

## Information for casual contacts of a confirmed case of COVID-19

This information sheet provides advice to people who have had casual contact with a person who has been confirmed as having COVID-19.

### A casual contact is:

- Any individual who has shared a closed space with a confirmed case for less than two hours.
- Passengers on an aircraft sitting beyond two seats (in any direction) of a confirmed case.
- Any individual who has shared a closed space with a confirmed case for longer than two hours, but following risk assessment, does not meet the definition of a close contact.

### What do I need to do if I am a casual contact and I develop the following symptoms?

- Fever
- Cough
- Shortness of breath
- Difficulty breathing

You will need to self isolate (for example stay in a different room from the rest of your family/co-workers with the door closed) and phone your GP surgery.

Your GP surgery will take your details and have your GP call you back. Your GP will discuss your symptoms with you and advise you of the next steps you need to take, including arranging testing for COVID-19.

- In the unlikely event that you are unable to contact your GP, please phone HSE Live 1850-24-1850 and clearly explain your symptoms. Let them know you are a confirmed casual contact with exposure to COVID-19 and tell them your symptoms.
- Do not attend your local Emergency Department or GP unless told to do so by a medical professional.
- Follow the advice given.

You should always engage in regular hand washing and cover your mouth and nose with a tissue or the bend of your elbow when coughing and sneezing to prevent the spread of infection.

You can get more information on [www.hse.ie](http://www.hse.ie)