished with the manipulation of unmeasured tremolo to conclude in an abrupt sharp sound. In this 'chord', the accent and staccato articulation are highlighted to emphasise the exact interpretation of the sound (Figure 20).

From 1:45 to 2:05 in the work, an impromptu solo part is introduced. This section does not contain any predetermined material or specific articulation, but it does include the supplementary remark "mysterious and shady". In addition, microtonal pitches are
suggested, if they are playable by the instruments. In terms of dynamics, the solo ranges from pianissimo to mezzo forte and concludes with a fermata note and a decrescendo. Towards the end of the impromptu solo, all four instruments perform a crescendo of a unique character. The gradual increase of the sound material is structured by a variety of articulations, ranging from random staccato and pizzicato to any other sharp sound with the lowest possible pitches (Figure 21).


* avoid consonan't intervels

Figure 20. The 'chord' structure in The Night Journey.


Figure 21. The crescendo structure at 5:50 in The Night Journey.
In time 2:05, the narrator appears on stage for the first time. The performer moves slowly in front of the ensemble and stands on the left of the stage. Eventually, they play the finger cymbals (three rhythmic beats), which serve as a ritual gesture to begin the ancient text narration. Further, it is noted in the score that the narrator must remain frozen and look at the audience, even while playing percussion. Despite the simplicity of these directional suggestions, they enhance the performer's theatrical presence and, by extension, the whole
atmosphere of the piece.
Furthermore, the presence of the narrator is accompanied by a variety of musical material. A total of four instruments are introduced, with the instruction to play in pianississimo the lowest notes possible. The texture is composed of crescendos and decrescendos. It also incorporates an extended palette of articulations and techniques, such as flutter tongue, sul ponticello, unmeasured tremolo, or any other possible sound that the respective instrument can produce. In particular, the suggestion notes "play randomly suitable events for each instrument". The only predefined element is the dynamic alternation from pianississimo to piano and vice versa. A complete given melodic material in traditional notation is introduced for the first time at 2:20, with a $5 / 4$ time signature and a tempo of 58 BPM (quarters). This part is performed independently from the rest of the content (Figure 22).


Figure 22. Narration and melodic material from 2:05 to 2:30 in The Night Journey.
From 2:30 onwards the narration part begins (i.e. introductory text from The Book of Am-Tuat), accompanied by material from three instruments. The pitches gradually alter and it is recommended to use harmonics, if possible. The appropriate accidentals are
graphically presented on three horizontal lines that depict the duration of the notes. The pitches conclude with an instruction to play the lowest notes possible. This combination of sounds is enriched with deities' names whispered by the other two instrumentalists that emphasise the ritualistic character of the subject matter (Figure 23).

At 3:00, the hidden percussionist is introduced with a constant repetitive beat of 58 BPM (tempo in quarters) to the concert bass drum. As the narrative and whispering progress, an additional note for the rest of the three instruments indicates "continuous sounds with every possible articulation or extended technique is possible". The deep and repetitive sound of the percussion creates tension as the events unfold. This is further highlighted by the fact that the musician is hidden by the audience. Following this, the narrator performs the finger cymbals again to define the end of the narration, as a priest who is completing their ritual.


Figure 23. Narration and whispering parts from 2:30 to 3:00 in The Night Journey.
The first half of the fourth minute of the piece is based on the given musical material written in traditional notation at a tempo of 58 BPM (quarters). Each written part is independent and corresponds to one of the rest instruments. Until the fifth minute, the second
half is composed of short and discrete notes graphically depicted in a chordal style. In each of them a continuous sound emerges with a suggestion for possible use of multiphonics, harmonics, and double stops, dependent on the capabilities of the instrument used. This structure is supported by extended techniques (i.e. superball dragging and circular motion by hand on the surface) to the concert bass drum. An impromptu duo follows with a 'mysterious' sound and there is a suggestion that the content of the duo should focus on texture rather than melody. The rest of the instrumentalists perform models that require the lowest and highest notes of their instruments.

At 5:20, the narrator has to leave the stage and move towards the audience's side. They must simultaneously whisper the names of the deities and play the rhythmical model indicated on the woodblocks. The narrator's action has been musically 'prepared' with a crescendo tremolo on the gong and a gradual transition to forte from the other instruments. As the narrator moves, a number of instruments perform short random pitches in various rhythms and accents. The last 10 seconds of the fifth minute lead to the finale of the work. This is accomplished with a dramatic climax from niente to forte. A crescendo is built with a concert bass drum tremolo, and random pitches and articulations that produce an eerie and mysterious sound (Figure 24).


Figure 24. Score excerpt from 5:15 to 6:00 in The Night Journey.

Throughout the final section of the piece, there is no musical material for the instruments other than a continuous beat from the concert bass drum. However, all five musicians as well as the narrator at the back of the audience recite the second excerpt from the Hymn to Ra when he Riseth. The note indicates "recite independently, almost whispering". Every five minutes, each musician begins independently, without synchronisation with the others. Regarding the duration of the text, there is a note specifying that if the textual material is completed, the instrumentalist can repeat it from the beginning for as long as it is necessary. Due to the independent whispering of the seven performers, the text may not be understood clearly by the audience. However, that is not the intention, as I use the vocal sound from the text performance as an additional orchestration means. I perceive this sound result to be part of the music that gradually builds the piece's finale. Following 6:45, there is an extended decrescendo that leads to the end (Figure 25).


Figure 25. Finale of The Night Journey.
With the completion of this distinctive work, I would like to highlight the following points regarding the practical difficulties and challenges that arose. The score specifies the optional use of display monitors with an on-screen timer (one for the ensemble and one for the hidden percussionist). For the hidden instrumentalist, I consider the use of the on-screen timer essential to maintain synchronisation, at least if there is no visual contact with the rest of the musicians. If the percussionist is off-stage but inside the auditorium, a monitor may
not be necessary. Moreover, it should be noted that in this piece, although the conductor's presence is not mandatory, it is beneficial for this particular type of score; not only in terms of maintaining synchronisation, but also in terms of expressiveness and control of the musical material. The main goal of this piece was to manipulate various ancient Egyptian ritual texts, that in combination with the indeterminacy elements of the musical content, create a unique sonic and musical result. I consider that in a transcendental sense, this music structure can symbolise the hallucinogenic journey of the god Ra and by extension the otherworldly experiences of the underworld.

## 6. Sea Holly (2021)

moon is shining bright<br>accompanied by the stars infinity and symbolism<br>are undefinable now<br>because when the time comes<br>you will still feel<br>the abyss. ${ }^{84}$

### 6.1 Overview

Sea Holly (2021) for cellist, two percussionists, and optional lighting operator is based on the text entitled In this poem I'm alone in the beach by Marina Galanou. The cello player takes on the role of the storyteller, while performing their musical part with the two percussionists having an accompanying role. According to the author, the inspiration for this poem was derived from Sea Holly. ${ }^{85}$ Both are prose poems that depict the setting and describe a scene at sea. In these works, the text is a narration of the writer's internal experience. ${ }^{86}$ Specifically, the author in her analysis under the title Anthropocentricism \& Subjectivity in "In this poem I'm alone at the beach" indicates the following information:
. . . In my poem, the most prominent sense is sight, which is evident by the use of multiple colors, describing different elements of the landscape. This helps set the scene and transmit the feeling of the narrator to the reader, by describing the narrator's immediate surroundings. Moreover, I mostly use the first-person to signify that I become one and take in the seascape. . . . My poem starts in the first-person to signify an observing consciousness, which dissolves towards the end. From the very rigid 'I' the poem comes to an incorporated-with-nature consciousness that becomes one with and is absorbed by the water. ${ }^{87}$

In this regard, it is an intriguing literary text offering a number of aspects to exploit (the element of water, the sense of self etc.) concerning the inclusion of drama in the field of music.

[^28]
### 6.2 Analysis

The starting point for defining the instrumentation and nature of the work was the poem's subject matter and the writer's perspective. In particular, Galanou's anthropocentrism and manipulation of first-person in the text stimulated me to emphasise the contemplative nature of the character. This aspect is incorporated into the music by establishing the cello player as the main character of the performance. In addition to having the role of the storyteller, they are placed in the centre of the scene and have a soloistic nature in terms of the musical material.

This double role of the instrumentalist is a distinctive type of interpretation that is not widely prevalent. However, it is an approach used in contemporary music, as for example in the intriguing Failing - a very difficult piece for solo string bass (1975) ${ }^{88}$ by Tom Johnson, a demanding solo work for double bass that has been interpreted by numerous notable virtuosos. The performer is expected to play the bass while at the same time reading a passage of text. The title reveals that it is challenging for the soloist to perform this composition without making any mistakes, which is exactly what the composer intended.

As mentioned above, in terms of stage arrangement, the storyteller (i.e. cellist) has the central position. There is a symbolic dimension to this setting, as the entire composition is based on the cello part, with percussion players positioned to the right and left (Figure 26). The percussion instruments used are of a wide variety (e.g. vibraphone, woodblocks, suspended cymbal, crotales, small and medium or large gongs). In addition to the conventional instruments, the use of two large transparent water bowls is required. The water element is an integral aspect of the poem's theme. Therefore, the manipulation of water in terms of sound and visuals was essential; an effective symbolic medium that enhances the theatrical presence and supports the theme.

[^29]Regarding water percussion, it was the 1998 Water Concerto ${ }^{89}$ by Tan Dun that motivated me to explore this type of sound texture. In addition, the relevant theme of Galanou's poem provided the opportunity to further pursue this objective. Furthermore, the use of a small gong is required. This should be immersed in water during the performance. As a result of the combination of water and percussion, a unique palette of musical timbres is created. The concept of the water-gong was a groundbreaking invention by John Cage. His Trio (1936) for percussion instruments was the first piece where the composer explored this idea. ${ }^{90}$ William Fetterman writes about this innovation:

Cage had joined a modern dance group at U.C.L.A. as an accompanist and composer, and was asked to write a work for the swimming team's annual water ballet. During rehearsals he discovered that the swimmers could not hear the music underwater. His solution was to lower a gong into the water which, when struck, could be heard by the swimmers. ${ }^{91}$


Figure 26. Stage arrangement in Sea Holly.
As the subtitle of the piece indicates, this composition features optional stage lighting. It consists of blue, orange, and yellow colours. Also, I found the use of water bowls as an additional visual stimulus to be engaging. Due to this, I used transparent water bowls to integrate blue illumination at the bottom, which remains on for the entire duration of the performance. This is another symbolic component that is related to the seascape element of the text's theme.

[^30]The piece is written in $4 / 4$ time signature and the tempo varies between 58 and 70 BPM (in quarters). It begins with the gradual entry of the three instruments and blue lighting follows each of them. Thus, the scene is gradually illuminated. Initially, the percussionist plays a discreet water tremolo at the surface of the water (note: water tremolo with two hands). Following this, the vibraphone is introduced by the second percussionist with smooth bowing notes (D4, A4, D5, and G3). Then, the cello part begins with a continuous eerie sul ponticello tremolo. This texture sound is accompanied by a repetitive left-hand pizzicato on various notes. Throughout the piece, this musical idea is repeated several times and is an essential part of musical development (Figure 27).


Figure 27. Introduction of Sea Holly.
Following the introductory part, the musical material develops and acquires a descriptive character, especially between the cello and the vibraphone, while the second percussion complements the musical picture with bowed notes in crotales and water gong sounds (hitting the gong with a mallet and immersion in the water). For the first time, the narration is introduced simultaneously with the cello performance in bar 23 . There is a particularly descriptive character to the string player's performance, while the percussionist performs the water tremolo again in pianissimo. In bar 25, after the water tremolo, the indication "raise your hands from the water" is given, accompanied by the corresponding notation. The performance note defines that the instrumentalist has to raise their hands from
the water (about 25 cm ) and stand motionless until the end of the bar to let the water drain. This detail is significant not only for practical reasons, but also for the sound effect it produces (Figure 28). In the upcoming bars, the cello and narration parts, as well as the interaction between the percussion instruments, are being developed. In bar 32 , the dripping sound effect from the water bowl is performed discreetly for eight bars. According to the score notes the percussionist moves their palms in and out of the water to create the effect (Figure 29).


Figure 28. String player's performance and simultaneous narration in Sea Holly.


Figure 29. Performance of the dripping sound effect in Sea Holly.
The first part of the narrative (i.e. the prose poetry section) is completed in bar 47. Following this, an instrumental part is performed. The characteristic material of the cello is introduced again (continuous eerie sul ponticello tremolo with repetitive left-hand pizzicato), accompanied by an expressive passage performed on the vibraphone and material from the crotales and the gong.

From bar 64 onwards, the work develops significantly, with many changes occurring in terms of staging and performance. The tempo is reduced to 58 BPM , and the percussionist's stage lighting turns off, with the indication on the score "fade to black". This note only refers to stage lighting and not to music stand lights. At this point, there is an indication for the two percussionists to move towards the back of the audience while
whispering specific words from the poem (e.g. "waves", "sea", "emerald", "abyss", and "water"). Even though the word order is different for every instrumentalist, it is noted that they are not required to be synchronised with each other (Figure 30). In this movement, a special sound effect is created, as the direction from which the whisper originates is altered for the audience.

The percussionists continue the performance as normal, but in their new position behind the audience (Figure 31). From the current position they play the gong, the woodblocks, and the suspended cymbal, and in terms of sound perspective, a distinct atmosphere emerges. In parallel, the cellist begins reciting the poem along with the performance of the musical part. At this point, the tempo is free and the first words and phrases of the poem are synchronised with the woodblock beats (Figure 32).


Figure 30. Whispering words by the two percussionists in Sea Holly.


Figure 31. Percussionists' movement and positions in Sea Holly.


Figure 32. Synchronisation of words and phrases with woodblock beats in Sea Holly.
From bar 74, the tempo increases to 70 BPM and a soloistic passage is performed by the cello. The two percussionists are limited to minimal musical material on the gong and the suspended cymbal. While the solo cello part develops, the two percussionists begin to whisper excerpts from the first part of the text (i.e. the prose poetry section). During the recitation, they return to their previous position on the stage. As soon as they re-enter the stage, the blue lights at the percussion position turn on. The cellist continues the recitation of the final part of the poem from bar 100 onwards, while the percussionists perform dripping sound effects on the water bowls as a background accompaniment. After the end of the text, an instrumental part is presented with material from the piece's introduction. The percussion players gradually perform water tremolo, starting at bars 122 and 128 respectively, while the
stage lights fade to black (bars 126-127). As the musical part concludes, the cellist performs a discreet pitch in D5 in sul ponticello tremolo with additional left-hand pizzicato notes.

This intriguing prose poem depicts the setting of the seaside. Therefore, the water element is a primary aspect to manipulate in instrumentation. That was implemented through water percussion to enhance the atmosphere of the particular location. From a practical performance perspective and in terms of dynamics, water sounds can be easily distinguished by the audience, even though these particular parts are written in pianissimo and with the indication "discreet water tremolo". Also, I consider that the limited number of performers makes these low-dynamic sounds quite noticeable. Another challenge in this work is the percussionists' movement. For practical reasons, there are music stands and copies of the scores in the second position (behind the audience). However, a short part of the score must be performed from memory, as they have to play percussion and whisper during the movement. Concerning the piece's outcome, the different nature of the text and the various available aspects to exploit, such as the water element, give the composer a wide range of elements for creative exploitation.

## 7. Cassandra (2021)

Poor Agamemnon, you could not foresee what the Fates had in store for you an axe on your wife's hand. And I stood there; waiting with a beating heart and glimmering eyes;

Begging
Praying
To whom? ${ }^{92}$

### 7.1 Overview

Cassandra (2021), inspired by Marina Galanou's Magnum Opus, is a musical composition for bass clarinet, percussion, actor, and optional lighting operator. As a form closely related to the dramatic aspect, this monologue was a text of great significance from which this musical conception emerged. The approach to this work is particularly theatrical, which is evident in the choice to use an actor. Cassandra's presence, as well as the author's general approach to the text, is the focal point and the creative basis of the musical concept. From my perspective, I perceive this musical work more as a theatrical act with a musical background, rather than as a piece of music that incorporates text. This concept is attested to by the involvement of an actor instead of a musician, as is the case with most of the other pieces included in this portfolio. In terms of notation, however, the work is composed in a traditional manner.

The author of Magnum Opus, in her commentary, entitled The Untold Truth in "Magnum Opus" discusses the nature of this literary work and by extension the qualities of narrativity and subjectivity that compose Cassandra's prose. In particular, Galanou states that:

In "Magnum Opus" the narrativity and subjectivity of prose are much more prominent. The poetic narrative is evident when there is a consciousness of a speaker that perceives mental or psychological happenings narrated from their own position. In that, subjectivity is evident in four levels of agents: a) the biographical author, b) the implied author, c) the narrator and d) the protagonist. The implied author, narrator and protagonist is Cassandra. The internal rhyme in different patterns adds to this subjectivity by portraying the angst of Cassandra, foregrounding her into the centre of the poem as the

[^31]narrating consciousness. In other words, the story is presented in favour of Cassandra, in that she finds justice by narrating her own story, instead of twisting the narrative in favour of Apollo, which is the case in the original story. ${ }^{93}$

### 7.2 Analysis

This musical work is characterised by a distinctive arrangement. As for the monologue performance, I chose an actor instead of a musician to ensure that the interpretation of the text is accurate. However, the actor, in addition to the performance, takes on the role of the musician and plays the woodblocks at the beginning and end of the piece. Regarding the possibility of using amplification to the actor's voice, I decided not to use technical means, since the dynamics of the instruments mostly range between pianissimo and mezzo piano. For the same reason, the work is deliberately composed in low dynamics: in order to build a discreet musical background, as well as to emphasise intentionally on the theatrical interpretation.

Regarding instrumentation, there was no particular consideration behind the choice of instruments. It was, however, an intriguing choice to accompany the monologue with the bass clarinet: it is due to its characteristic deep sound and rich palette of timbres created through extended techniques. With the addition of percussion (concert bass drum, cymbal, and crotales), a unique sound combination is created, based on sound texture and melodic material. Bass Clarinet and Percussion (1981) ${ }^{94}$ by Morton Feldman was an inspirational work in terms of textural material and use of extended techniques, although it is of a considerably different nature.

Except for the textual material that is particularly theatrical by its nature, several elements have been incorporated into the work, to enhance its dramatic potential. The actor wears an ancient Greek costume and plays the woodblocks before and after appearing on

[^32]stage, the two instrumentalists recite specific words from the text and create a sense of interaction with the actor, and all three wear half masks. There are two colours used in the stage lighting: white and red. As in the previous work (i.e. Sea Holly), the lighting on stage is specific for each performer, so it is not necessary to illuminate them all simultaneously. The lighting in some sections is a combination of two colours: white and red. The red colour in bars 75 onwards symbolises the plot's elements, such as blood and wildfire. The term "fade to black" is used for lighting several times in the score. At this point, it should be mentioned that as in The Sea Holly, this indication only concerns the stage lighting and not the lights on the musicians' stands.

The piece begins with a thin and discreet timbre from the bowed cymbal. There is an instruction for the percussion player to place the crash cymbal upside down on the bass drum surface. This is to hold it in place and then use the bow on the edge of the cymbal. In bar 2, the bass clarinettist plays the gong and in bar 3 the bass clarinet is introduced with an air noise effect at a specific pitch (C4). In addition, when each instrumentalist begins, the stage lighting in white colour comes on. Except for the melodic content, the musical material of the bass clarinet develops through sustained non-vibrato pitches and tremolo effects, enhanced by harmonic overtones (Figure 33). For the use of this extended technique, as well as for multiphonics, I consulted the book The Bass Clarinet: A Personal History by Harry Sparnaay, who was a Dutch bass clarinettist, composer, and educator. Regarding the specific highly skilled tremolo with the harmonic overtones in Figure 33 - which is used several times in the piece - Sparnaay in his clarification, makes an important point for the soloist that when the trill is performed at a slower speed, the tremolo will be more apparent. When a trill is performed quickly, only the first harmonic will be clearly audible. ${ }^{95}$

[^33]

Figure 33. Bass clarinet tremolo with harmonic overtones in Cassandra.
In bar 13, the actor performs a rhythmic pattern using the woodblocks and then appears on stage. As this sound structure is being established, in bar 17, the bass clarinettist stops playing the instrument and narrates the following words from the text: "crazy, evil, witch, seductress, seeress". In bar 20 onwards, the percussion player performs the same words as well. Immediately after, both instrumentalists return to the typical performance of their instruments (i.e. bass clarinet and percussion). From bar 32, white stage lighting illuminates the actor and an extended section begins based on the performance of Cassandra's monologue. This section is composed of expressive passages for the bass clarinet and accompanied material from the bass drum and the crotales (Figure 34).


Figure 34. Bass clarinet expressive passages in Cassandra.
As the monologue proceeds to the next section, the elements of blood and wildfire are symbolically represented on stage with a combination of red and white stage lighting. The textual material becomes particularly dramatic and is presented as follows:

The blood was running and spreading and dripping and boiling like wildfire. And the curse I uttered found its place in your dark, black, hateful heart. I hope you and Clytemnestra and Ajax and Odysseus have not forgotten the crazy, evil, witch, seductress, seeress, who was the gods' sacrifice in the altar. ${ }^{96}$

[^34]The monologue presents Cassandra's epithets (crazy, evil, witch, etc.) not seen in previous parts of the text. These are familiar words for the listener though, as they have been symbolically incorporated into the piece through their handling by the two musicians.

The last part of the text interpretation ends in bar 94, and the tempo returns to the initial 60 BPM. The actor leaves the stage, and the dedicated stage lighting turns off (indication: fade to black). The work progresses towards the finale with material from the introduction. The actor performs the characteristic rhythmic motif on the woodblocks behind the stage. The stage lighting of the two remaining musicians gradually fades out as the musical material is completed (Figure 35).


Figure 35. Finale of Cassandra (excerpt).
Regarding the implementation of Cassandra, I did not face any practical difficulties. The difference that makes this piece distinctive is that the text is performed by an actor instead of a musician. As this work is based on a monologue performance, the main goal was to find a distinct approach to the text. The choice of an actor ensures that the interpretation works within a theatrical context and not as a conventional narrative or recitation. I consider that the final result achieves the initial intention of this approach. This is accomplished by combining the theatrical qualities of the actor's interpretation with particular choices made regarding instrumentation and stage lighting.

## 8. Epiclesis (invocation) (2022)

> ATTEND Musaeus to my sacred song, And learn what rites to sacrifice belong. Jove I invoke, the earth, and solar light, The moon's pure splendour, and the stars of night; . . . 97

### 8.1 Overview

Epiclesis (Greek: "invocation") ${ }^{98}$ is written for chamber ensemble, mixed choir, baritone, and lighting operator. This final piece is the largest work of this research project, with a duration of 30 minutes. Although this piece has the qualities of an oratorio (i.e. use of choir, soloists, etc.), the singing part is strictly limited and mainly serves as a sound component of the orchestration. The role of the baritone and choir is narration and whispering, although there are several sections of singing. The subject matter of this work is derived from Orphic literature. A selection of Orphic hymns has been incorporated into the composition to represent a rite abstractly, which symbolises the union of modern man with his primordial self. From a transcendental perspective, this work symbolically functions as a dream and brings the audience to an ancient Orphic ritual. By extension, the subconscious mind leads them to their primitive existence.

In Greek mythology, Orpheus is considered the founder of theology and is therefore known as 'The Theologian'. In addition, there is the mystical tradition of Orpheus as a divine being. ${ }^{99}$ The Orphic Bible, which in antiquity included the Sacred Hymns of Orpheus as well as other Orphic texts, was documented and published in the 6th century BCE. ${ }^{100}$ As a major part of the Greek religion, the Orphic hymns tamed the passions of the human soul through their divine hearing. This ancient text was used in ceremonies, where participants were

[^35]expected to learn and recite it from memory. This sacred work consists of 88 hymns, an introductory hymn, and 1130 verses, while it is regarded as one of the most revered sacred texts of the ancient Greek religion. ${ }^{101}$

### 8.2 Analysis

As part of this work, I selected the introductory material, To Musaeus (Greek: "EYXH ПPOГ MOYГAI N"), which functions as an invocation, and the following hymns: To Heaven (Greek: "IV. OYPANOY"), To Fire (Aether) (Greek: "V. AI@EPOइ"), To Protogonus (Greek: "VI. ПР ${ }^{\text {(ТОГОNOY"), To Ocean (Greek: "LXXXIII. } \Omega \text { KEANOY"), }}$ To the Divinity of Dreams (Greek: "LXXXVI. ONEIPOY"), and To Death (Greek: "LXXXVII. ©ANATOY"). I transcribed the original ancient Greek text into Latin characters and incorporated the textual material into the score. The score's introductory notes, however, include the ancient Greek text, the English translation, and the transcription. In that, I made the decision to use the transcribed text, so that anyone who is familiar with the English language can perform the work and the spoken result will be in ancient Greek.

Considering that a performance in the original language is a significant aspect of this piece, the language itself is a fundamental musical component and is intertwined with the rest of the musical material. Despite the increased difficulties associated with the use of the ancient Greek text, its manipulation creates an intriguing ritualistic dimension, which is also the aim of this approach. Regarding the use of the original text in music performances, Salzman and Desi note that:

The arguments for original language performance have been strongly backed up by the formerly widespread (and still powerful) ideas about Urtext ${ }^{102}$ and textual fidelity that dominated critical thinking about music a generation ago. This view also has an aesthetic component ("the sound of the language is part of the music"). . . . ${ }^{103}$

[^36]Nevertheless, this perspective, according to which the 'music of language' is of the same significance as the musical content, conflicts with the practical hypostasis of a performance. ${ }^{104}$

This work is characterised by various dramatic and symbolic elements that contribute to a dreamlike and ritualistic atmosphere. Like the rest of the pieces in this portfolio, the theatrical presence features stage lighting, musicians' movement on and off stage, narration, and whispering parts of the Orphic hymns performed by the baritone, choir, and the rest of the instrumentalists. In terms of staging, the movement element is essential not only for developing the dramatic perspective of a musical composition, but also for creating sound alternations to the audience within the spatial environment. In the field of contemporary music, several works for orchestra or chamber ensemble feature movement on stage or even in the auditorium, or they are based on sophisticated concepts, such as that of multi-location composition. During the course of my research, the following works were of particular interest: The Strychnine Lady (1967) by Jani Christou, the Pied Piper Fantasy, Concerto for Flute and Orchestra (1982) by John Corigliano, and the installation opera This Hostel Life (2019) by Evangelia Rigaki.

Christou's work is characterised by elements of drama and movement. The work begins with a 'theatrical' announcement to spectators made by an actor, that the piece will not be performed due to several issues. As a consequence, a confrontation occurs with an audience member, who in reality is an active participant in the performance. In a later phase of the work, the composer exploits the aspect of movement with the four actors that appear on stage, performing a series of prearranged actions. ${ }^{105}$

Corigliano's unique programmatic fantasy-concerto, in addition to the traditional orchestral body, includes 9 to 18 flutes and two percussionists performed by a children's

[^37]group. According to the composer's program notes, this work is based on The Pied Piper of Hamelin by Robert Browning and is written in seven parts. In the first part (I. Sunrise and the Piper's Song), the soloist appears on stage as a Pied Piper and, while playing, he walks to a predetermined position next to the conductor. In the final part (VII. The Children's March), and after the soloist's call, various groups of children playing flutes and percussion enter the auditorium from the side of the audience and gradually approach the stage. Following their musical coexistence on stage, Piper and the group of young instrumentalists leave the stage while still performing. ${ }^{106}$

With her installation opera, Rigaki takes spatial perception and sound manipulation one step further. The work is written for four encounters (i.e. flute and soprano, percussion and soprano, chamber choir, and bass clarinet and tenor), ${ }^{107}$ and the libretto is based on short stories by Melatu Uchenna Okorie, from her collection This Hostel Life. ${ }^{108}$ The opera premiered in the crypts of the Christ Church Cathedral in Dublin. Regarding the arrangement of the work, there are four performances taking place simultaneously and the audience is able to perceive the entire acoustic result. Rebecca McCabe writes about the performance:

> Each singer was paired with one instrumentalist and located in separate rooms of the crypt. This meant that because each piece was being performed simultaneously, when audience members entered the crypt, it was up to themselves to follow whichever piece of music interested them. Therefore, each person had their own individual experience of the opera. The architecture of the crypt with its thick walls and low ceilings provided different physical perceptions of sound." 109

The crypt's Gothic character, in combination with the ritualistic presence and the

[^38]multifarious acoustic setting of the work, provides an engaging atmosphere for the spectator. ${ }^{110}$ In particular, David Byers points out that: "There was room for the audience to walk around, exploring the often-anguished sounds which resonated and mixed and mashed together." ${ }^{111}$

As far as my work (Epiclesis) is concerned, it cannot be considered as a multilocation composition. However, from a broader perspective, it converges with this approach. The musicians associated with the movement component are the four members of the choir (i.e. soprano, alto, tenor, and bass) and the baritone, who primarily serves as the narrator. The four singers are placed in the four corners around the audience. Then they are moved to predetermined positions on the stage and, towards the end of the piece, they return to their original positions in the auditorium. Apart from the theatricality conveyed by the participants' movement, the sonic dimension that is created is even more significant.

As they move, they play small percussion instruments or whisper parts of the text. Therefore, the sounding perspective is gradually transformed, as there are various sound sources simultaneously changing direction. In a sense, the sound 'moves' and surrounds the audience. During the performance, the baritone appears independently from the right side behind the audience and walks toward the stage while playing the finger cymbal. As this piece is ritualistic in nature, movement has a significant role. During the main ritual (i.e. invocation), the baritone recites the main sacred text (To Musaeus) from the centre of the stage, while the choir members stand around him and whisper asynchronously parts of the same text. In order to illustrate the entire process of movement, I have provided a diagram in the introductory notes. Each predetermined position in the auditorium or stage has its own letter. I use the corresponding letters in the score for the convenience of each singer (Figure 36).

[^39]As mentioned above, in terms of symbolism, the piece is based on the concept of a dream leading to an ancient Orphic ritual. The dreamlike atmosphere is created by the use of glasses (tuned to specific pitches) performed by the string players. Their use produces a slight, eerie continuous sound that functions as a supportive harmonic background, on which the rest of the musical material is progressively developed. Also, the manipulation of darkness on stage is a symbolic component that contributes to the overall atmosphere. Furthermore, the choice of hymns was not random, but based on their content. The ritual is preceded by texts alluding to heaven, the ocean, the primitive nature of man, and the element of ether. After the invocation is completed, the piece features texts dealing with the divinity of dreams, and the notion of death.

With regard to stage lighting, the colours required are white, blue, red, and yellow. Occasionally, a combination of white and another colour is used. Furthermore, the effect of darkness is utilised in three sections of the work. In the introduction, the musical part starts in complete darkness, until bar 15 , to symbolise the inception of the dream-like experience that leads to the ritual. Before the middle of the piece, stage lighting transitions to black, from bar 137 to 150 , to emphasise the baritone's stage entrance. At the finale of the work, the white and red combination gradually fades to black from bar 440 to the end (bar 454). However, as in other works in this portfolio, the indication "complete darkness" only refers to the stage lighting and not the music stand lights.

The musical score is based on conventional notation, with various symbols that represent the extended techniques used (e.g. circular motion, improvisation of as many notes as possible, accent improvisation, etc.), extensive inclusion of repeated models that function independently from the rest of the musical material (Figure 37), as well as graphic material that coexists with traditional notation in several sections (Figure 38).

## Positions / Movement



Figure 36. Position and movement diagram in Epiclesis.


Figure 37. Repeated models in Epiclesis.


Figure 38. Coexistence of graphic material and traditional notation in Epiclesis.
The piece is written for flute, clarinet in B flat, horn in F, trombone, timpani, percussion (woodblocks, bass drum, crotales, and gong), piano, baritone (also plays the finger cymbal), mixed choir (SATB) (the choir singers also play the sleigh bells and the woodblocks), violin I, violin II, viola, cello, and double bass. The string players perform the glasses as well, tuned to C5, D5, B3, D4 sharp, and A4 sharp respectively.

In a scene in complete darkness, the introductory section (tempo: 62 BPM ) begins with a short sparkling sound of piano string vibration in D4 (scraping on the string with a guitar pick), which serves as the composition's starting point. With a gradual introduction, the string players begin to play on the tuned glasses (i.e. with circular motion at the edge of the glasses) (Figure 39). The atmospheric and ethereal setting is further enhanced by the pianissimo playing of random pitches on the crotales. In bar 5, a flute melody in non-vibrato is introduced accompanied simultaneously by the flautist's singing, while in bar 7, the air noise effect is performed by the clarinet as a form of dialogue with the flute (Figure 40). This introductory material is completed with continuous discreet timpani tremolo, pizzicato and muted note effects from inside the piano, and sleigh bell sounds from the choir members (positioned in the four corners around the audience).


Figure 39. Use of tuned glasses by string players in Epiclesis.


Figure 40. Flute performance and simultaneous singing in Epiclesis.
In bar 15, the stage lighting (i.e. combination of white and blue) turns on and the initial phase of the musical work starts to develop. The writing of the strings has a frugal aesthetic with notes of extended duration. However, it should be noted that in the entire piece, when I manipulate notes of long duration on the strings, I aim to develop a rich horizontal orchestration. The basic logic behind this is that the continuous sound is constantly evolving in terms of articulation, texture, and dynamics, to produce a distinct sound result each time. In most cases, all five strings are performed in parallel to form a sonic structure that provides the harmonic foundation for the rest of the orchestration. This structure is presented, among other points, in the string sections in figures 41 and 42 . From bar 28 onwards, the choir fragmentarily performs the phrase "ipsifanís Ethír, kósmu stihíon
 best element" (i.e. Aether), "light-bearing pow'r (i.e. power)". ${ }^{113}$ The rest of the instruments

[^40]establish an atmospheric setting gradually until bar 43, when the material of a broader descriptive character begins.


Figure 41. Horizontal orchestration of strings in Epiclesis (excerpt A).


Figure 42. Horizontal orchestration of strings in Epiclesis (excerpt B).
As the work progresses, the stage lighting changes to white (from bar 43 onwards) and the musical content presents a more vibrant character, enhanced by constant alterations in the time signature (e.g. $5 / 4,4 / 4,3 / 4,2 / 4,4 / 4,5 / 4,3 / 4$, etc.). In contrast to the previous bars, here the violin I, violin II, and viola perform the expressive melodic part, while musical ideas of this are then assigned to the violoncello and double bass.

In bar 76, the first extended whispering part from the choir is introduced (Figure 43). The four singers, who are still standing in the corners around the audience, start to whisper. The soprano and tenor whisper the hymn To Heaven, while the alto and bass whisper To Ocean. Due to the text's subject matter, the stage lighting turns blue, because the colour blue is associated with the celestial element as well as the sea. As the voices interact, the dynamics
fluctuate between minimum and intense whispering. It is important to note that it is quite difficult for the audience to understand this combination of whispers, since it is the result of two independent texts performed simultaneously. As with most of the textual material presented in this work, and by extension in this portfolio, the aim is to manipulate the sound created by whispers and other ways of performance as an additional orchestration component, without the understanding of the text being of primary significance. Furthermore, in this section, the strings have an accompanying role, while the rest of the instruments present discreet melodic lines.


Figure 43. Introduction of the choir's first whispering part in Epiclesis.
After this section, a more lively and dynamic part follows (from bar 104 onwards). It is presented in a part with extensive movement between the instruments (Figure 44), which are particularly expressive. Its character gradually becomes more minimal with the flute, clarinet, piano, and double bass being the only instruments that perform. In bar 137, the setting becomes dark again, the baritone moves to the stage (point E), and plays the finger cymbal to emphasise the ritualistic activity, which is about to begin. The stage lights up again (with white and blue) and at bar 166 the baritone begins to sing the hymn To Protogonus, with a harmonic background supporting it. At the same time, the choir sings the characteristic phrase "ipsifanís Ethír, kósmu stihíon áriston" from the hymn To Fire.


Figure 44. Extensive movement between the instruments in Epiclesis.
In bar 203, (white and red light setting) the baritone has moved to the piano and is narrating short excerpts into it (the sustain pedal on the piano is already pressed). The choir performs the hymn To Fire, while at the same time, the tenor and bass slowly move from their initial position to points B and D. During this process, they play the woodblocks (Figure 45). This is another intriguing section in terms of sonic transformation in relation to the audience. This text's interpretation is accompanied by a minimal textural structure, composed of air noise effects in woodwinds, sounds created on the surface of the timpani and bass drum (palm circular motion), and sul ponticello tremolo in the violoncello and double bass that functions as a harmonic base.


Figure 45. Choir's movement and simultaneous percussion performance in Epiclesis.
From bar 252 onwards, all members of the choir, which is already in front of the audience at points $B$ and $C$, move to the predetermined positions (i.e. $I, H, J, G$ ) at the centre of the stage. The lively and dynamic section that follows (starting from bar 104) is reexposed with a longer duration and several variations, while the baritone moves from position E to F , at the centre of the stage surrounded by the four choir singers.

The whole work gradually develops to lead to the ritualistic moment of the invocation, which is characterised by the baritone's spoken part of the hymn To Musaeus. This part is divided into three main sections and the selected colour on stage is blue. In the first, which lasts 50 seconds, the entire instrumental accompaniment is provided by the string players, who perform the tuned glasses as in the piece's introduction. The atmosphere created is quite dramatic and eerie, with a strong emphasis on the text. The writing approach to the invocation parts differs in terms of score arrangement and writing. The whole 50second part is written on one page, with no bars, and the tempo indication is "free". The inclusion of models of repeated material contributes to this approach (Figure 46).


Figure 46. 50-second 'free' part with narration in Epiclesis.
Similarly, the second part of the invocation, with a duration of 1'10', follows the same notational approach. The sound effects created by the glasses are gradually enriched by violin II and cello with sul tasto and sul ponticello tremolo. While the baritone continues the narration, the conductor inserts each singer and instrumentalist independently to interpret the text in whispers. The choir members perform the baritone's material (i.e. To Musaeus), while the rest of the musicians (except the string players) perform content from the hymn To Fire (Figure 47). In terms of dynamics, the instrumentalists' vocal performance begins with whispering in pianissimo and progressively leads to an extended mezzo piano. There is a note which specifies that whispering can start from any word and, if necessary, the musician can start the material from the beginning. For the effective execution of the part, numerical signs are provided for the conductor, so that each entry can be predetermined. Considering that there is no specific rhythmic metre or tempo, in terms of time, each voice enters
according to the conductor's preference.


Figure 47. 70-second 'free' part with narration and whispering in Epiclesis.
The third and last part of the invocation (bar 304) is two minutes in length and consists entirely of a musical structure formed from repeated models. Each instrument is approached differently, and in most cases, its potential is explored through extended techniques. All models are based on improvisation; however, certain parameters are always predefined, such as the pitch, the extended technique to be used, the dynamic range, etc. The aim of this structure is to create a sound outcome with a unique texture that develops the intended ritualistic atmosphere for the audience. Although it involves a large number of
instruments, the sound effect remains discreet as its dynamics do not exceed that of the mezzo piano. In this two-minute segment, there are two groups of model structures: the wind, percussion, piano group (Figure 48), and the string group (Figure 49). In the narration, similarly to the previous spoken section, while the baritone performs the hymn, the choir members begin to whisper independently with content from the same text (Figure 50). In the last 15 seconds of the section, an extended crescendo up to mezzo forte is presented. This climax in the combination of an additional crescendo from the singers leads to an instrumental part in bar 305 .


Figure 48. Model structure 1 (wind, percussion, piano) in Epiclesis.


Figure 49. Model structure 2 (strings) in Epiclesis.


Figure 50. Narration and whispering part in Epiclesis.
Similarly, this part follows the same logic and is based on the concept of the repeating model. The conductor introduces each musician with a cue, while the model requires the musician to improvise as many notes as possible (i.e. the models are the same for all instruments). The created sound textures begin in pianissimo and culminate in fortissimo with an extended crescendo that sets the final stage of the invocation (Figure 51). From bar 306 onwards, the stage lighting turns to white and blue colours, while emphasis is placed on the flute's melodic material with background accompaniment from clarinet, horn, piano, and an eerie air noise effect sounds from the string section (i.e. pitches with very light bow
pressure). Gradually, the musical material becomes more engaging among the instruments, especially in the string group with material from previous parts of the piece.


Figure 51. Models' extended crescendo in Epiclesis.
In bar 341, the lights change to white and yellow, and the choir begins to whisper the hymn To The Divinity of Dreams. During the whispering performance, the soprano and alto move slowly from positions I and H to their initial placement in A and D. After a few bars, the tenor and bass return to their original positions as well (from J and G to A and D). During this part, the string section presents a broad sound palette of continuously evolving sounds which, as in previous parts, develops through constant textural changes and accent improvisations (Figure 52). Additionally, the rest of the instruments feature musical material that is descriptive in character and has already been introduced in previous sections.


Figure 52. Textural changes and accent improvisations in Epiclesis.
From bar 377 onwards, the tempo changes to 72 BPM (in quarters), while the stage lighting turns white. This instrumental part is based on descriptive material with cantabile passages and numerous time signature alternations. Soprano and alto move from the front corners of the audience (points A and D) to the back in positions B and D. As at the beginning of the piece, the choir starts to play the sleigh bells for a few bars, while from bar 410 the last hymn To Death is narrated by the baritone. This hymn is presented in two sections based on repeated models. The first is 50 seconds, and the second 40 , with the stage set in full red to emphasise the text's theme of death. The first section is characterised by random multiphonics on clarinet and repeated material on crotales and piano. The choir members play sleigh bells as they whisper material from the hymn. Furthermore, the whole structure is enhanced by continuously evolving sounds based on air-noise effects with accent improvisations in the strings (Figure 53).

In the second section (bar 411) (Figure 54), the same material develops with the addition of extra improvisation models based on flute multiphonics, air-noise effects on horn and trombone, timpani tremolo, and random pitches in the crotales (dreamlike sound). The discreet strings sound gradually transforms into extended tremolo harmonics, and the choir, in gradual entries, continues to whisper parts from the baritone's text. The entrance of each
instrumentalist or singer is indicated by the conductor's cue throughout each section.


Figure 53. Continuously evolving sounds in Epiclesis.


Figure 54. Dream-like sounds based on improvisation models in Epiclesis.
The last part of the work consists of conventional notation, with discrete elements in terms of character. In bar 412, the stage lighting turns to white and red, while in bar 440, the
scene gradually fades to black. The performance proceeds for several bars in complete darkness to emphasise the end of the dream-like parallel experience. From bar 441, the choir singers play the sleigh bells rhythmically as a symbolic act to set the ending of the ritual. On stage, the baritone narrates a short part of the last hymn To Death close to the piano strings. The piece concludes with several elements used in the introduction, performed with low dynamics, ranging from pianissimo to piano. The entire material develops into a sound structure, with continuing eerie tones from the tuned glasses, subtle extended technique sounds, such as pizzicato on piano strings and muted notes, air-noise effects on the wind instruments, and simultaneous performance, and singing pitches from the flautist.

Epiclesis is a large-scale work characterised by theatrical qualities featuring stage lighting, musicians' movement on and off stage, narration, and whispering parts. As in the Sea Holly and The Masque of the Red Death, the difficulties concern the movement part of the performance. In particular, the singers have to narrate, whisper, perform small percussion instruments, and move. In contrast to the rest of the pieces, in Epiclesis, most of the parts that include narration or recitation do not need to be performed from memory during movement. Singers can hold the score in their hands as they move, except for one particular part where the tenor and baritone narrate, move and play woodblocks simultaneously. In this section, the singers have to memorise the particular score part.

In terms of the compositional approach adopted, this work was the most challenging case. In each composition in this portfolio, the concept is defined by the nature of the text and the subject matter. The technical difficulty with Orphic hymns was that they are individual texts with different content. Therefore, it was difficult to define the context of a musical performance within a specific theatrical framework. The solution came from the Orphic literature itself. The hymns were incorporated into the composition to represent an Orphic ritual. At the same time, I perceived this as a symbol of the union of modern man and his primordial self. In parallel, this concept served as a dream, where the subconscious
mind leads the audience to their primitive existence. I consider that this approach can support the theatrical atmosphere, the narrative process, as well as the notion of symbolism.

## 9. Conclusion

This PhD thesis has presented the possibilities of the theatrical and narrative dimensions of instrumental music through the utilisation of literary texts. The primary consideration was the development of a storytelling dimension through the text's theme and the exploration of vocal performance through narration, recitation, whispering, and acting. The composition pieces included in this portfolio have all been based on three distinct characteristics: storytelling, dramaturgy, and symbolism, each one inspired by a different literary genre such as a short story, a monologue, poems, ancient Egyptian sacred texts, and ancient Greek hymns.

Regarding how my interest evolved in this research field, I have always been fascinated by the theatrical elements presented in musical compositions. This was either through study and listening, or by experiencing live performances of experimental music theatre. This avant-garde approach to instrumental and vocal music from the 1960s and 1970s greatly inspired me to further explore the aspects of this genre.

The selection of various types of literature motivated me to approach each theme from a different perspective every time. In the case of the solo pieces, in Voices, the soloist serves as both a pianist and a reciter. In The Masque of the Red Death, the whole structure of the work is based on symbolism, while the flautist acquires a role from the plot. In The Chariot, the instrumentalists perform excerpts from the text without additional movement or any other elements. In The Night Journey, ancient Egyptian texts are used to create a ritual (a symbolic inner journey) to the Sun god Ra. In addition to performing the cello part, in the work Sea Holly, the cellist also acts as a storyteller with material from a prose poem. In the work Cassandra, the monologue is interpreted by an actor. The whole concept in Epiclesis is based on selected ancient Greek Orphic hymns, performed by singers and instrumentalists to theatrically represent an ancient Greek invocation.

This portfolio of compositions explores theatricality, narrative, and symbolism. In

Voices, the theatrical quality arises from the pianist, who recalls the sounds of their own people's voices that return to mind. In a transcendental way, the piano is the means of communication. The poem's meaning expresses the narrative element, while the 'voices' motif conveys the symbolic element. The Chariot has a descriptive character and focuses mainly on the narrative dimension of the text. The dramatic presence is evident in the musical accompaniment of the spoken words by the musicians themselves. The Mask of the Red Death is a solo piece totally related to symbolism. The structure of the piece (7 parts), the choice of stage lighting colours, the masked musician, the narrative parts, and the instrument's extended techniques are all inextricably linked to the short story's characters, setting and symbolic extensions. Based on the subject matter of the selected Ancient Egyptian sacred texts, The Night Journey represents an ancient ritual. Therefore, the manipulation of the symbolic aspect plays a significant role in the piece's development. Elements such as lighting, narration, the whispering effect, and the use of particular excerpts of the texts, such as deities' names, enhance the theatrical essence. The textual material of the Sea Holly offers an intriguing potential in terms of symbolism and narrative. The seaside setting, the element of water, the notion of anthropocentricism, and the sense of self were the main elements on which this composition was developed. Moreover, narration was explored through the additional role of the cellist in storytelling. The element of theatricality is also enhanced through the addition of stage lighting, and illumination of the transparent water bowls. Cassandra mainly explores the aspect of theatricality. There was a significant challenge here since the text was performed by an actor rather than a musician. It is this choice that makes this piece unique and contributes to the overall sense of theatrical monologue performance. The large-scale work Epiclesis explores theatricality and narrative through various stage lighting choices, darkness manipulation, musicians' movement on and off stage, narration, and whispering parts. Furthermore, the whole development of this work is based on symbolic qualities as it represents an Orphic ritual. By extension, it creates a
dreamlike immersion state for the audience.
As mentioned above, the text's subject matter determines and shapes my compositional approach. Masque of the Red Death was the easiest piece to implement. The numerous symbolic elements in Edgar Allan Poe's short story, the rich plot, as well as the ample details about the setting, played a crucial role and made the composing process particularly effective. In contradistinction to works such as The Night Journey and Epiclesis where the textual material consisted of a variety of texts, the conception of the idea, as well as the compositional approach, were particularly complicated and challenging processes. Therefore, I found that by using several texts at once, I could not have a series of events in a specific order and a defined time course to musically reenact the story. To overcome this challenging situation, I developed a concept that incorporated all texts and served their inherent characteristics. The Night Journey functions as a ritual to the Sun God Ra and Epiclesis is a representation of an Orphic ritual that occurs within a dream state that the listener experiences.

Through the integration of music and text in a dramatic setting, there is an attempt to create a sonic and occasionally visual experience. The aim of this conception was not simply to adapt the textual material, but rather to create a musical theatre environment through the staging of a particular moment or symbol of the plot, or the enactment of a setting that represents the literary theme (i.e. the inner thoughts of a character, the setting of the seven rooms of Prince Prospero's abbey, an ancient Greek ritual, etc.). Therefore, in this portfolio, the conceptual framework always works in conjunction with the listener's perception of the content of each musical performance.

In conclusion, I am confident that this research journey does not end with the completion of this thesis. Instead, it will be developed further with new compositions in this area of study. The creative path I adopted throughout this dissertation offers an array of possibilities for further exploratory approaches in the field of music and text. One possibility
is to combine the present approach with the fragmentation of an ensemble's musicians and develop the concept of theatrical polyphony. A further possible route is that of multilingual content or the concept of an expanded group of instrumentalists that interpret various literary genres simultaneously. It is evident that this performance could not be implemented as a traditional music concert in an auditorium. However, it could be implemented as a kind of happening in an open environment, with musicians performing both text and the musical part.

Collectively, music and literature form a multilateral creative combination that has a significant place in classical music history. From my point of view, over time, what changes is how the textual material is approached, the vocal articulation that composes each interpretation, as well as the desired musical and aesthetic result of the creator. This perspective greatly expands the creative possibilities of the fascinating coexistence of literature and music.

## Appendix

## Poems by Marina Galanou

## In this poem I'm alone in the beach

## from Sea Holly (2) by Elizabeth-Jane Burnett and Tony Lopez

The white foam of the waves seemed almost like the sea was letting go of something. Blending with the white sand, reaching the roots of the palm trees. In my mind, this beach has more space to sit and enjoy the burning sun. It is also blessed from some ancient deity of water like Poseidon. I still feel like I am sitting on the huge branch of the palm tree, like in that picture I have in my room. And I still feel like I am carefree like back then (which I came to realize was an illusion). This is the type of water that calls you in like a Siren. This is the type of water you can't resist drinking, although you know that you can't drink sea water. If I drink this maybe I'll become a Goddess.
emerald
blue and white
I dive deep

I sink
but float back to the surface
somehow it is dark now
and I am alone in a sea of innumerable colors
that don't matter when it's dark
when you can't see the rocks
moon is shining bright accompanied by the stars
infinity and symbolism
are undefinable now
because when the time comes
you will still feel
the abyss.

## Magnum Opus

Tension in voice and tone is to rise and fall according to the increasing/decreasing intensity of the text, which should guide the performer on how to perform the text. In that, + notes increasing intensity and - notes its decrease. Unless specified, the performer can choose how they perform the text, in a way that foregrounds its features, tone, mood and themes.

Poor Agamemnon, you could not foresee what the Fates had in store for you [recalling a memory]: an axe on your wife's hand. + And I stood there; waiting with a beating heart and glimmering eyes;

Begging

+ Praying
- To whom?

I was shunned, forsaken, [thinking] destroyed. [in irony, but does not really mean it] I should be the one holding the axe. [recalling] I remember dancing in a frenzy with blazing - aching hands. I remember you, + and the altar of Athena. I can still recall your Magnum Opus. Blasphemy/ he gives and takes whenever he pleases. + And keep in mind that I prayed and prayed and + pleaded and ++ screamed and +++ shouted and
--- Stopped
And cried quietly
And kept hoping

+ Until I felt the fire
Which I hoped would die + and hoped ++ and prayed +++ and pleaded. Until the axe [recalling] was in my head.
- The blood was running and spreading and dripping and + boiling like wildfire

And the curse I uttered found its place in your + dark, ++ black, +++ hateful heart
I hope you and Clytemnestra and Ajax and Odysseus have not forgotten [in a frenzy, crying] the

Crazy
Evil

Witch
Seductress
Seeress
Who was the gods' sacrifice in the altar.
[solemnly melancholic] - I only hope that history will remember me as the oracle who Saw everything

And was believed

- by no one [tears stop abruptly, fire in their eyes].


# Commentaries by Marina Galanou <br> Anthropocentrism \& Subjectivity in "In this poem I'm alone at the beach" 

This poem was inspired by 'Sea Holly'. ${ }^{1}$ Both my poem and 'Sea Holly' begin with prose poetry, which sets the scene of the poem and describes a seascape. Both are the writer's narration of an internal state. In my poem, the most prominent sense is sight, which is evident by the use of multiple colors, describing different elements of the landscape. This helps set the scene and transmit the feeling of the narrator to the reader, by describing the narrator's immediate surroundings. Moreover, I mostly use the first-person to signify that I become one and take in the seascape. In Harriet Tarlo's essay, the problem of Anthropocentrism is discussed. ${ }^{2}$ The avant-garde does not use the self-important lyric ' I ', but tries to portray a more complex sense of self. In this sense, nature becomes the agent in the production of knowledge. ${ }^{3}$ My poem starts in the first-person to signify an observing consciousness, which dissolves towards the end. From the very rigid ' $I$ ' the poem comes to an incorporated-withnature consciousness that becomes one with and is absorbed by the water.

1. Poetry Foundation, "Sea Holly by Elizabeth-Jane Burnett and Tony Lopez," Poetry Magazine, December 2016, https://www.poetryfoundation.org/poetrymagazine/poems/91306/sea-holly582211e1069f8.
2. Harriet Tarlo, "Radical Landscapes: Experiment and Environment in Contemporary Poetry," Jacket, 2007, http://jacketmagazine.com/32/p-tarlo.shtml.
3. Harriet Tarlo, "Radical Landscapes".

## The Untold Truth in "Magnum Opus"

In "Magnum Opus" the narrativity and subjectivity of prose are much more prominent. The poetic narrative is evident when there is the consciousness of a speaker that perceives mental or psychological happenings narrated from their own position. ${ }^{1}$ In that, subjectivity is evident in four levels of agents: a) the biographical author, b) the implied author, c) the narrator, and d) the protagonist. The implied author, narrator, and protagonist is Cassandra.

The internal rhyme in different patterns adds to this subjectivity by portraying the angst of Cassandra, foregrounding her into the centre of the poem as the narrating consciousness. In other words, the story is presented in favour of Cassandra, in that she finds justice by narrating her own story, instead of twisting the narrative in favour of Apollo, which is the case in the original story.

1. Peter Huhn and Roy Sommer, "Narration in Poetry and Drama," in The Living Handbook of Narratology, ed. Peter Huhn, Jan Christoph Meister, and Pierand Wolf Schmid (Hamburg: Hamburg University Press, 2012), 197-208.

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І $\delta \alpha \nu \imath \kappa \varepsilon ́ \varsigma ~ \varphi \omega v \varepsilon ́ \varsigma ~ \kappa ı ~ \alpha \gamma \alpha \pi \eta \mu \varepsilon ́ v \varepsilon \varsigma ~$
Constantine P. Cavafy

## Фぃvéऽ

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$\kappa \alpha ́ \pi о \tau \varepsilon \mu \varepsilon \varsigma ~ \sigma \tau \eta \nu \sigma \kappa \varepsilon ́ \psi 1 ~ \tau \varepsilon \varsigma ~ \alpha \kappa о v ́ \varepsilon \imath ~ \tau о ~ \mu \nu \alpha \lambda о ́$.

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К $\omega v \sigma \tau \alpha \nu \tau i ́ v o \varsigma ~ П . ~ К \alpha \beta \alpha ́ \varphi \eta \varsigma ~$
Program Notes

[^41]




Voices

,


200.




n




# EMMANOUIL MARKANTONIS 

## The Chariot

for Music Ensemble

based on The Chariot by Emily Dickinson

Emily Dickinson

## IV. TIME AND ETERNITY.

XXVII. THE CHARIOT.

## (excerpts)

Because I could not stop for Death, He kindly stopped for me;
The carriage held but just ourselves And Immortality.

We passed the fields of gazing grain, We passed the setting sun.

We paused before a house that seemed A swelling of the ground;
The roof was scarcely visible, The cornice but a mound.

Since then 't is centuries; but each
Feels shorter than the day
I first surmised the horses' heads
Were toward eternity.

## Program Notes

The Chariot for ensemble is based on Emily Dickinson's poem Because I could not stop for Death which depicts the character's notion of the immortal world. The piece features a descriptive character to reflect the atmosphere of the text, which is based on the poet's deep contemplation about death and eternity.

## Instructions

sul pont. = sul ponticello
c.l.b. = con legno battuto
norm. $=$ normale
L.V. = Let vibrate (for gong, sus. cymbal, vibr.)
$\longrightarrow=$ gradually from sul pont. to norm/vib to non vib. or vice versa
$\rangle=$ whistle tones (flute)
= air tones - flute / air noise effect (extremely light bow pressure) - strings
seagull effect (cello) $=$ Gliss the 8 ve harmonic down, keep the distance between the "stopped" and "touched" fingers absolutely unchanged.
Flz. $=$ Flatterzunge
$\boldsymbol{N}=$ Niente
Andante $d=78$
B. Cl .

Perc

*) continuous glissando and tremolo without focusing clearly on the pitches

B. Cl .


Perc.
immortality
norm.
molto espress.
Vln.

B. Cl .


Perc.

Vln.

Vc.









Vln.

Vc.


Perc.


Vln.

Vc.


Andante Moderato $\bullet=92$



The Chariot




## EMMANOUIL MARKANTONIS

## The Masque of the Red Death

for masked flautist
based on the homonymous short story
by Edgar Allan Poe

## Program Notes

The Masque of the Red Death for solo flute is a piece for a masked flautist and stage lighting. It is based on Edgar Allan Poe's allegorical short story of the same title and it is divided into seven short parts. The structure of these sections is associated with features that emerge from the main theme of the literary work.

## Performance Notes

| - whistle tones |  |
| :--- | :--- |
| - harmonics |  |
| - harmonics (pitch sound \& fingering) |  |
| - inhaling (create a breathy sound by inhaling throught the mouthpiece) |  |
| - exhaling (create a breathy sound by exhaling throught the mouthpiece) |  |
| - strong accent without tonguing as on Japanese Noh flute (including forceful breathing mixed in with the sound) |  |
| - speak/whispering to the instrument with lips almost entirely covering the mouthpiece on the keys with pitches |  |
| - | - speak/whispering with the lips off the instrument pitch) |
| - flute in normal position |  |
| n.v. | - flute rolled out wards |
| vib. | - vibrato |
| fltz. | - flutter-tonguing |
| - wind tone (only wind) |  |
| - key trilled |  |
| - short rest (short pause of the musical phrase) |  |
| - singing the same tone as played |  |
| - niente |  |



## Performance Notes

Part 1-7

- The flautist wears the mask from the black side for all parts except part 7 that turns it from the red side.

Part 6

- Sudden (not with fade out) darkness on stage lights off immediately after the end of the narration.

Part 7

- Before the beginning of this part, the soloist turns the mask on the red side.
- The soloist leaves the stage while playing from $\mathrm{m} .23 . \mathrm{He} /$ she moves between point $2 \& 3$. As he goes off stage, lights turn off (finale).
* The piece or at least some parts must be performed from memory to overcome the practical difficulty of simultaneous flute performance and stage movement.


## Stage Lighting

- required colours: blue, purple, green, orange, violet, white \& red
- all colours are mixed with white except red
— - lights turn on with fade in

- lights turn off with fade out
$\longrightarrow$ - light remains on until there is another indication
$\}$
- sudden turning off of stage lighting

Duration: 10 minutes

## The Masque of the Red Death

Flute


Fl.


Fl.


Fl.


Move backwards while leaving the
center of the stage (point 3).

$\qquad$


## 2

The beginning of growth

Flute



Fl.


Fl.


Fl.


Fl.


```
\(d=78\)
The spring of life
```

Flute


Fl.


Fl.


Fl.



Fl.


Fl.


Fl.


Fl.


Fl.

© 2020
$d=58$ rubato
darkness - white

Flute

## Winter Aging



Fl.


Stop in a random spot.

$\boldsymbol{p}$

d $=58$


Stand at point 3 .

## Darkness

Flute


While you are playing the model, start moving slowly and randomly on stage, you are upset and look with puzzlement and intensity to different directions.

Fl.


You suddenly stop at a random spot on stage
and look neutrally at the audience. While playin the model start the narration.

$\square$ approx. 5" $\quad$ [
(6) Blood was its avatar and its seal $\rightarrow$ The redness and the horror of blood. $\rightarrow$

Fl. $\quad \|$


Fl.

Fl.


Fl.


Fl.



Turn to the audience and walk slowly to point 2 .
$\rightarrow C$


Fl.


Fl.


Fl.

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EMMANOUIL MARKANTONIS

$n$ - niente
The Night Journey
Performance Notes
flz - flutter zung
s.p. - sul ponticello
u.t. - unmeasured tremolo
d. - notes and articulations in parentheses are optional (only if they are playable)

- gradually

$\# \uparrow$ - semitone up from the previous note
$b \downarrow$ - semitone down from the previous note
- the Night Journey can be performed by five musicians for any kind of instruments, a hidden percussionist and a narrator
- except for the hidden percussionist and the narrator, it is recommended to choose: 2 string instruments, 2 wind instruments,
and percussion.
- pitches in conventional notation sections are relative and may be played an octave higher or lower, depending on the instrument
- if an instrument cannot produce a continuous sound, perform an unmeasured tremolo
- the hidden percussionist can be set backstage or in a corner behind the audience
- required percussion
for the hidden percussionist: concert bass drum, gong
extras: soft mallets, super ball
for the narrator: finger cymbals, woodblock (low pitch)
- optional use of display monitors with an on-screen timer (one for the ensemble and one for the hidden percussionist)
- optional conductor
Stage Lighting
- stage lighitng is optional
- colours: blue and yellow with a permanent combination of white colour


## Duration: 7 minutes

Hymn to Ra when he riseth
[From The Book of the Dead - Ancient Egyptian funerary texts]
Homage to thee, 0 thou glorious Being, thou who art dowered with all sovereignty. 0 Tem-Heru-khuti, when thou risest in the horizon of heaven, a cry of joy cometh forth to thee from the mouth of all peoples. O thou beautiful Being, [...]. O thou god of life, thou lord of love, all men live when thou shinest; thou art crowned king of the gods.
O Ra, thou who art Heru-khuti (Harmachis), the divine man-child, the heir of eternity, self-begotten and self-born, king of earth, prince of the Tuat, governor of the regions of Aukert thou comest; forth from the water, thou hast sprung from the god Nu , who cherisheth thee and ordereth thy members.

## [From the introduction of the The Book Am-Tuat - Ancient Egyptian funerary text of the New Kingdom of Egypt]

The writings and the drawings of the hidden palace, which appertain to the souls, and the gods, and the shadows, and the spirits, which compose the beginning of the Horn of Ament, of the horizon of ament, which is the utmost boundary of the thick darkness of the horizon of amentet, containing the knowledge of the souls of the Tuat, and the knowledge of the secret souls, and the knowledge of the doors and the ways through and on which the great god journeyeth, and the knowledge of... and the knowledge of the hours and of their gods, and the knowledge of the journeyings of the hours and of their gods, and the knowledge of the formulae which they say to Ra, and the knowledge of the speeches which he maketh to them, and the knowledge of the gods who praise him and of those who effect destruction.
Deities [From the Vol. I: The Book of Am-Tuat]
AP-UAT, SA, HERU-HEKENU, KA-SHU, NEHES, HU, KHERP, MAAT, NEKENT-F,
KHENTI AMENTET, SEKHET, SEHETCH-UR
The Night Journey
The Night Journey is a piece of work written for any combination of five instruments. It is based on
ancient Egyptian sacred texts that describe the solar deity Ra, who travels during the night hours in the
underworld. The work serves as a ritual to the god Ra and by extension as a symbolic inner journey
into the past of mankind. The musical result of every performance is unique and the aspect of indeterminacy
symbolises the eerie experiences and the hallucinogenic travelogue of the netherworld.




EMMANOUIL MARKANTONIS
for cellist, two percussionists \& optional lighting operator
Text by Marina Galanou
In this poem I'm alone in the beach
The white foam of the waves seemed almost like the sea was letting go of something. Blending with the white sand, reaching the roots of the palm trees. In my mind this beach has more space to sit and enjoy the burning sun. It is also blessed from some ancient deity of water like Poseidon. I still feel like I am sitting on the huge branch of the palm tree, like in that picture I have in my room. And I still feel like I am carefree like back then (which I came to realize was an illusion). This is the type of water that calls you in like a Siren. This is the type of water you can't resist drinking,
although you know that you can't drink sea water. If I drink this maybe I'll become a Goddess.

## emerald <br> blue and white <br> I dive deep <br> but float back to the surface <br> somehow it is dark now

and I am alone in a sea of innumerable colors that don't matter when it's dark
when you can't see the rocks
moon is shining bright
accompanied by the stars
infinity and symbolism
are undefinable now
because when the time comes
you will still feel
the abyss.
Program Notes
Sea Holly, for cellist, two percussionists and an optional lighting operator, is based on the text entitled In this poem I'm alone in the beach by the Greek author Marina Galanou. The cellist has the role of the storyteller while at the same time performing their musical part. The two percussionists have an accompanying role, and among other percussion instruments, they use water in their performance. The water element is relevant to the literary theme and supports the atmosphere.

Stage Setup

## Cellist


Performance Notes

1) water trem. with two hands (with fingers on the water surface)
2) raise your hands from the water (about 25 cm ) and stand motionless until the end of the measure (let the water drain) 3) play with soft mallet and immerse gong in the water
3) move your palms in and out of the water, to create a dripping sound effect
4) circular motion with large superball to produce lower gong sounds
5) move towards the back of the audience while whispering the words in the box (without synch. with the other perc. player)
6) circular slow motion with e-gong wand friction mallet
7) start moving \& continue whispering (return to your stage position)
9 ) keep your palms motionless out of the water to drip (about 25 cm - for 2 measures)

Percussion

## Percussionist 1

[^42]Percussionist 2
Large Transparent water bowl (on stage) Small gong (for use in water) (on stage) Crotales (on stage)

Medium or large gong (rear right corner) -
note: the water bowls are illuminated at the bottom with blue light which remains on for the entire duration of the piece
Optional Stage Lighting

## fade in

## fade out

cross fade: is accomplished by executing fade in and fade out
fade to black: refers to gradually decreasing the intensity of light until none is shining on the stage

> colours: blue, orange, yellow
Duration: 9 minutes

## Sea Holly

E. Markantonis



$\rightarrow \nabla$
L.V.
$\longrightarrow$ non trem.

II

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Perc. II

EMMANOUIL MARKANTONIS

Text by Marina Galanou

## Magnum Opus

Tension in voice and tone is to rise and fall according to the increasing/decreasing intensity of the text, which should
specified, the performer can choose how they perform the text, in a way that foregrounds its features, tone, mood and themes.
Poor Agamemnon, you could not foresee what the Fates had in store for you [recalling $a$ memory]: an axe on your wife's hand. + And I stood there; waiting with a beating heart and glimmering eyes;
Begging

+ Praying
- To whom?
I was shunned, forsaken, [thinking] destroyed. [in irony, but does not really mean it] I should be the one holding the axe. [recalling] I remember dancing in a frenzy with blazing - aching hands. I remember you, + and the altar of Athena. I can still recall your Magnum Opus. Blasphemy/ he gives and takes whenever he pleases. + And keep in mind that I prayed and prayed and + pleaded and ++ screamed and +++ shouted and
And
+ Until I felt the fire
Which I hoped would die + and hoped ++ and pray
the axe [recalling] was in my head.
- The blood was running and spreading and dripping and + boiling like wildfire
And the curse I uttered found its place in your + dark, ++ black, +++ hateful heart
I hope you and Clytemnestra and Ajax and Odysseus have not forgotten [in a frenzy, crying] the Crazy
Evil
Witch
Seductress
Seeress
Who was the gods' sacrifice in the altar.
[solemnly melancholic] - I only hope that history will remember me as the oracle who Saw everything
- by no one [tears stop abruptly, fire in their eyes].
Actor
the actor wears an ancient greek
costume and theatre mask
woodblock (high tone)
Bass Clarinet Player
gong

triangle beater
Percussion Player
* both players wear ancient greek theatre masks

Duration: 6.30 minutes


## Performance notes

1) bowed cymbal - place the crash cymbal upside down on the bass 2) tremolo with harmonic overtones (the trill should be executed slowly in order to present all the harmonics clearly)* 3) multiphonics*
2) scrape gong's surface vertically
with a triangle beater
3) drag a superball on the B.D. surface in different directions
4) play gong and bass drum simultaneously
*reference: The Bass Clarinet by Harry Sparnaay (extended techniques) s.t. - slap tongue
n.vib. - non vibato
s.vib. - slow vibrato
$\longrightarrow$ - gradually e.g. n.vib. $\longrightarrow$ s.vib.

Program Notes

Cassandra

Bass Clarinet

B. Cl .


| WHITE |
| :--- |
| $\boldsymbol{N}$ |
|  |
|  |
| WHITE |

苞


| WHITE |
| :--- |
| $\begin{array}{l}\text { Poor Agamemnon, you could not foresee } \\ \text { what the Fates had in store for you: an axe } \\ \text { on your wife's hand. }\end{array}$ |


$\boldsymbol{p p}$ *5) with superball

B. Cl.

$$
11
$$

$$
\begin{array}{ll} 
& \text { FADE TO BLACK } \\
\hline \text { Gong } & \text { with soft mallet } \\
\hline \boldsymbol{p} & \text { L.V. } \\
\hline
\end{array}
$$

$$
\boldsymbol{p} \quad \text { L.v. }
$$



Actor
B. Cl .
$8 \begin{aligned} & \text { I was shunned, forsaken, destroyed. I should be the one holding the axe. I } \\ & \text { remember dancing in a frenzy with blazing - aching hands. I remember you, } \\ & \text { and the altar of Athena. I can still recall your Magnum Opus. }\end{aligned}$
${ }_{7} \times 0$
Perc.






# EMMANOUIL MARKANTONIS 

## Epiclesis

\author{

- invocation -
}
for chamber ensemble, mixed choir, baritone \& lighting operator
based on the Orphic hymns


## Program Notes

Epiclesis is written for chamber ensemble, mixed choir, baritone and lighting operator. The subject matter of this work is derived from Orphic literature. A selection of Orphic hymns has been incorporated into the composition to represent a rite abstractly. In addition, it symbolises the union of modern man with his primordial self. From a more transcendent perspective, I could say that this work symbolically functions as a dream. It brings us to an ancient Orphic ritual and, by extension, through the subconscious mind leads us to our primitive existence.

## Texts

## EYXH ПPOE MOYГAIQN

(Original ancient greek text)
MávӨave $\delta \dot{\eta}, ~ М о v \sigma \alpha i ̃, ~ \theta u \eta \pi о \lambda i ́ \eta v ~ \pi \varepsilon \rho \iota \sigma \varepsilon ́ \mu \nu \eta v, ~$
 Z $\varepsilon$ ũ $\beta \alpha \sigma ı \lambda \varepsilon$ ṽ кגì Г $\alpha i ̃ \alpha ~ \kappa \alpha i ̀ ~ o u ̉ \rho \alpha ́ v ı \alpha ı ~ \varphi \lambda o ́ \gamma \varepsilon \varsigma ~ \alpha ́ \gamma v \alpha i ̀ ~$

 Фєрбєழо́vๆ $\theta^{\prime} \dot{\alpha} \gamma v \grave{~} \Delta \eta \mu \eta \dot{\tau} \eta \rho \tau^{\prime}$ à $\gamma \lambda \alpha o ́ к \alpha \rho \pi \varepsilon$
 öऽ $\Delta \varepsilon \lambda \varphi \tilde{a} v$ vaícıs í $\rho o ̀ v ~ \pi \varepsilon ́ \delta o v \cdot$ ő̧ $\tau \varepsilon \mu \varepsilon \gamma i \sigma \tau \alpha \varsigma$

 ג̀ $\varphi \rho о \gamma \varepsilon v \eta ́ s ~ \tau \varepsilon ~ \theta \varepsilon \alpha ́, \mu \varepsilon \gamma \alpha \lambda \dot{\rho} v v \mu \alpha$ $\delta \tilde{\omega} \rho \alpha \lambda \alpha \chi о \tilde{\sigma} \sigma \alpha$.












 Пíवтıv $\tau$ ' $\grave{\delta \varepsilon ̀ ~} \Delta i ́ \kappa \eta v ~ \kappa \alpha i ̀ ~ \alpha ̉ \mu v ́ \mu о v \alpha ~ \Theta \varepsilon \sigma \mu о \delta o ́ \tau \varepsilon ı \rho \alpha v, ~$

 'A $\tau \lambda \alpha v \tau$ ós $\tau \varepsilon$ кגі̀ Aĩ̃vos $\mu \varepsilon ́ \gamma$ ' í $\pi \varepsilon i ́ \rho o \chi o v$ ì $\sigma \chi \grave{v} v$ кגì Xpóvov á $\varepsilon$ vaov каì tò $\sum \tau v \gamma o ̀ \varsigma ~ \alpha ̉ \gamma \lambda \alpha o ̀ v ~ v ̋ \delta \omega \rho ~$



 каì $\sum \varepsilon \mu \varepsilon ́ \lambda \eta \nu$ В $\alpha \kappa \chi \circ v \tau \varepsilon ~ \sigma v v \varepsilon v \alpha \sigma \tau \eta ̃ \rho \alpha \varsigma ~ ั ̈ \pi \alpha \nu \tau \alpha \varsigma, ~$











## EFXÍ PROS MUSÉON

(Transcription for voice performance)
Mánthane di, Musée, thiipolíin perisémnin, efhín, i di ti proferestéri estín apaséon. Zef vasiléf ke Géa ke uránie flóges agné Ielíu, Mínis t' hierón sélas Ástra te pánta, ke si, Posídaon geíohe, kianohéta, Fersefóni t' agní Dimítir t' aglaókarpe Artemí t' iohéera, kóri, ke íie Fíve, os Delfón néis ierón pédon os te megístas timás en makáresin éhis, Diónise horeftáÁres t' omvrimóthime ke Iféstu ménos agnón afrogenís te theá, megalónima dóra lahúsa• ke si, katahthoníon vasiléf, meg' ipírohe démon• Ívi t' Eilithía ke Irakléos ménos ií, ke to Dikeosínis te ke Efsevíis meg' óniar kiklísko Nímfas te klitás ke Pána mégiston Írin t' egióhio Diòs thalerin parákitin• Mnimosínin t' eratín Músas t' epikéklome agnás enéa ke Haritás te ke Óras id' Eniaftón Litó t'efplókamon, thíin, semnín te diónin Kurítas t' enóplus Korívantás t' idé Kavírus ke megálus Sotíras omú, Diós áfthita tékna, Idéus te theús id’ ángelon uraniónon, Ermían kírika Thémin th’ ieroskópon andrón, Níkta te presvístin kaléo ke fosfóron Ímar, Pistin t' íde Díkin ke amímona Thesmodótiran, Pían te ide Krónon ke Tithín kianópeplon Okeanón te mégan, sin t' okeanío thígatras Atlantós te ke Eónos meg' ipírohon ishín ke Hrónon aénaon ke to Stigós aglaón ídor milihíus te theús, agathín t' epí tísi Prónian Démona t' igátheon ke Démona pímona thnitón, Démonas uraníus te ke ieríus ke enídrus ke hthoníus ke ipohthoníus idé ebirifítus, ke Semélin Vákhu te sinevastíras ápantas, Inó Lefkothéin te Palemoná t' olviodótin Níkin th' idiépian id' Adrístian ánasan ke vasilía mégan Asklipión ipiodótin, Paláda t' egremáhin, kúrin, Anémus te própantas ke Vrontás Kósmu te meri tetrakíonos avdóMitéra t' athanáton, Átin ke Mína kiklísko Uraníin te theán, sin t' ámvroton agnón Ádonin Arhín t' idé Péras, to gar épleto pási mégiston evmenéas elthín kehariménon ítor éhontas tínde thiipolíin ierín spondín t' epí semnin.

## TO MUSAEUS

(English translation)

ATTEND Musaeus to my sacred song, And learn what rites to sacrifice belong. Jove I invoke, the earth, and solar light, The moon's pure splendor, and the stars of night; Thee Neptune, ruler of the sea profound, Dark-hair'd, whose waves begirt the solid ground; Ceres abundant, and of lovely mien, And Proserpine infernal Pluto's queen; The huntress Dian, and bright Phœebus rays, Far-darting God, the theme of Delphic praise; And Bacchus, honour'd by the heav'nly choir, And raging Mars, and Vulcan god of fire; The mighty pow'r who rose from foam to light, And Pluto potent in the realms of night; With Hebe young, and Hercules the strong, And you to whom the cares of births belong: Justice and Piety august I call, And much-fam'd nymphs, and Pan the god of all. To Juno sacred, and to Mem'ry fair, And the chaste Muses I address my pray'r; The various year, the Graces, and the Hours, Fair-hair'd Latona, and Dione's pow'rs; Armed Curetes, household Gods I call, With those who spring from Jove the king of all: Th' Idæan Gods, the angel of the skies, And righteous Themis, with sagacious eyes; With ancient night, and day-light I implore, And Faith, and Justice dealing right adore; Saturn and Rhea, and great Thetis too, Hid in a veil of bright celestial blue: I call great Ocean, and the beauteous train Of nymphs, who dwell in chambers of the main; Atlas the strong, and ever in its prime, Vig'rous Eternity, and endless Time; The Stygian pool, and placid Gods beside, And various Genii, that o'er men preside; Illustrious Providence, the noble train Of dæmon forms, who fill th' ætherial plain; Or live in air, in water, earth, or fire, Or deep beneath the solid ground retire. Bacchus and Semele the friends of all, And white Leucothea of the sea I call; Palæmon bounteous, and Adrastria great, And sweet-tongu'd Victory, with success elate; Great Esculapius, skill'd to cure disease, And dread Minerva, whom fierce battles please; Thunders and winds in mighty columns pent, With dreadful roaring struggling hard for vent;

Attis, the mother of the pow'rs on high, And fair Adonis, never doom'd to die, End and beginning he is all to all, These with propitious aid I gently call; And to my holy sacrifice invite, The pow'r who reigns in deepest hell and night; I call Einodian Hecate, lovely dame, Of earthly, wat'ry, and celestial frame, Sepulchral, in a saffron veil array'd, Pleas'd with dark ghosts that wander thro' the shade; Persian, unconquerable huntress hail! The world's key-bearer never doom'd to fail On the rough rock to wander thee delights, Leader and nurse be present to our rites Propitious grant our just desires success, Accept our homage, and the incense bless.

## IV. OYPANOY

(Original ancient greek text)
 $\pi \rho \varepsilon \sigma \beta v \gamma \varepsilon ́ v \varepsilon \theta \lambda$ ’, $\dot{\alpha} \rho \chi \grave{\eta} \pi \alpha ́ v \tau \omega v \pi \alpha ́ v \tau \omega v \tau \varepsilon \tau \varepsilon \lambda \varepsilon v \tau \eta \prime$, ко́б $\mu \varepsilon \pi \alpha \tau \eta ́ \rho, \sigma \varphi \alpha \iota \rho \eta \delta o ̀ v ~ \varepsilon ̇ \lambda ı \sigma \sigma o ́ \mu \varepsilon v o \varsigma ~ \pi \varepsilon \rho i ̀ ~ \gamma \alpha i ̃ \alpha v, ~$ оі̃кะ $\theta \varepsilon \varpi ̃ v ~ \mu \alpha \kappa \alpha ́ \rho \omega v, ~ \rho ́ o ́ \mu \beta o v ~ \delta i ́ v \eta \sigma ı v ~ o ́ \delta \varepsilon v ́ \omega v, ~$ ov̉คávıos $\chi$ Өóvıós $\tau \varepsilon$ фv́ $\lambda \alpha \xi \pi \alpha$ व́v $\tau \omega v \pi \varepsilon \rho ı \beta \lambda \eta \theta \varepsilon i ́ \varsigma$,
 $\kappa v \alpha v o ́ \chi \rho \omega \varsigma$, $\dot{\alpha} \delta \dot{\alpha} \mu \alpha \sigma \tau \varepsilon, \pi \alpha v \alpha i ́ o \lambda \varepsilon$, аio $\lambda о ́ \mu о \rho \varphi \varepsilon$, $\pi \alpha v \delta \varepsilon \rho \kappa \varepsilon ́ \varsigma$, К $\rho о v о ́ \tau \varepsilon \kappa v \varepsilon, \mu \alpha ́ \kappa \alpha \rho, \pi \alpha \nu v \pi \varepsilon ́ \rho \tau \alpha \tau \varepsilon$ баі̃ноv, $\kappa \lambda \tilde{v} \theta^{\prime} \dot{\varepsilon} \pi \alpha ́ \gamma \omega v ~ \zeta \omega \eta ̀ v$ ó ó́av $\mu v ́ \sigma \tau \eta ~ v \varepsilon о \varphi \alpha ́ v \tau \eta$.

## URANÚ

## (Transcription for voice performance)

Urané pangenétor, kósmu méros eén atirés, presvigénethle, arhí pánton pánton te teleftí, kósme patír, sferidón elisómenos perí géan, íke theón makáron, rómvu díniisin odévon, uránios hthónios te fílax pánton perivlithís, en stérnisin éhon físeos átliton anágin, kianóhros, adámaste, panéole, eolómorfe, panderkés, Kronótekne, mákar, panipértate démon, klíth' epágon zoin osían místii neofántii.

## TO HEAVEN (Sky or Heaven Gr. Ouranos)

(English translation)
GREAT Heav'n, whose mighty frame no respite knows, Father of all, from whom the world arose:
Hear, bounteous parent, source and end of all, Forever whirling round this earthly ball;
Abode of Gods, whose guardian pow'r surrounds Th' eternal World with ever during bounds; Whose ample bosom and encircling folds
The dire necessity of nature holds.
Ætherial, earthly, whose all-various frame
Azure and full of forms, no power can tame.
All-seeing Heav'n, progenitor of Time,
Forever blessed, deity sublime,
Propitious on a novel mystic shine,
And crown his wishes with a life divine.

## V. AIOEPOE

(Original ancient greek text)
 $\alpha ̈ \sigma \tau \rho \omega v$ ท̀ $\overline{\lambda i ́ o v ~} \tau \varepsilon \sigma \varepsilon \lambda \eta v \alpha i ́ \eta \varsigma \tau \varepsilon \mu \varepsilon ́ \rho ı \sigma \mu \alpha$, $\pi \alpha v \delta \alpha \mu \alpha ́ \tau о \rho, \pi v \rho i ́ \pi v o v, \pi \tilde{\alpha} \sigma \iota ~ \zeta \omega ́ o i ̃ \sigma เ v ~ \varepsilon ̌ v \alpha v \sigma \mu \alpha$,
 $\dot{\alpha} \gamma \lambda \alpha o ̀ v \tilde{\omega} \beta \lambda \alpha ́ \sigma \tau \eta \mu \alpha, \sigma \varepsilon \lambda \alpha \sigma \varphi o ́ \rho o v, \alpha \dot{\alpha} \sigma \tau \varepsilon \rho \circ \varphi \varepsilon \gamma \gamma \varepsilon ́ \varsigma$, $\kappa เ \kappa \lambda \eta ́ \sigma \kappa \omega v ~ \lambda i ́ \tau o \mu \alpha i ́ ~ \sigma \varepsilon ~ к \varepsilon \kappa р \alpha \mu \varepsilon ́ v o v ~ \varepsilon u ̋ \delta ı o v ~ \varepsilon i ̃ v \alpha ı . ~$

## ETHÉROS

(Transcription for voice performance)
O Diós ipsimélathron éhon krátos eén atirés, ástron ielíu te selinéis te mérisma, pandamátor, pirípnu, pási zoísin énafsma, ipsifanís Ethír, kósmu stihíon áriston• aglaón o vlástima, selasfóron, asterofengés, kiklískon litomé se kekraménon évdion íne.

## TO FIRE (Aether)

(English translation)
O Ever untam'd Fire, who reign'st on high In Jove's dominions ruler of the sky; The glorious sun with dazzling lustre bright, And moon and stars from thee derive their light; All taming pow'r, ætherial shining fire, Whose vivid blasts the heat of life inspire: The world's best element, light-bearing pow'r, With starry radiance shining, splendid flow'r, O hear my suppliant pray'r, and may thy frame Be ever innocent, serene, and tame.

## VI. ПРЛТОГОNOY

(Original ancient greek text)

 $\tau \alpha v \rho o ß o ́ \alpha v, ~ \gamma \varepsilon ́ v \varepsilon \sigma \iota v ~ \mu \alpha \kappa \alpha ́ \rho \omega v ~ \theta v \eta \tau \omega ̃ v ~ \tau ’ \alpha ̀ v \theta \rho \omega ́ \pi \omega v$,

 ő $\sigma \sigma \omega v$ öऽ бкото́ $\sigma \sigma \sigma \alpha v \dot{\alpha} \pi \eta \mu \alpha \cup ́ \rho \omega \sigma \alpha \varsigma ~ o ́ \mu i ́ \chi \lambda \eta \nu$


 $\dot{\alpha} \lambda \lambda \dot{\alpha}, \mu \dot{\alpha} \kappa \alpha \rho, \pi о \lambda u ́ \mu \eta \tau 1, \pi о \lambda v ́ \sigma \pi о \rho \varepsilon, \beta \alpha i ̃ v \varepsilon \gamma \varepsilon \gamma \eta \theta \grave{\omega} \varsigma$


## PROTOGÓNU

(Transcription for voice performance)
Protógonon kaléo difí́, mégan, etheróplagton, oiogení, hriséiisin agalómenon pterigesi, tavrovóan, génesin makáron thnitón t' anthrópon, spérma polímniston, poliórgion, Irikepéon, áriton, krífion, rizítora, pamfaés érnos, óson os skotóesan apimávrosas omíchlin pántii dinithís pterígon ripés katá kósmon labrón ágon fáos agnón, af' ú se Fánita kiklísko idé Príipon ánakta ke Antávgin elíkopon. allá, mákar, polímiti, políspore, véne gegithós es teletín agían polipíkilon orgiofántes.

## TO PROTOGONUS

## (English translation)

O Mighty first-begotten, hear my pray'r, Two-fold, egg-born, and wand'ring thro' the air, Bull-roarer, glorying in thy golden wings, From whom the race of Gods and mortals springs. Ericapæus, celebrated pow'r, Ineffable, occult, all shining flow'r.
From eyes obscure thou wip'st the gloom of night, All-spreading splendour, pure and holy light Hence Phanes call'd, the glory of the sky, On waving pinions thro' the world you fly. Priapus, dark-ey'd splendour, thee I sing, Genial, all-prudent, ever-blessed king, With joyful aspect on our rights divine And holy sacrifice propitious shine.

## LXXXIII. תKEANOY

(Original ancient greek text)

 öऽ $\pi \varepsilon \rho ı к ข \mu \alpha i ́ v \varepsilon \imath ~ \gamma \alpha i ́ n \varsigma ~ \pi \varepsilon \rho ı \tau \varepsilon ́ \rho \mu о v \alpha ~ к и ́ к \lambda о v . ~$

 $\kappa \lambda \tilde{v} \theta 1, \mu \alpha ́ \kappa \alpha \rho, \pi о \lambda v ́ o \lambda \beta \varepsilon, \theta \varepsilon \tilde{\omega} v \alpha \not \partial \gamma v ı \sigma \mu \alpha \mu \varepsilon ́ \gamma ı \tau \tau 0 v$,



## OKEANÚ

(Transcription for voice performance)
Okeanón kaléo, páter áfthiton, eén eónta, athanáton te theón génesin thnitón t ' anthrópon, os perikiméni géis peritérmona kíklon. ex úper pántes potamí kaí pása thálasa ke hthoníi géis pigóriti ikmádes agné. klíthi, mákar, políolve, theón ágnisma mégiston, térma fílon géis, archí pólu, igrokélefthe, élthis evmenéon místes keharisménos eí.

## TO OCEAN

(English translation)
OCEAN I call, whose nature ever flows, From whom at first both Gods and men arose; Sire incorruptible, whose waves surround, And earth's concluding mighty circle bound: Hence every river, hence the spreading sea, And earth's pure bubbling fountains spring from thee: Hear, mighty fire, for boundless bliss is thine, Whose waters purify the pow'rs divine: Earth's friendly limit, fountain of the pole, Whose waves wide spreading and circumfluent roll Approach benevolent, with placid mind, And be for ever to thy mystics kind.

## LXXXVI. ONEIPOY

(Original ancient greek text)


 $\pi \rho о \sigma \varphi \omega v \tilde{a} v \psi \cup \chi \alpha i ̃ \varsigma ~ \theta v \eta \tau \omega ̃ v$ vóov av̉兀òs ह̇ $\gamma \varepsilon i ́ \rho \varepsilon ı \varsigma$,
 $\sigma v \tilde{\omega} v \sigma \gamma \gamma \omega \sigma \alpha \iota \varsigma \psi v \chi \alpha i ̃ \varsigma ~ \mu \dot{\varepsilon} \lambda \lambda о v \tau \alpha \pi \rho о \varphi \alpha i ́ v \omega v$,

 $\tau \varepsilon \rho \pi \omega \lambda \alpha i ̃ \varsigma ~ v ̇ \pi \alpha ́ \gamma \eta ~ \beta i ́ o v ~ \alpha ̀ v \theta \rho \dot{\sigma} \pi \omega v \pi \rho о \chi \alpha \rho \varepsilon ́ v \tau \omega v$,





 $\dot{\alpha} \lambda \lambda \alpha ́, \mu \alpha ́ \kappa \alpha \rho, \lambda i ́ \tau о \mu \alpha i ́ ~ \sigma \varepsilon ~ \theta \varepsilon \tilde{\omega} v ~ \mu \eta v o ́ \mu \alpha \tau \alpha ~ \varphi \rho \alpha ́ \zeta \varepsilon เ v, ~$



## ONÍRU

(Transcription for voice performance)
Kiklísko se, mákar, tanisíptere, úle Ónire, ángele melónton, thnitís hrismoidé mégiste• isihía gar ípnu glikerú sigilós epelthón, prosfonón psihés thnitón nóon aftós egíris, ke gnómas makáron aftòs kath' ípnus ipopémpis, sigón sigóses psihés mélonta profénon, ísin ep' efsevíisi theón nòos esthlòs odévi, os an ai to kalón málon, gnómiisi prolifthén, terpolés ipágii víon anthrópon proharénton, ton de kakón anápavlan, ópos theós aftós eníspii efholés thisíes te hólon lísosin anákton. efsevésin gar aí to télos glikeróteron ésti, tis de kakís udén féni mélousan anágin ópsis oniríesa, kakón exángelos érgon, ófra ken évronte lísin álgeos erhoménio. alá, mákar, litomé se theón minímata frázin, os an aí gnómes orthés katá pánta peláziis midén ep' alokótisi kakón simía profénon.

## TO THE DIVINITY OF DREAMS

## (English translation)

THEE I invoke, blest pow'r of dreams divine, Angel of future fates, swift wings are thine: Great source of oracles to human kind, When stealing soft, and whisp'ring to the mind, Thro' sleep's sweet silence and the gloom of night, Thy pow'r awakes th' intellectual fight; To silent souls the will of heav' n relates, And silently reveals their future fates. For ever friendly to the upright mind Sacred and pure, to holy rites inclin'd; For these with pleasing hope thy dreams inspire, Bliss to anticipate, which all desire. Thy visions manifest of fate disclose, What methods best may mitigate our woes; Reveal what rites the Gods immortal please, And what the means their anger to appease: For ever tranquil is the good man's end, Whose life, thy dreams admonish and defend. But from the wicked turn'd averse to bless, Thy form unseen, the angel of distress; No means to cheek approaching ill they find, Pensive with fears, and to the future blind. Come, blessed pow'r, the signatures reveal Which heav'n's decrees mysteriously conceal, Signs only present to the worthy mind, Nor omens ill disclose of monst'rous kind.

## LXXXVII. ©ANATOY

(Original ancient greek text)



 đòv $\mu \alpha \kappa \rho o ̀ v ~ \zeta ̣ ̣ o 七 \sigma \iota ~ \varphi \varepsilon ́ \rho \omega v ~ \alpha i \varrho ́ v ı o v ~ v ̋ \pi v o v, ~$ коıvò $\mu \varepsilon ̀ v \pi \alpha ́ v \tau \omega v$, ä $\delta ı \kappa o s \delta^{\prime}$ ह̇víoıஎıv vi $\pi \alpha ́ \rho \chi \omega v$,


 $\dot{\alpha} \lambda \lambda \alpha ́, \mu \alpha ́ \kappa \alpha \rho, \mu \alpha \kappa \rho о і ̃ \sigma 1 ~ \chi \rho o ́ v o ı \varsigma ~ \zeta \omega \eta ̃ \varsigma ~ \sigma \varepsilon ~ \pi \varepsilon \lambda \alpha ́ \zeta \varepsilon є 1 ~$ vaìтoũ $\mu \alpha 1, \theta v \sigma i ́ \alpha 1 \varsigma ~ \kappa \alpha i ̀ ~ \varepsilon v ̉ \chi \omega \lambda \alpha i ̃ \varsigma ~ \lambda ı \tau \alpha v \varepsilon v ́ \omega v, ~$


## THANÁTU

(Transcription for voice performance)
Klíthi mef, os pánton thnitón íika kratínis pási didús hrónon agnón, óson pórothen ipárhis• sos gar ípnos psihín thrávi ke sómatos olkón, iník' an eklíis físeos kekratiména desmá ton makrón zóiisi féron eónion ípnon, kinós men pánton, ádikos d' eníisin ipárhon, en tahítiti víu pávon neoílikas akmás en si gar múnoi pánton to krithén teleúte• oute gar efhésin píthii monos úte litésin. alá, mákar, makrísi hrónis zoís se pelázin etúme, thisíes ke efholés litanévon, os an éii geras esthlón en anthrópisi to giras.

## TO DEATH

## (English translation)

HEAR me, O Death, whose empire unconfin'd, Extends to mortal tribes of ev'ry kind. On thee, the portion of our time depends, Whose absence lengthens life, whose presence ends. Thy sleep perpetual bursts the vivid folds, By which the soul, attracting body holds: Common to all of ev'ry sex and age, For nought escapes thy all-destructive rage; Not youth itself thy clemency can gain, Vig'rous and strong, by thee untimely slain. In thee, the end of nature's works is known, In thee, all judgment is absolv'd alone:
No suppliant arts thy dreadful rage controul, No vows revoke the purpose of thy soul; O blessed pow'r regard my ardent pray'r, And human life to age abundant spare.

Text: To Heaven - Rehearsal mark: D
Text: To Ocean - Rehearsal mark: D
Text: To Protogonus - Rehearsal mark: F
Text: To Fire - Rehearsal mark: G
Text: To Fire (excerpts) - Rehearsal mark: B, F, H, K, M
Text: To Musaeus - Rehearsal mark: L, M, O,
Text: To The Divinity of Dreams (excerpts) Rehearsal mark:
Text: To The Divinity of Dreams - Rehearsal mark: R, S
Text: To Death - Rehearsal mark: V
Text: To Death (excerpts) - Rehearsal mark: Y

## Instrumentation

Flute
Clarinet in B b
Horn in F
Trombone
Timpani
Percussion - wood blocks, bass drum, crotales (bowed), gong
Piano
Barinote (play also the finger cymbal)
Mixed Choir (SATB) (play also sleigh bells \& woodblocks)
Violin 1 (play also the glass in C)
Violin 2 (play also the glass in D)
Viola (play also the glass in B)
Cello (play also the glass in $\mathrm{D} \#$ )
Double Bass (play also the glass in A\#)

## Stage Lighting

colours: white, blue, red, yellow
fade in - $\qquad$
fade out - $\Longrightarrow$ fade to black
crossfade -
instant
WHITE

Duration: 30 minutes

Positions / Movement

alto (H)
(I) soprano
(F) tenor
bass G
baritone (E)


## Performance Notes


air noise


- random pitches
- scrape fast with a guitar pick along the string
- pizzicato on strings (piano)
- muted notes - "stop" the string with a finger before playing (piano)
- hit strings with the palm (the position of the palm symbol on the staff defines approximately the playing piano strings range)
L.V. - let vibrate (sustain pedal for piano)
air noise effect
㘶:

gliss. on strings

- circular motion (B.D., timpani)

1


play on C glass

narrate into the piano

- play and sing simultaneously (flute)
- air noise effect at a specific pitch (woodwinds)
- air noise effect (very light bow pressure)
- chromatic clusters (piano)
- gradually ex. to sul ponticello, etc.
- glissanto on piano strings
- conductor signs
- improvise as many notes as possible
- play multiphonics in random pitches and duration
- play on glass (strings)
- sprechgesang
- seagull effect on strings (gliss the 8ve harmonic down, keep the distance between the "stopped" and "touched" fingers absolutely unchanged)
- accent improvisation (strings)
- The soprano sings into the piano to create vibrations, the pianist must have the sustain pedal depressed


## Epiclesis






C. $\mathrm{J}=68$









$$
\underset{8^{m}}{\mathbf{E}}{ }_{d=112}
$$







BLACK






 Timp.

Perc.






203 spoken

6 Text: TO FIRE (Aether) spoken
p Position: B


. Text: TO FIRE (Aether) spoken
p Position: C

Ten.

















 1








60
WHITE/YELLOW
( $\quad .=74$


Hn.

Tbn.





Perc.





$$
\%
$$

 | $m p$ |
| :--- |
| To |
| 0 |



${ }^{341}$

B

Sopr.

Alto






$\mathbf{T}$











[^43]






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    ${ }^{107}$ Evangelia Rigaki, This Hostel Life: An Installation-Opera after This Hostel Life by Melatu Uche Okorie (Dublin: The Contemporary Music Centre Ireland, 2019).
    ${ }^{108}$ David Byers, "This Hostel Life Review: Direct Provision Explored through Often-Anguished Sounds," The Irish Times, September 28, 2019, accessed December 29, 2022, https://www.irishtimes.com/culture/music/this-hostel-life-review-direct-provision-explored-through-often-anguished-sounds-1.4033988\#.XY9dWtNQhF4.facebook.
    ${ }^{109}$ Rebecca McCabe, "MU Student Rebecca McCabe Writes about Evangelia Rigaki’s 2019 Opera This Hostel Life," The Contemporary Music Centre Ireland, April 20, 2021, accessed December 29, 2022, https://www.cmc.ie/features/mu-student-rebecca-mccabe-writes-about-evangelia-rigakis-2019-opera-hostellife.

[^39]:    ${ }^{110}$ Byers, "This Hostel Life Review", accessed December 29, 2022.
    ${ }^{111}$ Ibid.

[^40]:    ${ }^{112}$ Orpheus, Orphica, ed. Eugenius Abel, Internet Archive (Lipsiae Sumptibus Fecit G. Freytag, 1885), accessed December 30, 2022, https://archive.org/details/orphicarecensuit00orph/page/60/mode/2up.
    ${ }^{113}$ Orpheus, The Mystical Initiations, 118, accessed December 30, 2022, https://wellcomecollection.org/works/z7kfwnza.

[^41]:    Voices for speaking pianist is based on the homonymous poem by C. P. Cavafy. A poem that
    features elements of memory and nostalgia. It focuses on the deep sense of loss for loved ones who
    are gone and the sound of their voices that return to our thoughts.

[^42]:    Large Transparent water bowl (on stage) Vibraphone (on stage)

    Wood blocks (on stage)
    Sus. Cymbal (rear left corner)

[^43]:    * conductor signs (each instrument begins with the conductor's cue - $\quad{ }^{* *}$ whisper individually and start from any word, if necessary repeat the text from the beginning each cue starts approximately within the 40 " framework)

