# Coronavirus



## COVID-19

If you feel unwell with cough, shortness of breath or fever: please phone the doctor first for medical advice.

This helps to protect other people visiting this surgery today.

### **Phone us first**

Tel:









#### Wash

your hands well and often to avoid contamination

#### Cover

your mouth and nose with a tissue or sleeve when coughing or sneezing and bin used tissue

#### **Avoid**

touching eyes, nose, or mouth with unwashed hands

#### Clean

and disinfect frequently touched objects and surfaces

For more information visit hse.ie or phone HSElive on 1850 24 1850

