

Responding To Needs, Driving Change

# September Newsletter

- Board Changes
- 2. New Programme Names
- 3. Additional Doodle Den Groups
- 4. Restorative Practices Training
- 5. CSI RAPID Report
- 6. Doodle Den Longitudinal Study
- 7. Interagency Initiative Research
- 8. Hands Up for Children Campaign
- 9. Restorative Community Service Available
- 10. RP Summer Courses Feedback
- 11. Blog Michelle Stowe RP Trainer

### 1. Board Changes

The <u>CDI Board of Management</u> has seen some changes recently, with Dr. Kieran O'Dwyer leaving, after three years of supporting our work. He has particularly contributed to promoting restorative practices.

We are delighted to welcome four new members:

**Bonnie Brady** brings her knowledge of Human Resources Management. She also has considerable experience of community development and advocacy, and brings great enthusiasm to the organisation.

**Helen Johnston** has been a member of our Mainstreaming Subcommittee and has now joined the Board, bringing her experience of policy influencing and development. Helen currently works in the National Social and Economic Council and previously worked with the Combat Poverty Agency.

**John Murray** is a qualified accountant and project manager, with a range of experience in the commercial sector and currently works in IBM. He has previously worked in other large multi-national companies, including banking and telecommunications, as well as being self employed for a number of years.

**Paul Murphy** has recently retired from the Irish Prison Service where he was the Head of Psychological Services. He has considerable experience as a clinical psychologist and of management and strategy. He was central to initiating family friendly measures into prisons.

CDI is delighted to welcome all new Board members and we look forward to working with them. We wish Kieran well and thank him for his generous commitment to CDI.

# 2. New Programme Names

We have renamed two of our programme to make them more user friendly and easier to remember.

- Family Links is the new name for the Family Imprisonment Parenting Programme (FIPP) and
- Chit Chat is the new name for our Speech and Language Therapy Model.

We hope you like our choices!

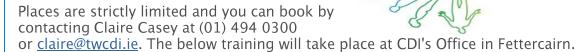
# 3. Additional Doodle Den Groups

We are getting underway in the the new <u>Doodle Den</u> year this month - and the programme continues to expand.

345 children are starting the programme in 23 groups in Dublin and Limerick. We are excited about working with new groups in Grangegorman and the Docklands ABC Programme as part of the ongoing expansion of the literacy programme.

### 4. Restorative Practices Training

We are happy to announce our Autumn schedule for <u>RP</u> Training. The training is FREE to anyone living or working in Tallaght.



#### **Getting Started with Restorative Practices**

This training takes place over two mornings, a week apart, and provides an overview of Restorative Practices along with practical tools for using a restorative approach in your daily life. We are offering four courses as follows:

Restorative Practices

- 1. 9.30am 1pm: 9<sup>th</sup> & 16<sup>th</sup> of September 2. 9.30am 1pm: 7<sup>th</sup> & 14<sup>th</sup> of October
- 3. 9.30am 1pm: 4<sup>th</sup> & 11<sup>th</sup> of November
- 4. 9.30am 1pm: 2<sup>nd</sup> & 9<sup>th</sup> of December

Fee: €95 (concessions available)

#### **Restorative Practices Upskilling**

This training is open to people who have done our *Getting Started with Restorative Practices* course and will take place over three days. It provides participants with the tools and confidence to facilitate restorative circles, restorative meetings and restorative conferences. We are offering two courses taking place as follows.

1. 9.30am — 5pm: 23<sup>rd</sup>, 24<sup>th</sup> & 25<sup>th</sup> of September 2. 9.30am — 5pm: 25<sup>th</sup>, 26<sup>th</sup> & 27<sup>th</sup> of November

Fee: €225 (concessions available)

#### 5. CSI RAPID Report

The Evaluation of the assignment of RAPID Coordinators to the Community Safety Initiative has now been published.

This independent research was carried out by Dr. Matt Bowden of the Centre for Social and Educational Research (CSER) at Dublin Institute of Technology, and it describes the benefits and challenges of integrating the community safety approach in a new team.

The report is available to download here.

### 6. Doodle Den Longitudinal Study

A longitudinal study of Doodle Den, conducted by Queen's University Belfast, is available to download here.

The study revisited the children involved in both the original control and intervention groups to investigate the long term benefits of participation in Doodle Den.

The findings were impacted by a low number of participants as consent was sought retrospectively and numbers agreeing to take part were inevitably low. The importance of ethical approval and consent which allows this level of follow up is noted. As a result of the small number of participants, the findings from the study are inconclusive.

### 7. Interagency Initiative Research

Baseline research from one of CDI's new ABC Programmes - the Antenatal to Three Initiative (ATTI) - has been published.

The research includes inputs from over 60 relevant individuals working in a cross sector of agencies and it maps out the level of interagency working across the 0–3 cohort.

The Initiative is working to improve pathways across all services and agencies for 0-3 year olds in Tallaght. The Report can be read here.

### 8. Hands Up for Children Campaign

The Prevention and Early Intervention Network's (PEIN) *Hands Up for Children* campaign continues to grow support and momentum.

The campaign will be holding briefing meetings with Children's spokespeople, both TDs and Senators, this autumn. At these meetings the campaign will be presenting concrete election manifesto asks and detailed figures on the economic savings which can be made.

Also during September-November many groups across the country will be holding local events to promote *Hands up for Children* and engage with their local politicians and stakeholders.



CDI, along with the Blue Skies ABC Programme in Clondalkin, is hosting a local event in Tallaght on September 24 at 1pm, for all local Councillors and TDs as part of the national campaign to get prevention and early intervention included in the next Programme for Government.

There is a 'Thunderclap' taking place on social media to support the campaign on September 24. Click <u>here to take part</u>. More information on the campaign at <u>www.handsupforchildren.ie</u>

### 9. Restorative Community Service Available

Restorative Community Services As part of our ongoing work to embed restorative practices in the community, CDI is pleased to announce that a panel of facilitators is now available to work with individuals and groups to help them resolve conflict.

Having liaised with other services in the area such as the South Dublin Mediation Service and the Tallaght Restorative Project, we have agreed that this is a useful addition to the supports already available.

To find out more about the service or to use it to help solve a problem with friends, family, colleagues or neighbours contact Claire Casey at <a href="mailto:claire@twcdi.ie">claire@twcdi.ie</a> or (01) 494 0300. You can also view the Restorative Community Services <a href="mailto:information">information</a> leaflet here.

#### 10. RP Summer Courses for Teachers

CDI ran four Summer Courses for teachers this year, catering for 64 participants from Primary and Secondary Schools. The feedback from those that took part was highly positive.

Examples of what people had to say are included below. CDI would like to say a warm 'Thank You' to the RP Trainers who worked with us to deliver these courses.



Niamh Fowler Jean Gilmore Claire Matthews John Madigan Bernie Shone Michelle Stowe

#### Feedback from Summer Course Participants

I cannot praise the trainers enough, they were just incredible and facilitated the days superbly. They brought RP alive during the week and it was just an incredible experience. The course was really excellent.

Highly recommend the course. Will use it in a school and home setting. The trainers were excellent, we learned a lot and also had fun. Would recommend this course to teachers and parents. The aim of the course was learn knowledge and skill, I found it to be a complete success.

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This course was fantastic. Always relevant, interesting, engaging. I went home every day feeling I had learned something, the bond with the other course participants had strengthened and I was looking forward to the next day.

I would highly recommend this course. It was really good and also very enjoyable. I have learned a lot from doing restorative practice and also gained new skills.

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I am so happy I did this course. It was so real, relevant and relatable. It's refreshed my belief in the essence of conflict resolution, resolution not blame. This was a fantastic course – the leaders really put us at ease and made the experience very enjoyable. It had really opened my eyes to RP and how it can be successfully used in the school setting.

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## 11. Blog - Michelle Stowe RP Trainer

One of the talented trainers that delivered the Restorative Practices Summer Courses, Michelle Stowe, is the author of a blog about the use of RP in schools called *Cultivating Community*. You can read it <u>here</u>.

#### Further Information?



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