Information for people with symptoms of COVID-19

This information sheet provides advice to people who have symptoms of COVID-19.

COVID -19 is a new illness that can affect your lungs and airways. It's caused by a virus called coronavirus. It can take up to 14 days for symptoms of coronavirus to appear. Look out for some or all of the main symptoms:

Symptoms of coronavirus:
- A cough – than can be any kind of cough, not just a dry cough
- Shortness of breath
- Breathing difficulties
- Fever – high temperature – (38 degrees Celsius or above) or chills

Other symptoms are fatigue, headaches, sore throat, aches and pains.

What to do if you develop symptoms?

You will need to self isolate (for example stay in a different room from the rest of your family/co-workers with the door closed) and phone your GP surgery.

Your GP surgery will take your details and have your GP call you back. Your GP will discuss your symptoms with you and advise you of the next steps you need to take, including arranging testing for COVID-19.

- In the unlikely event that you are unable to contact your GP, please phone HSE Live 1850-24-1850 and clearly explain your symptoms.
- The GP will assess you over the phone. If they think you need to be tested for coronavirus, they will arrange a test.
- Do not attend your local Emergency Department or GP unless told to do so by a medical professional
- Follow the advice given.

You should always engage in regular hand washing and cover your mouth and nose with a tissue or the bend of your elbow when coughing and sneezing to prevent the spread of infection.

You can get more information on www.hse.ie

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