

1
2 **Minimizing microbial contamination risk simultaneously from multiple hospital**
3 **washbasins by automated cleaning and disinfection of U-bends with electrochemically**
4 **activated solutions**

5
6 E.C. Deasy^a, E.M. Moloney^a, M.A. Boyle^a, J.S. Swan^b, D.A. Geoghegan^b, G.I. Brennan^c, T.E.
7 Fleming^c, M.J. O'Donnell^a, D.C. Coleman^{a*}

8
9
10 ^a *Microbiology Research Unit, Division of Oral Biosciences, Dublin Dental University Hospital,*
11 *University of Dublin, Trinity College Dublin, Lincoln Place, Dublin 2, Ireland*

12 ^b *Facilities Department, Dublin Dental University Hospital, Lincoln Place, Dublin 2, Ireland*

13 ^c *National MRSA Reference Laboratory, St. James's Hospital, James's Street, Dublin 8, Ireland*

14
15
16 *Running title: Automated decontamination of washbasin U-bends*

17
18
19
20

21 *Corresponding author. Address: Microbiology Research Unit, Division of Oral
22 Biosciences, Dublin Dental University Hospital, University of Dublin, Trinity College Dublin,
23 Lincoln Place, Dublin 2, Ireland. Tel.: +353 1 6127276; fax: + 353 1 6127295.
24 *E-mail address: david.coleman@dental.tcd.ie (D.C. Coleman).*

25 E.C.D. and E.M.M. contributed equally to this article
26

27

28 **Summary**

29

30 **Background:** Outbreaks of infection associated with microbial biofilm in hospital hand
31 washbasin U-bends are increasingly being reported. In a previous study the efficacy of a
32 prototype automated U-bend decontamination method was demonstrated for a single non-
33 hospital pattern washbasin. It used two electrochemically-activated solutions generated from
34 brine; a catholyte with detergent properties and anolyte with disinfectant properties.

35 **Aim:** To develop and test a large-scale automated ECA-treatment system to simultaneously
36 decontaminate 10 hospital pattern washbasin U-bends in a busy hospital clinic.

37 **Methods:** A programmable system was developed whereby the washbasin drain outlets, U-
38 bends and proximal wastewater pipework automatically underwent 10 min treatments each with
39 catholyte followed by anolyte, three times weekly, over five months. Six untreated washbasins
40 served as controls. Quantitative bacterial counts from U-bends were determined on Columbia
41 blood agar, Reasoner's 2A agar and *Pseudomonas aeruginosa* Selective Agar following
42 treatment and 24 h afterwards.

43 **Findings:** The average bacterial densities in CFU/swab from treated U-bends showed a >3 log
44 reduction compared with controls and reductions were highly significant ($P < 0.0001$) on all
45 media. There was no significant increase in average bacterial counts from treated U-bends 24 h
46 afterwards on all media ($P > 0.1$). *Pseudomonas aeruginosa* was the most prevalent organism
47 recovered throughout the study. Internal examination of untreated U-bends using electron
48 microscopy showed dense biofilm extending to the washbasin drain outlet junction, whereas
49 treated U-bends were free from biofilm.

50 **Conclusion:** Simultaneous automated treatment of multiple hospital washbasin U-bends with
51 ECA solutions consistently minimizes microbial contamination and thus the associated infection
52 risk.

53

54 **Keywords:** Washbasin U-bends, nosocomial infections, automated decontamination,
55 electrochemically activated solutions, infection control

56

57

58 **Introduction**

59
60 Over the last two decades many studies reported hospital outbreaks, due particularly to
61 Gram-negative bacteria, associated directly or indirectly with contaminated washbasin and sink
62 drains [1-7]. U-bends are pieces of pipework fitted beneath washbasins that retain a volume of
63 water creating a seal preventing sewer gas entering buildings from pipework downstream. This
64 water may stagnate for considerable periods, encouraging the development of biofilms. These
65 can spread as far as the washbasin drain contaminating the washbasin and surrounding area [8,9].

66
67 U-bend biofilms are usually heterogenous communities consisting of a range of opportunistic
68 bacterial pathogens including *Pseudomonas*, *Acinetobacter*, *Klebsiella*, and *Enterobacter* spp,
69 which can exhibit resistance to the major classes of antibiotics [2,4,6,11]. Furthermore, recent
70 reports are increasingly highlighting the importance of wastewater pipework as a reservoir for
71 the nosocomial transmission carbapenemase-producing *Enterobacteriaceae*, an emerging global
72 health threat [10].

73
74 A variety of approaches to U-bend decontamination have been investigated with varying
75 success, most of which involve disruption to service and have financial implications including
76 the replacement of fixtures and/or associated pipework [2,6,11]. Replacement is ineffective in
77 the long-term as new washbasins and pipework rapidly become recolonized with
78 microorganisms. Disinfectants such as bleach may have diminished efficacy against dense
79 biofilms, temporarily reducing bioburden but necessitating regular application [2,3,11]. Another
80 approach involves thermal disinfection and vibrational cleaning of U-bends, but is not in
81 widespread use [12].

82
83 Previously we showed the effective long-term use of a pH-neutral electrochemically activated
84 (ECA) solution (anolyte) as a disinfectant to minimize microbial contamination of dental unit
85 water and washbasin tap water [13,14]. ECA solutions are produced by passing dilute brine
86 through an electric field in an electrolytic cell, which generates two oppositely charged solutions
87 [13,14]. The positively charged solution (anolyte) consists of a mixture of oxidants
88 (predominantly hypochlorous acid; HOCl), which is highly microbicidal [13]. The negatively
89 charged antioxidant solution (catholyte) has detergent-like properties consisting predominantly

90 of NaOH. Recently we described the development of a programmable automated prototype
91 system for minimizing microbial contamination of a domestic pattern washbasin U-bend by
92 treating the system sequentially with catholyte to reduce organic material followed by
93 disinfection with anolyte [8]. Average bacterial counts from the treated U-bend over 35
94 decontamination cycles on a variety of culture media showed a >4 log reduction relative to
95 controls. This pilot study established proof of concept for automated U-bend decontamination
96 using ECA solutions.

97
98 The purpose of the present study was to develop a large-scale automated ECA treatment system
99 capable of simultaneously decontaminating 10 hospital pattern washbasin U-bends and drains,
100 and to robustly assess the efficacy of the system in a busy hospital clinical department.

101

102 **Methods**

103

104 *Anolyte and catholyte*

105 Anolyte and catholyte solutions were produced by electrochemical activation of a NaCl
106 solution using a Qlean-Genie™ UL-75a ECA generator (Qlean Tech Enterprises, Minnesota,
107 USA) [8]. The generator was configured to produce anolyte measured at 800 parts per million
108 (ppm) free available chlorine (FAC) at pH 7.0, having an oxidation-reduction potential (ORP) of
109 +880 mV and consisting of approximately 632 ppm HOCl (79%) and 162 ppm OCl⁻ (20.2%).
110 Catholyte is an amphoteric surfactant with a surface tension of 63 mN force and was produced at
111 pH 12.5 with an ORP of approximately -1000 mV, consisting of approximately 400 ppm NaOH.
112 Freshly generated anolyte was used undiluted. FAC levels in anolyte were measured using a
113 Hach Pocket Colorimeter II (Hach, Iowa, USA) [8]. Freshly generated catholyte was diluted 1:5
114 with heated mains water with a temperature after dilution of approximately 33°C.

115

116 *Test and control washbasins*

117 Ten new ceramic hospital-pattern washbasins with offset drain outlets in the back walls
118 of the basins (Armitage Shanks, Staffordshire, United Kingdom) were installed at the A&E
119 Department of the Dublin Dental University Hospital (DDUH) for ECA decontamination
120 studies. Six identical washbasins located in different DDUH clinics were used as controls.
121 Washbasins were used for hand washing only. Tork Extra Mild Liquid Soap (SCA Hygiene

122 Products Ltd., Bedfordshire, United Kingdom) was used for hand washing with all washbasins.
123 Cold water supplied to test and control washbasin taps was provided from a 15,000-L tank
124 supplied with potable quality mains water. This tank also supplied the calorifier, which provided
125 hot water to all the washbasin taps. Automatic temperature recording was fitted on the out and
126 return legs of the hot water network. Washbasin faucets are fitted with a thermostatic mixing
127 valve and provided output water at an average temperature of 38°C. Hot and cold water supplied
128 to washbasins at DDUH has been treated with residual anolyte (2.5 ppm) for several years.
129 Previous studies over 54 weeks showed average bacterial densities in hot and cold tap water of
130 $1(\pm 4)$ and $2(\pm 4)$ CFU/ml, respectively [14]. All washbasins were in frequent daily use Monday
131 to Friday. Three months prior to the study washbasins were equipped with new polypropylene
132 U-bends (McAlpine Plumbing Products, Glasgow, Scotland) with two access ports (Figure 1).

133

134 *Design of automated ECA treatment system for U-bends*

135 A large-scale system was developed to simultaneously decontaminate 10 washbasin U-
136 bends, drains and proximal wastewater pipework (Figure 1b). A vertical wastewater pipe below
137 each U-bend was connected to a horizontal common wastewater collection pipe. The pipes and
138 fittings were made of polyvinylchloride (PVC) or acrylonitrile-butadiene-styrene (ABS), both
139 compatible with long-term exposure to anolyte and catholyte. All pipe connections apart from U-
140 bends were chemically welded to minimize potential for leaks. ECA reservoirs were
141 manufactured from UV-stabilized linear polyethylene designed for chemical storage. Each
142 reservoir supplied a dosing pump (Grundfos, Bjerringbro, Denmark) connected by 25 mm ABS
143 pipework to the common wastewater pipe (Figure 2).

144

145 A Praher unplasticized-PVC S4 ball valve (Schwertberg, Austria) was fitted to the
146 common wastewater pipe downstream of the ECA pump connections to which an H-004 electric
147 actuator (Actuated Solutions Ltd., Bognor Regis, United Kingdom) was fitted for automated
148 valve operation. With the valve closed the volume of ECA solutions required to completely fill
149 the wastewater pipework and U-bends and the washbasins to a level 5 cm above the drain outlets
150 was determined (approximately 220 L). The timing, sequence of activation and duration of
151 activation of the actuator-controlled valve, dosing pumps and ECA reservoir outlet valves was
152 managed by a programmable electronic process controller (Open System Solutions Ltd.,
153 Hampshire, United Kingdom) (Figure 2).

154

155 *Automated ECA decontamination cycles*

156 Decontamination cycles began with the process controller activating the actuator and
157 closing the valve on the common wastewater pipe. After a 30 s delay the catholyte dosing pump
158 was activated and dosed catholyte into the common wastewater pipe and retro-filled this pipe,
159 each washbasin's wastewater pipe, U-bend and washbasin drain outlet over a 3.5 min period.
160 Catholyte was left *in situ* for 10 min and then voided to waste by automated opening of the valve
161 on the common wastewater pipe. Following a further 30 s delay the actuator closed the valve and
162 after 30 s the anolyte pump activated and dosed anolyte into the system. Anolyte was left *in situ*
163 for 10 min and then voided to waste, completing the cycle. Control washbasin drains and U-
164 bends were flushed with mains water instead of ECA solutions.

165

166 *Microbiological culture*

167 Decontamination efficacy was determined by semi-quantitative microbiological culture
168 of U-bend samples (n = 620) immediately after each of 62 treatment cycles. Additional samples
169 (n = 420) were taken 24 h post-treatment for 42 cycles to assess microbial recovery. Samples
170 were taken from control U-bends (n = 372) following each treated U-bend decontamination
171 cycle. U-bends were flushed with tap water after each decontamination cycle to void residual
172 anolyte. The interior surfaces of U-bends were sampled through the access ports using sterile
173 cotton wool swabs (Venturi, Transystem, Copan, Italy) dipped in neutralizing solution (0.5% w/v
174 sodium thiosulphate) [8]. Six internal sites were sampled in rotation to avoid continually
175 sampling the same parts of the U-bends (Figure 1). One site was sampled after each treatment
176 cycle and swabs were processed immediately. The tip of each swab was cut off and vortexed for
177 one min in one ml of sterile phosphate buffered saline, serially diluted and plated in duplicate
178 onto Columbia blood agar (CBA) (Lip Diagnostic Services, Galway, Ireland), Reasoner's 2A
179 (R2A) agar (Lip) and *Pseudomonas aeruginosa* Selective Agar (PAS) (Oxoid Ltd., Basingstoke,
180 United Kingdom). PAS, CBA and R2A agar plates were incubated at 30°C for 48 h, 37°C for 48
181 h and 20°C for 10 days, respectively. Colony counts were recorded as CFUs per swab [8]. The
182 characteristics of different colony types and their abundance were recorded and selected colonies
183 of each stored [8].

184

185 *Identification of bacterial isolates*

186 Bacterial identification was determined using the Vitek MS Matrix-Assisted Laser
187 Desorption Ionization-Time of Flight Mass Spectrometry system (Vitek, bioMérieux Marcy
188 l'Etoile, France) according to the manufacturer's instructions.

189

190 *Electron microscopy*

191 At the end of the study, selected U-bends were cut longitudinally and sections examined
192 for biofilm, without prior fixation, by scanning electron microscopy [13].

193

194 *Statistical Analysis*

195 Statistical analyses were performed using GraphPad Prism v.5 (GraphPad Software, San
196 Diego, USA). Statistical significance was determined using an unpaired, two-tailed Student's t-
197 test with 95% confidence interval (C.I.). Statistical significance of more than two sets of data
198 was determined using one-way ANOVA.

199

200 **Results**

201

202 *Automated U-bend decontamination*

203 A novel large-scale automated U-bend decontamination system was developed and
204 installed at the DDUH A&E Department that permitted each U-bend, drain and associated
205 wastewater pipes of 10 washbasins to be completely filled sequentially with the ECA solutions
206 catholyte followed by anolyte (Figure 2). Empirical experiments were undertaken with the
207 system to determine the optimal concentrations of each ECA solution for effective
208 decontamination of the 10 U-bends in a relatively short time period. The previous proof of
209 concept study used 450 ppm of anolyte and 40 ppm of catholyte, while for the larger system this
210 was increased to 800 ppm anolyte and 80 ppm of catholyte. The contact time between the
211 solutions and the pipework was increased from 5 min to 10 min. Sampling was also changed
212 from using a single access port U-bend to U-bends with two access ports (Figure 1). This
213 permitted six selected sites (Figure 1) to be sampled in rotation reducing mechanical removal of
214 biofilm from repetitive sampling as ECA-treated U-bends were sampled 1040 times (Table I).

215 All 10 test washbasins were exposed to three weekly decontamination cycles (Monday,
216 Wednesday and Friday) over five months (62 cycles), almost double the number of cycles
217 assessed in the previous proof of concept study. Six additional washbasins located elsewhere in

218 DDUH were used as controls. Swab samples were taken from the internal surfaces of the U-
219 bends and semi-quantitative bacterial counts were determined on CBA, R2A and PAS agar
220 media. The average bacterial density from the six untreated U-bends during the study on CBA,
221 R2A and PAS was $2 \times 10^5 (\pm 4 \times 10^5)$, $3.3 \times 10^5 (\pm 1.1 \times 10^6)$ and $2.7 \times 10^4 (\pm 1.2 \times 10^5)$
222 CFU/swab, respectively, (Table I). For the 10 ECA-treated U-bends over 62 cycles, the average
223 bacterial density on CBA, R2A and PAS was $73.4 (\pm 258.2)$, $122.5 (\pm 371.3)$ and $15.3 (\pm 184.5)$
224 CFU/per swab, respectively (Table I). The average reduction in viable counts from ECA-treated
225 U-bends was >3 log or a 99.9% reduction. Reductions in average bacterial counts from treated
226 U-bends on all media relative to the counts from control U-bends were highly significant (P
227 <0.0001), (Table I). There was no significant difference in average bacterial counts on all media
228 between the 10 individual treated U-bends over the study period ($P >0.4$). Additional U-bend
229 samples taken from all 10 treated U-bends 24 h after treatment for 42/62 decontamination cycles
230 showed no significant increase ($P >0.1$) in average bacterial counts on all media (Table I).

231

232 *Bacterial species identified from U-bends*

233 The range of bacterial species identified from treated and control U-bends throughout the
234 study is shown in Supplemental Table S1. Although the bacterial density in treated U-bends was
235 consistently significantly lower than controls, the diversity of species identified was greater due
236 to a greater number of Gram-positive bacterial species comprising several species of
237 staphylococci (Table S1). The array of Gram-negative bacterial species identified from treated
238 and control U-bends were similar. *Pseudomonas aeruginosa* was recovered from all U-bends
239 during the study. The average *P. aeruginosa* count from treated U-bend samples was 15 ± 185
240 CFU/swab ($n = 620$ samples), however, only 12% (74/620) of samples yielded *P. aeruginosa*,
241 and of these only 2% yielded >10 CFU/swab. In contrast, 78% (290/372) of swab samples ($n =$
242 372) from control U-bends yielded *P. aeruginosa* and of these, 58% yielded >1000 CFU/swab.

243

244 *Biofilm on ECA-treated and control U-bends*

245

246 Following completion of the ECA treatment phase, the U-bends from several ECA-
247 treated and control washbasins were removed and cut in longitudinal sections. Visual
248 examination of the control U-bends revealed patchy, slimy biofilm on the inner surfaces, which
249 extended to the region connecting to the washbasin drain outlet (Figure 1). In contrast, ECA-
250 treated U-bends were visually free from biofilm (Figure 1). Electron microscopy of several

251 sections of the inner surfaces of control U-bends confirmed the presence of dense biofilm and its
252 absence in ECA-treated U-bends (Supplemental Figure S1).

253

254 *Biofilm on washbasin drain outlet surfaces*

255 At the end of the study period a visual examination of washbasin drain outlets revealed
256 biofilm within the outlets of all control washbasins and its absence in treated washbasin drain
257 outlets (Supplemental Figure 2). Neutralized swab samples taken from the drain outlets of six
258 treated washbasins yielded average bacterial densities of 1 CFU/swab (range 0-5) on CBA agar.
259 No bacteria were recovered on PAS agar. The corresponding average bacterial densities from
260 control washbasin drain outlets were 4.1×10^3 (range 120- 5.6×10^3) on CBA and 874.2 (range
261 5- 2.7×10^3) CFU/swab on PAS. Additional swab samples were taken from the surface of each
262 washbasin immediately adjacent to the drain outlets and no bacteria were recovered from
263 samples from the six test washbasins on CBA or PAS media. In contrast, 3.6×10^3 (range 30- 8.6
264 $\times 10^3$) CFU/swab was recovered on CBA and 1.2×10^3 (range 0- 6.2×10^3) on PAS media from
265 the control washbasin surface samples.

266

267 *Adverse effects on washbasin wastewater network*

268 No adverse effects were observed following regular inspection of the washbasins, U-bends
269 or associated wastewater pipework during and at the end of the study and no leaks were
270 identified.

271

272 **Discussion**

273

274 Proof of concept for effective and consistent decontamination of washbasin U-bends by
275 automated sequential treatment with catholyte followed by anolyte was demonstrated in a
276 previous study using a single domestic pattern washbasin located in a hospital washroom [8].
277 The present study developed a novel automated ECA treatment system to simultaneously
278 decontaminate 10 hospital pattern washbasin U-bends, drain outlets and proximal wastewater
279 pipes in a busy hospital department. The results of the study demonstrate that the large-scale
280 system (Figure 2) has a comparable decontamination efficacy to the pilot system as both resulted
281 in a >3 log reduction in bacterial counts in treated U-bends relative to controls ($P < 0.0001$)

282 (Table I). However, with the large system >3 log reductions were simultaneously achieved in 10
283 separate U-bends in a busy hospital clinic, demonstrating that this approach has good potential
284 for application in hospital departments and wards equipped with multiple washbasins. In the
285 pilot study, *P. aeruginosa* was not recovered from the ECA-treated U-bend. The finding of low
286 densities of *P. aeruginosa* in some ECA-treated U-bends within the larger system is not
287 surprising because of its larger and more extensive network of pipes servicing 10 washbasins.
288 All control and ECA-treated U-bends were positive for *P. aeruginosa* at some point during the
289 study indicating that it is endemic within the wastewater network. Similarly, Cholley *et al.*
290 sampled 28 U-bends over eight weeks and found that all were colonized at least once by *P.*
291 *aeruginosa* [1]. In the present and in the pilot studies bacterial counts recovered immediately
292 following ECA-treatment and 24 h afterwards were similar on all media tested (Table I), which
293 demonstrated that biofilm within the pipework did not recover rapidly from ECA treatment [8].
294 A limitation to our study is that we did not demonstrate that our approach would help to control
295 an actual hospital outbreak associated with contaminated U-bends.

296
297 A variety of Gram-negative bacterial species other than *P. aeruginosa* were identified in ECA-
298 treated and control U-bends (Table S1). However, a greater range of Gram-positive species was
299 identified from treated U-bends due to the recovery of several staphylococcal species not
300 identified in the controls (Table S1). Staphylococci are common skin commensals, which
301 inevitably get transferred into U-bends during hand washing. The recovery of staphylococci
302 from treated U-bends, albeit in low numbers, could be due to their presence being masked by
303 high densities of Gram-negative bacteria within the control samples.

304
305 The presence of Gram-negative bacteria in washbasin wastewater pipework constitutes a greater
306 infection risk due to their motility. A recent study using green fluorescent protein-tagged
307 *Escherichia coli* found that bacteria inoculated into a U-bend supplied with nutrients reached the
308 drain outlet in a week [9]. In the present study, we found >10³ CFU bacteria/swab within the
309 visible biofilm in untreated washbasin drain outlets as well as on the washbasin surface in front
310 of the outlets. In contrast, ECA-treated washbasins showed neither visible biofilm nor yielded
311 detectable bacterial contamination within or adjacent to the drain outlets (Supplemental Figure
312 S2). These findings show the efficacy of ECA decontamination to control biofilm within the
313 drain outlet as well as the U-bend, impeding its ability to potentially contaminate the patient
314 environment.

315 The majority of previous approaches to control hospital outbreaks linked to contaminated U-
316 bends and drains involved pouring chemicals down the drain outlets and/or replacing the
317 washbasin and/or associated pipework [2,3,6,11]. Vergara-López *et al.* installed manual shut off
318 valves into sink drainage pipes followed by 30 min treatment with a quaternary ammonium
319 compound and subsequent flushing with hot water to control a *Klebsiella oxytoca* hospital
320 outbreak [6]. A number of valves had to be manually operated prior to manual addition of the
321 disinfectant, which may lead to air being trapped in the pipework shielding some areas from
322 disinfection. In contrast, the ECA decontamination system developed and tested in this study is
323 automated and backfills the pipework from below each U-bend, reducing the likelihood of air
324 being trapped. A recent study showed that sink-to-sink transmission can occur via a common
325 wastewater pipe [9]. The approach used in this study minimizes opportunities for transmission of
326 organisms between U-bends connected by common wastewater pipework as the system
327 decontaminates drains, U-bends and pipework.

328 In conclusion, microbial contamination of multiple hospital washbasin U-bends and drain
329 outlets can be consistently minimised by automated ECA treatment.

330

331 **Acknowledgements**

332 We thank Tom Johnson, Qlean Enterprises (USA), for providing the ECA generator and for
333 technical information on ECA solutions used in this study. We thank Tony Foster, (DDUH), for
334 co-ordinating ECA treatment cycles.

335

336 **Conflict of interest statement**

337 None declared.

338

339 **Funding sources**

340 This study was funded by the Dublin Dental University Hospital Microbiology Unit.

341 **References**

342

- 343 1. Cholley P, Thouverez M, Floret N, Bertrand X, Talon D. The role of water fittings in
344 intensive care rooms as reservoirs for the colonization of patients with *Pseudomonas aeruginosa*.
345 *Intensive Care Med* 2008; **34**:1428-33. doi:10.1007/s00134-008-1110-z.
- 346 2. Hota S, Hirji Z, Stockton K, Lemieux C, Dedier H, Wolfaardt G, et al. Outbreak of
347 multidrug-resistant *Pseudomonas aeruginosa* colonization and infection secondary to imperfect
348 intensive care unit room design. *Infect Control Hosp Epidemiol* 2009; **30**:25-33.
349 doi:10.1086/592700.
- 350 3. La Forgia C, Franke J, Hacek DM, Thomson RB Jr, Robicsek A, Peterson LR. Management
351 of a multidrug-resistant *Acinetobacter baumannii* outbreak in an intensive care unit using novel
352 environmental disinfection: a 38-month report. *Am J Infect Control* 2010; **38**:259-63.
353 doi:10.1016/j.ajic.2009.07.012.
- 354 4. Breathnach AS, Cubbon MD, Karunaharan RN, Pope CF, Planche TD. Multidrug-resistant
355 *Pseudomonas aeruginosa* outbreaks in two hospitals: association with contaminated hospital
356 waste-water systems. *J Hosp Infect* 2012; **82**:19-24. doi:10.1016/j.jhin.2012.06.007.
- 357 5. Vergara-López S, Domínguez MC, Conejo MC, Pascual Á, Rodríguez-Baño J. Wastewater
358 drainage system as an occult reservoir in a protracted clonal outbreak due to metallo- β -
359 lactamase-producing *Klebsiella oxytoca*. *Clin Microbiol Infect* 2013; **19**:E490-8.
360 doi.org/10.1111/1469-0691.12288.
- 361 6. Leitner E, Zarfel G, Luxner J, Herzog K, Pekard-Amenitsch S, Hoenigl M, et al.
362 Contaminated handwashing sinks as the source of a clonal outbreak of KPC-2-producing
363 *Klebsiella oxytoca* on a hematology ward. *Antimicrob Agents Chemother* 2015; **59**:714-6.
364 doi.org/10.1128/AAC.04306-14.
- 365 7. Chapuis A, Amoureux L, Bador J, Gavalas A, Siebor E, Chrétien ML, et al. Outbreak of
366 extended-spectrum beta-lactamase producing *Enterobacter cloacae* with high MICs of
367 quaternary ammonium compounds in a hematology ward associated with contaminated sinks.
368 *Front Microbiol* 2016; **7**:1070. doi.org/10.3389/fmicb.2016.01070.
- 369 8. Swan JS, Deasy EC, Boyle MA, Russell RJ, O'Donnell MJ, Coleman DC. Elimination of
370 biofilm and microbial contamination reservoirs in hospital washbasin U-bends by automated
371 cleaning and disinfection with electrochemically activated solutions. *J Hosp Infect* 2016; **94**:169-
372 74. doi.org/10.1016/j.jhin.2016.07.007.

- 373 9. Kotay S, Chai W, Guilford W, Barry K, Mathers AJ. Spread from the sink to the patient: in
374 situ study using green fluorescent protein (GFP)-expressing *Escherichia coli* to model bacterial
375 dispersion from hand-washing sink-trap reservoirs. *Appl Environ Microbiol* 2017; **83**:pii:
376 e03327-16. doi.org/10.1128/AEM.03327-16.
- 377 10. Kizny Gordon AE, Mathers AJ, Cheong EYL, Gottlieb T, Kotay S, Walker AS, et al. The
378 hospital water environment as a reservoir for carbapenem-resistant organisms causing hospital-
379 acquired infections-a systematic review of the literature. *Clin Infect Dis* 2017; **64**:1435-44.
380 doi.org/10.1093/cid/cix132.
- 381 11. Stjärne Aspelund A, Sjöström K, Olsson Liljequist B, Mörgelin M, Melander E, Pålman L.
382 Acetic acid as a decontamination method for sink drains in a nosocomial outbreak of metallo- β -
383 lactamase-producing *Pseudomonas aeruginosa*. *J Hosp Infect* 2016; **94**:13-20.
384 doi.org/10.1016/j.jhin.2016.05.009.
- 385 12. Fusch C, Pogorzelski D, Main C, Meyer C-L, el Helou S, Mertz D. Self-disinfecting sink
386 drains reduce the *Pseudomonas aeruginosa* bioburden in a neonatal intensive care unit. *Acta*
387 *Paediatrica* 2015; 104:e344-9. doi.org/10.1111/apa.13005.
- 388 13. O'Donnell MJ, Boyle M, Swan J, Russell RJ, Coleman DC. A centralised, automated dental
389 hospital water quality and biofilm management system using neutral Ecasol maintains dental unit
390 waterline output at better than potable quality: a 2-year longitudinal study. *J Dent* 2009; **37**:748-
391 62. doi.org/10.1016/j.jdent.2009.06.001.
- 392 14. Boyle MA, O'Donnell MJ, Miller A, Russell RJ, Coleman DC. Control of bacterial
393 contamination of washbasin taps and output water using Ecasol: a one-year study. *J Hosp Infect*
394 2012; **80**:288-92. doi.org/10.1016/j.jhin.2012.01.011.
- 395
396

1 TABLE I The average quantitative bacterial counts from ten washbasin U-bends subjected to
 2 automated treatment with ECA solutions and the corresponding counts from six untreated U-bends

Agar medium	U-bend	Average bacterial counts in CFU/swab from ECA-treated (n = 62 cycles, 620 swabs) and control (n = 372 swabs) U-bends	SD	Range of bacterial counts in CFU/swab	P value
CBA	Treated	73.4	258.2	0 - 4.6 x 10 ³	<0.0001
	Untreated	2 x 10 ⁵	4 x 10 ⁵	0 - 4 x 10 ⁶	
R2A	Treated	122.5	371.3	0 - 5.8 x 10 ³	<0.0001
	Untreated	3.3 x 10 ⁵	1.1 x 10 ⁶	0 - 1.8 x 10 ⁷	
PAS	Treated	15.3	184.5	0 - 3.4 x 10 ³	<0.0001
	Untreated	2.7 x 10 ⁴	1.2 x 10 ⁵	0 - 1.4 x 10 ⁶	
		Average bacterial counts in CFU/swab 24 h after ECA treatment (n = 42 cycles, 420 swabs) and control (n = 252 swabs) U-bends ^a			
CBA	Treated ^a	53.2	127.6	0 - 1 x 10 ³	<0.0001
	Untreated	2.1 x 10 ⁵	4.3 x 10 ⁵	500 - 3.2 x 10 ⁶	
R2A	Treated ^a	91.7	277.6	0 - 3.5 x 10 ³	<0.0001
	Untreated	2.9 x 10 ⁵	6.1 x 10 ⁵	1.3 x 10 ³ - 5 x 10 ⁶	
PAS	Treated ^a	15.6	119	0 - 1.7 x 10 ³	<0.0001
	Untreated	2.6 x 10 ⁴	1.1 x 10 ⁵	0 - 1.4 x 10 ⁶	

3 ^aThe average bacterial counts in CFU/swab were determined for the 10 ECA-treated U-bends and the 6
 4 untreated U-bends 24 h after treatment for 42/62 ECA treatment cycles.

5 Abbreviations: ECA, electrochemically activated solution; CBA, Columbia blood agar; R2A,
 6 Reasoner's 2A agar; PAS, *P. aeruginosa* selective agar; SD, standard deviation.

7

Figure 1

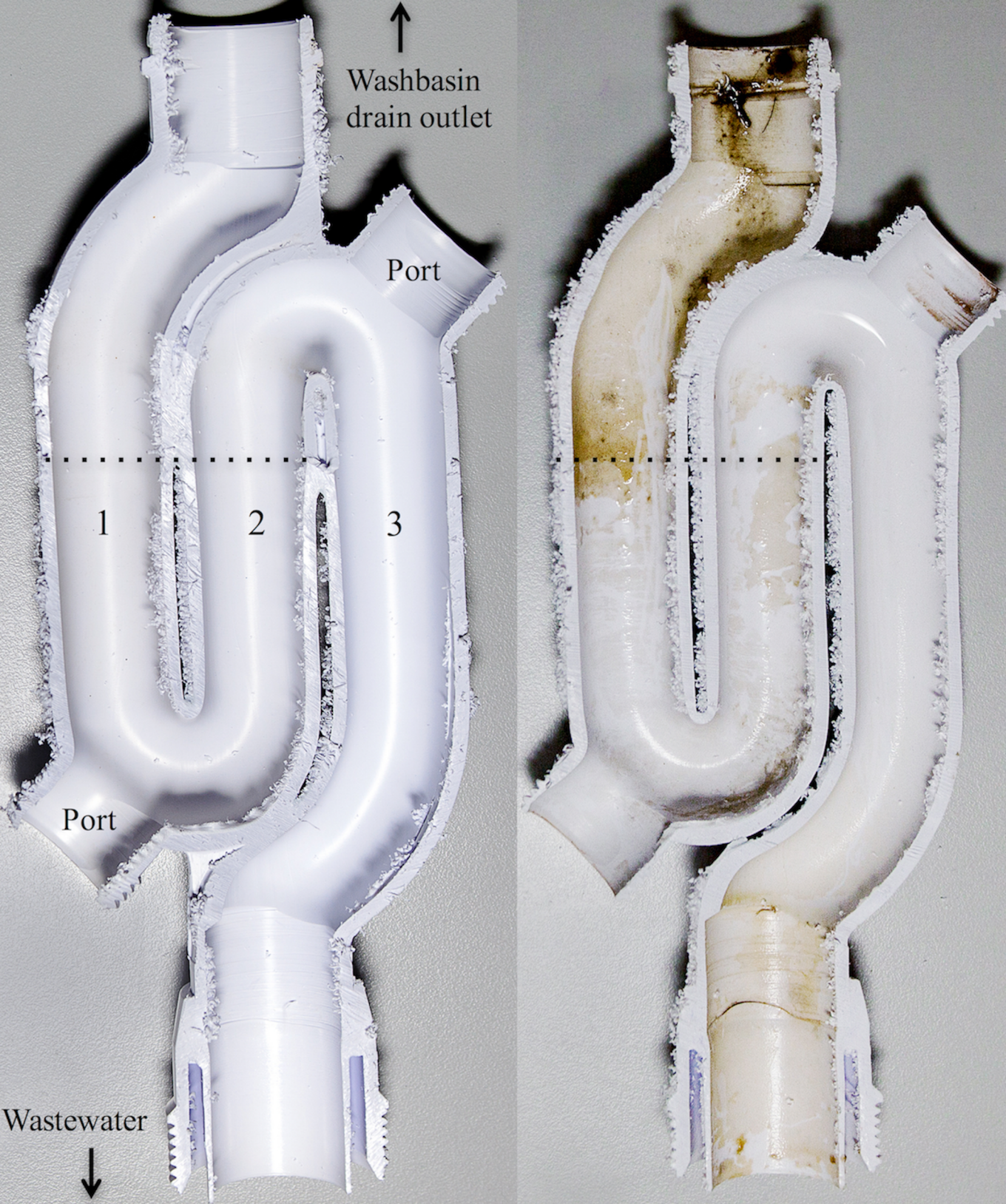


Figure 2

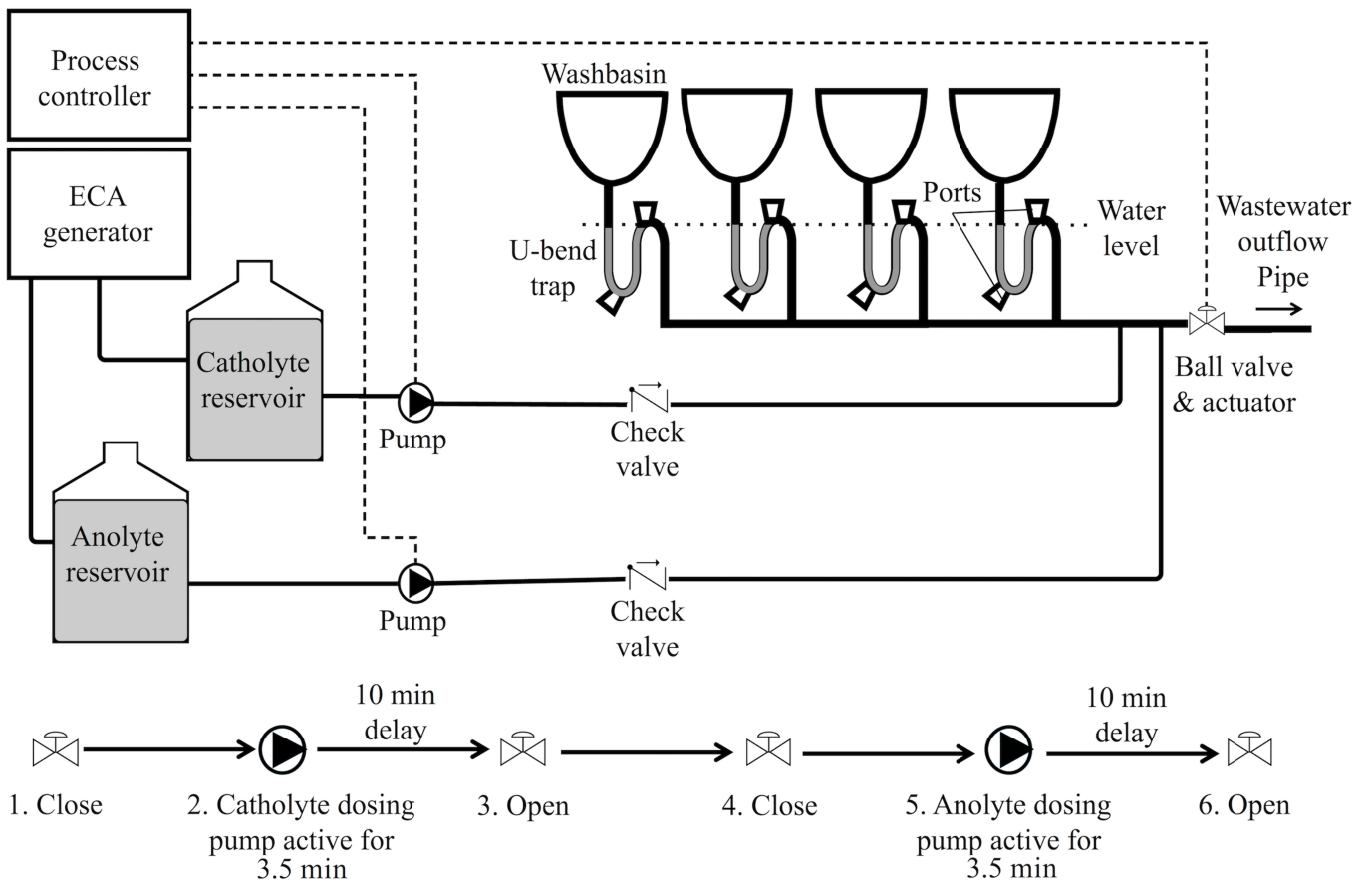


Figure legend

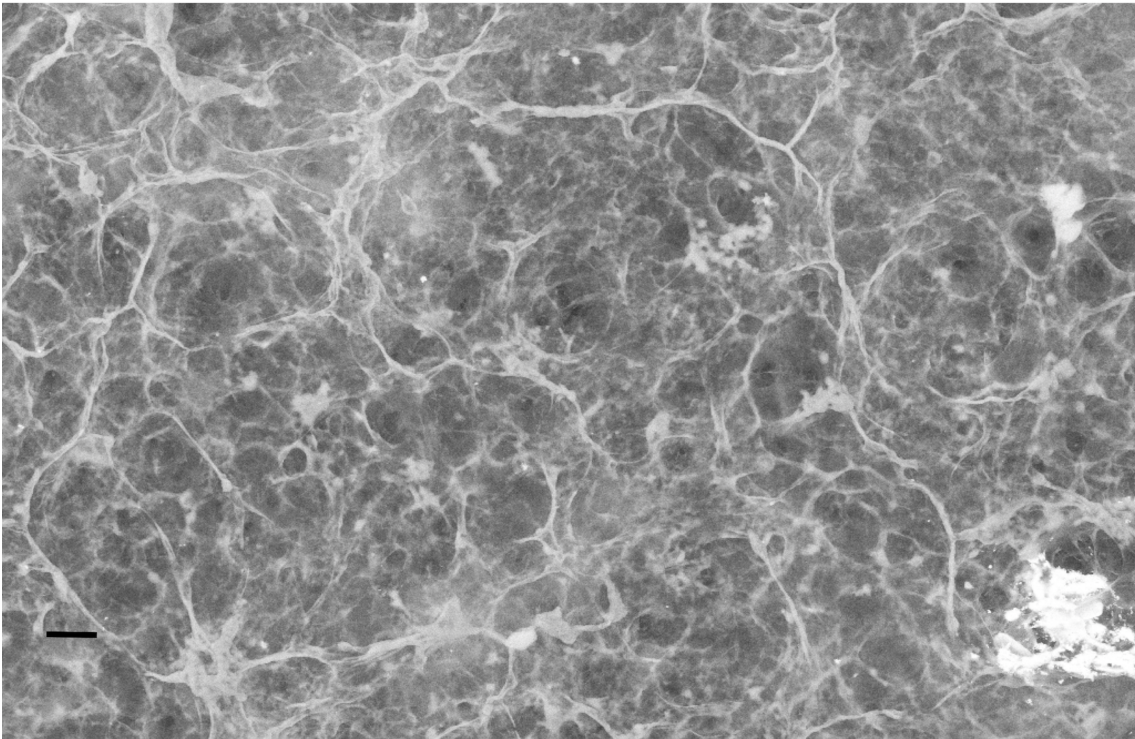
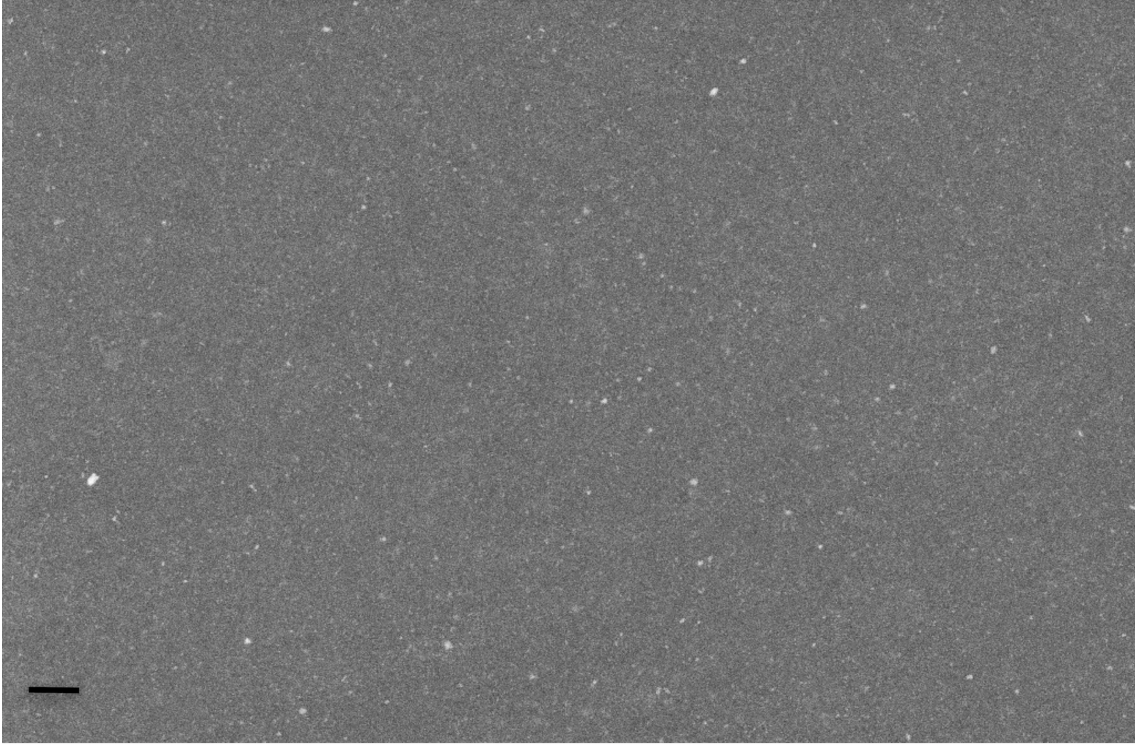
Figure 1. The left panel shows a longitudinal section of a U-bend following 62 cycles of ECA treatment over a five-month period. The right panel shows a longitudinal section of a control U-bend at the end of the study. Both U-bends were installed at the same time. The dashed lines indicate the water level within the U-bends. Following each ECA treatment cycle, treated and control U-bends were swab sampled through the ports indicated. To avoid continually sampling the same part of each U-bend, six internal sampling sites were selected and sampled in rotation. Three of these (labelled 1-3) are shown in the left panel. The additional three sites were located on the other, mirror image half of the U-bend. The treated U-bend is noticeably free from visible biofilm, whereas the control U-bend contains slimy biofilm, especially above the waterline and at the junctions connecting to the washbasin drain outlet and wastewater discharge outlets.

Figure 2. A schematic of the automated system for the simultaneous decontamination of 10 washbasin U-bends, drain outlets and wastewater pipes by sequential treatment with catholyte followed by anolyte used in the present study. Only four washbasins are shown for clarity. Each U-bend had two ports to facilitate sampling. The lower part of the figure shows a process control schematic for automated decontamination. The programmable process controller initiates treatment cycles. At the start of each cycle the process controller sends a signal to the actuator to close the valve on the wastewater outflow pipe. After a 30 s delay, a signal activates the catholyte dosing pump for 3.5 min and catholyte is pumped into the pipework below the washbasin U-bends until the pipework and U-bends are completely filled to a level a 5 cm above the washbasin drain outlets. Catholyte is left *in situ* for 10 min, after which time the process controller opens the valve voiding catholyte to the wastewater stream. The valve is then closed and after a 30 s delay the process controller activates the anolyte dosing pump for 3.5 min and the cycle proceeds as per catholyte dosing. After 10 min the anolyte is voided to waste completing the cycle.

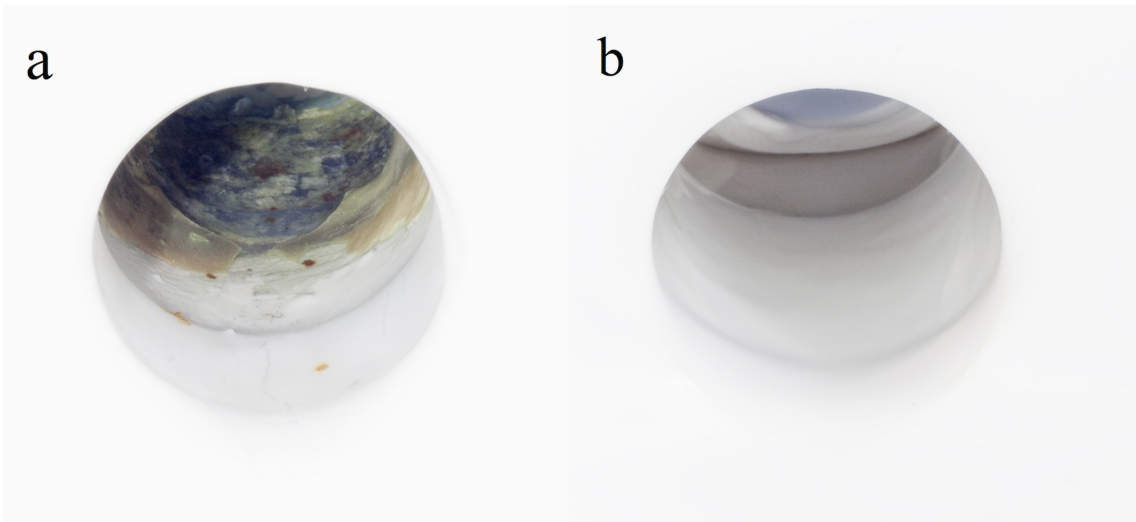
1 Supplemental Table I. Bacterial species recovered from U-bends during the study

2 Bacterial species identified 3 in ECA-treated U-bends	Bacterial species identified in non ECA-treated U-bends
4 Gram-positive	
5 <i>Aerococcus viridans</i>	<i>Brevibacterium casei</i>
6 <i>Bacillus cereus</i>	<i>Micrococcus luteus</i>
7 <i>Bacillus pumilus</i>	
8 <i>Bacillus simplex</i>	
9 <i>Micrococcus luteus</i>	
10 <i>Staphylococcus aureus</i>	
11 <i>Staphylococcus capitis</i>	
12 <i>Staphylococcus cohnii</i>	
13 <i>Staphylococcus epidermidis</i>	
14 <i>Staphylococcus hominis</i>	
15 <i>Staphylococcus saprophyticus</i>	
16 <i>Staphylococcus warneri</i>	
17 Gram-negative	
18 <i>Acinetobacter ursingii</i>	<i>Aeromonas hydrophila</i>
19 <i>Acinetobacter johnsonii</i>	<i>Acinetobacter junii</i>
20 <i>Acinetobacter radioresistens</i>	<i>Acinetobacter ursingii</i>
21 <i>Aeromonas hydrophila</i>	<i>Citrobacter freundii</i>
22 <i>Brevundimonas diminuta</i>	<i>Cupriavidus pauculus</i>
23 <i>Chryseobacterium indologenes</i>	<i>Delftia acidovorans</i>
24 <i>Citrobacter freundii</i>	<i>Enterobacter hormaechei</i>
25 <i>Cupriavidus pauculus</i>	<i>Hafnia alvei</i>
26 <i>Delftia acidovorans</i>	<i>Pseudomonas aeruginosa</i>
27 <i>Enterobacter cloacae</i>	<i>Pseudomonas fluorescens</i>
28 <i>Hafnia alvei</i>	<i>Pseudomonas putida</i>
29 <i>Klebsiella oxytoca</i>	<i>Raoultella ornithinolytica</i>
30 <i>Raoultella ornithinolytica</i>	<i>Rhizobium radiobacter</i>
31 <i>Stenotrophomonas maltophilia</i>	<i>Stenotrophomonas maltophilia</i>
32 <i>Pseudomonas aeruginosa</i>	
33 <i>Pseudomonas fluorescens</i>	
34 <i>Pseudomonas putida</i>	

Supplemental Figure S1



Supplemental Figure 2



Supplemental Figure legends

Supplemental Figure S1.

Electron microscope images of sections of the internal surfaces of an ECA-treated U-bend (upper panel) and untreated U-bend (lower panel). The ECA treated section is totally free of biofilm, whereas the untreated section harbours dense biofilm. Both sections were taken from the U-bends shown in Figure 1b from the areas immediately above the waterline of sampling surface 1.

Supplemental Figure S2

Photographs of (a) a control and (b) an ECA-treated washbasin drain outlet at the end of the study. The U-bend and drain outlet of the treated washbasin were subjected to 62 cycles of ECA treatment over five months. The treated drain outlet is noticeably free from visible biofilm, whereas the control drain outlet contains visible biofilm.