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4 **Chondrogenesis and integration of mesenchymal stem cells within an**
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7 **in vitro cartilage defect repair model**
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4 **Abstract**
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6 Integration of repair tissue is a key indicator of the long-term success of cell-based
7 therapies for cartilage repair. The objective of this study was to compare the *in vitro*
8 chondrogenic differentiation and integration of agarose hydrogels seeded with either
9 chondrocytes or bone marrow derived mesenchymal stem cells (MSCs) in defects
10 created in cartilage explants. Chondrocytes and MSCs were isolated from porcine
11 donors, suspended in 2% agarose and then injected into cylindrical defects within the
12 explants. These constructs were maintained in a chemically defined medium
13 supplemented with 10 ng/ml of TGF- β 3. Cartilage integration was assessed by
14 histology and mechanical push-out tests. After 6 weeks in culture, chondrocyte seeded
15 constructs demonstrated a higher integration strength (64.4 ± 8.3 kPa) compared to
16 MSC seeded constructs (22.7 ± 5.9 kPa). GAG (1.27 ± 0.3 kPa vs 0.19 ± 0.03 kPa)
17 and collagen (0.31 ± 0.08 kPa vs 0.09 ± 0.01 kPa) accumulation in chondrocyte
18 seeded constructs was greater than that measured in the MSC seeded group. The
19 GAG, collagen and DNA content of both chondrocyte and MSC-seeded hydrogels
20 cultured in cartilage explants was significantly lower than control constructs cultured
21 in free swelling conditions. The results of this study suggest that the explant model
22 may constitute a more rigorous *in vitro* test to assess MSC therapies for cartilage
23 defect repair.
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50 *Key Terms:* Push out test; Integration; Chondrogenesis; TGF- β 3; Stem cells;
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Introduction

Autologous chondrocyte implantation (ACI),^{8,44} and scaffold-based variants whereby cells are incorporated within supporting three dimensional (3D) scaffolds or hydrogels^{2,33,49} are promising alternative strategies for articular cartilage repair. However, there are several problems associated with the ACI procedure, including difficulties in obtaining a sufficient number of chondrocytes for transplantation, the necessity of creating donor-site defects within the articular cartilage, and variability in the quality of repair.¹⁶ Mesenchymal stem cells (MSCs) possess the ability to proliferate extensively *ex vivo* while maintaining their multipotent differentiation capabilities,^{9,24} making them an attractive cell type for cell-based cartilage repair strategies. These cells can be isolated from the bone marrow using minimally invasive techniques from non-critical locations such as the iliac crest, and have the capacity to differentiate along a number of different mesenchymal lineages including bone, cartilage and fat.^{11,23,32,45} The chondrogenic differentiation potential of MSCs can be demonstrated in vitro using well established procedures.^{5,23} A major challenge with MSC based cartilage repair therapies is to generate cells with features of stable chondrocytes which are resistant to hypertrophy and terminal differentiation, as found in hyaline articular cartilage.⁴²

Transplantation of isolated autologous bone-marrow derived MSCs suspended in hydrogels have been shown to promote the repair of articular cartilage defects in young and/or active patients.^{27,57} Successful long-term regeneration of articular cartilage defects using chondrocytes, MSCs or otherwise, requires integration of the repair tissue with the surrounding host cartilage.¹ It has been demonstrated that 8 months following implantation of chondrocytes in an equine model the integration strength of the repair tissue, as measured by a uniaxial tensile test, is approximately

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4 half that compared to intact control samples.¹⁵ Poor integration could lead to an
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6 altered stress state within the regenerating tissue and ultimately its degeneration. *In*
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8 *vitro* explant models of cartilage defect repair have contributed significantly to our
9
10 understanding of tissue integration and the ability of cell-based therapies to fill defects
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12 with articular cartilage-like repair tissue.^{20,40} These models allow for a systematic
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14 analysis of various factors (e.g. cells, biophysical and biochemical cues, inflammatory
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16 components etc) governing successful repair, without the natural variability found in
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18 animal models, such as the host immune response and levels of physical activity.²⁰
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20 Using such explant models it has been possible to demonstrate that chondrogenesis
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22 and subsequent integration of tissue engineered cartilage depends on factors such as
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24 the choice of scaffold,²⁰ the developmental stage of the construct⁴⁰ and the adjacent
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26 tissue architecture and composition.⁵³ Integration of such tissues has been further
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28 investigated following subcutaneous implantation in nude mice.^{22,43,50} These models
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30 have revealed that the tensile strengths of bonds formed between articular cartilage
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32 and engineered cartilage increase with time, with little observed differences between
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34 the quality of integrative repair using articular or non-articular chondrocytes.²²
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40 Multiple *in vitro* studies have demonstrated chondrogenesis of MSCs in pellet
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42 culture or on scaffolds in the presence of transforming growth factor- β (TGF- β)
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44 family members.^{4,18,23,30,36,50,52,58,59} These studies have typically characterised
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46 chondrogenesis through the expression and synthesis of cartilage-specific matrix
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48 molecules. A number of studies have also investigated the functional mechanical
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50 properties of cartilaginous tissues engineered using MSCs, suggesting that the
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52 mechanical properties (e.g. equilibrium Young's modulus, dynamic modulus) of such
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54 constructs are lower than that produced by chondrocytes under identical
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56 conditions.^{14,36} What remains unclear is what effect the complex milieu of factors and
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4 stimuli that such constructs will experience *in vivo* will have on chondrogenesis of
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6 MSCs. For example, what role the surrounding articular cartilage and the associated
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8 factors released (e.g. matrix metalloproteinases, cathepsins, nitric oxide etc) will have
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10 on chondrogenesis of MSCs is poorly understood. The aim of the present study is to
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12 adapt a well established cartilage explant model that has been used to assess
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14 chondrocyte-based therapies for cartilage repair to investigate MSC-based therapies.
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16 Such models, while obviously not incorporating many of the stimuli present *in vivo*,
17
18 do recapitulate certain aspects of the environment of a cartilage defect absent in
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20 traditional pellet cultures and other *in vitro* systems. The specific objectives of the
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22 present study were to (i) compare the ability of chondrocytes and MSCs to form
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24 neocartilage in an *in vitro* cartilage explant defect model and (ii) to evaluate the
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26 mechanical integrity of the bond formed between the engineered and normal tissue
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28 using these two cell types.
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36 **Materials and methods**

37 *Cell and cartilage isolation and construct assembly*

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39 Articular cartilage was aseptically harvested from the femoropatellar joints of two
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41 immature/young pigs (four month old). Full depth articular cartilage explants were
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43 obtained using a 6 mm biopsy punch (Kai Medical Europe, Germany), and the height
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45 standardised to 2 mm through removing both the superficial and deep zones using a
46
47 custom-built rig. Full depth concentric circular holes (3 mm diameter) were cut using
48
49 a biopsy punch (Kai Medical Europe, Germany) to form annuli of tissue.
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53 Chondrocytes and MSCs were harvested from the same donor pigs from which the
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55 cartilage explants were harvested. Chondrocytes were isolated from articular cartilage
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57 harvested from the femoropatellar joints. Briefly, cartilage slices were rinsed with
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4 phosphate buffered saline containing penicillin/streptomycin (200 U/ml). The
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6 cartilage chunks were then combined and digested via serial digestion with pronase
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8 (1mg/ml) for 1 hour, then rinsed in PBS followed by incubation with DMEM/F12
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10 containing collagenase type II (0.5mg/ml) (all from Sigma–Aldrich, Dublin, Ireland)
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12 for 16-18 hours under constant rotation at 37°C. The resulting cell suspension was
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14 then filtered through a 40µm pore-size cell sieve (Falcon Ltd, Sarstedt, Ireland) and
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16 the filtrate centrifuged and rinsed with PBS twice. Cells were seeded at a density of
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18 50,000 cells/cm² in 175 cm² T flasks and expanded to passage one (P1). Viable cells
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20 were counted using a hemacytometer and 0.4% trypan blue staining. Isolated
21
22 chondrocytes from all joints were pooled and maintained in DMEM/F-12 (Sigma–
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24 Aldrich, Dublin, Ireland) supplemented with 10% v/v foetal bovine serum (FBS) and
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26 100U/ml penicillin/streptomycin (GIBCO, Biosciences, Dublin, Ireland) during the
27
28 expansion phase. Porcine MSCs were isolated from marrow obtained from the
29
30 femoral shaft, and expanded according to a modified method developed for human
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32 MSCs²⁹. MSCs were sub-cultured at a ratio of 1:2 following colony formation and
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34 expanded to passage three.

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40 Chondrocytes and MSCs were suspended in 2% agarose at a density of 15 million
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42 cells/ml. The solution was aspirated with a 1 ml warm syringe (BD, Belgium) and 18
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44 gauge needle (BD, Microlance, Ireland) and injected into the cores created in the
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46 cartilage explants, see Fig.1. The constructs were set for 3 minutes in petri dishes to
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48 allow the agarose to cool and then they were transferred to 6 well plate dishes with
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50 culture medium (2 samples per well with 2.5 ml of medium per construct, see below).
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53 Free swelling (FS) controls (no surrounding cartilage) (n=5) and cartilage constructs
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55 (cartilage core in cartilage explant - histological analysis only) were also kept in
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57 similar conditions (Fig.1). All constructs were maintained for 6 weeks in a chemically
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4 defined chondrogenic medium (CM) consisting of DMEM GlutaMAX supplemented
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6 with penicillin (100 U/mL)-streptomycin (100 µg/mL) (both GIBCO, Biosciences,
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8 Ireland), 100 µg/ml sodium pyruvate, 40 µg/ml L-proline, 50 µg/ml L-ascorbic acid-2-
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10 phosphate, 1 mg/ml BSA, 1× insulin–transferrin–selenium (all from Sigma-Aldrich,
11
12 Ireland) and 10 ng/ml recombinant human transforming growth factor-β3 (TGF-β3;
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14 R&D Systems, UK). Medium was changed every 2-3 days. For the first 2 weeks of
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16 the experiment medium was supplemented with 100 nM dexamethasone.
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22 *MSC Tripotentiality*

23 *Adipogenesis and Osteogenesis*

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25 MSCs were plated on 9.5cm² six well plates at a density of 10³cells/cm² and cultured
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27 for 7 days in complete medium (DMEM GlutaMAX supplemented with 10% v/v
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29 foetal bovine serum (FBS) and 100U/ml penicillin/streptomycin) which was then
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31 changed to osteogenic or adipogenic medium for 21 days. Osteogenic medium
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33 consisted of complete medium supplemented with 100nM dexamethasone, 10mM β-
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35 glycerolphosphate and 0.05mM ascorbic acid (Sigma). Adipogenic medium consisted
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37 of complete medium supplemented with 100nM dexamethasone, 0.5mM
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39 isobutylmethylxanthine and 50µM indomethacin (Sigma). Adipogenesis was accessed
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41 by ethanol fixing followed by staining with 1% Oil Red solution, while for osteogenic
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43 differentiation the plates were fixed with ethanol and stained with 1% Alizarin Red
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45 solution.
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51 *Chondrogenesis*

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53 A pellet culture was used to access chondrogenesis. 250,000 cells were placed in a 1.5
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55 ml conical microtube and centrifuged at 650G for 5 minutes. The pellets were
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57 cultured in CM. For histological evaluation the pellets were embedded in paraffin, cut
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4 into 5 m thick sections, and stained with 1% alcian blue 8GX (Sigma–Aldrich,
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6 Ireland) in 0.1M HCl to assess glycosaminoglycan (GAG) content and picrosirius red
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8 to detect collagen.
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10 11 12 13 *Mechanical testing*

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15 The integration strength of the MSCs and chondrocytes seeded agarose hydrogels to
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17 the cartilage explant was evaluated at week 6 using a push out test. The engineered
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19 tissue was pushed out with a 2.5 mm diameter plunger, while the cartilage explant
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21 was supported on a rigid annulus (6 mm outer diameter, 3.5 mm inner diameter),
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23 similar to other tests reported in the literature.^{20,40} The maximum force achieved
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25 before separation of the tissues (Fig. 2) was normalized by the lateral area of the core,
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27 with the resulting value considered as the failure stress, as described elsewhere²⁰.
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34 *Cell viability, histology and immunohistochemistry*

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36 Viability of agarose encapsulated cells within explants was assessed 48 hours after
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38 encapsulation using fluorescent membrane integrity assay, LIVE/DEAD® Assay
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40 (Invitrogen, Biosciences, Ireland). Explants were incubated with 4 μ M calcein-AM
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42 and 2 μ M ethidium homodimer for 1 hour and observed using a confocal microscope
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44 (Zeiss, LSM-510-META) with a laser excitation wavelength of 490 nm, and
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46 fluorescent emissions collected at wavelengths above 520 nm.
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51 Following the 6 week culture period, constructs were fixed in 4%
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53 paraformaldehyde overnight, rinsed in PBS, processed on an automated tissue
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55 processor (ASP300 Leica, Germany), embedded in wax and sectioned to 10 μ m
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57 thickness. The histological sections were stained with 1% alcian blue 8GX (Sigma–
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59 Aldrich, Ireland) in 0.1M HCl to assess glycosaminoglycan content and picrosirius
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4 red to detect collagen. Type I and type II collagen content were evaluated with a
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6 standard immunohistochemical technique. Briefly sections were treated with
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8 chondroitinase ABC (Sigma) in a humidified environment to enhance permeability of
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10 the extracellular matrix by removal of chondroitin sulphate. Slides were rinsed with
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12 PBS, quenched of peroxidase activity, and blocked with goat serum for 2 hours.
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14 Sections were then incubated overnight at 4°C with mouse monoclonal collagen type I
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16 diluted 1:400 (Abcam, UK) (concentration 5.4 mg/ml) or mouse monoclonal anti-
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18 collagen type II diluted 1:100 (Abcam, UK) (concentration 1 mg/ml). After washing
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20 in PBS, the secondary antibody for type I and type II collagen (Anti-Mouse IgG
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22 Biotin antibody produced in goat) (concentration 1 g/L) binding was applied for 1
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24 hour. Color was developed using the Vectastain ABC reagent (Vectastain ABC kit,
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26 Vector Laboratories, UK) for 45 min and 5 min exposure to Peroxydase DAB
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28 substrate kit (Vector laboratories, UK). Negative and positive controls were included
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30 in the immunohistochemistry staining protocol for each batch. The cartilage sections
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32 were examined with an Olympus IX51 microscope and mounted with an Olympus
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34 video camera.
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43 *Biochemical analysis*

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45 Constructs were assessed after 6 weeks of culture. Free swelling controls were cored
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47 using a 3 mm biopsy punch, the wet mass of both annulus and core recorded and then
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49 frozen for subsequent analyses. These cores were compared to engineered tissue
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51 formed within the cell seeded explants. For the cell seeded explants, the engineered
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53 cartilage (after push-out tests) and surrounding cartilage tissue were also weighed and
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55 frozen for separate biochemical analyses. All samples were digested in papain
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57 (125µg/ml) in 0.1 M sodium acetate, 5 mM cysteine HCl, 0.05 M EDTA, pH 6.0 (all
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4 from Sigma–Aldrich, Dublin, Ireland) at 60°C under constant rotation for 18 hours.
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6 Aliquots of the digest samples were assayed separately for DNA and sulfated
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8 glycosaminoglycan (GAG) content. DNA content was quantified using the Hoechst
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10 Bisbenzimidazole 33258 dye assay as described previously.²⁶ A standard curve was
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12 generated with calf thymus DNA (Sigma–Aldrich, Dublin, Ireland). The proteoglycan
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14 content was estimated by quantifying the amount of sulfated glycosaminoglycan
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16 (GAG) in constructs using the dimethylmethylene blue dye-binding assay (Blyscan,
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18 Biocolor Ltd., Northern Ireland), with a chondroitin sulfate standard. Total collagen
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20 content was determined by measuring the hydroxyproline content, using a
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22 hydroxyproline-to-collagen ratio of 1:7.69.^{21,25} Each biochemical constituent (DNA,
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24 hydroxyproline and GAG) was normalised to the tissue wet weight.
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32 *Statistical analysis*

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34 Mechanical and biochemical properties of engineered constructs are expressed in the
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36 form of mean \pm standard deviation (SD). Five samples were made per group; 3
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38 samples were used for mechanical and biochemical analyses and 2 samples were used
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40 for histology. Differences in mechanical and biochemical properties with cell type and
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42 culture condition were determined by using either a student t-test or two way ANOVA
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44 with Bonferroni post-tests. All calculations were performed using commercially
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46 available software (GraphPadPrism 4, San Diego, USA). A level of $p < 0.05$ was
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48 considered significant.
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55 **Results**

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58 Stromal cells isolated from the bone marrow of young porcine femora demonstrated
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60 the ability to differentiate down the osteogenic, adipogenic and chondrogenic lineages
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4 (Fig. 3). Oil droplets were observed around cells cultured with adipogenic medium
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6 after 21 days. Calcified nodules were observed in plates supplemented with
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8 osteogenic medium, while pellets stained positive for both collagen (picrosirius red)
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10 and GAG (alcian blue).
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13 The LIVE/DEAD® Assay demonstrated dual staining (red for dead cells and
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15 green for live cells) in the cartilage and in the seeded hydrogels 48 hours after cell
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17 encapsulation, with greater cellularity observed in the cartilage explant (Fig.4). Dead
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19 cells were concentrated within the interface between the cartilage and agarose seeded
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21 gel. The interface was characterized by a thin acellular region between the cartilage
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23 and hydrogel. No obvious difference in the initial viability between MSC and
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25 chondrocyte seeded constructs was observed.
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30 Alcian blue and picrosirius red staining revealed that chondrocytes seeded in
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32 agarose hydrogels demonstrated enhanced GAG and collagen accumulation compared
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34 to MSCs in this cartilage explant model (Fig.5). Little or no gaps were observed
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36 between the cell seeded hydrogels and the surrounding cartilage with minimal
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38 evidence of interdigitation between the two tissues for both MSC and chondrocyte
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40 groups. In comparison small gaps were observed at the interface between explants
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42 filled with cartilage plugs that had not filled with neocartilage after 6 weeks in culture
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44 (Fig.5). Immunohistochemistry demonstrated positive staining for collagen type II in
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46 both the chondrocyte and MSC groups, with weak type I staining. Staining for type II
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48 collagen was more uniform in the chondrocyte seeded group, but more localised to the
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50 cells in the MSC group. A similar trend was observed with the picrosirius red
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52 staining. The cartilage surrounding the hydrogel always stained positive for type II
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54 collagen.
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4 Greater GAG accumulation was measured in chondrocyte seeded constructs
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6 (1.27 ± 0.3 %w/w) compared to MSC seeded constructs (0.19 ± 0.03 %w/w)
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8 (p<0.0001) (Fig.6b). A similar trend was observed for collagen content, with greater
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10 accumulation in the chondrocyte group (0.31 ± 0.08 %w/w) compared to the MSC
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12 seeded group (0.09 ± 0.01 %w/w) (p<0.05) (Fig.6c). DNA content was not
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14 significantly different for MSC and chondrocyte seeded constructs (Fig.6a). Control
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16 constructs cultured in free swelling conditions (i.e. not in cartilage explants)
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18 demonstrated higher GAG, DNA and collagen (p<0.05) content than those cultured in
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20 cartilage explants. For chondrocyte-seeded controls not surrounded by cartilage, GAG
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22 content was 1.7 ± 0.1 %w/w, DNA content was 0.04 ± 0.003 %w/w and collagen
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24 content was 0.98 ± 0.13 %w/w. For MSC-seeded controls not surrounded by cartilage,
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26 GAG content was 0.65 ± 0.01 %w/w, DNA was 0.03 ± 0.002 %w/w and collagen
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28 content was 0.42 ± 0.08%w/w.
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34 After 6 weeks in culture chondrocyte seeded constructs demonstrated a
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36 significantly higher failure stress (64.4 ± 8.3 kPa) during push-out testing from the
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38 surrounding cartilage explant compared to MSC seeded constructs (22.7 ± 5.9 kPa)
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40 (p=0.0026) (Fig.6d). Earlier assessment (week 3) of the integrative mechanical
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42 properties of cell seeded hydrogels could not be accurately determined because of the
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44 relatively weak integration of the gels to the cartilage explants at these time points.
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46 Biochemical analysis of engineered tissues at week 3 revealed a similar trend to that
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48 observed at week 6 (data not shown).
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55 Discussion

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57 Integration of native tissue and repair tissue is a key indicator of the long-term success
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59 of tissue-engineered approaches to cartilage repair. In this *in vitro* model of cartilage
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4 defect repair, it has been demonstrated that chondrocytes accumulate greater amounts
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6 of cartilaginous matrix than MSCs in the agarose gels, which is in agreement with the
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8 findings of previous studies in free swelling culture.³⁶ Based on the results of the
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10 push-out test, cartilaginous tissue secreted by chondrocytes also integrates better with
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12 the surrounding tissue. This result may simply be a function of the higher GAG
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14 content associated with the chondrocyte seeded constructs results in greater swelling
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16 of the engineered tissue, thereby increasing the peak forces obtained from the push-
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18 out test utilised in this study. Previous studies have suggested that the failure stress of
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20 such an interface is not purely a function of the total biochemical content of the
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22 engineered tissue,²⁰ and may depend more on the formation of cross-links between the
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24 adjacent tissues which were not measured in this study. The higher failure stress
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26 observed in chondrocyte seeded hydrogels may also be due to factors other than the
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28 strength of the bond between the adjacent tissues. It has been demonstrated that the
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30 outgrowing fibrous tissue formed during *in vitro* culture of cartilaginous specimens
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32 significantly increases the failure stress obtained from push-out tests.³⁷ While pilot
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34 studies revealed that the use of a chemically defined medium not supplemented with
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36 foetal bovine serum generally reduced such tissue outgrowth, it was not completely
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38 absent in our explant model. Given that such tissue was not explicitly removed in this
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40 study, it may be that higher push-out forces observed in the chondrocyte seeded group
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42 are a result of greater tissue outgrowth associated with the higher levels of matrix
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44 accumulation by chondrocytes compared to MSCs. It is also possible that failure of
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46 the gel/tissue material itself, as apposed to the interface with the explant, contributes
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48 to the measured failure properties. The magnitudes of interface strength reported in
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50 this paper are of a similar magnitude to other reported studies. For example, the
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52 strength of the chondrocyte seeded group (64 kPa) is higher than that reported by
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4 Hunter et al. (~10 kPa), but lower than that reported by Obradovic et al (~80 - 384
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6 kPa) following bioreactor culture. Differences in species, culture conditions, testing
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8 regimes etc may explain much of the reported differences. For example, Dhert *et al*
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10 have demonstrated using finite element modelling that factors associated with the
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12 experimental set-up of push-out tests will influence the resulting interfaces stresses.¹²
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14 Higher resolution imaging to access neo-tissue organisation at the interface should
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16 also be considered in future cartilage explant studies.
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20 Matrix accumulation in both the MSC and chondrocyte seeded groups was
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22 inhibited by the presence of a surrounding cartilaginous ring, as evidenced by a
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24 significant decrease in GAG content in these groups compared to free swelling
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26 controls. Given that the diffusion coefficient of articular cartilage to key chondrogenic
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28 molecules is lower than that in free solution,^{28,34,53-55} it would seem reasonable to
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30 assume that diffusional limitations associated with the surrounding cartilage may be
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32 partially responsible for this result. Related to this is the possibility that the
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34 surrounding articular cartilage may be acting as a sink for such regulatory molecules,
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36 as various growth factors have been observed to bind to cell receptors and cartilage
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38 matrix components;^{47,48,60} most likely proteoglycans and/or some other non-
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40 collagenous matrix proteins. Matrix components may also neutralise the activity of
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42 growth factors.⁴⁷ It is also unclear what role the physical confinement of the cartilage
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44 explant has on chondrogenesis. Confining self assembled tissue engineered cartilage
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46 for 2 weeks in agarose wells has been shown to increase the compressive stiffness of
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48 the construct without a change in the GAG or collagen content.¹³ However the growth
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50 dynamics of self-assembled cartilaginous tissues and those engineered in hydrogels
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52 are fundamentally different, leading to altered levels of physical stimuli acting on the
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54 developing tissues. This complicates comparisons between these two culture systems.
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4 It has also been suggested that soluble factors released from surrounding
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6 cartilage can inhibit cell proliferation and matrix accumulation in chondrocyte seeded
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8 hydrogels within such explant models.²⁰ This inhibition was observed whether or not
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10 the cell seeded hydrogel was cultured inside a cartilage annuli, or in close proximity
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12 to the explant.²⁰ Therefore the inhibition of MSC chondrogenesis observed in this
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14 study may also be due to the presence of such factors released by the surrounding
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16 cartilage tissue as nitric oxide, cathepsins or MMPs that are released and activated
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18 when the cartilage is damaged leading to cell death and tissue degradation. However
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20 there is also evidence to suggest that chondrogenesis of MSCs might be enhanced in
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22 the presence of viable cartilaginous tissue. For example, it has been demonstrated that
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24 chondrocytes can store latent pro-chondrogenic cytokines such as TGF- β , and can
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26 regulate both the temporal and spatial activation of such molecules.⁴¹ Co-culture of
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28 MSCs with chondrocyte-like cells has been proposed as a novel strategy to induce
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30 chondrogenic differentiation of MSCs.^{6,31,39,46} Co-culture of xenogenic MSCs and
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32 chondrocytes has revealed that while the presence of MSCs can enhance
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34 chondrogenesis of chondrocytes, a chondroinductive effect by chondrocytes on MSCs
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36 was not observed.⁵⁶ Similarly, co-culture of MSCs with nucleus pulposus cells has
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38 been demonstrated to enhance chondrogenesis,⁴⁶ but only if cell to cell contact is
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40 allowed, which is generally absent in the explant model employed in this study.
41
42 Intimate contact between different cell types may lead to a more efficient transduction
43
44 of molecular signals that induce chondrogenesis. Surface receptors of adjacent cells
45
46 come into direct physical contact, and the autocrine and paracrine factors secreted by
47
48 one cell type readily interact with the other.⁶ To completely de-couple these different
49
50 possible effects, future studies will include controls where MSC seeded hydrogels are
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4 cultured in the proximity of cartilage explants, in media supplemented with and
5
6 without known anabolic and catabolic cytokines.
7

8
9 The results of this explant study suggest that alterations to the biochemical or
10 biophysical environment may be required before MSCs produce similar results to
11 primary chondrocytes. In the future such models could also be improved by
12
13 incorporating the many additional factors known to be present in the *in vivo*
14
15 environment, but missing in this *in vitro* model, such as bone morphogenic proteins or
16
17 fibroblast growth factor. Cartilage explant models can also be extended to include the
18
19 subchondral bone,⁵¹ which among other benefits, may be a source of soluble factors
20
21 (e.g. bone morphogenetic proteins) that regulate chondrogenesis *in vivo*. Another
22
23 critical factor to include in future *in vitro* models of MSC based cartilage repair is
24
25 physiological levels of mechanical loading to the explant,¹⁹ which has previously been
26
27 demonstrated to regulate chondrogenesis of MSCs in various bioreactor
28
29 systems.^{10,17,38,52} Dynamic loading will also influence the transport of large molecules
30
31 in such constructs.^{3,35} Cartilage treatments should also be investigated, as other
32
33 authors have already shown in cartilage repair studies that treatment with highly
34
35 purified collagenase and/or hyaluronidase improves integrative cartilage repair.⁷
36
37 Finally the use of alternative scaffold materials to agarose should be investigated (e.g.
38
39 fibrin, collagen), as agarose does not allow for significant cell movement, limiting
40
41 their ability to migrate to the cartilage interface. Inclusion of these and other factors
42
43 will significantly improve *in vitro* models of cartilage repair, potentially reducing the
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45 need for animal model trials and providing controlled experiments prior to clinical
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47 investigations.
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4 **List of figures:**
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8 **Figure 1:**
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10 1.a. Diagram illustrating research design. A) Cartilage in cartilage. B) Agarose gels
11 seeded with chondrocytes. C) Agarose gels seeded with MSCs. D) Cartilage annular
12 rings filled with MSC seeded hydrogels. E) Cartilage annular rings filled with
13 chondrocyte seeded hydrogels. 1.b. Diagram illustrating the injection method:
14 Chondrocytes and MSCs were suspended in 2% agarose at a density of 15 million
15 cells/ml (n = 5 per group). The solution was aspirated with a 1 ml warm syringe and
16 18 gauge needle and injected into the cores created in the cartilage explants.
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27 **Figure 2:**
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29 Force-displacement curves for chondrocytes and MSCs seeded constructs. The peak
30 force to push out the gel seeded with chondrocytes is higher than the force needed to
31 push out the MSC seeded gel from the construct.
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36 **Figure 3:**
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38 A) Adipogenic potential of mesenchymal stem cells: colonies positive for oil red
39 staining. B) Chondrogenic potential of mesenchymal stem cells: colonies staining
40 positive for glycosaminoglycan with alcian blue (top image) and for collagen with
41 picrosirius red (bottom image). C) Osteogenic potential of mesenchymal stem cells:
42 colonies positive for alizarin red staining.
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50 **Figure 4:**
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52 Representative image of dead (ethidium bromide labelled; red) and live (calcein
53 labelled; green) cells in MSC constructs after 48 hours. The live and dead cell
54 population was more heterogeneously distributed in the agarose seeded gel when
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4 compared to the cartilage explant where non-viable, dead cells were predominantly
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6 situated near the cored cutting surface (original magnification x 100).
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9 **Figure 5:**

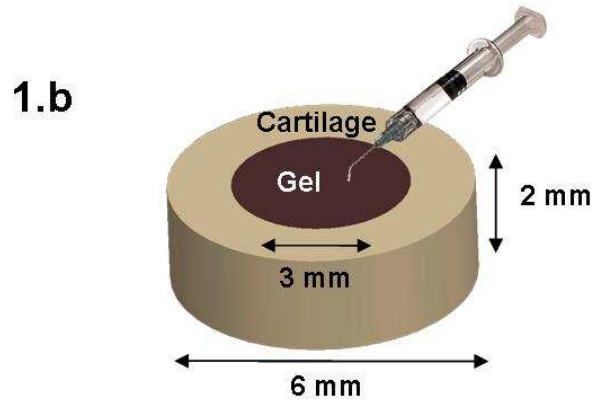
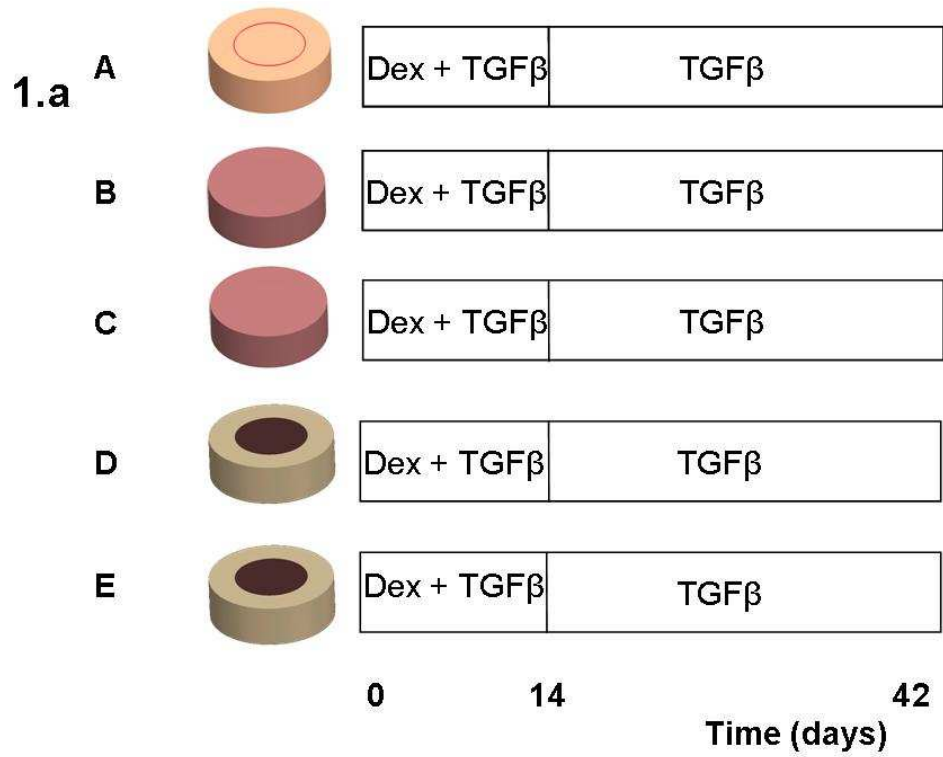
10 Microscopic appearance of cartilage explant and gel seeded with chondrocytes (first
11 row), MSCs (second row) and cartilage (third row) at week 6. Sections taken from
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13 half-way through the depth of the construct were stained for Alcian Blue (stains
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15 glycosaminoglycan), picrosirius Red (stains collagen) and type II and I collagen by
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17 immunohistochemistry; original magnification x 100.
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23 **Figure 6:**

24 A: DNA content, B: GAG content and C: Total collagen content of MSC and
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26 chondrocyte explant core and free-swelling control gels at week 6. * $P < 0.05$. Typical
27
28 DNA content in cartilage disks was 0.036 %ww, GAG content was 5.3 %ww and total
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30 collagen content was 8 %ww. D: Failure stress during push-out testing for MSC and
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32 chondrocytes seeded constructs at week 6. * $p = 0.0026$.
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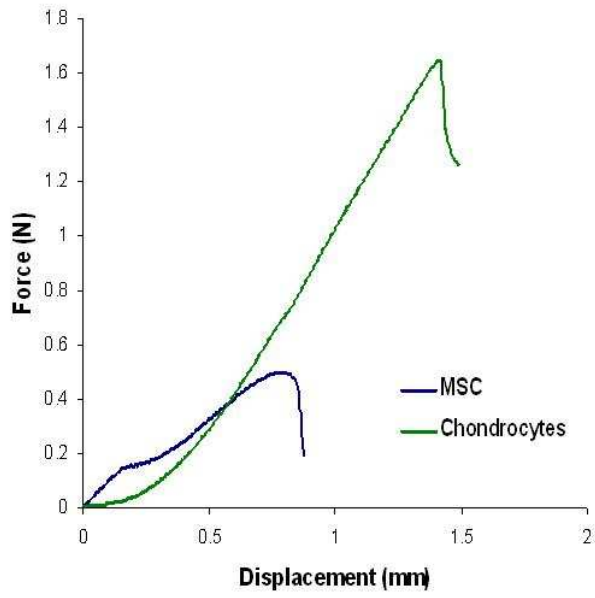
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Figure 1; Tatiana Vinardell



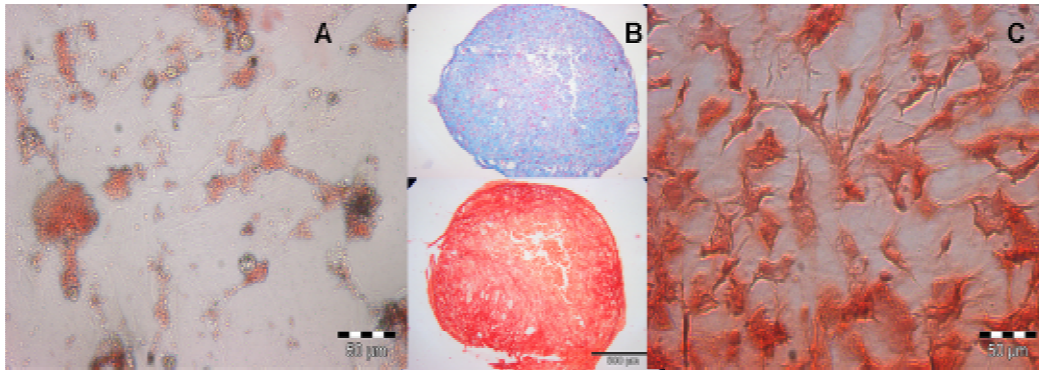
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Figure 2; Tatiana Vinardell



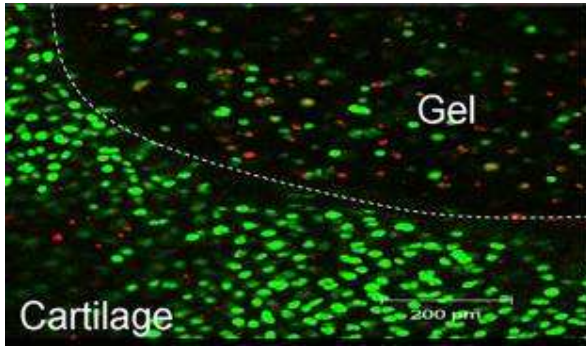
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Figure 3; Tatiana Vinardell



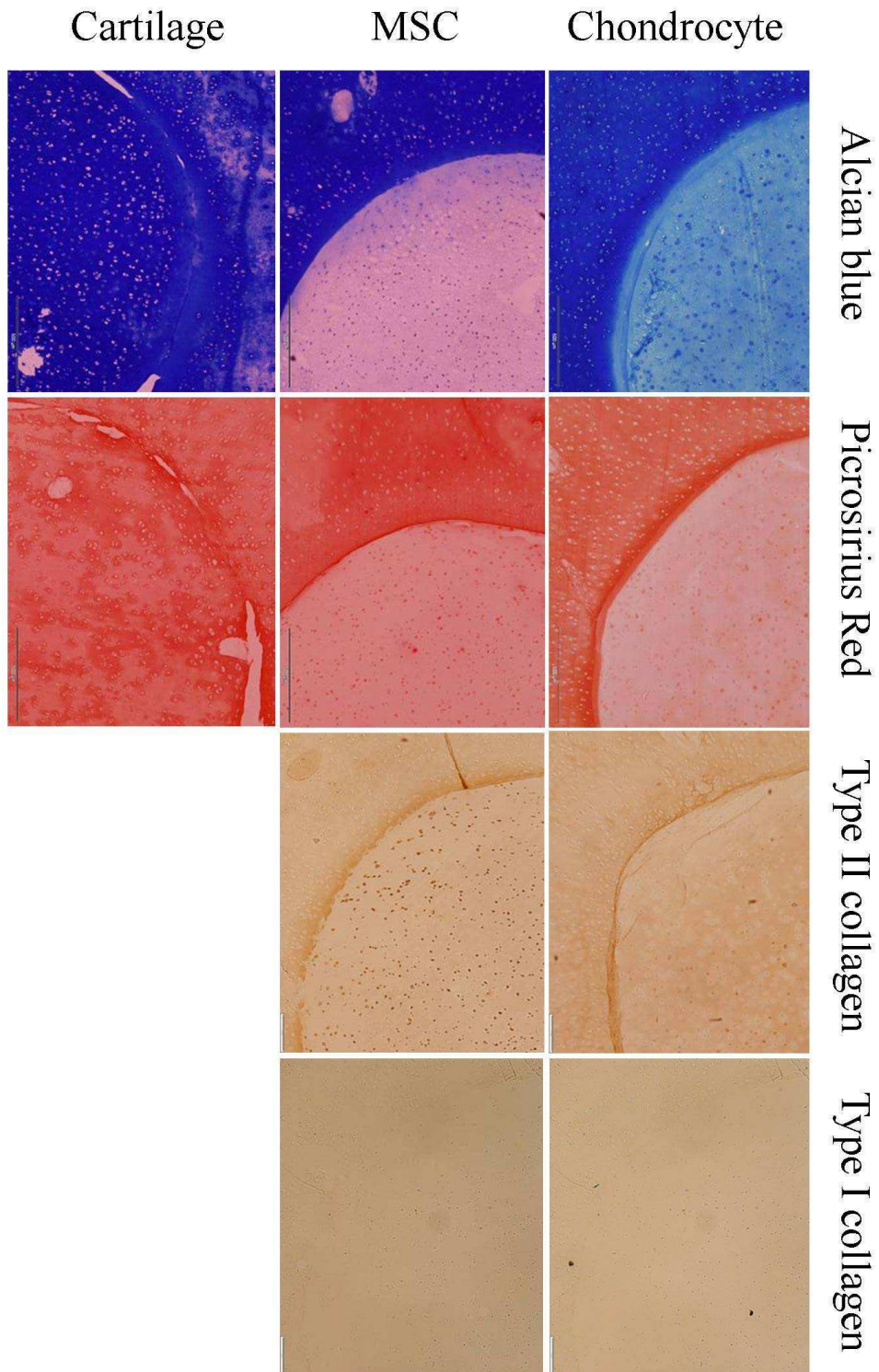
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Figure 4; Tatiana Vinardell



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Figure 5; Tatiana Vinardell



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Figure 6; Tatiana Vinardell

