

Office of the Chief Inspector

Report of an inspection of a Designated Centre for Disabilities (Adults)

Name of designated centre:	Hazelville Retirement Home
Name of provider:	St Joseph's Foundation
Address of centre:	Limerick
Type of inspection:	Unannounced
Date of inspection:	26 February 2019
Centre ID:	OSV-0001820
Fieldwork ID:	MON-0023314

About the designated centre

The following information has been submitted by the registered provider and describes the service they provide.

This service is provided in a purpose built single storey property located in a pleasant rural village. A maximum of ten residents can be accommodated; each resident has their own bedroom and share communal, dining and sanitary facilities. The provider describes the service as suited to residents who require a retirement or pre-retirement service; residents who require full-time support and care and who are unable to attend additional/external day services due to additional health needs. Full time residential services are provided and the staff team is comprised of nursing staff and care assistants led by the person in charge; 24 hour nursing care is provided.

The following information outlines some additional data on this centre.

Current registration end date:	20/11/2020
Number of residents on the date of inspection:	9

How we inspect

This inspection was carried out to assess compliance with the Health Act 2007 (as amended), the Health Act 2007 (Care and Support of Residents in Designated Centres for Persons (Children and Adults) with Disabilities) Regulations 2013, and the Health Act 2007 (Registration of Designated Centres for Persons (Children and Adults with Disabilities) Regulations 2013 - 2015 as amended. To prepare for this inspection the inspector of social services (**hereafter referred to as inspectors**) reviewed all information about this centre. This included any previous inspection findings, registration information, information submitted by the provider or person in charge and other unsolicited information since the last inspection.

As part of our inspection, where possible, we:

- speak with residents and the people who visit them to find out their experience of the service,
- talk with staff and management to find out how they plan, deliver and monitor the care and support services that are provided to people who live in the centre,
- observe practice and daily life to see if it reflects what people tell us,
- review documents to see if appropriate records are kept and that they reflect practice and what people tell us.

In order to summarise our inspection findings and to describe how well a service is doing, we group and report on the regulations under two dimensions of:

1. Capacity and capability of the service:

This section describes the leadership and management of the centre and how effective it is in ensuring that a good quality and safe service is being provided. It outlines how people who work in the centre are recruited and trained and whether there are appropriate systems and processes in place to underpin the safe delivery and oversight of the service.

2. Quality and safety of the service:

This section describes the care and support people receive and if it was of a good quality and ensured people were safe. It includes information about the care and supports available for people and the environment in which they live.

A full list of all regulations and the dimension they are reported under can be seen in Appendix 1.

This inspection was carried out during the following times:

Date	Times of Inspection	Inspector	Role
26 February 2019	09:15hrs to 19:00hrs	Mary Moore	Lead

Views of people who use the service

Residents presented with a diverse range of needs but all communicated their desire or not to engage with the inspector; this was respected but as the day progressed so did the level of engagement. Some residents were very eager to engage and easily communicated how they felt and what it was like to live in the house; others communicated in line with their individual ability using some vocabulary, facial expression and gesture.

Collectively the residents presented as relaxed and content in the house; some residents came and went with interest and curiosity to observe the work of the inspector and said that they enjoyed visitors coming to the house. Residents spoke of family and the importance of ongoing family contact; two residents invited the inspector to see their rooms and said that they loved them. Residents were looking forward to their lunch and a drive to town in the afternoon with staff. A repeated descriptor used by residents to describe how they felt was "happy" and this was certainly reflected in their general demeanour.

The practice observed and the interactions between staff and residents were timely, respectful and kind.

Capacity and capability

The provider had management structures and systems of review; the centre was adequately resourced. However these inspection findings indicate that the governance arrangements for the service were not sufficient to consistently ensure and assure that residents received a service of the best possible quality and safety and that was appropriate to their individual needs. The evidence in this regard is largely presented in the next section of this report. Governance arrangements did not necessarily ensure that change and improvement was brought about. The level of regulatory non-compliance found and the failings that contributed to it were similar to the last HIQA (Health Information and Quality Authority) inspection in 2017; for example the adequacy of plans to positively support behaviour, the progression of resident's individual goals and objectives and the lack of progress made on actions that emanated from quality reviews.

The person in charge was recently appointed to her post (mid January 2019). Staff spoken with clearly understood that there were aspects of the service that could be improved; there was evidently a supportive and collaborative working relationship between the person in charge and her line manager, the area manager. The provider had advised HIQA of the requirement to recruit a person in charge and the arrangements it had put in place for the management of the centre in the interim.

However, on inspection the challenge posed to the governance of the centre by these interim arrangements was discussed; these discussions referred to lack of capacity due to similar and competing challenges and management arrangements in two other centres that effectively resulted in interim arrangements that were not adequate to ensure effective and consistent governance.

The provider did have systems of review for self-identifying areas that required improvement; these systems included the annual review of the service and the unannounced visits specified by the regulations. The inspector reviewed the reports of the 2018 annual review and the most recent unannounced review; there were many positives. For example residents and their representatives were consulted with and the recorded feedback was consistently positive. The purpose of these reviews is to bring about any improvement required. However, based on these HIQA inspection findings, required actions were still outstanding such as the review and update of resident's personal plans and timely access to psychology support and advice.

Staffing levels, skill-mix and arrangements were found to be adequate and to reflect the overall purpose of the service. There was a planned staff rota and staff reported that a regular team of staff worked in the centre; this provided for consistency of care and support for residents. However, there had been a recent loss of one care assistant post. Staff advised that it was too early to establish the impact if any of this reduction on the service provided to residents.

The inspector reviewed the records maintained of the training completed by staff. Overall the inspector concluded that there was good attendance at staff training, the requirement to attend refresher training was monitored and the scope of the training reflected both mandatory requirements and residents assessed needs. For example additional training completed by staff included palliative care, dementia care, diabetes care and the provision of modified diets.

However, the inspector did note that improvement was required in the maintenance of records such as these training records, records as they related to fire safety and medicines related records. This improvement was required to ensure that legally required records were always available, were current and accurate.

Regulation 14: Persons in charge

The person in charge was recently appointed but had the required supervisory experience to fulfil her role. The person in charge was suitably qualified and had the knowledge necessary of regulatory requirements to manage the designated centre. The person in charge worked full-time.

Judgment: Compliant

Regulation 15: Staffing

Staffing levels, skill-mix and arrangements were appropriate to the assessed needs of the residents. Consideration was given to familiarity and continuity when completing the staff rota. Nursing care was provided on a 24 hour basis; staff confirmed that nursing levels were maintained at all times by the provider.

Judgment: Compliant

Regulation 16: Training and staff development

Staff had completed mandatory training such as fire safety and safeguarding. Staff also completed additional training that reflected residents needs; this training ensured staff had the knowledge and skills to safely meet resident's needs. All staff attended a daily handover and there were daily staff allocations; this supported staff responsibility and accountability.

Judgment: Compliant

Regulation 21: Records

Improvement was required in the management and maintenance of records to ensure that they were available, well maintained and an accurate record of the care and support provided to residents.

Judgment: Substantially compliant

Regulation 23: Governance and management

Governance arrangements were not adequate to consistently ensure and assure the appropriateness, quality and safety of the service. Governance arrangements did not ensure that inspections and reviews led to change and improvement and that improvement was sustained.

Judgment: Not compliant

Regulation 31: Notification of incidents

Based on discussions and records seen in the centre the inspector was satisfied that notifications to be submitted to the Chief Inspector such as any serious injury to a resident had been returned. However, responsibility for their submission was not delegated down to the appropriate legally responsible person; that is the person in charge; the system was also still paper based. While a person in charge may have arrangements in place to ensure that a notification is submitted to ensure compliance with the regulations, for example in their absence, the responsibility to submit the monitoring notification sits with the person in charge and this should be reflected in the provider's governance arrangements. This is addressed above in the context of governance.

Judgment: Compliant

Regulation 33: Notifications of procedures and arrangements for periods when the person in charge is absent

The provider notified HIQA of the absence of a person in charge, of the arrangements for the management of the designated centre during that absence and of the intention to recruit a new person in charge. However, ultimately the arrangements made were not sufficient; again this is addressed above in governance.

Judgment: Compliant

Quality and safety

Residents presented as well, content and happy; those residents who could self-report confirmed this to the inspector. The practice observed was attentive and responsive to resident's needs and wishes. However, there were many areas that did require improvement. While it was evident that the care and support provided was person-centred there was a requirement to ensure that it was individualised and of the best possible quality and safety.

To inform this change a full review of each residents needs and supports was required to establish the effectiveness of their support plan in achieving the best possible outcomes and quality of life with them and for them. The inspector did see evidence of reviews conducted in consultation with residents, their representatives and members of the multi-disciplinary team (MDT). However, the inspector was not assured based on the records seen that the assessment and plan of support was current, was an accurate reflection of the residents needs or that it was used to

inform daily practice in the centre. For example a specific diagnosis was referenced across many areas of one plan of support even though screening by an appropriate professional had not upheld this diagnosis. In addition there had been no reassessment of the needs and required supports of a resident admitted in early January 2019 from another of the providers centres. The plan in place referred in its totality to the resident's life in the other centre and was significantly different on many levels to the life now lived in this centre. In the absence of reassessment there was no clear objective to the support being provided such as ensuring the provision of a structured and meaningful day.

In reality residents presented with a diverse range of needs, abilities and preferences and not all residents had needs that precluded them for engaging in meaningful occupation such as access to the day service but perhaps at a slower pace or for a shorter period of time. There were mixed views expressed to the inspector as to the adequacy of the level of occupation and engagement that residents enjoyed. The inspector saw that residents were offered choice and did have opportunity to access the community; there were also times when residents declined or exhibited signs of distress on such occasions and this was respected and not pursued by staff. However, it was also evident that once admitted to the centre access to the external day service ceased as did activities previously enjoyed such as swimming. Therefore there was a requirement to review each individual resident's needs and wishes, to develop and implement an individualised structured programme of both external and internal opportunities for residents. This was necessary to ensure that residents continued to enjoy meaningful occupation and engagement so that they continued to live as fulfilling a life as possible for as long as possible.

Residents did at times present with some behaviours of concern or risk to themselves and others; the necessary arrangements such as evidenced based positive behaviour support plans were not always in place. Where there was a plan for responding to such behaviours the practice observed on inspection was not as specified in the plan. The provider itself in its own reviews of the service had identified the requirement for psychological input to inform such plans and the support provided to residents; this input was still outstanding.

Prescribed chemical intervention, that is PRN medicines (as required medicines), was used to manage behaviours. However, there was insufficient guidance on the use of and the monitoring of the use of PRN medicines in response to behaviour. Interventions such as environmental modifications were reviewed each quarter; however, the inspector was advised that chemical intervention in response to behaviour was not included in these reviews. Again this did not provide assurance that chemical intervention was the most appropriate intervention and used only and consistently as a last resort when therapeutic interventions were not successful. Staff did maintain a record of chemical interventions; a review of their usage with recommendations to follow was commenced by the person in charge and the area manager during the inspection. While there were protocols in place for the administration of PRN medicines inconsistencies were noted in the adequacy of the quidance provided to staff.

All staff had completed training on the protection of residents from harm and abuse and there was a designated safeguarding officer accessible to residents and staff. There was documentary evidence that incidents such as negative peer to peer interactions were notified to the local safeguarding team and all staff had completed safeguarding training. However, a recent safeguarding allegation made by a resident while immediately reported by staff had not then been appropriately reported and escalated in line with the providers safeguarding procedure. While this particular allegation was not upheld as a cause of concern, this was not known at the time the allegation was made and the failure to report had caused a delay in implementing safeguarding procedures.

With the exception of access to timely psychology review as discussed above, overall the inspector found that the provider had arrangements for meeting residents healthcare needs. Nursing assessment, advice and care was available on a daily basis. Residents were reported to have access as required to the nearby General Practitioner (GP) practice; house visits were facilitated as required. This was evidenced on inspection as was in-house physiotherapy and occupational therapy review; these services were available from within the providers own resources. Residents were supported to remain in the centre in times of illness and at the end of their lives; additional support was provided as needed by the community hospice team.

Because the centre was a nurse led service medicines were managed by nursing staff; care staff were however trained in the administration of emergency medicines; this supported community access. Based on the practice observed staff adhered to the principles of safe medicines management. Improvement was required however in some records to account for the management of medicines in line with legislative requirements; for example correcting the practice of the use of duplicate identifiers for differing medicines.

Improvements were required in risk management. At the start of the inspection the inspector was advised that the area manager and the person in charge had identified the need for and had commenced the process of reviewing and updating the assessment of resident specific risks. Based on the sample reviewed on inspection the identification of risk, its assessment and management as it pertained to residents and the general operation of the centre did require review and update. This review was required to ensure that risks were current, that the identified controls were in place and that they were sufficient to ensure and assure resident safety and the delivery of a safe quality service.

The required fire records were not initially available as specified by the regulations for inspection; they were however retrieved prior to the conclusion of the inspection. From the records the inspector saw that fire safety measures such as the fire detection system, emergency lighting and fire fighting equipment were inspected and tested at the prescribed intervals to the relevant standard. Staff also completed in-house visual inspections and tests. Fire resistant doors had been fitted with self-closing devices. Fire action notices and diagrammatic evacuation plans were prominently displayed.

However, the provider failed to demonstrate that it had effective evacuation procedures. Staff undertook regular simulated evacuation exercises but records indicated that there had been some occasions when some residents had not responded to the request to evacuate during these simulated drills. There was no plan in place for one resident to guide staff on how to respond if this was to happen in the event of a fire. Another plan advised staff of the use of a specific item to be used to encourage evacuation; the evacuation plan stated that the item was to be found in the emergency bag, however it was not there.

Regulation 13: General welfare and development

Based on the review specified in Regulation 5 an individualised structured programme of both external and internal opportunities for residents was required. This was necessary to ensure that residents continued to enjoy meaningful occupation and engagement so that they continued to live as fulfilling a life as possible for as long as possible.

Judgment: Substantially compliant

Regulation 26: Risk management procedures

A review of risk and its management was required to ensure that risks were current, that the identified controls were in place and that they were sufficient to ensure and assure resident safety and the delivery of a safe quality service.

Judgment: Substantially compliant

Regulation 28: Fire precautions

The provider failed to demonstrate that its evacuation procedures were effective.

Judgment: Not compliant

Regulation 29: Medicines and pharmaceutical services

Overall the provider had medicines management procedures that supported safe medicines practice. Staff adhered to the procedures for the safe administration of medication. Records were kept to account for the management of medicines including their administration though improvement was required to ensure their

accuracy; this is addressed in Regulation 21.

Judgment: Compliant

Regulation 5: Individual assessment and personal plan

Review of each resident's needs and supports was required to establish the effectiveness of their support plan in achieving the best possible outcomes and quality of life with and for each resident.

There had been no reassessment of the needs and required supports of a resident admitted in early January 2019.

Judgment: Not compliant

Regulation 6: Health care

Overall the inspector found that the provider had the arrangements necessary to meet residents health care needs; this included the support required by residents in times of illness and at end of life.

Judgment: Compliant

Regulation 7: Positive behavioural support

Improvement was necessary to ensure that the response to behaviours that challenged or posed risk was therapeutic, based on a sound understanding of needs and the clinical basis of behaviour, was proportionate and the least restrictive response possible.

Prescribed chemical intervention was used, that is PRN medicines (as required medicines) to manage behaviours. However, there was insufficient guidance on the use of and inadequate monitoring of the use of PRN medicines in response to behaviour

Judgment: Not compliant

Regulation 8: Protection

The	failure t	o appro	priately	report an	allegation	of harm	had	caused	a	delay	in
imp	lementin	ig safeg	uarding	procedure	es.						

Judgment: Not compliant

Appendix 1 - Full list of regulations considered under each dimension

This inspection was carried out to assess compliance with the Health Act 2007 (as amended), the Health Act 2007 (Care and Support of Residents in Designated Centres for Persons (Children and Adults) with Disabilities) Regulations 2013, and the Health Act 2007 (Registration of Designated Centres for Persons (Children and Adults with Disabilities) Regulations 2013 - 2015 as amended and the regulations considered on this inspection were:

Regulation Title	Judgment
Views of people who use the service	
Capacity and capability	
Regulation 14: Persons in charge	Compliant
Regulation 15: Staffing	Compliant
Regulation 16: Training and staff development	Compliant
Regulation 21: Records	Substantially
	compliant
Regulation 23: Governance and management	Not compliant
Regulation 31: Notification of incidents	Compliant
Regulation 33: Notifications of procedures and arrangements	Compliant
for periods when the person in charge is absent	
Quality and safety	
Regulation 13: General welfare and development	Substantially
	compliant
Regulation 26: Risk management procedures	Substantially
	compliant
Regulation 28: Fire precautions	Not compliant
Regulation 29: Medicines and pharmaceutical services	Compliant
Regulation 5: Individual assessment and personal plan	Not compliant
Regulation 6: Health care	Compliant
Regulation 7: Positive behavioural support	Not compliant
Regulation 8: Protection	Not compliant

Compliance Plan for Hazelville Retirement Home OSV-0001820

Inspection ID: MON-0023314

Date of inspection: 26/02/2019

Introduction and instruction

This document sets out the regulations where it has been assessed that the provider or person in charge are not compliant with the Health Act 2007 (Care and Support of Residents in Designated Centres for Persons (Children And Adults) With Disabilities) Regulations 2013, Health Act 2007 (Registration of Designated Centres for Persons (Children and Adults with Disabilities) Regulations 2013 and the National Standards for Residential Services for Children and Adults with Disabilities.

This document is divided into two sections:

Section 1 is the compliance plan. It outlines which regulations the provider or person in charge must take action on to comply. In this section the provider or person in charge must consider the overall regulation when responding and not just the individual non compliances as listed section 2.

Section 2 is the list of all regulations where it has been assessed the provider or person in charge is not compliant. Each regulation is risk assessed as to the impact of the non-compliance on the safety, health and welfare of residents using the service.

A finding of:

- **Substantially compliant** A judgment of substantially compliant means that the provider or person in charge has generally met the requirements of the regulation but some action is required to be fully compliant. This finding will have a risk rating of yellow which is low risk.
- Not compliant A judgment of not compliant means the provider or person in charge has not complied with a regulation and considerable action is required to come into compliance. Continued non-compliance or where the non-compliance poses a significant risk to the safety, health and welfare of residents using the service will be risk rated red (high risk) and the inspector have identified the date by which the provider must comply. Where the non-compliance does not pose a risk to the safety, health and welfare of residents using the service it is risk rated orange (moderate risk) and the provider must take action within a reasonable timeframe to come into compliance.

Section 1

The provider and or the person in charge is required to set out what action they have taken or intend to take to comply with the regulation in order to bring the centre back into compliance. The plan should be **SMART** in nature. **S**pecific to that regulation, **M**easurable so that they can monitor progress, **A**chievable and **R**ealistic, and **T**ime bound. The response must consider the details and risk rating of each regulation set out in section 2 when making the response. It is the provider's responsibility to ensure they implement the actions within the timeframe.

Compliance plan provider's response:

Regulation Heading Judgn	nent				
Regulation 21: Records	Substantially Compliant				
	, .				
Outline how you are going to come into compliance with Regulation 21: Records: The Registered Provider will ensure that the Person in Charge will update all residents support plans.					
Regulation 23: Governance and management	Not Compliant				
Outline how you are going to come into compliance management: The Registered Provider will ensure all outstanding i process will be reviewed and actioned.					
Regulation 13: General welfare and development	Substantially Compliant				
Outline how you are going to come into compliance with Regulation 13: General welfare and development: The Registered Provider will ensure that the Person in Charge will consult with the residents regarding the current name of the residence. 2. The Registered Provider will ensure that the Person in Charge will offer all residents purposeful, structured and individualized activities, both within the residence and the wider community.					
Regulation 26: Risk management procedures	Substantially Compliant				
Outline how you are going to come into compliance with Regulation 26: Risk management procedures: The Registered Provider will ensure that the risk register will be reviewed and updated by the Person in Charge and the Area Manager.					

Regulation 28: Fire precautions **Not Compliant** Outline how you are going to come into compliance with Regulation 28: Fire precautions: The Registered Provider will ensure that A) The Fire Register contains all service records and is maintained in the centre. B) All staff are appropriately trained in the procedures relating to Fire. C) The residents PEEPS are reviewed and updated. D) Any identified and necessary prompts to aid evacuation are present in the evacuation bag. Regulation 5: Individual assessment and personal Not Compliant plan Outline how you are going to come into compliance with Regulation 5: Individual assessment and personal plan: The Person in Charge will ensure that 1. The new resident's Personal Plan will be reviewed and updated. 2. The new resident's goals will be updated to reflect their needs and wishes. 3. PIC discussed the provision of safeguarding education for residents with Designated Officer on March 14th 2019 and agreed actions completed following same. 4. The necessary referral will be made to Psychology for the identified resident involved in safeguarding. Regulation 7: Positive behavioural support **Not Compliant** Outline how you are going to come into compliance with Regulation 7: Positive behavioural support: 1. Principal Psychologist commenced on February 18th 2019. Further recruitment continues for other grade Psychologists. 2. The Person in Charge will ensure that all residents PRN medication protocols will be reviewed and updated to include the requirements for PRN medication, the effect of same, consequences for giving or not giving PRN medication. 3. Chemical Restraints will be reviewed regularly in consultation with the prescribing GP / Consultant and the Person in Charge. **Regulation 8: Protection Not Compliant** Outline how you are going to come into compliance with Regulation 8: Protection: 1. All Safeguarding incidents are referred to Designate Officer immediately. 2. A referral will be made to Psychology for review of identified residents Positive Behaviour Support Plan in relation to safeguarding incidents.

Section 2:

Regulations to be complied with

The provider or person in charge must consider the details and risk rating of the following regulations when completing the compliance plan in section 1. Where a regulation has been risk rated red (high risk) the inspector has set out the date by which the provider or person in charge must comply. Where a regulation has been risk rated yellow (low risk) or orange (moderate risk) the provider must include a date (DD Month YY) of when they will be compliant.

The registered provider or person in charge has failed to comply with the following regulation(s).

Regulation	Regulatory	Judgment	Risk	Date to be		
	requirement		rating	complied with		
Regulation 13(2)(b)	The registered provider shall provide the following for residents; opportunities to participate in activities in accordance with their interests, capacities and developmental needs.	Substantially Compliant	Yellow	30/04/2019		
Regulation 21(1)(b)	The registered provider shall ensure that records in relation to each resident as specified in Schedule 3 are maintained and are available for inspection by the chief inspector.	Substantially Compliant	Yellow	31/03/2019		
Regulation 21(1)(c)	The registered provider shall ensure that the additional records specified in Schedule 4 are maintained and are available for inspection by the chief inspector.	Substantially Compliant	Yellow	26/02/2019		
Regulation 23(1)(c)	The registered provider shall ensure that management systems are in place in the designated centre to ensure that the service provided is safe, appropriate to residents'	Not Compliant	Orange	01/03/2019		

	needs, consistent and effectively monitored.			
Regulation 23(2)(a)	The registered provider, or a person nominated by the registered provider, shall carry out an unannounced visit to the designated centre at least once every six months or more frequently as determined by the chief inspector and shall prepare a written report on the safety and quality of care and support provided in the centre and put a plan in place to address any concerns regarding the standard of care and support.	Not Compliant	Orange	01/03/2019
Regulation 26(2)	The registered provider shall ensure that there are systems in place in the designated centre for the assessment, management and ongoing review of risk, including a system for responding to emergencies.	Substantially Compliant	Yellow	15/04/2019
Regulation 28(3)(d)	The registered provider shall make adequate arrangements for evacuating, where necessary in the event of fire, all persons in the designated centre and bringing them to safe locations.	Not Compliant	Orange	01/03/2019
Regulation 05(4)(b)	The person in charge shall, no later than 28 days after the resident is admitted to the designated centre, prepare a personal plan for the resident which outlines the supports	Not Compliant	Orange	12/03/2019

Regulation 05(6)(c)	required to maximise the resident's personal development in accordance with his or her wishes. The person in charge shall ensure that the personal plan is the subject of a review, carried out annually or more frequently if there is a change in needs or circumstances, which review shall assess the effectiveness of the plan.	Not Compliant	Orange	12/03/2019
Regulation 7(5)(a)	The person in charge shall ensure that, where a resident's behaviour necessitates intervention under this Regulation every effort is made to identify and alleviate the cause of the resident's challenging behaviour.	Not Compliant	Orange	27/02/2019
Regulation 07(5)(b)	The person in charge shall ensure that, where a resident's behaviour necessitates intervention under this Regulation all alternative measures are considered before a restrictive procedure is used.	Not Compliant	Orange	01/03/2019
Regulation 08(7)	The person in charge shall ensure that all staff receive appropriate training in relation to safeguarding residents and the prevention, detection and response to abuse.	Not Compliant	Orange	19/03/2019