



21 **Corresponding author**

22 David A. Hoey, PhD

23 Mechanical & Manufacturing Engineering, Parsons Building, Trinity College Dublin, Dublin 2,  
24 Ireland

25 Telephone: +353 1 8961359

26 Email: [dahoey@tcd.ie](mailto:dahoey@tcd.ie)

27

28

29 Disclosure statement:

30 The authors have no conflicts of interests.

31

32 **Abstract**

33 Bone marrow stromal/stem cells represent a quiescent cell population that replenish the osteoblast  
34 bone-forming cell pool with age and in response to injury, maintaining bone mass and repair. A  
35 potent mediator of stromal/stem cell differentiation *in vitro* and bone formation *in vivo* is physical  
36 loading, yet it still remains unclear whether loading-induced bone formation requires the  
37 osteogenic differentiation of these resident stromal/stem cells. Therefore, in this study, we utilized  
38 the Leptin Receptor (LepR) to identify and trace the contribution of bone marrow stromal cells to  
39 mechanoadaptation of bone *in vivo*. 12 week old *Lepr-cre;tdTomato* mice were subjected to  
40 compressive tibia loading with an 11N peak load for 40 cycles, every other day for 2 weeks.  
41 Histological analysis revealed that *Lepr-cre;tdTomato*<sup>+</sup> cells arise perinatally around blood vessels  
42 and populate bone surfaces as lining cells or osteoblasts before a percentage undergo  
43 osteocytogenesis. *Lepr-cre;tdTomato*<sup>+</sup> stromal cells within the marrow increase in abundance with  
44 age but not following the application of tibial compressive loading. Mechanical loading induces  
45 an increase in bone mass and bone formation parameters, yet does not evoke an increase in *Lepr-*  
46 *cre;tdTomato*<sup>+</sup> osteoblasts or osteocytes. To investigate whether adenylyl cyclase-6 (AC6) in LepR  
47 cells contributes to this mechanoadaptive response, *Lepr-cre;tdTomato* mice were further crossed  
48 with *AC6<sup>fl/fl</sup>* mice to generate a LepR<sup>+</sup> cell-specific knockout of *AC6*. These *Lepr-*  
49 *cre;tdTomato;AC6<sup>fl/fl</sup>* animals have an attenuated response to compressive tibia loading,  
50 characterised by a deficient load-induced osteogenic response on the endosteal bone surface. This,  
51 therefore, demonstrates that *Lepr-cre;tdTomato*<sup>+</sup> cells contribute to short term bone  
52 mechanoadaptation.

53 **Keywords:** stem cells, mechanobiology, bone adaptation, *in vivo* mechanical loading, adenylyl  
54 cyclase 6

## 55 1. Introduction

56 Physical loading is a potent regulator of bone anabolism, yet the cellular mechanisms by which  
57 this occurs are not fully understood [1, 2]. This mechanoadaptive response involves bone  
58 formation by osteoblasts which are derived from a progenitor or stromal cell population. The finite  
59 lifespan of the osteoblast suggests that these cells must be continuously replenished from a  
60 progenitor population to meet the cellular demand imposed by mechanical loading; a similar  
61 recruitment process operates in response to injury [3-7]. Although load-induced stromal/stem cell  
62 differentiation can be indirectly coordinated by the osteocyte [8], a recent study has demonstrated  
63 loading-induced bone formation in a bone explant model that is independent of apparent  
64 mechanical stimulation of osteocytes [9]. This indicates that applied mechanical stimulation may  
65 directly promote bone marrow stem/stromal cells (MSCs) osteogenesis [5, 10]. However, neither  
66 the load-induced MSC differentiation to osteoblasts nor the mechanistic basis for MSC  
67 mechanosensing has been fully elucidated *in vivo*.

68 The establishment of a robust MSC marker is critical for their identification and lineage tracing *in*  
69 *vivo*. MSCs are traditionally described as plastic-adherent, colony-forming, non-hematopoietic  
70 cells which can differentiate into chondrogenic, adipogenic and osteogenic progeny [3, 11].  
71 Furthermore, MSCs are often perivascular *in vivo*, where murine MSCs are characterized by their  
72 lack of expression of hematopoietic (CD45) and endothelial markers (TER-119) and positive  
73 expression of Platelet-Derived Growth Factor receptor alpha (PDGFR $\alpha$ ), Stem cells antigen-1  
74 (Sca1), CD51, CD105, CD90, Nestin,  $\alpha$ SMA, and combinations thereof [3, 12-14]. MSCs can  
75 therefore be retrospectively identified based on the above characteristics, yet an appropriate  
76 method for their prospective identification is lacking, and hence their location and physiological  
77 functions *in vivo* have remained elusive. Recently, Leptin Receptor positive (LepR<sup>+</sup>) cells were

78 identified as being perivascular and a major source of the Stem cell fraction (Scf) within the bone  
79 marrow [3, 15-19]. Additionally, these LepR<sup>+</sup> cells were found to express the bone marrow MSC  
80 markers PDGFR $\alpha$ , and CD51 and to be highly enriched for fibroblast colony-forming units (CFU-  
81 F). Moreover, analyses indicated that LepR<sup>+</sup> cells in the bone marrow largely overlap with Nestin,  
82 an intermediate filament protein that is known as a neural stem/progenitor marker in adult bone  
83 marrow [3, 20]. LepR<sup>+</sup> cells not only express MSC markers but have now been shown to function  
84 as the main source of new osteoblasts and adipocytes in adult bone marrow and to be recruited to  
85 sites of injury to form bony ossicles that support haematopoiesis *in vivo* [3]. Also, osteogenic  
86 differentiation of these cells is increased following anabolic stimulation with parathyroid hormone  
87 [18]. Despite their presence in various tissues and organs [21, 22] and heterogenous nature [19],  
88 these characteristics suggest that LepR<sup>+</sup> cells are a suitable candidate to determine the role of early  
89 progenitors in load-induced bone anabolic responses.

90 The candidature of these LepR<sup>+</sup> cells as a means of prospectively identifying MSC fate is further  
91 supported by recent studies highlighting a role for the more committed osteoprogenitors in load-  
92 induced bone formation. Work by Liu et al. has focused on the effect of mechanical loading on  
93 primitive osteoprogenitors, looking specifically at Prrx1 (Paired related homeobox 1) and Sca1  
94 positive cells [7], and Zannit et al. investigated the more committed osterix (Osx) positive  
95 osteoblast lineage cells [23]. Both report proliferation of these Prrx1<sup>+</sup>-Sca1<sup>+</sup> and Osx<sup>+</sup> cells  
96 following loading, however the role of Prrx1 has been predominately characterised on the  
97 periosteum.

98 The osteogenic differentiation of MSCs can be directly driven by mechanical loading *in vitro* [10,  
99 24]. Furthermore, we have previously demonstrated that MSCs utilize adenylyl cyclases to  
100 generate cAMP as a second messenger in this mechanotransduction leading to osteogenesis [25].

101 Adenylyl cyclases (ACs) are a family of transmembrane enzymes that catalyze the cyclization of  
102 adenosine triphosphate (ATP) into cyclic adenosine monophosphate (cAMP) [26]. The AC family  
103 comprises nine distinct transmembrane isoforms (AC1-AC9), each with individual regulatory  
104 properties and restricted expression in only a limited number of tissues [27, 28]. Specifically, AC6  
105 has been shown to be expressed in skeletal cells and is required for load-induced bone formation  
106 *in vivo* [29]. Interestingly, skeletally mature mice, with a global deletion of AC6, did not present  
107 with a skeletal phenotype but formed significantly less bone than control mice in response to ulna  
108 loading, demonstrating that AC6 mediates bone mechanoadaptation [29]. While this study clearly  
109 demonstrates a role for AC6 in bone mechanobiology, given the global deletion of this enzyme,  
110 the specific cell type and mechanism of action of AC6 in bone mechanoadaptation remains unclear.

111 The development of the *Lepr-cre* mouse model along with specific deletion with *Cre-lox*  
112 recombination has provided a means to study the fate of these cells and the role of associated  
113 molecules. While *LepR*<sup>+</sup> marrow stromal cells have been shown to be critical to adult bone  
114 formation, their role in mechanoadaptation is not known. Therefore this study aimed to  
115 characterise the response of *LepR*<sup>+</sup> marrow stromal cells to load-induced bone formation, and to  
116 explore whether these cells or their progeny, contribute to load-related osteogenesis. Utilising  
117 *Lepr-cre;tdTomato* mice, we have demonstrated that *LepR*<sup>+</sup> cells arise perinatally in bone,  
118 appearing perivascularly before expanding with age to undergo osteoblastic and osteocytic  
119 differentiation and act as the main source of bone-forming cells. We have demonstrated that  
120 loading increases tibial bone formation and has little influence on the percentage of *Lepr-*  
121 *cre;tdTomato*<sup>+</sup> stromal cells within the marrow. Moreover, no significant changes in the  
122 percentage of *Lepr-cre;tdTomato*<sup>+</sup> cells lining bone surface or osteocytes were observed,  
123 suggesting that loading does not mediate the proliferation or recruitment of *LepR*<sup>+</sup> cells.

124 Furthermore, our data show that *AC6* deletion in *LepR*<sup>+</sup> cells restricts the endosteal cortical bone  
125 response to loading, highlighting the contribution of *LepR*<sup>+</sup> cells and a critical role for *AC6* in  
126 bone mechanoadaptation. However, it is currently unclear whether *LepR*<sup>+</sup> cells are directly  
127 responsible for the anabolic bone response or *LepR*<sup>+</sup> cells in the marrow contribute to the activation  
128 of non-*Lepr-cre;tdTomato*<sup>+</sup> cells on the bone surface in a non-autonomous manner.

129

## 130 **2. Materials and Methods**

### 131 **2.1. Mice**

132 All transgenic mice were maintained in a C57BL/6 background. Transgenic mice B6.129-  
133 *LepR*<sup>tm2(cre)Rck/J</sup> JAX stock #008320 [21], B6.Cg-Ct(ROSA)26Sor<sup>tm9(CAG-tdTomato)Hze/J</sup> JAX stock  
134 #007909 [30] and B6;129-*Adcy6*<sup>tm1.1Dek/J</sup> JAX stock #022503 [31] were purchased from Jackson  
135 Laboratories (Maine, USA), and rederived in-house. B6.129-*LepR*<sup>tm2(cre)Rck/J</sup> and B6.Cg-  
136 Ct(ROSA)26Sor<sup>tm9(CAG-tdTomato)Hze/J</sup> were crossed to generate heterozygous B6.129-*LepR*<sup>tm2(cre)Rck/J</sup>  
137 and heterozygous B6.Cg-Ct(ROSA)26Sor<sup>tm9(CAG-tdTomato)Hze/J</sup> breeding pairs. Female B6.129-  
138 *LepR*<sup>tm2(cre)Rck/J</sup>::B6.Cg-Ct(ROSA)26Sor<sup>tm9(CAG-tdTomato)Hze/J</sup> offspring heterozygous for B6.Cg-  
139 Ct(ROSA)26Sor<sup>tm9(CAG-tdTomato)Hze/J</sup> were used for all studies. This *Lepr-cre;tdTomato* mouse  
140 facilitates the labelling of cells actively expressing the Leptin receptor, in addition to their progeny  
141 irrespective of receptor expression. Heterozygous *Lepr-cre;tdTomato* mice were subsequently  
142 crossed with B6;129-*Adcy6*<sup>tm1.1Dek/J</sup> to generate animals with a knockout for *AC6* in *LepR*-  
143 *cre;tdTomato* expressing cells resulting in a *Lepr-cre;tdTomato;AC6*<sup>fl/fl</sup> mouse. Genotyping was  
144 achieved using DNA extracted from the ear and performed by Transnetyx (Cordova, TN, USA).  
145 All animals were maintained in groups of 4 under specific pathogen-free conditions at 24°C ± 2°C

146 with a 12-hour light/dark cycle and were provided with water and ad libitum diets. The procedures  
147 performed in this study were approved by Trinity College Dublin Animal Research Ethics  
148 Committee and Health Products Regulatory Authority in Ireland.

149

## 150 **2.2. Histological analysis**

151 Embryos, organs, and tibiae from all groups were dissected, fixed for 12 hrs in neutral buffered  
152 formalin (Sigma-Aldrich), decalcified in 10% EDTA (Sigma-Aldrich), and processed for standard  
153 paraffin embedding. Transverse 10µm sections were taken from individual samples and 2 sections  
154 were used in subsequent procedures. Prior to staining, sections were dewaxed and rehydrated. For  
155 haematoxylin and eosin (H&E) staining, sections were stained with HARRIS Hematoxylin  
156 solution (Sigma-Aldrich) for 4 min before rinsing and staining with Eosin Y solution (Sigma-  
157 Aldrich) for 2 min. Sections were subsequently rehydrated and mounted using DPX (Sigma-  
158 Aldrich). Slides were imaged on an Aperio Scanscope CS2 (Leica Biosystems). For  
159 immunofluorescence studies, bones tissue was fixed, decalcified and cryo-embedded. Sections of  
160 20µm were sliced with a cryostat. DAPI at 1:2000 in PBS (Sigma-Aldrich) was applied to all  
161 samples for 5 min prior to sample mounting on glass slides using ProLong Gold mounting medium  
162 (Invitrogen). Leptin receptor staining was performed after antigen retrieval with proteinase K  
163 solution (20 minutes at 37° C) in a humidified chamber. Slides were then washed with PBS-Tween  
164 0.5% v/v and blocked (5% BSA in PBS, 1 hour at 37° C). Slides were incubated in the primary  
165 antibody against leptin receptor (1:200, AF497, RnD Systems), washed and then in secondary  
166 antibody (1:500, Ab150129, Thermofisher). DAPI at 1:2000 in PBS was then applied before  
167 mounting using ProLong Gold mounting medium. Imaging was performed on the Leica SP7 (Leica  
168 Microsystems) scanning confocal microscope at 20x.



169

170 **2.3. Flow cytometry**

171 To quantify the percentage of Tomato<sup>+</sup> cells in a given population, organs were harvested, minced  
172 and homogenized, and cell suspension filtered through a 70um cell strainer. After centrifugation,  
173 cell pellets were resuspended in red blood cell lysis buffer (20mM of Tris, 150mM of NH<sub>4</sub>Cl in  
174 diH<sub>2</sub>O), for 5 min on ice, then washed and resuspended in 1mL flow cytometry buffer composed  
175 of PBS (Sigma-Aldrich) with 0.5% BSA (Sigma-Aldrich) and 2mM EDTA (Sigma-Aldrich,  
176 pH7.2).

177 Left and right tibia were isolated, and the bone marrow was flushed from the marrow cavity with  
178 3mL Dulbecco's modified Eagle's medium (DMEM, Sigma-Aldrich). Once flushed, cells were  
179 centrifuged at 400g for 5 min and re-suspended in 1mL red blood cell lysis buffer for 5 min on ice.  
180 Cells were washed before subsequent re-suspension in 2% Phosphate Buffer Saline (PBS)-Foetal  
181 Bovine Serum (FBS) and incubated on ice for 30 min. Cells were then incubated for 30 min on ice  
182 with CD45 (CD45-BV421, 563890, 1:100, BD Biosciences) and TER-119 (TER-119-BB515,  
183 564760, 1:100, BD Biosciences) antibodies. After washing in PBS, cells were re-suspended in  
184 1mL flow cytometry buffer. Flow cytometry analysis was performed on a BD LSRFortessa (BD  
185 Biosciences) at medium speed and gated at 100,000 events of Tomato<sup>+</sup> cells.

186

187 **2.4. *In vivo* axial tibia loading**

188 Mice at 12 weeks of age were initially anesthetised using 4% isoflurane and were then maintained  
189 at 1.5-2% isoflurane during the remainder of the procedure. The right tibia was placed between 2  
190 cups attached to an electromagnetic loading system with feedback control (ElectroForce 5500, TA

191 Instruments). After an initial 2N load, a peak compressive load of 11N was applied, for 40 cycles  
192 with 10 seconds of rest between each cycle, every second day, for 2 weeks as previously described  
193 [32]. Left tibiae served as non-loaded internal controls. Body weight was measured at 12 weeks of  
194 age and on subsequent loading days. All animals were euthanized on day 18 and prepared for either  
195 dynamic histomorphometric, histological or flow cytometry analysis.

196

## 197 **2.5. Micro-computed tomography ( $\mu$ CT) analysis**

198 Mice were placed under isoflurane-induced anaesthesia as described above. Tibiae were imaged  
199 by *in vivo* micro-CT (Scanco VivaCT 80; Scanco Medical AG). The cortical area was scanned  
200 with a voxel size of 25  $\mu$ m. Scans were performed using a voltage of 70 kVp, a current of 114  $\mu$ A  
201 and a 200ms integration time. A Gaussian filter (sigma = 0.8, support = 1) was used to suppress  
202 noise and a global threshold of 150 was applied for analysis of cortical bone scans. The bone  
203 volume, cortical area and thickness, second moment of area around major/minor ( $I_{\min}$  and  $I_{\max}$ )  
204 were quantified using scripts provided by Scanco.

205 Whole-body scans were taken for phenotypic analysis of *Lepr-cre;tdTomato;AC6<sup>fl/fl</sup>* mice. Briefly,  
206 after euthanasia, whole-body scans were performed at 15  $\mu$ m voxel size. Scans were performed  
207 using a voltage of 70 kVp, a current of 114  $\mu$ A and a 200ms integration time. A Gaussian filter  
208 (sigma = 0.8, support = 1) was used to suppress noise and a global threshold of 150 was applied to  
209 generate the 3D reconstruction using scripts provided by Scanco.

210 Whole bone analysis was performed on datasets derived from CT scans using BoneJ [33] (version  
211 1.4.2), an ImageJ plugin. Following segmentation and removal of fibula from the dataset, a  
212 minimum bone threshold was selected using a histogram-based method in ImageJ which utilises

213 all pixels in a stack to construct a histogram and was further confirmed using ImageJ “threshold  
214 function”. A threshold of 100 was applied to all datasets to separate higher density bone from soft  
215 tissues and air. This threshold was used in “Slice Geometry” function within BoneJ to calculate  
216 bone cross-sectional area (CSA), second moment of area around the minor axis ( $I_{\max}$ ), second  
217 moment of area around the major axis ( $I_{\min}$ ), mean thickness determined by local thickness in two  
218 dimensions (Ct.Th), ellipticity and predicted resistance to torsion (J). The most proximal (0 - 15%)  
219 and the most distal portions (85 - 100%) of tibial length were excluded from analysis, as these  
220 regions include trabecular bone.

221

## 222 **2.6. Dynamic histomorphometry**

223 Mice were injected with calcein (15 mg/kg body weight; Sigma-Aldrich) on the third and sixth  
224 day of loading. Left and right tibiae were isolated, cleaned of soft tissue, fixed in formalin (Sigma-  
225 Aldrich) and stored in 70% EtOH for dynamic histomorphometry. The tibiae were dehydrated in  
226 graded alcohol (70–100%), infiltrated with three changes of Technovit 9100 methyl methacrylate  
227 (CN Technical Services Ltd), and embedded in Technovit 9100 following manufacturer  
228 recommendation. Transverse sections of the embedded tibia midshaft were imaged on a Leica SP7  
229 (Leica Microsystems) scanning confocal microscope. Measurements of the bone perimeter, single  
230 label perimeter, double-label perimeter, and double-label area were completed with Fiji [34]  
231 (version 1.6.0\_24) and used to calculate mineralizing surface/bone surface (MS/BS), mineral  
232 apposition rate (MAR) and bone formation rate/bone surface (BFR/BS). Measurements were taken  
233 at both the endosteum and periosteum.

234

235        **2.7. Immunofluorescence image analysis**

236        A region of interest for cortical bone spanning 100 slices (2500 $\mu$ m) was selected 3mm from the  
237        tibia-fibula junction towards the tibial proximal metaphysis. Using Fiji, the length of the bone  
238        surface covered by Tomato<sup>+</sup> cells at both endosteal and periosteal surfaces, and the number of  
239        Tomato<sup>+</sup> cells embedded within bone were counted within the region of interest.

240        To determine if endosteal regions showing bone formation by dynamic histomorphometry  
241        correlate with regions where Tomato<sup>+</sup> cells are observed on confocal images, both sets of images  
242        were analysed with Fiji. In order to compare between different animals, the total length of the  
243        endosteum was measured and expressed in percentage (0% starting in regard of the tibial ridge,  
244        going clockwise to 100%). Locations, where one or two labels of calcein are observed, were  
245        determined and plotted against the total length of the endosteum for static and loaded bones. Then,  
246        the presence of tdTomato<sup>+</sup> cells along the endosteum was observed and plotted against the total  
247        length of the endosteum. Results were averaged and pooled in clusters of 5%.

248

249        **2.8. Statistical analysis**

250        For flow cytometry of different tissues, a one-way ANOVA analysis was performed with Tukey  
251        correction. Dynamic histomorphometry analysis of *Lepr-cre;tdTomato;AC6<sup>fl/fl</sup>* and comparison  
252        with wild-type mice was performed with a two-way ANOVA with Tukey correction. For all other  
253        studies, unpaired two-tailed student t-test with Wilcoxon correction was employed. Data were  
254        analysed using Graph Pad Prism 8 and for gross cortical bone morphology analysis, graphs were  
255        plotted using programming language ‘R’, version 3.1.3 (R Foundation for Statistical Computing,

256 Vienna, Austria; <http://www.r-project.org>). The number of animals is detailed in captions with  
257 each figure. In all experiments,  $p < 0.05$  was considered statistically significant.

258

259

### 260 3. Results

#### 261 3.1. **LepR<sup>+</sup> bone marrow cells are the main source of bone forming cells on the early** 262 **endosteal surface and later periosteal surface in addition to embedded osteocytes.**

263 We first analysed the spatiotemporal expression of LepR<sup>+</sup> cells in our model. Tomato<sup>+</sup> cells were  
264 identified prenatally at E19.5 in the brain and ossification zone of the radius, ulna and tibia (Figure  
265 S1). The pattern of Tomato<sup>+</sup> cells was further investigated in all major organs post-natally (Figure  
266 S2). H&E staining was used to investigate the anatomy of organs, and to more accurately identify  
267 the location of Tomato<sup>+</sup> cells at 8- and 12-weeks of age (Figure S2 A-F). Tomato<sup>+</sup> cells were found  
268 in various organs including the liver, kidney medulla, lung, spleen, and heart (Figure S2 A-B, D-  
269 F). Tomato<sup>+</sup> cells increased with age, from 8- to 12-weeks, in each of these organs. Quantification  
270 of cell number within each organ of the *Lepr-cre;tdTomato* mouse was performed using flow  
271 cytometry at 12-weeks which further highlighted the spatial differences in Tomato<sup>+</sup> cells. At 12  
272 weeks of age, Tomato<sup>+</sup> cells accounted for less than 7% of cells in each organ with the exception  
273 of the liver where 38% of cells were Tomato<sup>+</sup>.

274 The expression of *Lepr-cre;tdTomato*<sup>+</sup> cells in 8- and 12-week old mice was analyzed in greater  
275 detail within the tibiae. Sagittal sections of the tibia were imaged using confocal microscopy and  
276 the trabecular and cortical bone regions examined for patterns of Tomato<sup>+</sup> cell expression (Figure  
277 1). Firstly, investigating the trabecular region of the tibia of 8-week old *Lepr-cre;tdTomato* mice,

278 revealed the presence of Tomato<sup>+</sup> cells within the marrow space between trabeculae (Figure 1Bi-  
279 Cii) where these cells located around sinusoids (Figure 1 Bii). Small populations of Tomato<sup>+</sup> cells  
280 were also found lining and embedded within trabecular struts (Figure 1 Bi, Ci & Dii). While  
281 Tomato<sup>+</sup> cells are located perivascularly and along the bone surface, no Tomato<sup>+</sup> cells were found  
282 in the growth plate (Figure 1 Di). By 12- weeks of age, the prevalence of Tomato<sup>+</sup> cells located  
283 perivascularly within the trabecular bone marrow increased (Figure 1 Ei-ii), while Tomato<sup>+</sup> cells  
284 also increased along and within the trabecular bone. Interestingly, at 12 weeks of age, these cells  
285 along the surface of trabecular bone morphologically resembled that of osteoblasts (cuboidal) and  
286 bone lining cells (flattened)(Figure 1 F, yellow arrows) suggestive of osteoblastic differentiation  
287 of LepR<sup>+</sup> bone marrow stromal cells. Furthermore, the population of Tomato<sup>+</sup> cells embedded  
288 within the trabecular bone (Figure 1 F, green arrows) is evidence of osteocytic differentiation.

289 Examining the cortical bone region of the tibial mid-diaphysis, a small population of Tomato<sup>+</sup> cells  
290 were found perivascularly within the marrow and along the bone surface at 8-weeks of age (Figure  
291 2 A). The pattern of expansion of this cell population seen in trabecular bone also holds true when  
292 the cortical bone was further examined (Figure 2 B-D); at 12 weeks, Tomato<sup>+</sup> cells are found  
293 perivascularly, along the endosteal surface (Figure 2 Cii & D, yellow arrow) and embedded within  
294 the cortical bone (Figure 2 D, green arrows). This observation was confirmed using flow  
295 cytometry, which showed that the percentage of Tomato<sup>+</sup> cells in the marrow is 3.41%  $\pm$ 2.50 in  
296 the tibia and 3.02%  $\pm$ 1.98 in the femur in 12-week old mice (Figure 2 E). Furthermore,  
297 LepR<sup>+</sup>CD45<sup>-</sup>Ter119<sup>-</sup> bone marrow stromal cells accounted for 0.16%  $\pm$ 0.11 of bone marrow cells  
298 within the tibia (Figure 2 F). Together, these data suggest that Lepr-cre;tdTomato<sup>+</sup> bone marrow  
299 stromal cells appear perivascularly, where they expand with age, are recruited to the bone surface  
300 of both trabecular and cortical bone and undergo osteoblastic and osteocytic differentiation.

301

### 302 **3.2. Tibia loading enhances endosteal and periosteal cortical bone formation**

303 To investigate whether there are changes in the LepR<sup>+</sup> stromal cell pool and their progeny during  
304 loading-induced bone formation, a compressive load of 11N was applied to the tibia of 12-week  
305 old female *Lepr-cre;tdTomato* mice (Figure 3 A-C). Consistent with previous studies, our data  
306 show that tibia loading in this model leads to an anabolic response in cortical bone of *Lepr-*  
307 *cre;tdTomato* mice (Figure 3 D-F). Analysis of the entire tibial cortex by micro-CT reveals an  
308 increase in cross-sectional area following loading, as well as a greater cross-sectional ellipticity  
309 (Figure 3 D). The second moment of inertia around the major ( $I_{\min}$ ) and minor ( $I_{\max}$ ) axes and the  
310 predicted resistance to torsion (J) are also enhanced following the 2 weeks of loading in *Lepr-*  
311 *cre;tdTomato* mice (Figure S4).

312 Bone formation was also measured on both the endosteal and periosteal surface using dynamic  
313 histomorphometry, where right (loaded) tibiae formed significantly more bone than left (non-  
314 loaded) tibiae (Figure 3 E,F). After 2 weeks of loading, we found a significant increase in  
315 mineralised surface, mineral apposition rate and bone formation rate at both the endosteal (Figure  
316 3 E) and periosteal surfaces (Figure 3 F). Mineralised surface, mineral apposition rate and bone  
317 formation rate were increased by 30, 20, and 79% on the endosteal surface, respectively (Figure 3  
318 E), while on the periosteal surface mineralised surface, mineral apposition rate and bone formation  
319 rate, increased by 23, 10, and 28%, respectively (Figure 3 F).

320

### 321 **3.3. Tibial loading does not influence the number of LepR<sup>+</sup> bone marrow stromal cells** 322 **nor their progeny**

323 To determine whether these load-related increases in cortical bone formation are linked to an  
324 expansion and differentiation of the *Lepr-cre;tdTomato*<sup>+</sup> marrow stromal cell population, bone  
325 marrow was flushed from the loaded and non-loaded tibiae and flow cytometry was performed to  
326 assess the percentage of *Tomato*<sup>+</sup> cells. The percentage of *Tomato*<sup>+</sup> cells did not increase following  
327 tibia loading when no cellular sub-groups were excluded (Figure 4 A). However, when the *CD45*<sup>+</sup>  
328 hematopoietic and *TER-119*<sup>+</sup> erythropoietic cells were excluded, the percentage of *Tomato*<sup>+</sup>  
329 stromal cells was found to be slightly greater (Figure 4 B). While not significant, this could be  
330 indicative of a proliferative response in these primitive *Tomato*<sup>+</sup> cells. Interestingly, additional  
331 staining of *LepR* (Figure S3) reveals a colocalization of the signals from *tdTomato*<sup>+</sup> and *LepR*  
332 antibody only in the marrow; *Tomato*<sup>+</sup> cells lining bone surfaces and *Tomato*<sup>+</sup> osteocytes do not  
333 show immunolabelling for *LepR*, demonstrating that they are not actively expressing *LepR* at the  
334 time of tissue collection on D17.

335 The effect of loading on the numbers of *Tomato*<sup>+</sup> cells, either lining or embedded within bone,  
336 which originated from *LepR*<sup>+</sup> stromal cells was further assessed using histology (Figure 4 C).  
337 No change in the percentage of *Tomato*<sup>+</sup> cells lining the endosteal or periosteal surface or in the  
338 cells embedded in the bone as osteocytes was observed in response to tibial loading (Figure 4 D).  
339 The location of *Tomato*<sup>+</sup> cells lining the endosteal surface was further analysed and compared to  
340 the location where active bone formation had been detected by dynamic histomorphometry (Figure  
341 4 E). This revealed that areas of endosteal surface where active bone formation ranged from 25-  
342 45%, 55-70% and 80- 95% (Figure 4 E, upper graph) failed to exhibit any correlative difference  
343 in the local number of *Tomato*<sup>+</sup> cells (Figure 4 E, lower graph).

344 These data demonstrate that our loading protocol which increases bone formation, does not  
345 significantly induce proliferation of *LepR*<sup>+</sup> bone marrow stromal cells. Moreover, there is no



346 recruitment of this cell type to the bone surface, suggestive that a re-activation of the cells already  
347 present at this location are responsible for the increased load-related bone accrual response.

348

### 349 **3.4. LepR<sup>+</sup> cells play a role in loading-induced bone formation via an adenylyl cyclase 6** 350 **dependent mechanism**

351 To investigate whether cells derived from LepR<sup>+</sup> stromal cells play a role in load-induced bone  
352 formation, we crossed the *Lepr-cre;tdTomato* mouse with adenylyl cyclase 6 floxed animal  
353 (*AC6<sup>fl/fl</sup>*) to generate an *AC6* knockout in Leptin receptor expressing cells and their progeny (*Lepr-*  
354 *cre;tdTomato;AC6<sup>fl/fl</sup>*). Utilising a global deletion of Adenylyl Cyclase 6, it has been previously  
355 shown that *AC6* is required for loading-induced bone formation [29]. However, it is unclear in  
356 which cell type *AC6* is mediating this response. *Lepr-cre;tdTomato;AC6<sup>fl/fl</sup>* mice are healthy and  
357 fertile and appeared phenotypically normal (Figure 5 A & B, Figure S5). Body weight of all mice  
358 in the study increased with age, with no differences observed between *Lepr-cre;tdTomato* control  
359 animals and *Lepr-cre;tdTomato;AC6<sup>fl/fl</sup>* mice at any time point (Figure S5 A). On average the body  
360 weights of *Lepr-cre;tdTomato* and *Lepr-cre;tdTomato;AC6<sup>fl/fl</sup>* mice were not significantly different  
361 at 8- or 12-weeks of age, where *Lepr-cre;tdTomato* mice weighed  $17.0 \pm 0.1$ g and  $18.9 \pm 0.4$ g at 8-  
362 and 12-weeks, respectively, whereas *Lepr-cre;tdTomato;AC6<sup>fl/fl</sup>* mice weighed  $17.7 \pm 0.4$ g and  $19.0$   
363  $\pm 0.8$ g at 8- and 12-weeks, respectively (Figure S5 A). In addition,  $\mu$ CT analysis was conducted to  
364 further examine cortical bone microarchitecture of *Lepr-cre;tdTomato;AC6<sup>fl/fl</sup>* and *Lepr-*  
365 *cre;tdTomato* mice tibiae. The total area, cortical area, cortical thickness,  $I_{\min}$ , and  $I_{\max}$  at the tibial  
366 midshaft of *Lepr-cre;tdTomato;AC6<sup>fl/fl</sup>* mice were not significantly different from *Lepr-*  
367 *cre;tdTomato* mice (Figure 5 C). Collectively, these data indicate that there were no differences in  
368 the skeletal morphology of young adult *Lepr-cre;tdTomato* and *Lepr-cre;tdTomato;AC6<sup>fl/fl</sup>* mice.

369 Thus, these results suggest *Lepr-cre;tdTomato;AC6<sup>fl/fl</sup>* mice do not exhibit a gross morphological  
370 or skeletal phenotype, which is consistent with the *AC6* global deletion model [29].

371 As there is no skeletal phenotype following *AC6* deletion, an identical tibial loading regime was  
372 applied to the *Lepr-cre;tdTomato;AC6<sup>fl/fl</sup>* mice and  $\mu$ CT measurements were taken along the entire  
373 tibia length at the end of the loading period (Figure 6 A). Interestingly, no changes were observed  
374 for tibial cross-sectional area, ellipticity (Figure 6 A), thickness of the cortical bone,  $I_{\min}$ ,  $I_{\max}$  or  
375 the resistance to torsion (Figure S7) following application of load in these *Lepr-*  
376 *cre;tdTomato;AC6<sup>fl/fl</sup>* mice. This result demonstrates that the deletion of *AC6* in a LepR specific  
377 manner prevents the load-induced cortical bone formation otherwise observed.

378 Dynamic histomorphometry was utilised to further evaluate the effect of loading on cortical bone  
379 formation in *Lepr-cre;tdTomato;AC6<sup>fl/fl</sup>* mice (Figure 6 B, C). No changes in mineralised surface,  
380 mineral apposition rate or bone formation rate were found at the endosteal surface of tibial cortical  
381 bone in *Lepr-cre;tdTomato;AC6<sup>fl/fl</sup>* post-loading (Figure 6 B) which is in agreement with  $\mu$ CT  
382 analysis. However, on the periosteal surface, loading of *Lepr-cre;tdTomato;AC6<sup>fl/fl</sup>* tibia resulted  
383 in an increase in mineralised surface and bone formation rate, while no change in mineral  
384 apposition rate was detected (Figure 6 C).

385 This effect of loading on *Tomato<sup>+</sup>;AC6<sup>-/-</sup>* cells lining and embedded within bone was furthered  
386 assessed using histology (Figure 7 A). Mechanical loading did not change the percentage of  
387 *Tomato<sup>+</sup>;AC6<sup>-/-</sup>* cells observed in any region of the tibiae (Figure 7 B). The percentage of  
388 *Tomato<sup>+</sup>;AC6<sup>-/-</sup>* cells on the endosteum, periosteum and embedded within the cortical bone were  
389 investigated, and no effect of loading on cell number was evident. These data demonstrate that  
390 *Lepr-cre;tdTomato;AC6<sup>fl/fl</sup>* animals have both an attenuated endosteal osteogenic response to  
391 loading and exhibit no change in the percentage of local *Lepr-cre;tdTomato<sup>+</sup>* cells. This, therefore,

392 indicates that LepR<sup>+</sup> cells contribute to bone formation on the endosteal surface and that adenylyl  
393 cyclase 6 is required in these cells to mediate this response.

394

#### 395 **4. Discussion**

396 Bone marrow stromal/stem cells represent a quiescent cell population that supply bone-forming  
397 osteoblast cells to maintain tissue homeostasis and to facilitate repair in response to injury. A  
398 potent mediator of stromal/stem cell differentiation *in vitro* and bone formation *in vivo* is  
399 mechanical loading, yet it is unclear whether load-induced bone formation requires the recruitment  
400 and differentiation of resident progenitor cells. Therefore, in this study, we utilized the Leptin  
401 Receptor to identify and trace the contribution of bone marrow stromal cells and their progeny to  
402 bone mechanoadaptation. *Lepr-cre;tdTomato*<sup>+</sup> cells were tracked from E19.5 through to early  
403 adulthood, to find that *Lepr-cre;tdTomato*<sup>+</sup> cells initially appear perivascularly within the marrow,  
404 perinatally, and increase in number with age, contributing to osteoblast and osteocyte populations  
405 demonstrating osteogenic lineage commitment. Compressive loading of *Lepr-cre;tdTomato* tibiae  
406 resulted in increased bone formation on the endosteal and periosteal surface of cortical bone.  
407 Interestingly, no significant increase in the percentage of *Lepr-cre;tdTomato*<sup>+</sup> stromal cells within  
408 the bone marrow was observed, while no significant changes in the number of *Lepr-cre;tdTomato*<sup>+</sup>  
409 cells lining the bone surface or osteocytes embedded in bone were found following loading. *AC6*  
410 deletion in *Lepr-cre;tdTomato*<sup>+</sup> cells resulted in a reduced endocortical bone-forming response to  
411 loading, demonstrating a critical role for *Lepr-cre;tdTomato*<sup>+</sup> cell progeny in loading-induced bone  
412 formation. In summary, these data indicate that mechanical loading does not result in the  
413 proliferation of *Lepr-cre;tdTomato*<sup>+</sup> stromal cells within the marrow nor the recruitment of these  
414 cells to the bone surface, suggesting that these cells may play either a supportive role in

415 osteogenesis via cell non-autonomous effects or alternatively Lepr<sup>+</sup> cells already present along the  
416 bone surface are re-activated, mediating short term load-induced bone formation in a manner that  
417 is dependent on AC6.

418         Leptin Receptor is expressed prenatally in bone and brain tissue and becomes widely  
419 expressed in nearly all major organs postnatally. Using confocal microscopy, the expression  
420 pattern of Lepr-cre;tdTomato<sup>+</sup> cells was analyzed in E19.5 mice. During this late stage of gestation,  
421 a limited number of Lepr-cre;tdTomato<sup>+</sup> cells were found to be present only in the brain and bone  
422 tissue. This is consistent with previous work that demonstrated no Lepr-cre;tdTomato<sup>+</sup> cells in the  
423 ossification centre of bone at E15.5 [20], and limited LepR positive cells at E19.5, indicating little  
424 contribution of these cells to bone formation at these earlier stages of development [3]. The number  
425 of Lepr-cre;tdTomato<sup>+</sup> in the metaphyseal bone marrow showed a sharp increase by postnatal day  
426 P0.5 [3], and in 1-week old mice LepR<sup>+</sup> cells were present throughout the bone marrow [20]. Our  
427 data, in combination with previous work, suggest that Lepr-cre;tdTomato<sup>+</sup> cells increase in the  
428 bone marrow during bone maturation. We have also shown that Lepr-cre;tdTomato<sup>+</sup> cells were  
429 present within the brain at E19.5 and are found in the heart, lungs, spleen, liver and the medulla  
430 region of the kidney in 8- and 12-week old animals. Further interrogation by mRNA expression  
431 analysis of *LepR* in various mouse tissues also found that the heart and spleen have the lowest  
432 expression of LepR, of the tissues analysed [22], which is consistent with our findings. This wide  
433 expression of Leptin Receptor has considerable implications for the use of the Leptin Receptor for  
434 the study of MSC behaviour in bone, particularly when combined with Cre-lox strategy for gene  
435 deletion.

436 Within bone, Lepr-cre;tdTomato<sup>+</sup> cells appear perivascularly in the marrow, where they are  
437 recruited to the bone surface and commit to the osteogenic lineage with age. The percentage of

438 *Lepr-cre;tdTomato*<sup>+</sup> cells within the tibial marrow increased between 8- and 12-weeks of age  
439 suggesting an maturation-related expansion of this cell type. This increase in marrow *Lepr-*  
440 *cre;tdTomato*<sup>+</sup> cells was mirrored by an increase in *tdTomato*<sup>+</sup> cells on both bone surfaces and  
441 embedded with bone. Similar findings were reported by Zhou et al. where the percentage of *Lepr-*  
442 *cre;tdTomato*<sup>+</sup> cells making up *Col2.3-GFP*<sup>+</sup> osteoblast cells increased from 10% to 81% from 6-  
443 to 14-months of age [3]. This earlier study also reported that the increase found was not due to the  
444 induced expression of LepR at this age, but rather the proliferation and differentiation of LepR  
445 cells resident in the bone marrow [3]. Furthermore, we did not observe LepR immunolabelling in  
446 cells located on the bone surface or embedded in the bone matrix in our *Lepr-cre;tdTomato* mice,  
447 and studies at 15-weeks in the same mouse model have shown that *tdTomato*<sup>+</sup> cells in the bone  
448 tissue were osteocalcin- and dentin matrix protein 1 (DMP1)-expressing mature osteoblasts and  
449 osteocytes, respectively [20]. Importantly, LepR mRNA was not detectable by quantitative real-  
450 time PCR in the osteoblasts, suggesting that *Lepr-cre;tdTomato*<sup>+</sup> mature bone cells do not  
451 autonomously express LepR, but are descendant of LepR<sup>+</sup> precursors [20]. Taken together, these  
452 data demonstrate that the Leptin Receptor is a robust marker of MSCs *in vivo* to trace their progeny.

453 While the contribution of *Lepr-cre;tdTomato*<sup>+</sup> cells to the adult bone formation has been  
454 investigated, their contribution to load-induced bone formation has not been examined to date.  
455 Herein, *in vivo* mechanical loading of *Lepr-cre;tdTomato* mouse tibia resulted in no change in the  
456 percentage of *Lepr-cre;tdTomato*<sup>+</sup> cells along the bone surface or osteocytes, suggesting that this  
457 loading protocol does not initiate recruitment of *Lepr-cre;tdTomato*<sup>+</sup> marrow cells, but instead  
458 activates resident cells at the bones surface. This is close agreement with several previous  
459 observations made in other models of bone loading where both early loading-related activation of  
460 osteoblast metabolic activity were observed and where there was evidence for the direct

461 transformation from quiescence to bone formation in the adult periosteum following a single brief  
462 period of bone loading[35, 36].

463 The loading protocol used in this study spanned two weeks in length, therefore, while loading  
464 induced a trend to an increase in the percentage of *LepR-cre;tdTomato*<sup>+</sup> marrow stromal cells, these  
465 *LepR*<sup>+</sup> progenitor cells do not contribute to bone formation within the time frame studied. Recent  
466 work from Yang *et al.* also found a lack of response in this cell population following 10 days of  
467 iPTH treatment in the femoral marrow [18]. Interestingly, this finding of reactivation of mature  
468 cells is consistent with a study by Chow *et al.*, where loading of the caudal vertebrae resulted in  
469 reactivation of previously quiescent bone-lining cells [37]. As with the present study, the rapidity  
470 with which new bone was formed following mechanical stimulation raised the potential for this  
471 bone formation to occur via the reactivation of cells already along the bone surface, rather than  
472 recruitment from the stem cell niche. More recently, Matic *et al.*, demonstrated that labelled bone  
473 surface cells were observed at time points extending beyond the reported lifespan for an osteoblast,  
474 suggesting continuous reactivation of bone lining cells is a potential mechanism of adult bone  
475 adaptation [38]. Other recent studies have reported proliferation of osteoprogenitor (*Prrx1*<sup>+</sup>-*Sca1*<sup>+</sup>  
476 [7]) and pre-osteoblast (*Osx*<sup>+</sup> [23]) cells as a major contributor to loading-induced bone formation  
477 and not the differentiation of stem cells, which further strengthens our findings.

478 The specific knockout of *AC6* in *LepR*<sup>+</sup> cells does not induce a skeletal phenotype but results in  
479 abolition of load-induced adaptive responses at the endocortical surface, demonstrating a critical  
480 role for *LepR*<sup>+</sup> cells and their progeny in bone mechanoadaptation. The absence of a basal skeletal  
481 phenotype in *LepR-cre;tdTomato;AC6*<sup>*fl/fl*</sup> mice suggests that *AC6* does not play a role in skeletal  
482 development. However, the disruption of bone mechanoadaptation on the endosteal surface in  
483 *LepR-cre;tdTomato;AC6*<sup>*fl/fl*</sup> mice demonstrates the importance of *AC6* in load-induced bone

484 formation. At the time of loading, approximately 50% of the bone surface is covered by cells  
485 derived from LepR<sup>+</sup> cells, these cells may be responsible for the anabolic bone response and this  
486 is consistent with our *in vitro* studies highlighting a vital role for AC6 in MSC and mature bone  
487 cell mechanotransduction [25, 29]. However, we cannot yet directly rule out the possibility that  
488 LepR<sup>+</sup> cells in the marrow may contribute to the activation of non-Lepr-cre;tdTomato<sup>+</sup> cells on the  
489 bone surface in a non-autonomous manner.

490 While the response on the periosteal surface was blunted, the bone-forming response observed at  
491 this location may be attributed to other non-LepR<sup>+</sup> cells potentially recruited from the periosteum  
492 [39]. For example, Duchamp de Lageneste *et al.* described a population of skeletal stem cells  
493 labelled by Prrx1<sup>+</sup> in the periosteum that expressed markers shown to define mouse skeletal stem  
494 cells, but were negative for leptin receptor[39]. Moreover it was demonstrated by Moore *et al.*,  
495 that Prrx1<sup>+</sup> cells resident in the periosteum can sense and respond to physical stimulation *in vivo*  
496 and contribute to the load-induced bone formation[40]. Additional work is required to draw  
497 conclusive findings, however in our experiment this LepR/Prrx1<sup>+</sup> cell population, would not be  
498 targeted by the AC6 deletion, and thus may play a role in the load-induced bone-forming response  
499 observed on the periosteal surface.

500 This diminished mechanoadaptive response is in agreement with work examining a global  
501 knockout of AC6, where AC6 deletion resulted in an inhibited response to ulna loading [29], and  
502 further strengthens the potential involvement of the primary cilium, to which AC6 localises, in  
503 bone mechanoadaptation [41, 42]. Furthermore, as with the *Lepr-cre;tdTomato* mouse, no change  
504 was found in the percentage of Lepr-cre;tdTomato<sup>+</sup> cells on the bone surface, nor embedded within  
505 the bone. The lack of bone formation, and the failure of loading to induce migration of LepR<sup>+</sup> cells  
506 from the marrow to the bone surface in *Lepr-cre;tdTomato;AC6<sup>fl/fl</sup>* mice is consistent with our

507 hypothesis that loading induced bone formation occurs via Lepr-cre;tdTomato<sup>+</sup> cells, and that this  
508 process requires AC6.

509

## 510 **5. Conclusion**

511 In conclusion, this study has characterised the contribution of LepR<sup>+</sup> bone marrow stromal cells to  
512 bone formation during growth and in response to mechanical loading. Interestingly, although  
513 LepR<sup>+</sup> stromal cells are the main source of osteoblasts and osteocytes with age, they are not  
514 recruited to the bone surface in response to short-term loading. Rather, LepR<sup>+</sup> cell contribute to  
515 bone formation either through a supportive role via cell non-autonomous effects or alternatively  
516 LepR<sup>+</sup> cells already present along the bone surface are re-activated. Interestingly, this activation  
517 required AC6 which has previously been shown to be an important component of stem cell and  
518 mature bone cell mechanotransduction.

519

## 520 **Acknowledgements**

521 This publication has emanated from research conducted with the financial support of Science  
522 Foundation Ireland (SFI) and is co-funded under the European Regional Development Fund under  
523 the AMBER award, Grant Number 12/RC/2278\_2. The authors acknowledge funding from the  
524 Irish Research Council Government of Ireland Postgraduate Scholarship (GOIPG/2014/1463), the  
525 European Research Council (ERC) Starting Grant (336882), the Science Foundation Ireland (SFI)  
526 Support Grant SFI 13/ERC/L2864, the BBSRC grant BB/I014608/1 and Arthritis Research UK  
527 grant 20581. Flow cytometry was performed in the TCD Flow Cytometry Facility, funded by the



528 Irish Higher Education Authority Programme for Research in Third Level Institute and Science  
529 Foundation Ireland grant 12/RI/2340(7).

530

531 **Author's roles**

532 DAH is responsible for the experimental concept and objectives. MR, GPJ and DAH designed the  
533 experiments. GPJ and MR performed the experiments and collected the data. GPJ, MR, MMO and  
534 BJ analysed the data. GPJ, MR, BJ, AAP and DAH interpreted the data. Approving final version  
535 of manuscript: MR, GPJ, MMP, BJ, AAP and DAH.

536

537

538 **References**

- 539 [1] H.M. Frost, Skeletal structural adaptations to mechanical usage (SATMU): 1. Redefining  
540 Wolff's law: the bone modeling problem, *Anat Rec* 226(4) (1990) 403-13.
- 541 [2] L.B. Meakin, J.S. Price, L.E. Lanyon, The Contribution of Experimental in vivo Models to  
542 Understanding the Mechanisms of Adaptation to Mechanical Loading in Bone, *Front Endocrinol*  
543 (Lausanne) 5 (2014) 154.
- 544 [3] B.O. Zhou, R. Yue, M.M. Murphy, J.G. Peyer, S.J. Morrison, Leptin-receptor-expressing  
545 mesenchymal stromal cells represent the main source of bone formed by adult bone marrow, *Cell*  
546 *Stem Cell* 15(2) (2014) 154-68.
- 547 [4] D. Park, J.A. Spencer, B.I. Koh, T. Kobayashi, J. Fujisaki, T.L. Clemens, C.P. Lin, H.M.  
548 Kronenberg, D.T. Scadden, Endogenous bone marrow MSCs are dynamic, fate-restricted  
549 participants in bone maintenance and regeneration, *Cell Stem Cell* 10(3) (2012) 259-72.
- 550 [5] E. Stavenschi, M.N. Labour, D.A. Hoey, Oscillatory fluid flow induces the osteogenic lineage  
551 commitment of mesenchymal stem cells: The effect of shear stress magnitude, frequency, and  
552 duration, *J Biomech* 55 (2017) 99-106.
- 553 [6] M.N. Knight, K.D. Hankenson, Mesenchymal Stem Cells in Bone Regeneration, *Adv Wound*  
554 *Care (New Rochelle)* 2(6) (2013) 306-316.
- 555 [7] C. Liu, P. Cabahug-Zuckerman, C. Stubbs, M. Pendola, C. Cai, K.A. Mann, A.B. Castillo,  
556 Mechanical Loading Promotes the Expansion of Primitive Osteoprogenitors and Organizes Matrix  
557 and Vascular Morphology in Long Bone Defects, *J Bone Miner Res* 34(5) (2019) 896-910.
- 558 [8] R.T. Brady, F.J. O'Brien, D.A. Hoey, Mechanically stimulated bone cells secrete paracrine  
559 factors that regulate osteoprogenitor recruitment, proliferation, and differentiation, *Biochem Bioph*  
560 *Res Co* 459(1) (2015) 118-123.
- 561 [9] K.J. Curtis, T.R. Coughlin, D.E. Mason, J.D. Boerckel, G.L. Niebur, Bone marrow  
562 mechanotransduction in porcine explants alters kinase activation and enhances trabecular bone  
563 formation in the absence of osteocyte signaling, *Bone* 107 (2018) 78-87.
- 564 [10] E. Stavenschi, M.A. Corrigan, G.P. Johnson, M. Riffault, D.A. Hoey, Physiological cyclic  
565 hydrostatic pressure induces osteogenic lineage commitment of human bone marrow stem cells: a  
566 systematic study, *Stem Cell Res Ther* 9(1) (2018) 276.

567 [11] P. Bianco, P.G. Robey, P.J. Simmons, Mesenchymal stem cells: revisiting history, concepts,  
568 and assays, *Cell Stem Cell* 2(4) (2008) 313-9.

569 [12] S. Morikawa, Y. Mabuchi, Y. Kubota, Y. Nagai, K. Niibe, E. Hiratsu, S. Suzuki, C. Miyauchi-  
570 Hara, N. Nagoshi, T. Sunabori, S. Shimmura, A. Miyawaki, T. Nakagawa, T. Suda, H. Okano, Y.  
571 Matsuzaki, Prospective identification, isolation, and systemic transplantation of multipotent  
572 mesenchymal stem cells in murine bone marrow, *J Exp Med* 206(11) (2009) 2483-96.

573 [13] N. Nakao, T. Nakayama, T. Yahata, Y. Muguruma, S. Saito, Y. Miyata, K. Yamamoto, T.  
574 Naoe, Adipose tissue-derived mesenchymal stem cells facilitate hematopoiesis in vitro and in vivo:  
575 advantages over bone marrow-derived mesenchymal stem cells, *Am J Pathol* 177(2) (2010) 547-  
576 54.

577 [14] C.K. Chan, E.Y. Seo, J.Y. Chen, D. Lo, A. McArdle, R. Sinha, R. Tevlin, J. Seita, J. Vincent-  
578 Tompkins, T. Wearda, W.J. Lu, K. Senarath-Yapa, M.T. Chung, O. Marecic, M. Tran, K.S. Yan,  
579 R. Upton, G.G. Walmsley, A.S. Lee, D. Sahoo, C.J. Kuo, I.L. Weissman, M.T. Longaker,  
580 Identification and specification of the mouse skeletal stem cell, *Cell* 160(1-2) (2015) 285-98.

581 [15] L. Ding, T.L. Saunders, G. Enikolopov, S.J. Morrison, Endothelial and perivascular cells  
582 maintain haematopoietic stem cells, *Nature* 481(7382) (2012) 457-62.

583 [16] L. Ding, S.J. Morrison, Haematopoietic stem cells and early lymphoid progenitors occupy  
584 distinct bone marrow niches, *Nature* 495(7440) (2013) 231-5.

585 [17] R. Caire, B. Roche, T. Picot, C.M. Aanei, Z. He, L. Campos, M. Thomas, L. Malaval, L. Vico,  
586 M.H. Lafage-Proust, Parathyroid Hormone Remodels Bone Transitional Vessels and the Leptin  
587 Receptor-Positive Pericyte Network in Mice, *J Bone Miner Res* 34(8) (2019) 1487-1501.

588 [18] M. Yang, A. Arai, N. Udagawa, L. Zhao, D. Nishida, K. Murakami, T. Hiraga, R. Takao-  
589 Kawabata, K. Matsuo, T. Komori, Y. Kobayashi, N. Takahashi, Y. Isogai, T. Ishizuya, A.  
590 Yamaguchi, T. Mizoguchi, Parathyroid Hormone Shifts Cell Fate of a Leptin Receptor-Marked  
591 Stromal Population from Adipogenic to Osteoblastic Lineage, *J Bone Miner Res* 34(10) (2019)  
592 1952-1963.

593 [19] A.N. Tikhonova, I. Dolgalev, H. Hu, K.K. Sivaraj, E. Hoxha, A. Cuesta-Dominguez, S. Pinho,  
594 I. Akhmetzyanova, J. Gao, M. Witkowski, M. Guillaumot, M.C. Gutkin, Y. Zhang, C. Marier, C.  
595 Diefenbach, S. Kousteni, A. Heguy, H. Zhong, D.R. Fooksman, J.M. Butler, A. Economides, P.S.  
596 Frenette, R.H. Adams, R. Satija, A. Tsigirigos, I. Aifantis, The bone marrow microenvironment at  
597 single-cell resolution, *Nature* 569(7755) (2019) 222-228.

598 [20] T. Mizoguchi, S. Pinho, J. Ahmed, Y. Kunisaki, M. Hanoun, A. Mendelson, N. Ono, H.M.  
599 Kronenberg, P.S. Frenette, Osterix marks distinct waves of primitive and definitive stromal  
600 progenitors during bone marrow development, *Dev Cell* 29(3) (2014) 340-9.

601 [21] J. DeFalco, M. Tomishima, H. Liu, C. Zhao, X. Cai, J.D. Marth, L. Enquist, J.M. Friedman,  
602 Virus-assisted mapping of neural inputs to a feeding center in the hypothalamus, *Science*  
603 291(5513) (2001) 2608-13.

604 [22] H. Fei, H.J. Okano, C. Li, G.H. Lee, C. Zhao, R. Darnell, J.M. Friedman, Anatomic  
605 localization of alternatively spliced leptin receptors (Ob-R) in mouse brain and other tissues, *Proc*  
606 *Natl Acad Sci U S A* 94(13) (1997) 7001-5.

607 [23] H.M. Zannit, M.J. Silva, Proliferation and Activation of Osterix-Lineage Cells Contribute to  
608 Loading-Induced Periosteal Bone Formation in Mice, *JBMR Plus* 3(11) (2019) e10227.

609 [24] E. Stavenschi, M.N. Labour, D.A. Hoey, Oscillatory fluid flow induces the osteogenic lineage  
610 commitment of mesenchymal stem cells: The effect of shear stress magnitude, frequency, and  
611 duration, *Journal of Biomechanics* 55 (2017) 99-106.

612 [25] G.P. Johnson, E. Stavenschi, K.F. Eichholz, M.A. Corrigan, S. Fair, D.A. Hoey, Mesenchymal  
613 stem cell mechanotransduction is cAMP dependent and regulated by adenylyl cyclase 6 and the  
614 primary cilium, *J Cell Sci* 131(21) (2018) jcs.222737.

615 [26] M. Kamenetsky, S. Middelhaufe, E.M. Bank, L.R. Levin, J. Buck, C. Steegborn, Molecular  
616 details of cAMP generation in mammalian cells: a tale of two systems, *J Mol Biol* 362(4) (2006)  
617 623-39.

618 [27] J. Hanoune, N. Defer, Regulation and role of adenylyl cyclase isoforms, *Annual review of*  
619 *pharmacology and toxicology* 41 (2001) 145-74.

620 [28] N. Defer, M. Best-Belpomme, J. Hanoune, Tissue specificity and physiological relevance of  
621 various isoforms of adenylyl cyclase, *Am J Physiol Renal Physiol* 279(3) (2000) F400-16.

622 [29] K.L. Lee, D.A. Hoey, M. Spasic, T. Tang, H.K. Hammond, C.R. Jacobs, Adenylyl cyclase 6  
623 mediates loading-induced bone adaptation in vivo, *FASEB J* 28(3) (2014) 1157-65.

624 [30] L. Madisen, T.A. Zwingman, S.M. Sunkin, S.W. Oh, H.A. Zariwala, H. Gu, L.L. Ng, R.D.  
625 Palmiter, M.J. Hawrylycz, A.R. Jones, E.S. Lein, H. Zeng, A robust and high-throughput Cre  
626 reporting and characterization system for the whole mouse brain, *Nat Neurosci* 13(1) (2010) 133-  
627 40.

628 [31] K.P. Roos, K.A. Strait, K.L. Raphael, M.A. Blount, D.E. Kohan, Collecting duct-specific  
629 knockout of adenylyl cyclase type VI causes a urinary concentration defect in mice, *Am J Physiol*  
630 *Renal Physiol* 302(1) (2012) F78-84.

631 [32] R.L. De Souza, M. Matsuura, F. Eckstein, S.C. Rawlinson, L.E. Lanyon, A.A. Pitsillides,  
632 Non-invasive axial loading of mouse tibiae increases cortical bone formation and modifies  
633 trabecular organization: a new model to study cortical and cancellous compartments in a single  
634 loaded element, *Bone* 37(6) (2005) 810-8.

635 [33] M. Doube, M.M. Klosowski, I. Arganda-Carreras, F.P. Cordelieres, R.P. Dougherty, J.S.  
636 Jackson, B. Schmid, J.R. Hutchinson, S.J. Shefelbine, *BoneJ: Free and extensible bone image*  
637 *analysis in ImageJ*, *Bone* 47(6) (2010) 1076-9.

638 [34] J. Schindelin, I. Arganda-Carreras, E. Frise, V. Kaynig, M. Longair, T. Pietzsch, S. Preibisch,  
639 C. Rueden, S. Saalfeld, B. Schmid, J.Y. Tinevez, D.J. White, V. Hartenstein, K. Eliceiri, P.  
640 Tomancak, A. Cardona, Fiji: an open-source platform for biological-image analysis, *Nat Methods*  
641 9(7) (2012) 676-82.

642 [35] R.A. Dodds, N. Ali, M.J. Pead, L.E. Lanyon, Early loading-related changes in the activity of  
643 glucose 6-phosphate dehydrogenase and alkaline phosphatase in osteocytes and periosteal  
644 osteoblasts in rat fibulae in vivo, *J Bone Miner Res* 8(3) (1993) 261-7.

645 [36] M.J. Pead, T.M. Skerry, L.E. Lanyon, Direct transformation from quiescence to bone  
646 formation in the adult periosteum following a single brief period of bone loading, *J Bone Miner*  
647 *Res* 3(6) (1988) 647-56.

648 [37] J.W. Chow, A.J. Wilson, T.J. Chambers, S.W. Fox, Mechanical loading stimulates bone  
649 formation by reactivation of bone lining cells in 13-week-old rats, *J Bone Miner Res* 13(11) (1998)  
650 1760-7.

651 [38] I. Matic, B.G. Matthews, X. Wang, N.A. Dymont, D.L. Worthley, D.W. Rowe, D. Grcevic, I.  
652 Kalajzic, Quiescent Bone Lining Cells Are a Major Source of Osteoblasts During Adulthood, *Stem*  
653 *Cells* 34(12) (2016) 2930-2942.

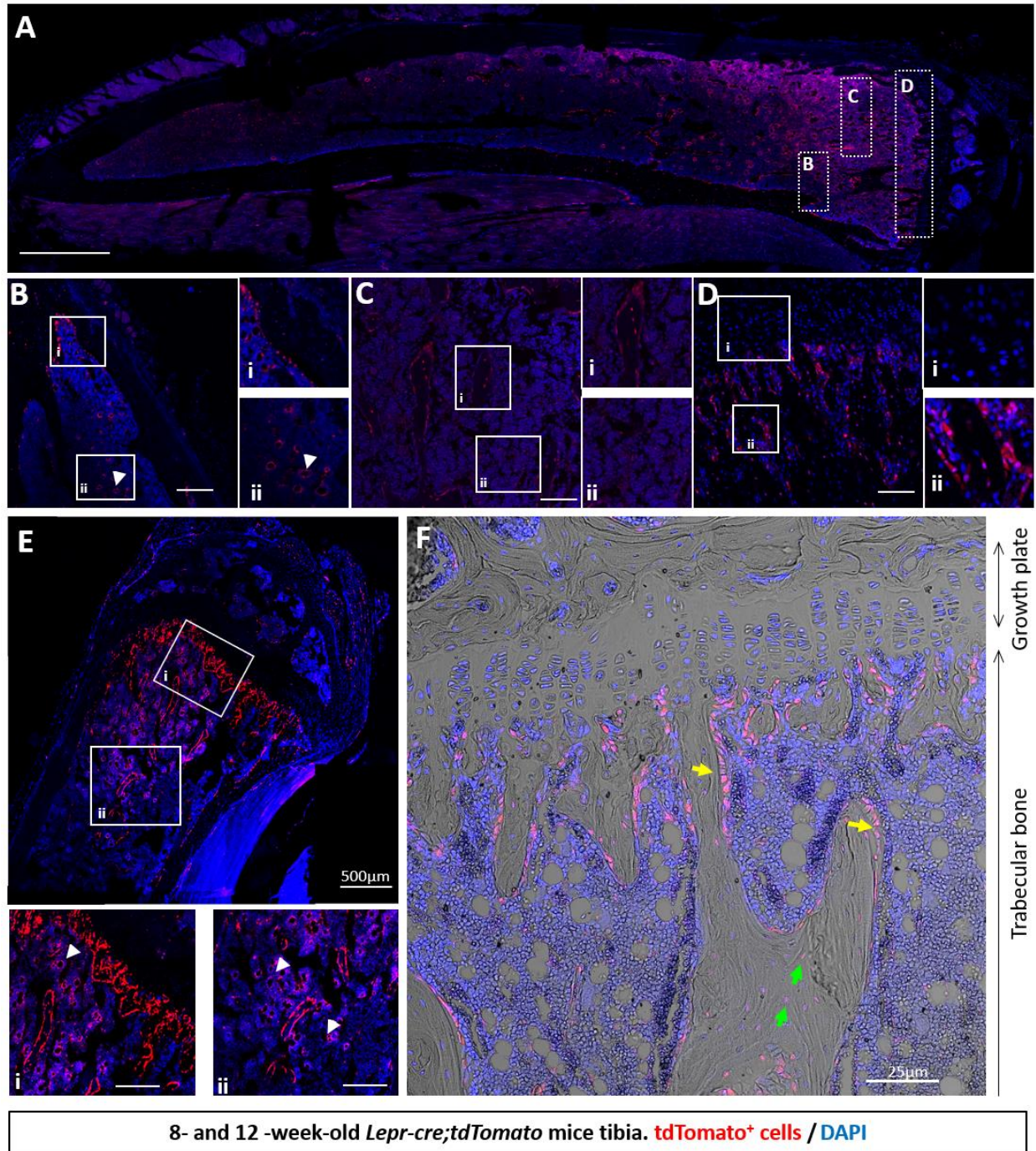
654 [39] O. Duchamp de Lageneste, A. Julien, R. Abou-Khalil, G. Frangi, C. Carvalho, N. Cagnard,  
655 C. Cordier, S.J. Conway, C. Colnot, Periosteum contains skeletal stem cells with high bone  
656 regenerative potential controlled by Periostin, *Nat Commun* 9(1) (2018) 773.

657 [40] E.R. Moore, Y. Yang, C.R. Jacobs, Primary cilia are necessary for Prx1-expressing cells to  
658 contribute to postnatal skeletogenesis, *J Cell Sci* 131(16) (2018).

659 [41] E.R. Moore, J.C. Chen, C.R. Jacobs, Prx1-Expressing Progenitor Primary Cilia Mediate Bone  
660 Formation in response to Mechanical Loading in Mice, *Stem Cells Int* 2019 (2019) 3094154.

661 [42] J.C. Chen, D.A. Hoey, M. Chua, R. Bellon, C.R. Jacobs, Mechanical signals promote  
662 osteogenic fate through a primary cilia-mediated mechanism, *FASEB J* 30(4) (2016) 1504-11.

663

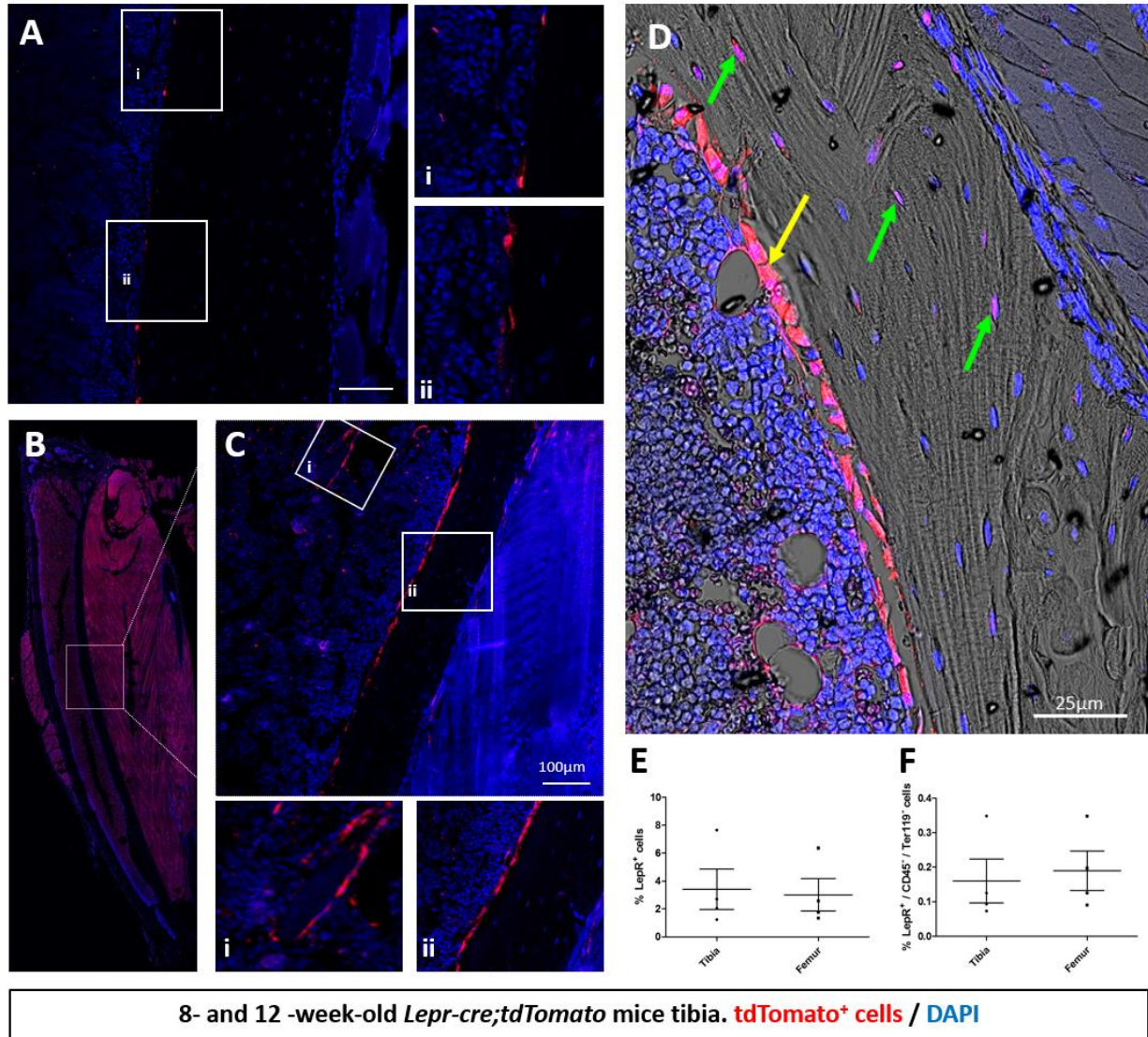


664

665 **Figure 1:** tdTomato<sup>+</sup> bone marrow cells appear around sinusoids and contribute to osteoblast and  
 666 osteocyte populations over time in trabecular bone. To assess whether *LepR-cre* was actively  
 667 expressed in adult tibia, limbs were harvested from 8- and 12-week-old *Lepr-cre;tdTomato* mice  
 668 and processed for histological analyses with the nuclear dye DAPI. (A) Representative image of

669 an 8-week old tibia, showing regions of interest. **(B-D)** Confocal microscopy revealed tdTomato<sup>+</sup>  
670 signal in 8-week old trabecular bone marrow **(B-Bi)**, perivascularly in the marrow space (arrow  
671 head; Bii), in trabecular bone **(C)**, and below the growth plate **(D)**. **(Di)** No staining was found in  
672 the growth plate. **(E-F)** Confocal microscopy revealed tdTomato<sup>+</sup> signal in 12-week old mice along  
673 the trabecular bone **(E)** and in trabecular bone marrow **(Ei-ii)**. **(Ei-ii)** tdTomato<sup>+</sup> was found to be  
674 perivascular in the marrow space (arrow head). **(F)** No staining was found in the growth plate.  
675 Additionally, tdTomato<sup>+</sup> is expressed on the bone surface (yellow arrow) and embedded within  
676 bone (green arrow) in 12-week old mice. n=4. Scale bar 50μm unless otherwise indicated.



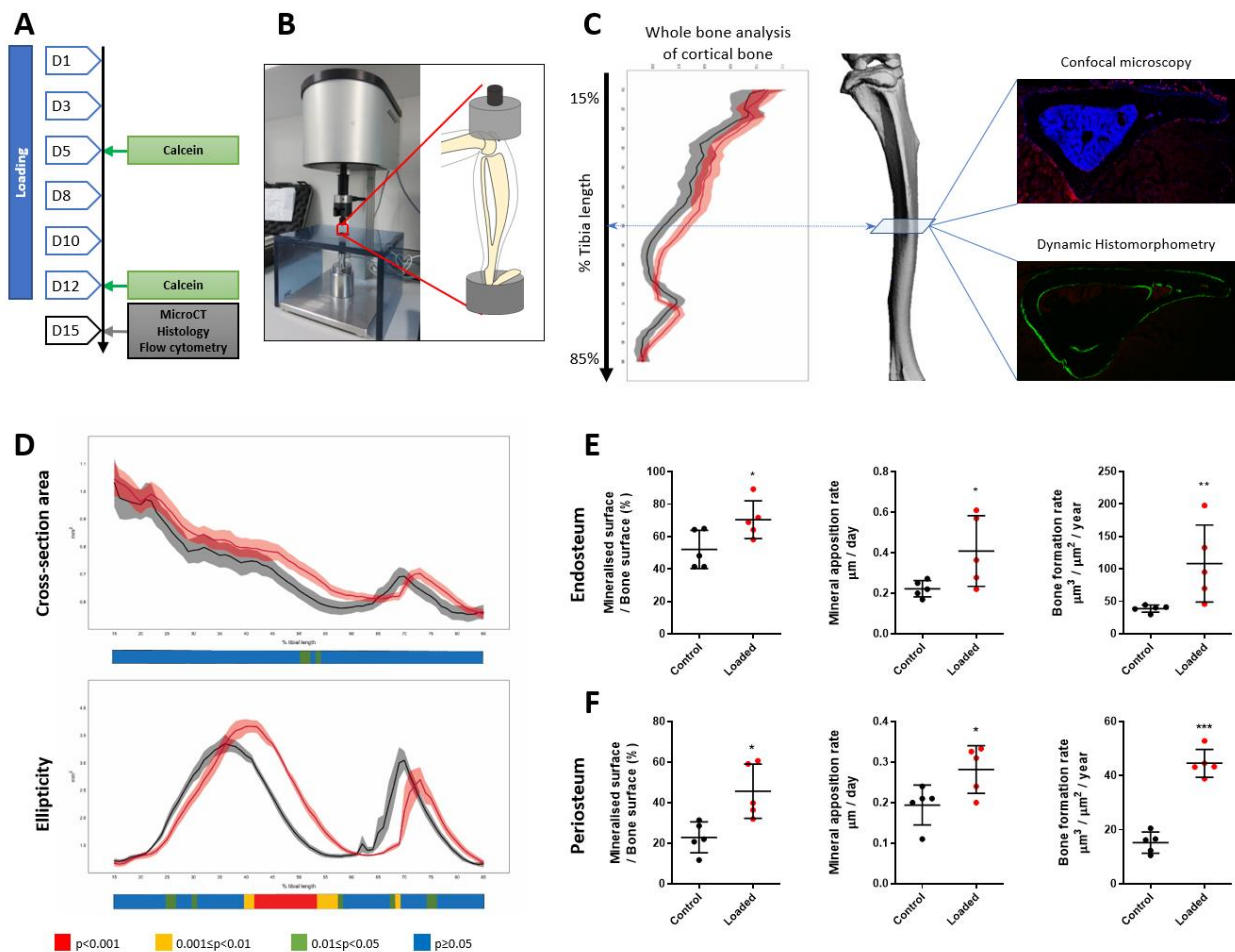


677

678 **Figure 2:** *tdTomato*<sup>+</sup> bone marrow cells appear around sinusoids and contribute to osteoblast and  
 679 osteocyte populations over time in cortical bone. To assess whether *LepR-cre* was actively  
 680 expressed in adult tibia, limbs were harvested from 8- and 12-week-old mice. *Lepr-cre;tdTomato*  
 681 mice and processed for histological analyses with the nuclear dye DAPI. (A) *tdTomato*<sup>+</sup> signal was  
 682 found on the endosteal surface of cortical bone at 8-weeks. (B-D) Representative image of a 12-  
 683 week old tibia. (Ci-ii) Confocal microscopy revealed *LepR* signal perivascularly in the marrow  
 684 space (Ci) and along the cortical bone surface (Cii). (D) *LepR* is expressed on the bone surface

685 (yellow arrow) and embedded within bone (green arrow). n=4. Scale bar 50 $\mu$ m. (E) Flow  
 686 cytometry analyses revealed that in 12-week-old mice tdTomato<sup>+</sup> make up 1.23-7.65% and 1.35-  
 687 6.36% of bone marrow cells in the tibia and femur, respectively. (F) Exclusion of CD45/Ter119<sup>+</sup>  
 688 cells reveals 0.07-0.35% and 0.09-0.34% tdTomato<sup>+</sup> cells in the tibia and femur, respectively. n=3,  
 689 Values are percentages +/- SD.

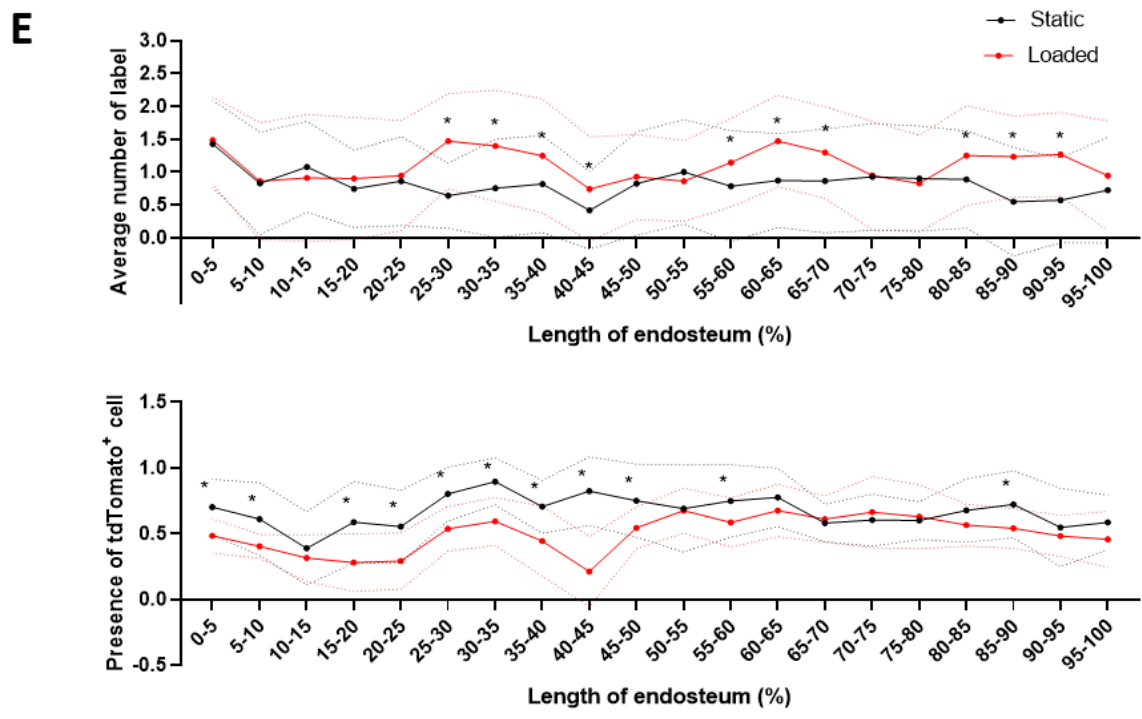
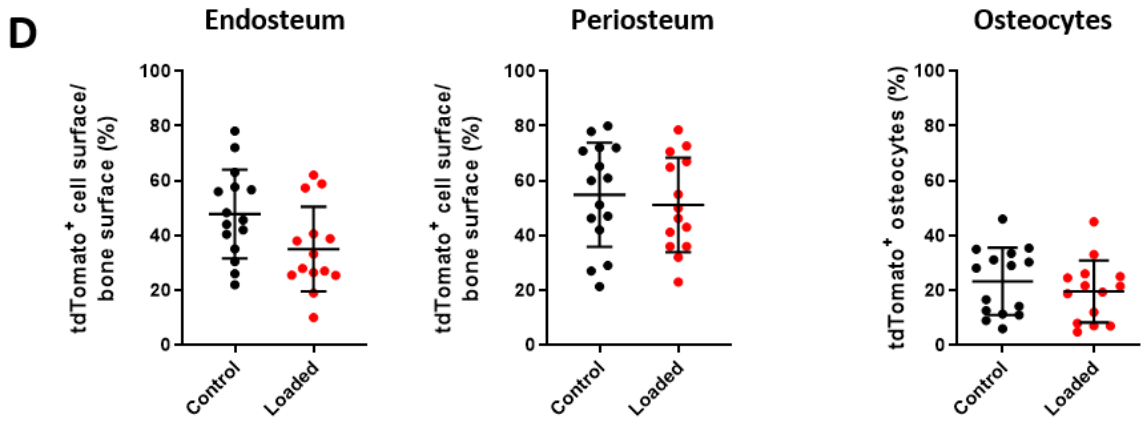
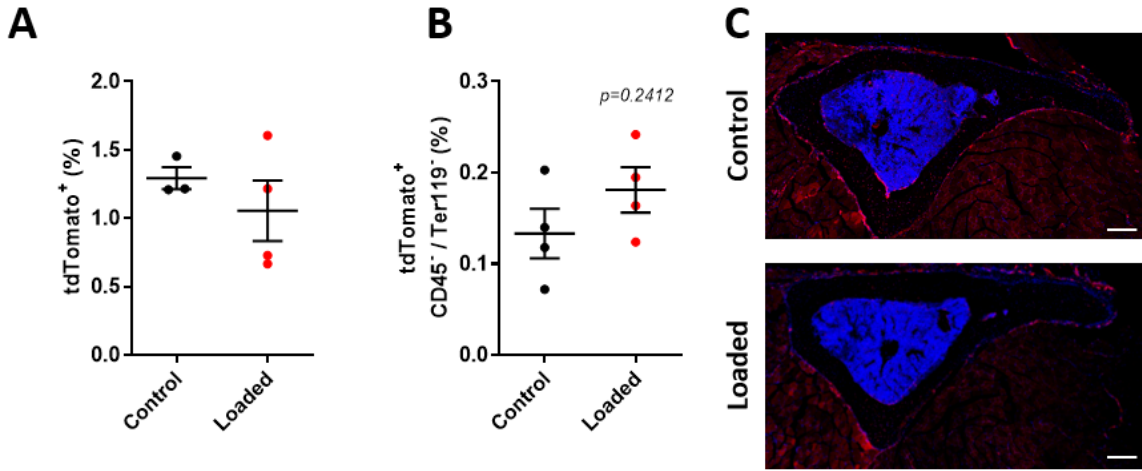
690



691

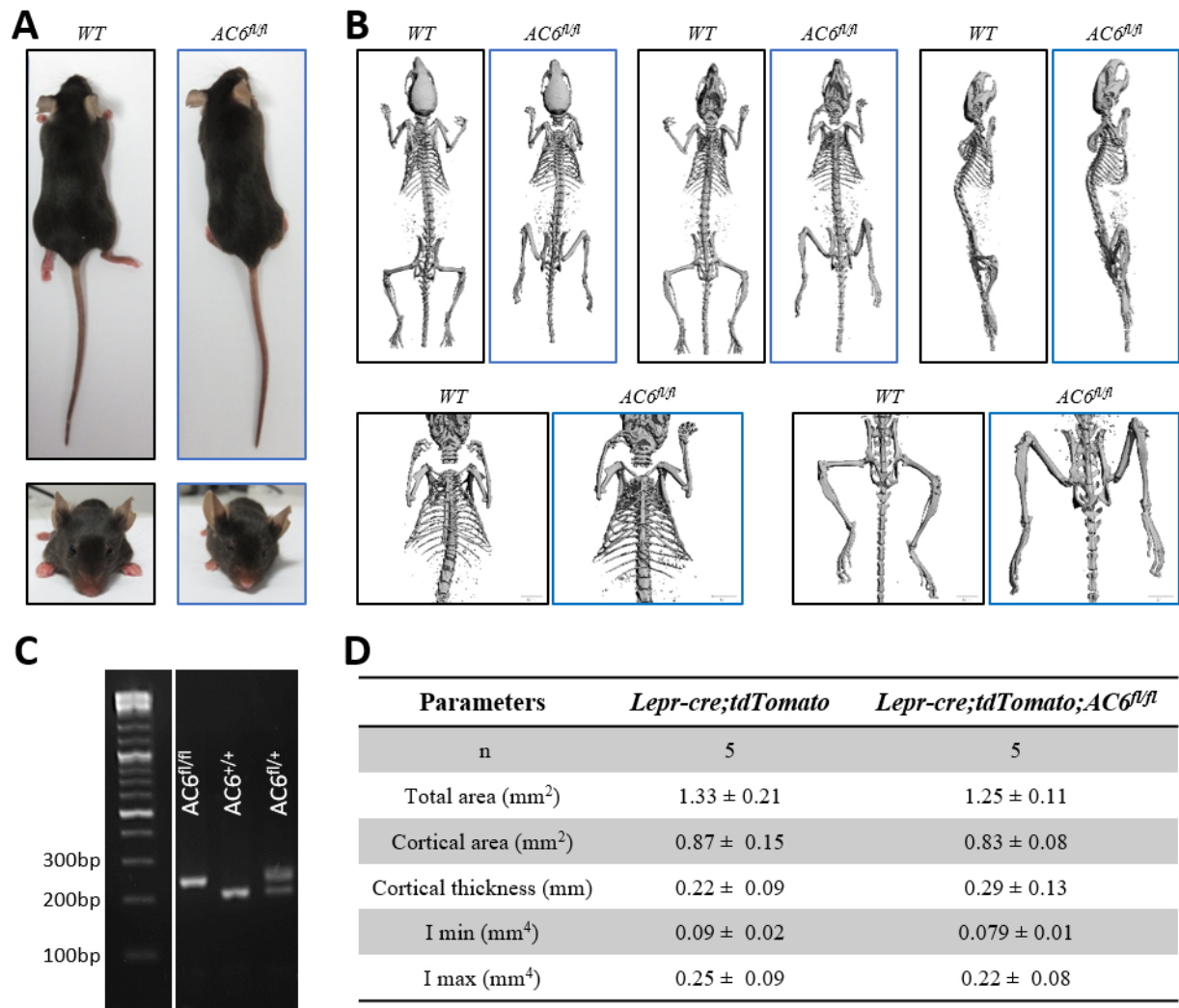
692 **Figure 3:** Axial tibia loading of 12-week-old *Lepr-cre;tdTomato* mice. (A) Schematic of the  
 693 experimental plan and tibia loading set up. (B) The right tibia of 12 week old mice was axially  
 694 loaded at 11N for 40 cycles with 10 sec rest periods per day for a total of 14 days. The left tibia

695 were not loaded and used as non-loaded internal controls. **(C)** Schematic representation of analyses  
696 done on tibia. Whole bone microCT was performed and cortical bone analysed between 15 and  
697 90% of the total tibial length, confocal microscopy on cryosections and dynamic  
698 histomorphometry were performed on cross-section located between 45-50% of the tibial length.  
699 **(D)** Whole bone analyses of cortical bone between 15-85% of the total tibial length, excluding  
700 proximal and distal metaphyseal bone showing cross sectional area and ellipticity. Loaded: red,  
701 static: black, line graph represent means +/-SEM, n=7. Statistical significance of differences along  
702 the entire tibial shaft is represented as a heat map, red  $p < 0.001$ , yellow  $0.001 \leq p < 0.01$ , green  
703  $0.01 \leq p < 0.05$  and blue  $p \geq 0.05$ . **(E-F)** Dynamic histomorphometry analysis of tibia transverse  
704 section reveals tibial compressive loading enhances endosteal and periosteal cortical bone  
705 formation. Relative mineralizing surface over bone surface, mineral apposition rate, and bone  
706 formation rate at the endosteal **(E)** and periosteal **(F)** surface of mechanically loaded tibia. n=5.  
707 Mean +/-SD.



709 **Figure 4:** Tibial compressive loading doesn't alter proliferation nor location of *Lepr-cre;tdTomato*  
710 cells. **(A-B)** Flow cytometry analyses of bone marrow cells following mechanical loading of *Lepr-*  
711 *cre;tdTomato* mouse tibia. **(A)** Flow cytometry analyses revealed loading did not alter the  
712 percentage of tdTomato<sup>+</sup> cells. **(B)** Exclusion of CD45<sup>+</sup> and Ter119<sup>+</sup> cells reveals a trend towards  
713 an increase in tdTomato<sup>+</sup> cells following tibia loading, n=4. **(C-D)** Tibial compressive loading  
714 doesn't alter the location of tdTomato<sup>+</sup> cells. **(C)** Representative image of tibia transection, scale  
715 bar 100μm. **(D)** The percentage of tdTomato<sup>+</sup> cells on the endosteal or periosteal surface and  
716 embedded with the bone was not altered in cortical bone following tibia compressive loading. n=7  
717 **(E)** Analysis of the location of bone formation along the surface of the endosteum, upper graph:  
718 average number of label observed by dynamic histomorphometry (n=4), lower graph: average  
719 number of tdTomato<sup>+</sup> cells observed lining endosteum surface on confocal images (n=3).  
720 Statistical tests employed unpaired two tailed student t-test. Mean +/- SD \**P*<0.05





721

722 **Figure 5:** Phenotypic analysis of *Lepr-cre;tdTomato* and *Lepr-cre;tdTomato;AC6<sup>fl/fl</sup>* mice at 8 and

723 12 weeks. (A) Photographs of *Lepr-cre;tdTomato* and *Lepr-cre;tdTomato;AC6<sup>fl/fl</sup>* mice at 12-

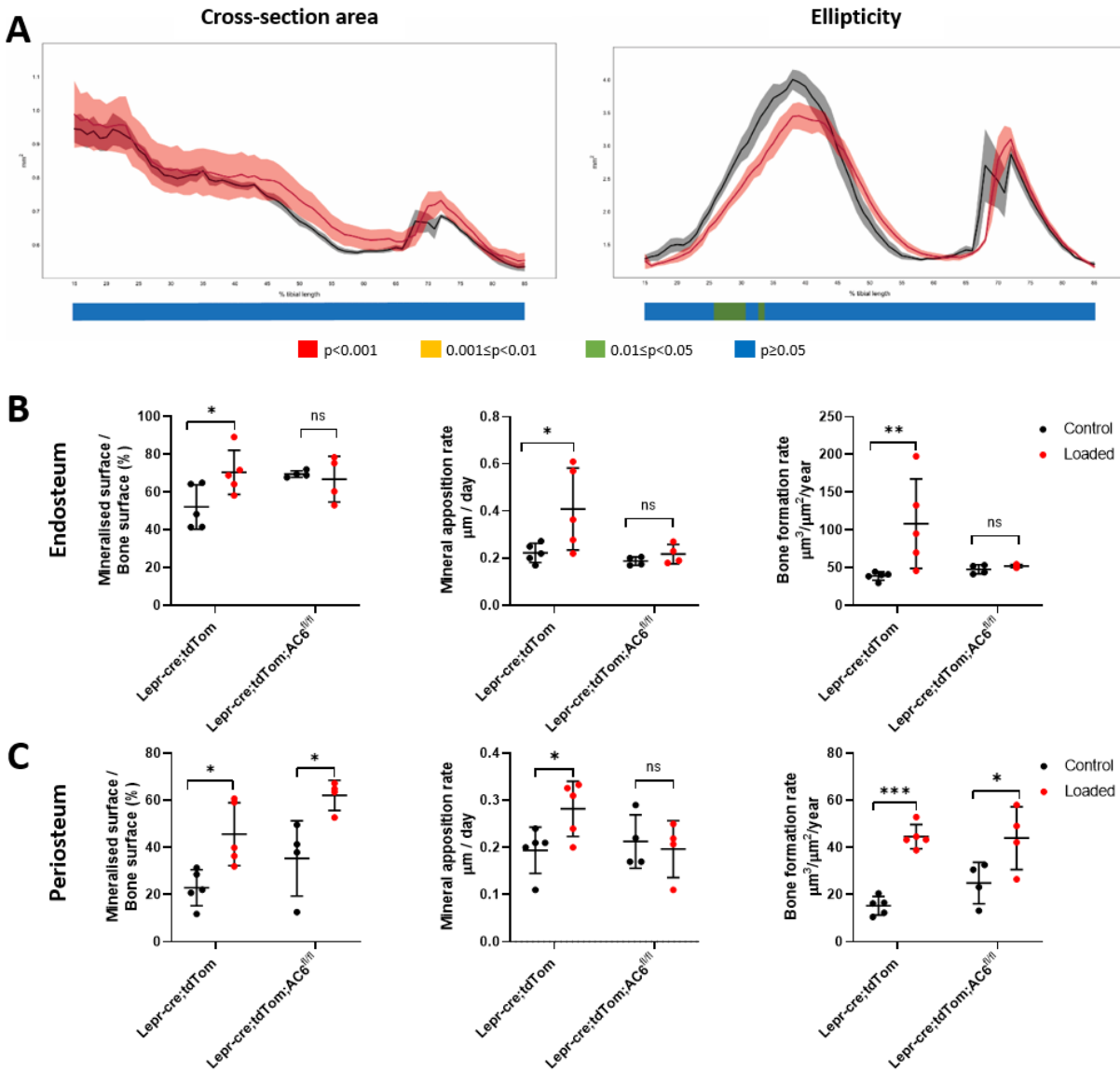
724 weeks old. (B) Full body  $\mu$ CT scans comparing the two genotypes. (C) Gel electrophoresis of

725 genotyping showing a band at 260bp for AC6 floxed gene. (D) Cortical bone midshaft geometry

726 of 12 weeks old of *Lepr-cre;tdTomato* and *Lepr-cre;tdTomato;AC6<sup>fl/fl</sup>* mice.

727

728

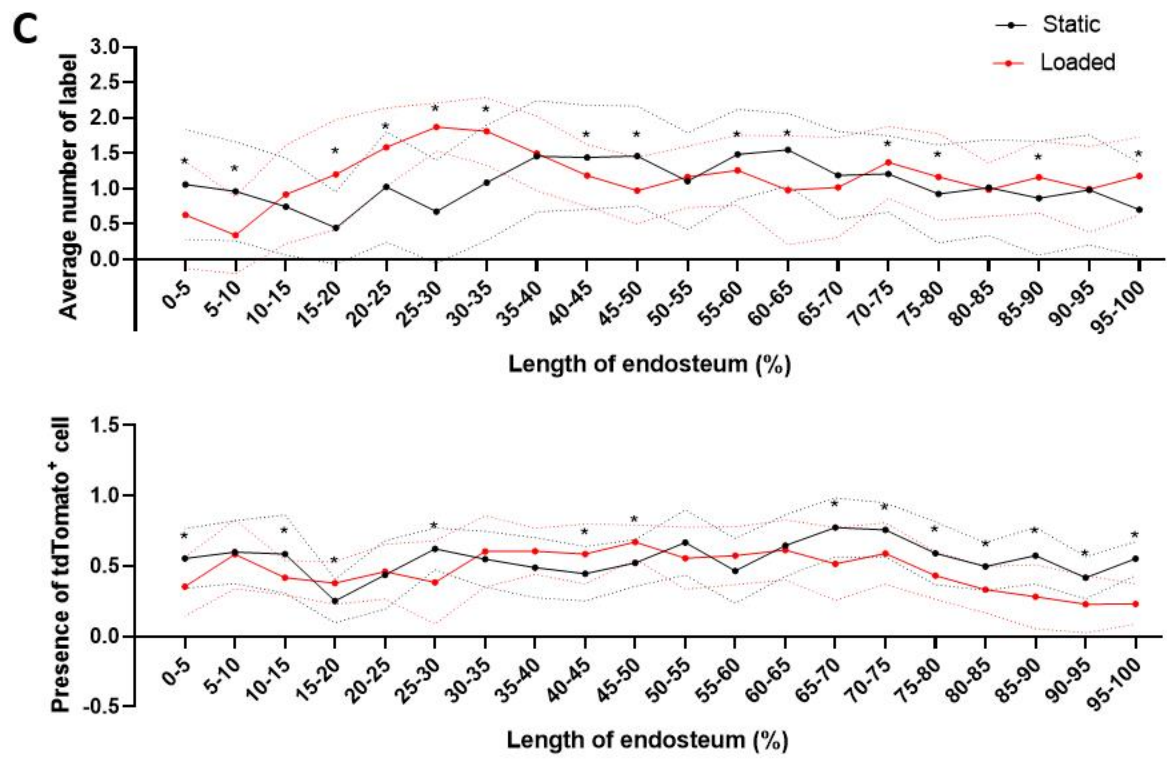
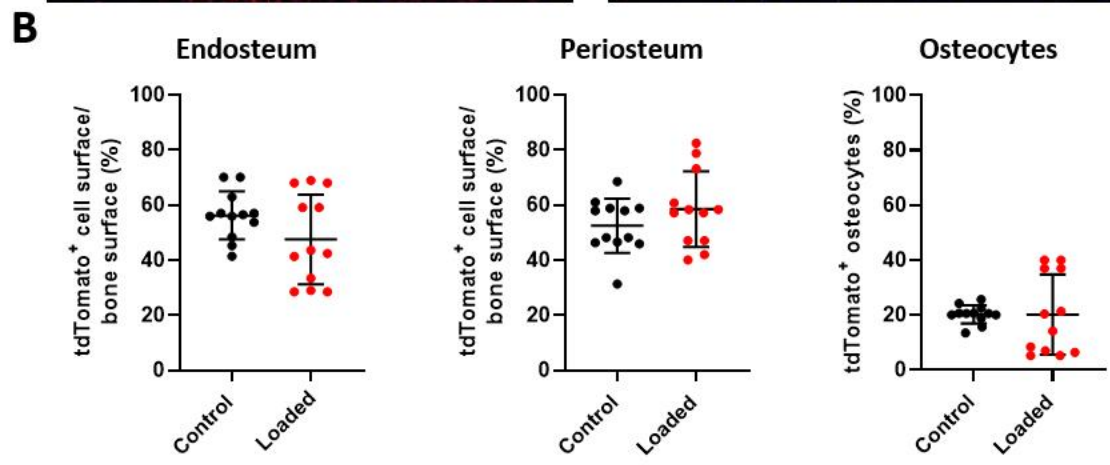
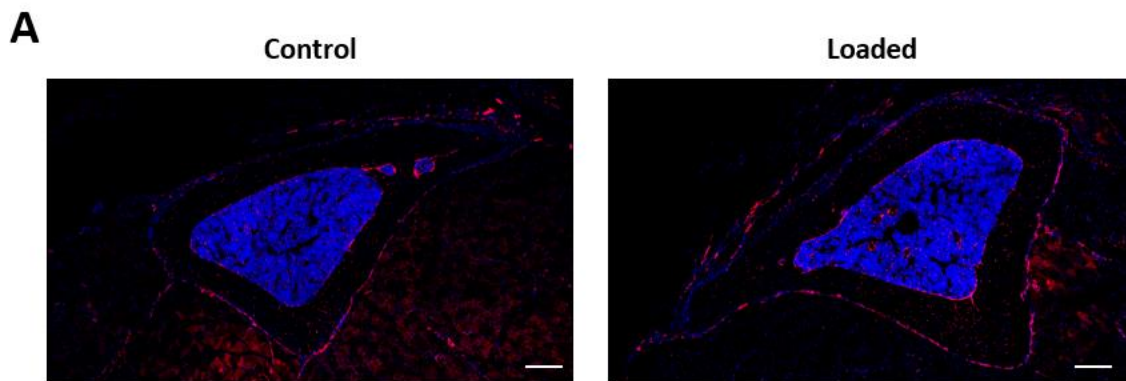


729

730 **Figure 6:** Axial tibia loading of 12-week-old *Lepr-cre;tdTomato;AC6<sup>fl/fl</sup>* mice. (A) Whole bone  
 731 analyses of cortical bone of mice lacking AC6 between 15-85% of the total tibial length, excluding  
 732 proximal and distal metaphyseal bone showing cross sectional area and ellipticity. Loaded: red,  
 733 static: black, line graph represent means +/-SEM, n=6. Statistical significance of differences along  
 734 the entire tibial shaft is represented as a heat map, red  $p < 0.001$ , yellow  $0.001 \leq p < 0.01$ , green  
 735  $0.01 \leq p < 0.05$  and blue  $p \geq 0.05$ . (B-C) Mice lacking AC6 demonstrated poor mineralization on the  
 736 endosteal surface, indicated by a lack of labelling at the endosteal surface in both loaded and non-

737 loaded tibia. **(B)** Relative mineralizing surface over bone surface, mineral apposition rate and bone  
738 formation rate at the endosteal surface of mechanically loaded tibia. **(C)** Relative mineralizing  
739 surface over bone surface, mineral apposition rate and bone formation rate at the periosteal surface.  
740 n=5 for *Lepr-cre;tdTomato*. n=3 for *Lepr-cre;tdTomato;AC6<sup>fl/fl</sup>*. Mean +/-SD.





742 **Figure 7:** Tibial compressive loading doesn't alter proliferation nor location of *Lepr-cre;tdTomato*  
743 cells in *Lepr-cre;tdTomato* and *Lepr-cre;tdTomato;AC6<sup>fl/fl</sup>* mice. (A) Representative image of tibia  
744 transection of *Lepr-cre;tdTomato;AC6<sup>fl/fl</sup>* mice following tibia compressive loading, scale bar  
745 100 $\mu$ m. (B) The percentage of tdTomato<sup>+</sup> cells on the endosteal, periosteal surface and embedded  
746 with the bone was not altered in cortical bone. n=4. Statistical tests employed unpaired two tailed  
747 student t-test with Wilcoxon correction. Mean +/- SD. (C) Analysis of the location of bone  
748 formation along the surface of the endosteum, upper graph: average number of label observed by  
749 dynamic histomorphometry (n=4), lower graph: average number of tdTomato<sup>+</sup> cells observed  
750 lining endosteum surface on confocal images (n=3). Statistical tests employed unpaired two tailed  
751 student t-test. Mean +/- SD \**P*<0.05